

WILLOUGHBY HILLS SENIORS, INC.

Find a group of friends who challenge and inspire you; spend a lot of time with them, and it will change your life. (Amy Poehler)



NEWSLETTER – May 5, 2023

EDITOR'S REPORT:

Willoughby Hills Seniors, Inc. is happy to provide this newsletter to you as a way to stay engaged in senior activities in our community.

The following schedule covers the second week of May at the Senior Room:

Monday, May 8 10am-2pm Community Quilts
11am-noon W-E Library Line Dancing Class (register @ 942-3362)
Wednesday, May 10 11am Yoga 12:30-3pm Bridge
Thursday, May 11 10-noon Knit & Crochet 9am-noon Dr. Whaley DPM (by appt)
Friday, May 12 11:00am Exercise 1:00pm Mahjong 6-9pm Pinochle
Saturday, May 13 6-9pm Pinochle
Sunday, May 14 Mother's Day!!!

*Residents may also book appointments through **podiatrist Kelly Whaley** for one day a month in the Senior Room for **pedicures** at (216) 229-0292.*

The Board continues to plan for some additional programs. We will continue to work for our seniors.

If you haven't joined Willoughby Hills Seniors yet, there's still time to fill out your application to become a member. Pick up an application in the Senior Room or on the City website at: www.willoughbyhills-oh.gov. Fee is \$7 for one member, or \$10 for a couple.

Other notes for Seniors:

- Mark your calendar for Senior Day at Mentor Mall on Wednesday, May 17, beginning at 9am. Lots of fun for seniors!

Thanks to all of our great seniors who inquired about NOPEC and took care of that this week! More details to follow at our next Senior Potluck on May 16! Meet NOPEC rep. Genny Costanzo!



**“A MOTHER IS YOUR FIRST FRIEND,
YOUR BEST FRIEND,
YOUR FOREVER FRIEND.”**

By Amit Kalantri

Have a great week!

Willoughby Hills Seniors, Inc. Board Members: Mary Cihula, Gloria Majeski, Laurie Feltham and PT Rec. Coordinator.

Newsletter questions??? Contact Gloria Majeski, c/o WH Seniors, Inc., 2717 Graylock Drive, Willoughby Hills, OH 44094

Phone: 440-951-0776 or Email: WilloughbyHillsSeniors@yahoo.com

WILLOUGHBY HILLS SENIORS, INC.

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NEWSLETTER – May 12, 2023

EDITOR'S REPORT:

Willoughby Hills Seniors, Inc. is happy to provide this newsletter to you as a way to stay engaged in senior activities in our community.

The following schedule covers the final weeks of May at the Senior Room:

Monday, May 15	11am WH Quilt Guild Board Meeting	
	11am-noon	W-E Library Line Dancing Class (register @ 942-3362)
Tuesday, May 16	11:30 a.m. – Senior Potluck Lunch – Main entrée is pulled pork and ham; speaker is NOPEC rep. Genny Costanzo	
	7:00 p.m. – Trivia (50 and over please) in O’Ryan Room	
Wednesday, May 17	11am Yoga	12:30-3pm Bridge
Thursday, May 18	10-noon Knit & Crochet	7pm WH Quilt Guild meeting
Friday, May 19	11:00am Exercise	1:00pm Mahjong
Saturday, May 20	6-9pm Pinochle	
Monday, May 22	noon -3pm Sewing (private class)	
Wednesday, May 24	11am Yoga	12:30-3pm Bridge
Thursday, May 25	10-noon Knit & Crochet	
Friday, May 26	11:00am Exercise	1:00pm Mahjong
Saturday, May 27	6-9pm Pinochle	
Monday, May 29	Memorial Day holiday – Community Center is closed!	
Wednesday, May 31	11am Yoga	12:30-3pm Bridge

*Please note that there is a fee paid to the instructor for Exercise and Yoga!

The Board continues to plan for some additional programs. We will continue to work for our seniors. **Interested in being on the Senior Board? Send us an email to WilloughbyHillsSeniors@yahoo.com!**

If you haven't joined Willoughby Hills Seniors yet, there's still time to fill out your application to become a member. Pick up an application in the Senior Room or on the City website at: www.willoughbyhills-oh.gov. Fee is \$7 for one member, or \$10 for a couple.



A LITTLE HUMOR TO MAKE YOUR DAY.....

A police officer called the station on his radio. "I have an interesting case here. An elderly lady shot her husband for stepping on the floor she just mopped." "Have you arrested the woman?" "Not yet," he replied, "the floor is still wet!"

Jeannette Schaefer's 94th Birthday. (Pictured here with her husband, former Mayor Mel Schaefer) Have a great week!

Willoughby Hills Seniors, Inc. Board Members: Mary Cihula, Gloria Majeski, Laurie Feltham and PT Rec. Coordinator.

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