



December



2025

HAPPY Birthday TO YOU

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 ALL DAY GAMES 9AM Tai Chi Class w/ John 10AM Line Dancing Class 10AM 42 Dominoes 1PM Rock Steady Boxing	2 ALL DAY GAMES 9AM Exercise Class w/ Donna 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 10:15AM Intro to Line Dancing 11AM Mah Jongg (9:30AM Senior Bingo at Chick-fil-a)	3 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Senior Movement 11AM Smart Cremation, free seminar and meal w/ Teena RSVP	4 ALL DAY GAMES 9AM Exercise Class w/Donna 10AM Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM Mah Jongg RSVP →	5 ALL DAY GAMES 11 AM Hand & Foot 10:30 Coloring Contest 10:30 BINGO with Elizabeth 12PM Wii Bowling Tournament 6:30PM ED SULLIVAN SHOW	6 4:30-9PM Saginaw's Annual Holiday Parade & Drone Show at Willow Creek Park
7	8 ALL DAY GAMES 9AM Tai Chi Class w/John 10AM Line Dancing Class 10AM 42 Dominoes 11AM JEWELRY CLASS W/ SHANNON 1PM Rock Steady Boxing	9 ALL DAY GAMES 9AM Exercise Class w/ Donna 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 10:15AM Intro to Line Dancing 11AM Mah Jongg	10 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Senior Movement 12PM Healthy Sleep w/Malcolm from Tarrant County Public Health RSVP	11 ALL DAY GAMES 9AM Exercise Class w/Donna 10AM Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM Mah Jongg 10:15AM Performance, Crafts, Cookies & Cocoa w/ Kiddos from Commanche Springs RSVP	12 11AM-1PM Come & Go Prizes, Music, Taco Bar, & Dancing RSVP by 12/5	13 8AM-2PM Holiday Market at the Saginaw Switchyard 752 S Knowles
14	15 ALL DAY GAMES 9AM Tai Chi Class w/ John 10AM Line Dancing Class 10AM 42 Dominoes 11AM SEW SIMPLE W/ DARLENE 1PM Rock Steady Boxing	16 ALL DAY GAMES 9AM Exercise Class 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 10:15AM Intro to Line Dancing 11AM Mah Jongg 4:30-6PM Alzheimer's Support Group 6PM Card Making Class w/Viki Bell- Stampin Up RSVP	17 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Senior Movement 11AM Aging in place or time to move- Expert guidance on real estate, finance and senior law Seminar	18 ALL DAY GAMES 9AM Exercise Class w/Donna 10AM Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM MAH JONGG 7PM CONCERT BELLS AT THE SAGINAW RECREATION CENTER- FREE CONCERT, ALL AGES	19 10:30AM Members' Annual Christmas Bingo with Trevor w/ Walgreens RSVP by 12/12	20
21 *no line dancing, tai chi, or exercise classes w/ Donna this week	22 ALL DAY GAMES 10AM 42 Dominoes 1PM Rock Steady Boxing HAPPY Hanukkah	23 ALL DAY GAMES 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 11AM Mah Jongg	24 Closed have A very MERRY CHRISTMAS	25 Closed Merry Christmas	26 The center will be open but we will not have any scheduled activities due to staffing and holidays.	27
28	29 ALL DAY GAMES NO Tai Chi Class w/John 10AM Line Dancing Class 11AM JEWELRY CLASS W/SHANNON NO Rock Steady Boxing RSVP	30 ALL DAY GAMES 9AM Exercise Class w/Donna 10AM Scrabble for Seniors 10:15AM Intro to Line Dancing 10AM Brush Hour w/ Sandi	31 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Senior Movement	The City of Saginaw LeeAnn- The Lodge of Saginaw Trevor- Saginaw Walgreens Elizabeth- Sansom Pointe Sandi- ArtsNET Robin- RL Insurance THANK YOU Inez- Crafts & Sewing Sandi- Watercolor Painting John- Tai Chi Peggy- Line Dancing Darlene- Sewing Donna- Exercise James- Boxing Vicki- Card Making		

- 01 Joe C, Linda M
- 02 Sharon S
- 03 Gary C, Dianna A, Joe G, Danuta R
- 04 Johnny C
- 05 Rita C, Elizabeth R Terry A
- 06 D'Anne C, Maria R, Yolanda C, Marie T Deborah B
- 07 Clifford S, Valenia
- 08 Jean F, Allen R
- 09 John F, Robert E
- 10 Ben R
- 11 Gailyn B, Michelle J Dedria B, Cecilia F
- 12 Janice P, Armando
- 13 Patti S, Georgia S Rhonda K
- 15 Robin S, Roll M, Carol C, Margie T, Adriana O, Lydia T, Cynthia D
- 16 Carol R, Jim B Brandon C
- 17 Kathy B
- 18 Mary R, Carmen C
- 20 Larry R, Cynthia A Senorita H, Alice G
- 21 Michael B, Krista P Juanita V, Cindy E Judy D
- 22 Dotty C, Daniel M Cynthia K
- 24 Becky W
- 25 Janet M, Reiko E Kathy W, Jasbir S JoAnn L
- 26 Susan H, Caroline I
- 27 Cleo R, Alesia N Patricia W, Wanda
- 28 Brenda R, Don N Elizabeth H
- 29 Martha C, Teresa A Christine M, Elaine R, Michael S
- 30 Rick B, Rose A Carol B, Rosa D
- 31 Allen R, Kari W Randall W, Dora T Phillip Y

FREE FITNESS PROGRAMS FOR MEMBERS (see calendar for cancelations)

Tai Chi Tai Chi is low impact and is great for arthritis, fall prevention & relaxing for the mind.

