

CAPE MAY COUNTY RESOURCES FOR THE ELDERLY AND DISABLED

SUPPORT SERVICES INFORMATION & REFERRAL FOR SENIORS

DIVISION OF AGING AND DISABILITY SERVICES

Executive Director
Freeholder

M_ar_y E. Dozier Mary.Dozier@co.cape-may.nj.us
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(609) 886-2784

Fax# (609) 889-0344

Provides Information and Referral, insurance options, PAAD/Lifeline applications, Mobile Meals, PERS, assess for services, Statewide Respite programs, JACC, Adult Protective Services and other programs for older and disabled residents of Cape May County.

CAPE MAY COUNTY DIVISION OF SOCIAL SERVICES

4005 Rte 9 South
Rio Grande, NJ 08242

Adult Medicaid (609)-886-6200 ext. 489

Supervisor- Anmarie Abbatiello AnmarieAbbatiello@cmcbss.com

MLTSS- In-home care, Assisted Living, and Nursing Home, for income eligible individuals 65 or older or disabled-Jersey Care Medicaid

Call Center (609)-886-6200 ext. 484 For:

Emergency Assistance Supervisor-Peg Donahue PegDonahue@cmcbss.com

Assistance with back rent or utilities when unpaid due to an emergency

Supplemental Nutrition Assistance Program- SNAP/SNAS

Formerly known as Food Stamps-offers assistance with purchasing food for eligible participants.

NURSING HOMES

GENESIS COURT HOUSE CENTER
144 Magnolia Drive
CMCH, NJ 08210
(609)465-7171 Fax: (609)465-8353

CREST HAVEN NURSING & REHAB
12 Moore Road
CMCH, NJ 08210
(609)465-1260 Fax: (609)465-0738

VICTORIA MANOR
3809 Bayshore Road
North Cape May, NJ 08204
(609)-898-0677 Fax: (609)-898-1186

AUTUMN LAKE HEALTH CARE
2721 Rte. 9
Ocean View, NJ 08230
(609)624-3881 Fax: (609)624-3771

NORTH CAPE CENTER
700 Town Bank Rd.
North Cape May, NJ 08204
(609)898-8899 Fax: (609)465-8335

OCEANA NURSING HOME & REHAB
502 Rte. 9 North
CMCH, NJ 08210
(609)465-6360 Fax:(609)465-8335

UNITED METHODIST COMMUNITIES AT
THE SHORES
2201 Bay Ave.
Ocean City, NJ 08226
(609)399-8505 Fax: (609)391-8411

ASSISTED LIVING

BROOKDALE OF CAPE MAY
591 Rte 9 South
CMCH, NJ 08210
(609)463-6344 Fax: (609)463-6345

THE SHORES AT WESLEY MANOR
2201 Bay Ave.
Ocean City, NJ 08226
(609)399-8505 Fax:(609)391-8411

VICTORIA COMMONS
610 Town Bank Road
North Cape May, NJ 08204
(609)898-0044 Fax: (609)898-9644

AUTUMN LAKE HEALTH CARE
2721 Rte. 9
Ocean View, NJ 08230
(609)624-3881 Fax: (609)624-3771

SANDMAN TOWERS
3700 New Jersey Ave Office 100
Wildwood, NJ 08260
(609)729-0778 Fax: (609)729-4168

RENTAL ASSISTANCE

CAPE.MAY & ATLANTIC COUNTY RENTAL
ASSISTANCE
(609)441-3334

HOUSING AUTHORITIES/HUD

Information concerning low cost public housing

Cape May Housing Authority
639 Lafayette Street
Cape May, NJ 08204
(609) 884-8703 Fax (609) 884-9028

Ocean City Housing Authority
204 E. 4th Street
Ocean City, NJ 08226
(609) 399-1062 Fax: (609) 399-7590

Wildwood Housing Authority
3700 New Jersey Avenue
Wildwood, NJ 08260
(609) 729-0220 Fax: (609) 729-4168

Woodbine Manor Apartments
201 Webster Street
Woodbine, NJ 08270
609-861-2047

HOUSING FOR SENIORS

Eligibility requirements for admission age minimum is 62 years or older.

