



APRIL



2026

SUN	MON	TUES	WED	THURS	FRI	SAT
THANK YOU The City of Saginaw LeeAnn- The Lodge of Saginaw Trevor- Saginaw Walgreens Sandi- ArtsNET Kate- Fyzical Therapy & Balance Center Rae- MSA Insurance Robin- RL Insurance Ardent Mills Employees Malcolm- Tarrant County Public Health Mary Louise- Tarrant County Clerk Barbara- Berkshire Hathaway Realty & OUR FABULOUS INSTRUCTORS Inez- Crafts & Sewing Darlene- Sewing Donna- Exercise Sandi- Watercolor Painting Donna- Exercise Vicki- Card Making Peggy- Line Dancing James- Boxing John- Tai Chi Shannon- Jewelry Gloria- Crochet Darla- Karaoke			1 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Hooked on Crochet with Gloria RSVP 10:30AM Senior Movement 1PM Jewelry Making Class with Shannon RSVP APRIL FOOLS	2 ALL DAY GAMES 9AM Exercise Class w/Donna 10am Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM Mah Jongg	3 All Saginaw City Buildings will be closed Good Friday	4
5 HAPPY easter	6 ALL DAY GAMES 9AM Tai Chi Class w/John 10AM Line Dancing Class 10AM 42 Dominoes 11AM SEW WHAT WITH INEZ 1PM Rock Steady Boxing sewing	7 ALL DAY GAMES 9AM Exercise Class w/ Donna 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 10AM Line Dancing Class 11AM Mah Jongg (9:30AM Senior Bingo at Chick-fil-a) A	8 ALL DAY GAMES 9:15AM Line Dancing Class 11:30AM Krazy 4 Karaoke with Darla & Special Guests from Ardent Mills RSVP 10:30AM Senior Movement KARAOKE Ice Cream	9 ALL DAY GAMES 9AM Exercise Class 10AM Scrabble for Seniors 10AM CANASTA 10:15AM ADVANCE DIRECTIVES CLASS W/ ROBIN & RL INS RSVP 11AM BEGINNERS Mah Jongg 11AM Mah Jongg people 12 Seniors & Associates	10 ALL DAY GAMES 11 AM Hand & Foot Card Game 10:30 BINGO w/ Trevor w/ Walgreens 12PM BIRTHDAY LUNCHEON 12:30 Wii Bowling HAPPY Birthday	11 Saginaw Farmers Market at the Saginaw Switchyard from 8AM-12PM SAGINAW FARMERS MARKET
12	13 ALL DAY GAMES 9AM Tai Chi Class w/ John 10AM Line Dancing Class 10AM 42 Dominoes 11AM CRAFTS WITH INEZ RSVP 1PM Rock Steady Boxing glue gun	14 ALL DAY GAMES 9AM Exercise Class 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 10AM Line Dancing Class 11AM Mah Jongg A	15 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Senior Movement 12PM Living with Diabetes Class with Malcolm from Tarrant County Public Health Department people	16 ALL DAY GAMES 9AM Exercise Class w/Donna 10AM Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM MAH JONGG people	17 ALL DAY GAMES 11 AM Hand & Foot Card 10:30 BINGO w/ LeeAnn w/ THE LODGE OF SAGINAW 12PM Wii Bowling Tournament people THE LODGE OF SAGINAW	18
19	20 ALL DAY GAMES 9AM Tai Chi Class w/John 10AM Line Dancing Class 10AM 42 Dominoes 11AM SEW SIMPLE WITH DARLENE 1PM Rock Steady Boxing sewing (Early Elections April 20th-28th & Election Day is on May 2nd)	21 ALL DAY GAMES 9AM Exercise Class 10AM Scrabble for Seniors 10AM Brush Hour w/ Sandi 10AM Line Dancing Class 11AM Mah Jongg 4:30-6PM Alzheimer's Support Group 5:30PM Card Making Class w/Vicki- Stampin Up RSVP A alzheimer's association	22 ALL DAY GAMES 9:15AM Line Dancing 10:30AM Hooked on Crochet with Gloria RSVP 10:30AM Senior Movement 1PM Jewelry Making Class with Shannon RSVP people	23 ALL DAY GAMES 9AM Exercise Class w/Donna 10AM Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM Mah Jongg *Coloring sheets are due for the contest on the 24th people	24 ALL DAY GAMES 11 AM Hand & Foot Card Game 10:30 Coloring Contest Winners 10:30 BINGO w/ Barbara w/ BERKSHIRE HATHAWAY HOMESERVICES PENFED REALTY TEXAS 12PM Wii Bowling people	25 Saginaw Farmers Market at the Saginaw Switchyard from 8AM-12PM SAGINAW FARMERS MARKET
26	27 ALL DAY GAMES 9AM Tai Chi Class w/John 10AM 42 Dominoes 10AM Line Dancing Class 11AM CRAFTS WITH INEZ RSVP 1PM Rock Steady Boxing glue gun	28 ALL DAY GAMES 9AM Exercise Class w/ Donna 10AM Scrabble for Seniors 10AM Line Dancing Class 10AM Brush Hour w/ Sandi 11AM Mah Jongg A	29 ALL DAY GAMES 9:15AM Line Dancing Class 10:30AM Senior Movement 11:45AM Presentation by Tarrant County Clerk RSVP people	30 ALL DAY GAMES 9AM Exercise Class 10AM Scrabble for Seniors 10AM CANASTA 11AM BEGINNERS Mah Jongg 11AM MAH JONGG 10:30 Doc Talk-Lower Back & Sciatica Pain RSVP people MSA Insurance Advisors LLC		