- Mondays w/John at 9AM

Line Dancing w/Peggy Line Dancing Classes are fun and you get some exercise too!

- Mondays at 10AM
- Wednesdays at 9:15AM
- INTRO CLASS on Tuesdays at 10:15AM

Rock Steady Boxing Classes w/James Rock Steady Boxing is wonderful for Parkinson's and for upper body strength. Keep in mind that if you decide to take the classes you will need to purchase gloves. James will have some for sale & to view.

- Mondays at 1PM

Senior Exercise with Donna An all activity level senior exercise class w/Donna, a Silver Sneakers certified instructor. We use weights, balls & bands to achieve a full body workout.

- Tuesdays at 9AM
- Thursdays at 9AM

Senior Movement with Donna A vigorous, high intensity exercise program with weights, bands and balls.

- Wednesdays at 10:30AM

Wii BOWLING TOURNAMENT



Allen Debbie Charlotte

Wii Bowling Wii Bowling is a lot less strenuous than bowling but equally as fun! Once a month we have a fun Wii Bowling Tournament, but you can practice here anytime.

Saginaw Support Group for Caregivers of Alzheimer's & Other Dementias 12-16-25

The support group is open to the public and meets inside the Senior center on the 3rd Tuesday every month at 4:30PM

INTRO TO LINE DANCING *new!*
Stop by at 10:15AM on Tuesdays for an introduction to line dancing class with Peggy.

Saginaw Transportation

The City of Saginaw provides a ride program with a one-way trip fare of \$2.50 for Saginaw residents over the age of 65 as well as residents with disabilities. This program is available every Monday (except for Holidays) from 6AM- 6PM. All rides must be scheduled in advance. Call 817.336.8714 for more information or to schedule a ride.

IMPORTANT Member Information

The Senior Center is funded by the City of Saginaw. Our doors are open to all residents and non-residents 55+ years of age. Senior center memberships are \$20 annually for residents & \$60 annually for non-residents. The Senior Center is neither designated nor qualified for Adult Day Care. All participants must be able to physically care for themselves or have a personal assistant with them. Please do not hesitate to ask a Senior Center staff member, if you have any questions.

Saginaw Senior Center 300 West McLeroy Blvd Saginaw, TX 76179
(817) 230-0459 www.saginawtx.org Email: seniorcenter@saginawtx.org
Visit us on Facebook www.facebook.com/SaginawSeniorCenter
Director: Kristi Sinclair **Asst:** Ashton Rojas, Shyanne Tibbs & Evelyn Gahagan

HOURS
Monday-Friday
9AM -4PM

SAGINAW SENIOR CENTER
DECEMBER 2025



3 HUGE HOLIDAY EVENTS AT THE SENIOR CENTER- PLEASE RSVP ASAP

ED SULLIVAN SHOW 12.5.25 6:30PM

You will not want to miss this fun show filled with talented young artists. It is a free event and will be open to the public. Stop by the Senior Center for your tickets.

MEMBERS' HOLIDAY MINGLE & JINGLE 12.12.25 11AM-1PM

To accommodate all our new members we have changed up our annual Christmas Party a bit, hopefully with an upgrade in FUN! We will have a DJ (so yes to dancing), we will have a catered Taco Bar (so a little something for your jolly belly), photos w/Santa (of course), and a few door prizes too! This is a come and go so feel free to stop by anytime between 11AM-1PM.

MEMBERS' ANNUAL CHRISTMAS BINGO WITH TREVOR 12.19.25 10:30AM

Trevor is the Manager of the Saginaw Walgreens and every year his staff, family, church and friends get together and purchase prizes for this very special Bingo- with a few surprises!

ARTS & CRAFTS PROGRAMS

Brush Hour with Sandi (Watercolor Painting) Tuesdays at 10AM

Sandi is a very skilled & talented artist from ArtsNET, that has been teaching for many years. If you have always wanted to learn how to watercolor paint, please don't miss out on this amazing opportunity, Tuesdays at 10am.

Jewelry Making Class w/Shannon Mon, Dec 8th or Dec 29th RSVP

This is a new class with a new instructor! In this first class the participants will be making a beaded bracelet. Sign up to attend one of the classes at 11AM on either the 8th or the 29th. We will have the same class twice a month with in person RSVP ONLY & a 24 person per class limit. You are only allowed to attend one of the monthly classes, not both.

Crafts with Inez and Sew What with Inez ...will not have any classes in Dec, but they both will return to our monthly calendar in January!

Sew What with Inez is an advanced sewing class.

Sew Simple with Darlene Monday, December 15th (beginners' class)

Sew Simple with Darlene is a beginners sewing class. In this beginners class, we will do hand sewing projects and learn how to use a sewing machine -nothing too advanced.

Card Making Class with Vicki Bell Tuesday, December 16th at 6PM RSVP

Instructor, Vicki Bell from Stampin' Up will help you make one card & a treat holder that you can take home with you! This class is limited in size and requires an RSVP.

December Coloring Contest Friday, December 5th (entries due on December 4th)

At the beginning of the month you can pick up the selected coloring sheet for the month. Turn it in by Tuesday, December 4th to enter the contest. You can color with gel pens, colored pencils, or any method you prefer for your masterpiece. Coloring is a great way to relax your mind & stimulate your imagination (plus you could win a prize).

COLORING CONTEST WINNERS



Linda Mary Greg