Conifer Village at Cape May

3805 Bayshore Road
Cape May, NJ 08204
(609) 886-5400 Fax: (609) 886-5402

Haven House

676 Town Bank Road
North Cape May, NJ 08204
(609) 884-4548 Fax (609) 884-4313

Lions Center

3300 New Jersey Avenue
Wildwood, NJ 08260
(609) 729- 1111 Fax: (609) 729-0611

Marina Bay Towers

610 New York Avenue
North Wildwood, NJ 08260
(609) 523-2703 Fax: (609) 523-2704

Sandman Towers

3700 New Jersey Avenue Office 100
Wildwood, NJ 08260
(609) 729-0778 Fax: (609) 729-4168

Victorian Towers

608 Washington Street
Cape May, NJ 08204
(609) 884-5883 Fax (609) 884-5625

Yorkshire Place

664 Townbank Road
North Cape May, NJ 08204
(609) 898-0730 or 844-227-8211
Fax (609) 898-1221

Wesley By The Bay

2419 Bay Avenue
Ocean City, NJ 08226
(609) 399-6702 Fax: (609) 399-6704

OTHER HOUSING RESOURCES

CHANNEL APARTMENTS

3910 Bayshore Road
N Cape May, NJ 08204
609-884-0026

MEADOW LARK APARTMENTS

609-770-2425

TOWN BANK MANOR APARTMENTS

620 Town Bank Road
N Cape May, NJ 08204
609-884-8565

OTHER RESOURCES

United Way First Call For Help

609-729-2255

HOMELESS HOTLINE

(609)886-1325

HOMELESS PREVENTION PROGRAM

609-886-2662

Emergency Corps 856-696-5252

Emergency Housing VETS

Jackie Blades 609-729-0997
Cape Counseling 609-463-0014

COALITION AGAINST RAPE & ABUSE

(CARA) PH: 609-522-6489

SOCIAL SECURITY ADMINISTRATION

1046 Rte. 47 N
Rio Grande, NJ 08242
Toll Free# 1-800-772-1213
Local# 1-877-405-9194

FAMILY SUCCESS CENTER

Rio Grande Community Support Services
1046 B Route 47 North
Rio Grande NJ, 08242
(609)778-6226

THE BRANCHES OUTREACH CENTER

1304 Rte. 47
Rio Grande, NJ 08242
609-886-5960

JERSEY CAPE DIAGNOSTIC, TRAINING &
OPPORTUNITY CENTER
152 Crest Haven Road Building #22
CMCH, NJ 08210
(609)465-4117
1121 Rte. 47
Rio Grande, NJ 08242
609-889-6803

ADULT MEDICAL DAY CARE FACILITIES

ACTIVE DAY OF CAPE MAY
211 Route 9 South
Suite 303
CMCH, NJ 08210
(609)465-8840 Fax: (609)465-8841

GOLDEN HEART ADULT DAY HEALTH
101 Shore Road
Somers Point, NJ 08244
609-788-0067 Fax: 609-788-0068

PERS - PERSONAL EMERGENCY RESPONSE SYSTEMS

LIFE ASSURE 1-800-354-5706
CONNECT AMERICA 1-800-215-4206

HOME CARE AGENCIES

BAYADA NURSES
1940 Rte. 9 North
CMCH, NJ 08210
(609)465-1205 Fax: (609)624-1094

GRISWOLD HOME CARE
3323 Simpson Ave. Suite 2
Ocean City, NJ 08226
(609)385-1599 Fax: 888-707-6073

ATLANTIC CAPE HOME CARE
1028 Asbury Ave
Ocean City, NJ 08226
(609)399-4788 or 888-590-4788
Fax: (609)525-0242

HOLY REDEEMER MEDICAL
1801 Rte. 9 North
CMCH, NJ 08210
(609)465-2082 Fax: (609)463-6121

HOME INSTEAD SENIOR CARE
112 Woodland Ave
Suite 201
Somers Point, NJ 08244
(609) 927-0203 Fax: (609) 927-0217

SYNERGY HOME CARE
2300 Rte. 9 North
CMCH, NJ 08210
(609) 486-6627 Fax: 486-6625

SENIOR HELPERS
2021 New Road Suite 108
Linwood, NJ 08221
(609) 373-2272

RIGHT AT HOME
222 New Road Suite 108
Linwood, NJ 08221
(609) 788-8236

VISITING PHYSICIANS

Phoenix House Calls
Dr. Thomas Lee
1-856-439-0060

Bayside House Call Group
Dr. James Lavis, Medical Director
2 E 14th Street
Ocean City, NJ 08226
1-800-513-3680 fax 888-503-8365

