

# WILLOUGHBY HILLS SENIORS, INC.

*Find a group of friends who challenge and inspire you; spend a lot of time with them, and it will change your life. (Amy Poehler)*



## SENIOR NEWSLETTER – NOVEMBER 10, 2023

Willoughby Hills Seniors, Inc. is happy to provide this newsletter to you as a way to stay engaged in senior activities in our community.

Interested in being on the Senior Board? Send us an email to [WilloughbyHillsSeniors@yahoo.com](mailto:WilloughbyHillsSeniors@yahoo.com)!

**IMPORTANT INFORMATION REGARDING SENIOR CENTER DUES FOR 2024:** We have applied for Lake County Senior Tax Levy funding which could provide for the [myseniorcenter.com](http://myseniorcenter.com) software, providing each member with a key fob for access to the Senior Room. We will send the dues applications out **in 2024** rather than before year end to allow for the new system for each member. We will keep you posted on this new membership amenity.

### SHOUT OUT TO OUR VETERANS!

Many of our seniors have the distinction of being veterans. Let us take this opportunity to thank you for your sacrifices, your valor, and for protecting and defending our rights. Thank you for your courage, strength and dedication to keeping us safe. May you know how much you are appreciated as we celebrate Veterans' Day on Saturday, November 11.



### HOLIDAY REMINDERS:

THERE WILL BE NO SENIOR POTLUCK ON TUESDAY, NOVEMBER 21. The holiday luncheon is set for **Tuesday, December 19** at 11:30. Our next **Senior Newsletter** is slated for **Friday, December 1, 2023**. Please enjoy your Thanksgiving with your family and friends!

### RESIDENT NEWS...

Sympathy to the Bill & Mary Rainey family on the passing of Bill's father who passed away this week. Also, please keep the family of Carolyn Patton in your thoughts and prayers. Carolyn passed away this week. She was a long-time resident who served as the Secretary of the City's Civil Service Commission for many years. She also played "Mrs. Claus" at many of our City events. She will be deeply missed by all who knew her.

## CONGRATULATIONS ARE IN ORDER...

Congratulations to the individuals who were victorious in this week's election, including Chris Hallum, Mike Kline, Tanya Taylor Draper, Vicki Miller and Kathy Sivo. We look forward to continued support for our seniors from these City leaders. Also, thanks to the individuals who bravely challenged these individuals including Virginia "Jenna" Bing, Scott Kordos, Amy Frato Wright and Peter Pike. We appreciate the time and effort spent to advocate for our City leadership, including the needs of our seniors.

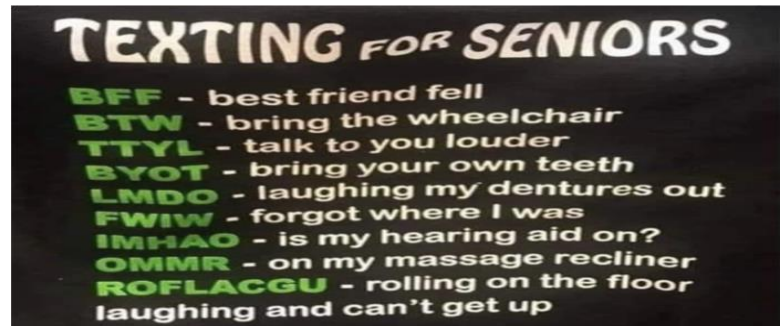
## WHPD "FILLING A CRUISER" - SATURDAY, NOV. 18- HELPFUL HINTS:

If you plan to support this upcoming City event, here is a little list of great hints that a senior shared at our last potluck:

1. Everyone donates Kraft Mac & Cheese in the box. They can rarely use it because it needs milk and butter which is hard to get from regular Food Banks.
2. Boxed milk is a treasure...kids use it with the plentiful cereal they receive.
3. Tea bags & coffee make them feel like you care.
4. Sugar and flour are treats.
5. They fawn over fresh produce donated by farmers & grocery stores.
6. They rarely get fresh meat.
7. Add a can opener or buy pop tops when considering canned veggies/soup.
8. Tuna & crackers make a good lunch.
9. Eggs, butter and milk are a real commodity.
10. Cake mix/frosting make it possible to make a child's birthday cake.
11. Dishwashing detergent is very expensive & is always appreciated.
12. Feminine hygiene products are a luxury and women will cry over that.
13. Everyone loves Stove Top Stuffing.

If you are helping a family this Christmas or donating to the PD event, maybe this can help! Thank you for supporting WHPD and St. Noel Food Pantry.

## LEAVING YOU WITH THESE FEW SENIOR THOUGHTS...



Have a good week! Willoughby Hills Seniors, Inc. Board Members  
(Mary Cihula, Laurie Feltham & Gloria Majeski)

Email: [WilloughbyHillsSeniors@yahoo.com](mailto:WilloughbyHillsSeniors@yahoo.com)

Phone: 440-951-0776

**NOVEMBER 2023**  
**Willoughby Hills Seniors, Inc.**

<u>Sun</u>	<u>Mon</u>	<u>Tue</u>	<u>Wed</u>	<u>Thu</u>	<u>Fri</u>	<u>Sat</u>
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			BRIDGE 12:30-3pm	KNIT/CROCHET 10am to noon	EXERCISE 11am MAHJONG 1pm PINOCHLE 6-9pm	PINOCHLE 6-9pm  Paper Shred Day 9am-noon (City Hall)
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Change Clocks Back One Hour for Daylight Savings Time!	YOGA 1pm (Lions Room)	Election Day! Remember to Vote!	BRIDGE 12:30-3pm	KNIT/CROCHET 10am to noon  PODIATRIST (By Appt.) 10am	EXERCISE 11am MAHJONG 1pm PINOCHLE 6-9pm WH Photo Contest reception	Veteran's Day Holiday!  Veteran's Day Ceremony 11am (O'Ryan Room)  PINOCHLE 6-9pm
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
	YOGA 1pm (Lions Room)  COMMUNITY QUILTS 10am-2pm		BRIDGE 12:30-3pm	KNIT/CROCHET 10am to noon  Quilt Guild Mtg. 7pm	EXERCISE 11am MAHJONG 1pm	PINOCHLE 6-9pm
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
	YOGA 1pm (Lions Room)	NO POTLUCK LUNCH TODAY!  SENIOR TRIVIA 7pm (O'Ryan Room)	BRIDGE 12:30-3pm	Thanksgiving Holiday!	Community Center Building is Closed for Holiday	PINOCHLE 6-9pm
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
	YOGA 1pm (Lions Room)  SACERICH SEWS 12PM-3PM (private)		BRIDGE 12:30-3pm	KNIT/CROCHET 10am to noon		