HAPPY Birthday TO YOU

- 01 Pam W, Vicki B, Jennifer T, Manuela G, Joan M
- 02 Bradley B, Diane D, Leonne G
- 03 Sylvia M, Peggy W, Kimberly W
- 04 Kay L, Harjeet S
- 05 Concepcion N, Rachel R, Cheryl L, Roxanne J, Alan P
- 07 Cristy B, Gloria H, Jennifer M
- 08 Michael R, Gail C
- 09 Janet H, Daniel R, James M
- 10 Mary C, Linda A
- 11 Tria W, Toniann V
- 12 Maria M
- 13 Sharon G, Darlene G, Claudena W, Dewayne R
- 14 Martin C
- 15 Guadalupe C
- 16 Donna B, June B
- 17 Ronald W, Jon K, Suzanne M, Laurie S, Tippy T
- 18 Sheri T, James L, Kathy S, Marolyn M,
- 19 Kina R
- 21 Lois H
- 22 Jeannie S, Mark B
- 24 Johanna L,
- 26 Debora P, Michael B
- 27 Sylvia R, Marcia B, Michael S, Elodia C, Betty C
- 28 Jesse C
- 29 Robert H, Jason W, Pamela C, Merry B, Shay M
- 30 Dennis M, Elsa D

FREE FITNESS PROGRAMS FOR MEMBERS (see calendar for cancelations)

Tai Chi Tai Chi is low impact and is great for arthritis, fall prevention & relaxing for the mind.

- Mondays w/John at 9AM

Line Dancing w/Peggy Line Dancing Classes are fun and you get some exercise too!

- Mondays at 10AM • Tuesdays at 10AM • Wednesdays at 9:15AM

Rock Steady Boxing Classes w/James Rock Steady Boxing is wonderful for Parkinson's and for upper body strength. Keep in mind that if you decide to take the classes you will need to purchase gloves. James will have some for sale & to view.

- Mondays at 1PM

Senior Exercise with Donna An all activity level senior exercise class w/Donna, a Silver Sneakers certified instructor. We use weights, balls & bands to achieve a full body workout.

- Tuesdays at 9AM • Thursdays at 9AM

Senior Movement with Donna A vigorous, high intensity exercise program with weights, bands and balls.

- Wednesdays at 10:30AM

Wii BOWLING TOURNAMENT



ELSA WANDA ANNIE

Wii Bowling Wii Bowling is a lot less strenuous than bowling but equally as fun! Once a month we have a fun Wii Bowling Tournament, but you can practice here anytime.

BINGO Fridays at 10:30AM (BINGO DOORS OPEN AT 9AM) Join us for bingo on Fridays (with a special birthday bingo once a month that includes a complimentary lunch). Bingo is free to attend, thanks to our fabulous sponsors & the City of Saginaw.

Krazy 4 Karaoke with Darla
Wed, April 8th at 11:30AM
Karaoke is back with a new DJ! Join us for a fun hour of songs and laughter with Ms Darla!