PRIMARY HOUSECALL PROVIDERS LLC
1795 Somers Point Road
EHT, NJ 08234
(609) 788-4576

VISITING PODIATRISTS
Bayside Foot & Ankle
609-926-7006

MEDICAL & HEALTH RELATED SERVICES

American Cancer Society
Atlantic/Cape May Unit
1851 Old Cuthbert Road
Cherry Hill, NJ 08034
Website www.cancer.org
856-616-1650 Toll Free 1-800-227-2345

American Red Cross
Southern Shore Chapter
34 East Mechanic Street
Cape May Court House, NJ 08210
Website www.redcross.org
(609) 465-7382 Fax (609) 463-1801

ARC of Cape May County, Inc.
822 Rt. 47, P.O. Box 255
South Dennis, NJ 08245
(609) 861-7100 Fax (609) 861-0591

Cape Assist
Preventing & treating substance abuse
3819 New Jersey Avenue
Wildwood, NJ 08260
(609)522-5960 Fax: (609)522-4074
Website www.capeassist.org

Cape Counseling Services, Inc.
128 Crest Haven Road
Cape May Court House, NJ 08210
PH: (609) 465-4100
1129 Rte. 9 South Suite 1
CMCH, NJ 08210
609-465-4829
Emergency Crisis Hotline 609) 465-5999
Website: www.capecounseling.org

Volunteers in Medicine
423 North Route 9
Cape May Court House, NJ 08210
(609) 463-2846
Website: vimcmc.org

Complete Care Medical and Dental Professionals
3 Broadway
Cape May Court House, NJ 08210
609-465-0258 Fax 609-465-5436
3700 New Jersey Ave
Wildwood, NJ 08260
Fax 609-522-3484
Website: completecarenj.org
Cape May County Health Department
6 Moore Road
Cape May Court House, NJ 08210
Nursing Division (609) 465-1200
(Nursing Division has information for Diabetes
Education, Hypertension and Lipids detection)
Health Education (609) 465-1225
CEED (Cancer Education Early Detection Program)
(609) 465-1047 Website: capemaycountygov.net

TRANSPORTATION

Fare Free Transportation
(609) 889-3700

New Jersey Transit

(973) 275-5555

Reduced Fare for Seniors & Disabled
(973) 491-7112

Access Link Services (parallels NJ Transit bus
routes) 1-800-955-2321

Logisticare - Medicaid Only
1-866-527-9933

CHORE/CLEANING SERVICES

It's Spotless 609-334-4333
(Ask for info on Chore Program)

Gofers 609-884-1997

CMC SENIOR CENTERS/ CONGREGATE NUTRITION SITES

HOWARDS. STAINTON SENIOR CENTER
1735 Simpson Ave.
Ocean City, NJ 08226
(609)398-2552

LOWER CAPE SENIOR CENTER
2612 Bayshore Road
Villas, NJ 08251
(609) 886-0070

NORTH WILDWOOD SENIOR CENTER
10th and Central Avenues
North Wildwood, NJ 08260
(609) 729-2090

UPPER TWP WELLNESS CENTER
1369 Old Stagecoach Road
Palermo, NJ 08230
609-390-9409

OTHER SENIOR CENTERS

BLIND CENTER OF THE JERSEY CAPE
PO Box 624
CMCH, NJ 08210
(609)624-0931
Meetings Tuesday and Thursdays 10am-1 pm
First Methodist Church
3344 Dune Drive
Avalon, NJ 08202
609-967-4204

AVALON SENIOR CITIZENS BUILDING
3100 Dune Drive
Avalon, NJ 08202
609-967-8200

DENNIS TOWNSHIP SENIOR CITIZENS
CENTER
571 Petersburg Road
PO Box204
Dennisville, NJ 08214
609-861-3137

MIDDLE TOWNSHIP DEVICO SENIOR
CENTER
23 Romney Place
CMCH, NJ 08210
609-465-8865

THE MILLMAN CENTER
209 Bayshore Road
Villas, NJ 08251
609-435-5166

SUPPORT SERVICES AND INFORMATION & REFERRAL FOR SENIORS

CONTACT CAPE/ATLANTIC
Reassurance calls
9500 Ventnor Ave Bldg 2
Margate, NJ 08402
(609)823-1850
Website: contactcapeatlantic.org

