

WILLOUGHBY HILLS SENIORS, INC.

Find a group of friends who challenge and inspire you; spend a lot of time with them, and it will change your life. (Amy Poehler)



NEWSLETTER

FEBRUARY 1, 2023

EDITOR'S REPORT:

Willoughby Hills Seniors, Inc. is happy to provide this newsletter to you as a way to stay engaged in senior activities in our community.

As we enter the month of February, we hope that Punxsutawney Phil will be kind to us and tell us that Winter 2023 is near its end! We can then look forward to the fun activities of spring and the inclusion of more programs at the Senior Room beginning in April. With your dues application, ideas were submitted for various new programs to enhance our Senior Center. It is a work in progress and the Board continues in the planning of this endeavor. If you have any time or talents to teach a class, please reach out. It is our volunteers that will make our programming successful.

The following is a list of programs currently offered at the Senior Room:

Bridge (Wednesdays 12:30-3pm), ***Pinochle*** (first 2 Fridays and every Saturday at 6pm), ***Mahjong*** (Fridays at 1pm), ***Exercise*** (**Fridays at 10:30 A.M.- NOTE TIME CHANGE UNTIL MARCH 1, 2023!**), ***Yoga*** (Wednesdays at 11am), ***Potluck lunch*** (3rd Tuesday at 11:30 am), ***Community quilts on Monday and Knitting/Crocheting*** (Thursdays from 10am to noon beginning February 2, 2023!).

Residents may also book appointments through **podiatrist Kelly Whaley** for one day a month in the Senior Room for **pedicures** at (216) 229-0292. She has currently scheduled patients for Thursday, February 2, 2023.

The Senior Room will be closed on Monday, February 20, 2023 in observance of President's Day.

Upcoming City activities will be shared in this newsletter to promote the opportunity for senior attendance, as well as volunteerism. The next City-sponsored event is the Annual Pancake Breakfast sponsored by the City's Recreation Commission and set for Sunday, March 5, 2023. This has always served as a sign that Spring is near! We will keep you posted if there are other opportunities forthcoming.

We are happy to provide information in this newsletter having to do with tax preparation assistance for seniors, Vial of Life, Home Energy Assistance Program (HEAP) and other items to make senior living a little better for you! Enjoy!

And, finally, thank you for your patience as we begin the process to improve the Senior Room!

Gloria Majeski, Editor

UPCOMING MEETINGS AND EVENTS:

- 1) Willoughby/Western Lake County Chamber of Commerce is sponsoring the "State of the Cities" by our area mayors, including Mayors Fiala (Willoughby), Gardner (Willoughby Hills), Morley (Eastlake), Potter (Kirtland), Sakacs (Wickliffe) and Vanni (Willowick) on February 14, 2023 at 8 a.m. at La-Vera Party Center. You can have breakfast and listen to the plans these individuals have for their cities. Cost is \$30 (non-member) fee and reservation can be made by calling 440-942-1632 or www.wwlccchamber.com/events.
- 2) Lifeline is now taking appointments (by calling 2-1-1) for those who want to get their income taxes done. WH Residents' closest place for assistance will be Wickliffe Resource Center (in the former Wickliffe High School on Rockefeller Road). Both Lifeline AARP will assist as many seniors as possible. Call now to reserve your appointment!!
- 3) Fish Fries will be starting soon...St. Noel has already posted that theirs will begin on Fridays from 4:30-7:30 p.m. from February 24, 2023 to March 31, 2023. More to follow!

FELLOW SENIOR NEWS:

Congratulations are in order for Michael Stern, DDS (Chardon Road) who retired from dentistry last month. He had been a dentist in the City of Willoughby Hills (Smiler Brighter, Inc) for many years. Also, Mrs. Karen Tercek joined the ranks of retirees upon her retirement last month from the Willoughby Western Lake County Chamber of Commerce. She did a great job in working with our businesses to help them thrive. Both of these individuals are wished the best as they begin their retirement.

Sympathy to the family of Kenneth Blumel of River Road who passed away on January 2. Many seniors may have known Ken because he was a long-time resident of Willoughby Hills. Our condolences. The following individuals sold property last month: Michelle Petrac of Eddy, Mary Umek of Chardon, Charles Platia of Somrack, Derek Zharaewicz of Maple Grove and Domenick & Pasqualina DiFranco of Camelot. We welcomed the following residents: Jason Jackson, Eric Kubish, Tonya Mitchell, Zachary & Shannon Veres & John Kisner. (All seniors will be invited to join the WH Seniors, Inc.)!

OTHER ITEMS OF INTEREST FOR SENIORS:

- 1) Our April Senior Potluck speaker will be Fire Chief Rob Gandee who will speak of the importance of having a "Vial of Life" kit on your refrigerator! The Vial of Life is a program that allows seniors to have medical & family contact info ready in their home for emergency personnel to reference during an emergency. Call Lake County Council on Aging (ask for the ADRC) at 440-205-8111 to get your free Vial of Life kit.
- 2) Home Energy Assistance Program (HEAP) allows for funding to pay your heating bill. If your total gross annual household income is below \$23,782, call 440-205-8111 to apply.
- 3) Real Estate tax bills have been mailed. They are due on February 15th!
- 4) Delivery issues have been reported regarding Willoughby Hills News-Herald routes. If you subscribe to the paper, but do not get it, you must call 1-888-757-0727 to request a credit.

SENIOR HUMOR.....

A couple of kids asked me today what it was like for me growing up, so I took their phones, shut off their internet, gave them a popsicle and told them to go outside until the street lights came on!