

# WILLOUGHBY HILLS SENIORS, INC.

*Find a group of friends who challenge and inspire you; spend a lot of time with them, and it will change your life. (Amy Poehler)*



## NEWSLETTER

APRIL 1, 2023

### EDITOR'S REPORT:

Willoughby Hills Seniors, Inc. is happy to provide this newsletter to you as a way to stay engaged in senior activities in our community.

April is finally here and we are anxious to begin to offer some new programs and a better senior environment in the Willoughby Hills Senior Center. The WH Senior Board has worked hard to plan some programs that we think our seniors will enjoy. On Tuesday, April 4 at 10 a.m., you are invited to our "Craft Class" where you will have the opportunity to make a cute bunny favor for your Easter holiday table. Kits (makes 4) are \$5 each and will be available upon your arrival. The class (10am to noon) will allow you to get out and have some fun and take home a holiday table decoration. On Wednesday, April 5 from 9-11am, we will be playing Bingo. No fees to play. Just come and have fun.

#### **The following schedule covers the first week of April at the Senior Room:**

Tuesday, April 4 10-noon - Craft Class

Wednesday, April 5 9-11am BINGO, 11am Yoga 12:30-3pm Bridge

Thursday, April 6 10-noon Knit & Crochet Dr. Whaley (Podiatrist is in from 9am to noon, appointment required) (Call 216-229-0292)

Friday, April 7 Good Friday - Community Center is closed!!!

Saturday, April 8 Pinochle 6-9pm

Sunday, April 9 Easter Sunday. Have a great holiday!

The Board continues to plan for some additional programs. Put our monthly potluck on your calendar (4/18/23) where our guest speaker is Fire Chief Gandee to teach our seniors about two important safety tools (the Vial of Life and the Knox Box). Plan to attend - no fee to members, just bring your brown bag lunch or something to share. Our main dish will be sloppy joes for the luncheon.

#### **The following is a list of programs currently offered at the Senior Room:**

**Bridge** (Wednesdays 12:30-3pm), **Pinochle** (first 2 Fridays and every Saturday at 6pm), **Mahjong** (Fridays at 1pm), **Exercise** (Fridays at 11am), **Yoga** (Wednesdays at 11am), **Potluck lunch** (3<sup>rd</sup> Tuesday at 11:30 am), **Community quilts** on Monday and **Knitting/Crocheting** (Thursdays from 10am to noon). Residents may also book appointments through **podiatrist** Kelly Whaley for one day a month in the Senior Room for **pedicures** at (216) 229-0292.

If you haven't joined Willoughby Hills Seniors yet, there's still time to fill out your application to become a member. Pick up an application in the Senior Room or on the City website at: [www.willoughbyhills-oh.gov](http://www.willoughbyhills-oh.gov). Fee is \$7 for one member, or \$10 for a couple.

And, finally, thank you for your patience as we begin the process to improve the Senior Room!

Gloria Majeski, Editor

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## UPCOMING MEETINGS AND EVENTS:

- 1) The City has announced: Electronics Recycle Day is **May 20, 2023** (City Hall) and Paper Shred Day (site TBD) is **June 3**. Both events are from 9am to noon. Mark your calendars now!
- 2) Don't forget that yard waste through Republic Service begins again on **April 1!**
- 3) For Willoughby Hills residents, there is a Special Election set for **Tuesday, May 2, 2023**. There is only one issue on the ballot. It is a proposed tax levy (renewal) for Willoughby-Eastlake City School District. A sample ballot and absentee voting information can be obtained on the Lake County Board of Elections website.
- 4) With the recent announcement of NOPEC changes that may affect your gas and electric bills, please know that one of our Board members will be attending the proposed informational sessions and then help any senior one-on-one in the Senior Room to understand the changes. We will notify you when we will be setting these dates.

## OTHER ITEMS OF INTEREST FOR SENIORS:

Willoughby Hills Isolated Senior Program for Everyday Relief (WHISPER) was designed to help our seniors with various tasks that they may need assistance with. With the arrival of spring, many seniors will be faced with raking their leaves and preparing their lawns for summer. If you are interested in having the WHISPER Team help you, please remember to fill out the Service Application Form that may be found on the City website or City Hall lobby. The WHISPER Committee meets to review the applications and process them for approval.



Welcome to new residents: William McKisic & Brenna Hallaran of Dodd Road, Daniel Strauss of Dodd's Hill, Lisa Rossi of Maple Hill and Richard Deniz of River Road! All Seniors are invited to join our group!



## SENIOR HUMOR.....

1. GOING TO BED EARLY.
2. NOT LEAVING MY HOUSE.
3. NOT GOING TO A PARTY.

**MY CHILDHOOD PUNISHMENTS HAVE BECOME  
MY ADULT GOALS!**

## Willoughby Hills Seniors, Inc. Board Members:

Mary Cihula, Gloria Majeski, Laurie Feltham and PT Rec. Coordinator.

Newsletter questions??? Contact Gloria Majeski, c/o WH Seniors, Inc., 2717 Graylock Drive, Willoughby Hills, OH 44094 Phone: 440-951-0776 or Email: gloria\_majeski@yahoo.com