PUERTO RICAN ACTION COMMITTEE (PRAC)
801 Washington Ave
Woodbine, NJ 08270
(609) 861-5800
Provides Case Management, transportation,
information and referral, employment, translation,
health management, advocacy, housing assistance,
cultural activities and counseling to Cape May
County's Hispanic population.
Website: pracni.com

SOUTH JERSEY LEGAL SERVICES
1261 Route 9 South Suite 2
PO Box 785
Cape May Court House, NJ 08210
(609) 465-3001
Website: legal-aid.org

COMMUNITY HEALTH LAW PROJECT
4 E. Jimmie Leeds Road Suite 8
Galloway, NJ 08205
(856)858-9500

RETIRED SENIOR VOLUNTEER PROGRAM
(RSVP) Rachel Sanfo
4005 Route 9 South
Rio Grande, NJ 08242
(609) 886-3400 Website: seniorcorps.gov

RUTGERS COOPERATIVE EXTENSION
355 Court House- South Dennis Road
Cape May Court House, NJ 08210
(609) 465-5115 Fax: (609) 465-5953
Website: niaes.rutgers.edu

VETERAN'S BUREAU
4005 Route 9 South
Rio Grande, NJ 08242
(609) 886-2762
Website: capemaycountygov.net

CONSUMER AFFAIRS
4005 Route 9 South
Rio Grande, NJ 08242
(609) 463-6476
Website: capemaycountygov.net

CAPE MAY COUNTY SENIOR SERVICES

ORAL HEALTH/DENTAL

Cape May County Health Department
Crest Haven Complex
6 Moore Road CMCH, NJ 08210
Local contact: Elaine Lee
(609)-465-6841

MEDICATION MANAGEMENT

Cape May County Health Department
Crest Haven Complex
6 Moore Road CMCH, NJ 08210
Local contact: Claire Eisenmann
(609)-465-1199

GRANDPARENTS RAISING GRANDCHILDREN

Rutgers Cooperative Extension Center
355 Court House/ South Dennis Road
Cape May Court House, NJ 08210
Local contact: Marilou Rochford
(609)-465-5115
rochford@njaes.rutgers.edu

PROFESSIONAL IN-HOME EDUCATION AND SUPPORT

SJ GERIATRICS

Pres. Lori Heberley
PO Box 25
Somers point, NJ 08244
856-429-3494 Fax: 856-229-7683
sjgeriatric@yahoo.com

SUPPORT GROUPS

ALZHEIMER'S ASSOCIATION

Contact Center/ Helpline
1-800-272-3900

LIFESTYLE MANAGEMENT

Cape Regional Medical Center
2 Stone Harbor Blvd.
CMCH, NJ 08210
609-463-4043

LOCAL OFFICES OF STATE AGENCIES

COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)

Administrator: Jack Thompson
Email: Jack.Thompson@dhs.state.nj.us
Southern Region/Cherry Hill Office: 856-482-3700
Atlantic City Office: 609-441-3074

DIVISION OF DEVELOPMENTAL DISABILITIES

5218 Atlantic Ave, Suite 205
Mays Landing, NJ 08330
(609) 476-5200

NJ DIVISION OF VOCATIONAL REHABILITATION SERVICES-CAPE MAY OFFICE

Location: One Stop Career Center
3810 New Jersey Avenue
Wildwood, NJ 08260
609-729-0997 Fax 609-729-8455

RESOURCES FOR INDEPENDENT LIVING

Manager: Joseph McKeever
614 Landis Ave p^t Floor
Vineland, NJ 08360
PH: 856-825-0255 TTY: 856-213-5431
Email: jmckeever@rilnj.org
Website: www.rilnj.org
Local Contact: Debra Behnke
856-279-0400
Email: dbehnke@rilni.org

RECREATION FOR INDIVIDUALS WITH DISABILITIES

THE ARC OF CAPE MAY, INC.

822 Rte. 47
PO Box 255
South Dennis, NJ 08245
(609) 861-7100

CMC EQUESTRIAN FACILITY

Healing Hooves Therapy Program
418 Route 47 North
CMCH, NJ 08210
(609)675-6765
Website: www.cmcefinc.org

UPPER TWP CHALLENGER SPORTS

A co-ed program that adapts team sports (soccer, baseball, and bowling) for kids 5 - 18 with physical and/or intellectual/developmental disabilities

(609) 425-3919

Email: www.utchallengersports.com

SPECIAL OLYMPICS

1 Eunice Kennedy Shriver Way
Lawrenceville, New Jersey 08648

(609) 896-8000