Saginaw Transportation

The City of Saginaw provides a ride program with a one-way trip fare of \$2.50 for Saginaw residents over the age of 65 as well as residents with disabilities. This program is available every Monday (except for Holidays) from 6AM- 6PM. All rides must be scheduled in advance. Call 817.336.8714 for more information or to schedule a ride.

IMPORTANT Member Information

The Senior Center is funded by the City of Saginaw. Our doors are open to all residents and non-residents 55+ years of age. Senior center memberships are \$20 annually for residents & \$60 annually for non-residents. The Senior Center is neither designated nor qualified for Adult Day Care. All participants must be able to physically care for themselves or have a personal assistant with them. Please do not hesitate to ask a Senior Center staff member, if you have any questions.

Saginaw Senior Center 300 West McLeroy Blvd Saginaw, TX 76179
(817) 230-0459 www.saginawtx.org Email: seniorcenter@saginawtx.org
Visit us on Facebook www.facebook.com/SaginawSeniorCenter
Director: Kristi Sinclair **Asst:** Ashton Rojas, Shyanne Tibbs & Evelyn Gahagan

HOURS
Monday-Friday
9AM -4PM

SAGINAW SENIOR CENTER
APRIL 2026



SIGN UP SHEETS ARE AT THE SENIOR CENTER FOR...

SEMINARS

- ✓ LIVING WITH DIABETES BY MALCOM W/TARRANT COUNTY PUBLIC HEALTH
- ✓ SPECIAL PRESENTATION BY TARRANT COUNTY CLERK, MARY LOUISE NICHOLSON
- ✓ ADVANCE DIRECTIVES CLASS BY ROBIN WITH RL INSURANCE
- ✓ DOC TALK ON LOWER BACK & SCIATICA PAIN WITH DR MEYER & RAE FROM MSA INSURANCE

CLASSES

- ✓ JEWELRY MAKING CLASS W/SHANNON
- ✓ CARD MAKING CLASS W/VICKI BELL
- ✓ HOOKED ON CROCHET W/GLORIA
- ✓ CRAFTS W/INEZ

PROGRAMS

- ✓ KRAZY 4 KARAOKE W/DARLA, WITH AN ICE CREAM BAR AND SPECIAL GUESTS FROM ARDENT MILLS



ARTS & CRAFTS PROGRAMS

Brush Hour with Sandi (Watercolor Painting) Tuesdays at 10AM

Sandi is a very skilled & talented artist from ArtsNET, that has been teaching for many years. If you have always wanted to learn how to watercolor paint, please don't miss out on this amazing opportunity, Tuesdays at 10am.

Jewelry Making Class w/Shannon Wed, April 1st or April 22nd RSVP

This is a new class with a new instructor! Sign up to attend one of the classes at 1PM on either the 1st or the 22nd. We will have the same class twice a month with in person RSVP ONLY & a 24 person per class limit. You are only allowed to attend one of the monthly classes, not both.

Crafts with Inez Mondays April 13th & April 27th RSVP

We have the same class twice a month for crafts with in person ONLY & a 25 person per class limit. You are only allowed to attend one of the monthly classes, not both.

Sew What with Inez Monday, April 6th (advanced class)

Sew What with Inez is an advanced sewing class. This class will be more advanced & require knowledge of using a sewing machine properly, as to not damage our machines. The sewing projects will be complex and they often require participants to finish the project at home.

Sew Simple with Darlene Monday, April 20th (beginners' class)

Sew Simple with Darlene is a beginners sewing class. In this beginners class, we will do hand sewing projects and learn how to use a sewing machine –nothing too advanced.

Card Making Class with Vicki Bell Tuesday, April 21st at 5:30P RSVP

Instructor, Vicki Bell from Stampin' Up will help you make one card & a treat holder that you can take home with you! This class is limited in size and requires an RSVP.

Hooked on Crochet with Gloria **NEW** Wednesdays, April 1st & April 22nd at 10:30AM RSVP

If you love crocheting or want to learn how to crochet, join us for this new program.

April Coloring Contest Friday, April 24th (entries due on April 23rd)

At the beginning of the month you can pick up the selected coloring sheet for the month. Turn it in by Thursday, April 23rd to enter the contest. You can color with gel pens, colored pencils, or any method you prefer for your masterpiece. Coloring is a great way to relax your mind & stimulate your imagination (plus you could win a prize).

COLORING CONTEST WINNERS



LINDA DONNA MARY