

WILLOUGHBY HILLS SENIORS, INC.

Find a group of friends who challenge and inspire you; spend a lot of time with them, and it will change your life. (Amy Poehler)



NEWSLETTER – June 2023

EDITOR'S REPORT:

Willoughby Hills Seniors, Inc. is happy to provide this newsletter to you as a way to stay engaged in senior activities in our community.

The following schedule covers the month of June at the Senior Room:

Mondays, June 5, 12, 19 and 26 10am-2pm Tina's Sit & Sew

1pm Yoga (in the Lions Room!)

Monday, June 12 10am-2pm Community Quilts

Tuesday, June 20 11:30 a.m. - Senior Potluck Lunch - Main entrée is lasagna;
speaker is Medical Lecturer Tom Strong (more info to follow!)

7:00 p.m. - Trivia (50 and over please) in O'Ryan Room

Wednesdays, June 7, 14, 21 and 28 12:30-3pm Bridge

Thursdays, June 1, 8, 15, 22 & 29 10-noon Knit & Crochet

Thursday, June 15 7pm WH Quilt Guild meeting

Fridays, June 2, 9, 16, 23 & 30 11:00am Exercise 1:00pm Mahjong

Friday, June 2 and June 9 6-9pm Pinochle

Saturdays, June 3, 10, 17 and 24 6-9pm Pinochle

**Please note that there is a fee paid to the instructor for Exercise and Yoga!*

The Board continues to plan for some additional programs. This month we welcome "Tina's Sit & Sew" on Mondays for anyone interested in sewing. We have provided Mayor and Council with a plan for what we would like the Senior Room to be able to do for our seniors, beginning with some building maintenance repairs that are crucial before our plans begin. We will continue to work for our seniors!

Interested in being on the Senior Board? Send us an email to WilloughbyHillsSeniors@yahoo.com!

If you haven't joined Willoughby Hills Seniors yet, there's still time to fill out your application to become a member. Pick up an application in the Senior Room or on the City website at: www.willoughbyhills-oh.gov. Fee is \$7 for one member, or \$10 for a couple.

Sympathies to the family of resident Mark Kubik who passed away on 5/17/23 and the family of Robert Markinko who was responsible for the patio design of the family business "The Firehouse" who passed away 5/12/23.

Welcome to the following new residents:
Terry Cruickshank (Eddy Road), Pasquale & Victoria Dichiro (Pebblebrook) and Derek and Theresa Dernier (Eddy Road). All seniors are welcome to join our group!

A LITTLE HUMOR TO MAKE YOUR DAY.....

**WHEN I WAS A KID, THERE
WERE NO PHONES OR TABLETS.
WE READ CEREAL BOXES AT
BREAKFAST**



Have a great week!

Willoughby Hills Seniors, Inc. Board Members: Mary Cihula, Gloria Majeski, Laurie Feltham and PT Rec. Coordinator.

Newsletter questions??? Contact Gloria Majeski, c/o WH Seniors, Inc., 2717 Graylock Drive, Willoughby Hills, OH 44094

Phone: 440-951-0776 or Email: WilloughbyHillsSeniors@yahoo.com

JUNE 2023

**WILLOUGHBY HILLS
SENIORS, INC.**

1

KNIT/CROCHET
10am to noon

2

EXERCISE 11am
MAHJONG 1pm
PINOCHLE 6-9pm

3

PINOCHLE 6-9pm

4

5

TINA'S SIT & SEW
10am-2pm
YOGA 1pm
(Lions Room)

6

7

BRIDGE 12:30-3pm

8

KNIT/CROCHET
10am to noon
PODIATRIST (appt)
9am to noon

9

EXERCISE 11am
MAHJONG 1pm
PINOCHLE 6-9pm

10

PINOCHLE 6-9pm

11

12

COMMUNITY QUILTS
10-2pm
TINA'S SIT & SEW
10am-2pm
YOGA 1pm (Lions Rm)

13

14

BRIDGE 12:30-3pm

15

KNIT/CROCHET
10am to noon
Quilt Guild Mtg.
7pm

16

EXERCISE 11am
MAHJONG 1pm

17

PINOCHLE 6-9pm

18

19

TINA'S SIT & SEW
10am-2pm
YOGA 1pm
(Lions Room)

20

POTLUCK LUNCH
11:30-1pm
SENIOR TRIVIA-
O'Ryan Room
7pm

21

BRIDGE 12:30-3pm

22

KNIT/CROCHET
10am to noon

22

EXERCISE 11am
MAHJONG 1pm

24

PINOCHLE 6-9pm

25

26

TINA'S SIT & SEW
10am-2pm
SACERICH SEWS
12-3pm
YOGA 1pm (Lions Rm)

27

28

BRIDGE 12:30-3pm

29

KNIT/CROCHET
10am to noon

30

EXERCISE 11am
MAHJONG 1pm