

Steele County Public Health

Home Care Division

"Healthy People in Healthy Communities"



Medication Management at SCPH

A very important part of recovery when returning home after a hospitalization, nursing home stay, or illness, is taking medications as directed. Steele County Public Health Registered Nurses help clients with medication management by making sure they are taking the right medicine, the right dosage, at the right time, and according to doctor's orders. This includes organizing medicines and setting up reminders to keep clients on track.

Steele County Public Health Registered Nurses complete a comprehensive assessment with clients to create a complete list of the patient's prescribed and over-the-counter medicines. A review of the medication regimen is completed to screen for unsafe med use and drug-to-drug interactions. Registered Nurses assist in developing a medication schedule with the client. We find it crucial to spend adequate time educating the client and/or caregivers on proper dosage, frequency, and side effects. Registered Nurses will evaluate the client's response to medications and communicate with client's doctor for an optimal outcome.

Improper use of medications can cause:

- Negative symptoms and side effects
- Increased risk for falls
- Confusion
- Readmissions to the hospital or nursing home

Comprehensive assessment, routine medication reviews, and medication management services allow the patient's care team to make changes in medication or adjust a doctor's orders in a timely manner.

Making a Referral to SCPH

- First, please inquire about availability, client eligibility, and services offered by calling Steele County Public Health at (507) 444-7650.
- Referrals can be made by health care providers, case managers, care coordinators, family members, or potential clients.
- Supportive medical documentation may be required for some home care services.



Steele County Public Health Nursing Services has been named a [2023 HHCAHPS Honors Award](#) recipient by HEALTHCAREfirst. The award acknowledges the highest performing agencies by analyzing the performance of Home Health Consumer Assessment of Healthcare Providers and Systems (HHCAHPS) satisfaction measures. The award recognizes home health agencies that are dedicated to providing a high quality of care in a patient-centric approach.

Our Services

Skilled Nursing

- **Free** medical assessment visit
- Health education
- Clinical monitoring
- Wound care
- Catheter & bowel care
- Nutrition & meal planning counseling
- Medication injection & schedules
- Referrals & supplies

Home Health Aides & Homemakers

- Help with bathing & personal care
- Help with transferring & walking
- Exercises, range of motion
- Light housekeeping
- Laundry
- Meal preparation
- Grocery shopping
- Visiting & reading

Physical Therapy

Available in home for rehabilitation and exercise programs for all age groups

[Visit the SCPH Website](#)

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