



September 2018

Thunderbolt Neighborhood Center

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day Center closed	3 9am Coffee, puzzle & social 10am Walk & stretch 10:30am <i>Foot ball craft</i> 12:30pm Who What When 1pm Cranium crunches	*Don't wear white* 4 9am Coffee, puzzle & social 10am Talk about Savannah (Roger) Crocheting & knitting 10:30am JINGO 12:30pm Coloring sheets 1pm Cranium crunches	Home Run Day 5 9am Coffee, puzzle & social 10am Walk & stretch Making salsa 10:30am Babe Ruth home run talk 12:30pm Checkers 1pm Dot Dot Doodle FD BP checks	Fragrance Friday 6 9am Coffee, puzzle & social 10am Light & Lively Crocheting & knitting 10:30am BINGO 12:30pm Rumminkub 1pm Cranium crunches
Grandparents Day 10 9am Coffee, puzzle & social 10am Senior yoga Crocheting & knitting 10:30am BINGO 12:30pm Matching Card tournament 1pm Cranium crunches	Sad Remembrance 11 Day 9am Coffee, puzzle & social 10am 9/11 Never Forget talk 12:30pm Board games 1pm WII activites <i>*wear red, white & blue*</i>	Chocolate Milkshake Day 12 9am Coffee, puzzle & social 9:30am Old Savannah Trolley day trip 10am Sit & be fit Crocheting & knitting 10:30am JINGO 12:30pm Coloring sheets 1pm Cranium crunches	Fortune Cookie 13 Day 9am Coffee, puzzle & social 10am Senior yoga 10:30am Fortune cookie talk FD BP CHECKS 12:30pm 1pm Cranium Crunches FD BP checks	Tootsie Day 14 9am Coffee, puzzle & social 10am Light & Lively Crocheting & knitting 10:30am BINGO 12:30pm Rumminkub tournament 1pm Ladder Toss
Love Sick Blues 17 9am Coffee, puzzle & social 10am Yoga Crocheting & knitting 10:30am BINGO 12:30pm Rumminkub 1pm Cranium crunches	Gray Lady Day 18 9am Coffee, puzzle & social 10am Sunshine décor craft 12:30pm Dot Dot Doodle 1pm Ladder Toss <i>*wear yellow*</i>	Talk Like a Pirate 19 9am Coffee, puzzle & social 10am Sit & be fit Crocheting & knitting 10:30am JINGO 12pm Lunch 12:30pm Rumminkub <i>1pm 4 Detox Waters to Help Cleanse the Liver and Kidneys</i>	Poem Day 20 9am Coffee, puzzle & social 10am CVS Flu Clinic Book Mobile 12:30pm Who Am I? 1pm Coloring sheets FD BP checks	Funny Saying Day 21 9am Coffee, puzzle & social 10am Light & Lively Crocheting & knitting 10:30am BINGO 12:30pm UNO 1pm Cranium crunches
Harvest Moon 24 9am Coffee, puzzle & social 10am Yoga Crocheting & knitting 10:30am BINGO 12:30pm Solitaire 1pm Coloring sheets <i>*wear blue*</i>	Do Re Mi Day 25 9am Coffee, puzzle & social 10am Walk & stretch 10:30am Brown bag distribution 12:30pm Who What When 1pm Cranium crunches	Love Note Day 26 9am Coffee, puzzle & social 10am Sit & be fit Crocheting & knitting 10:30am JINGO 12:30pm Rumminkub tournament 1pm UNO	Crush A Can Day 27 9am Coffee, puzzle & social 10am Senior Yoga 10:30am 12:30pm Monopoly 1pm Ladder Toss FD BP checks	Do You Yoga? 28 9am Coffee, puzzle & social 10am Light & Lively Crocheting & knitting 10:30am BINGO 12:30pm Birthday celebration (cake served directly after lunch) 1pm Dot Dot Doodle

Happy birthday to all September birthdays!

Thunderbolt Neighborhood Center

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Contact Angel Bateman (912) 352-4846 | e-mail: abateman@seniorcitizens-inc.org

Monday through Friday 9am – 2pm