



**August
2026**

MONTHLY DISEASE SURVEILLANCE REPORT

OTSEGO COUNTY DEPARTMENT OF HEALTH

Scan the QR code to download our app!



Otsego County Data Dashboards



WHAT YOU NEED TO KNOW

The Environment and Your Health

Our health is influenced by the environment around us, including the air we breathe, the water we drink, the food we eat, and our exposure to potentially harmful substances. Environmental health is an area of public health that focuses on understanding and addressing how these environmental factors can affect human health. Public health professionals working in environmental health help protect New Yorkers by identifying and reducing risks associated with contaminants in air, water, soil, and food while promoting healthier and safer communities.

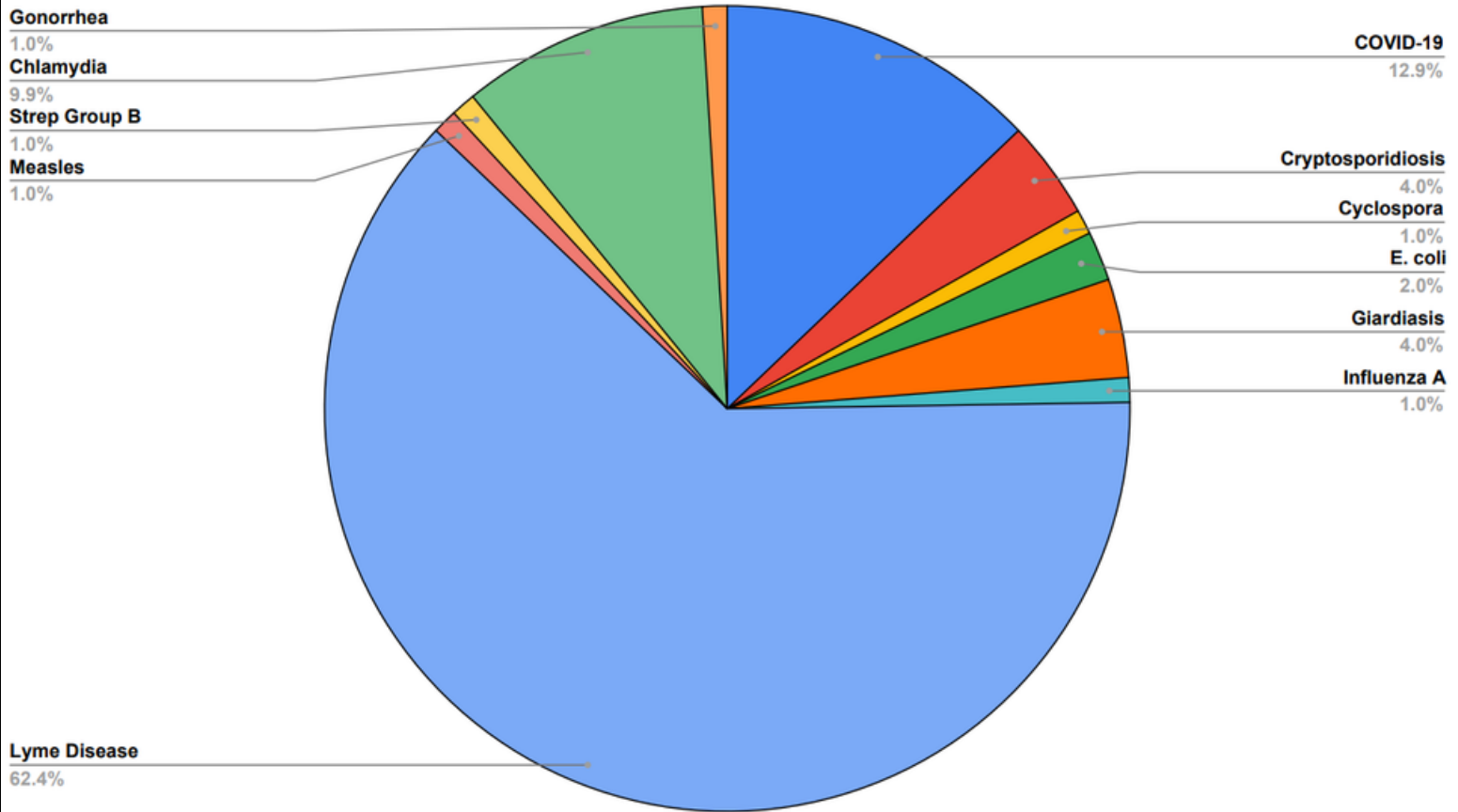
For more information visit:

<https://www.health.ny.gov/environmental/>



COMMUNICABLE DISEASES

Percentage of Confirmed Cases of Communicable Diseases by Type (n=112)



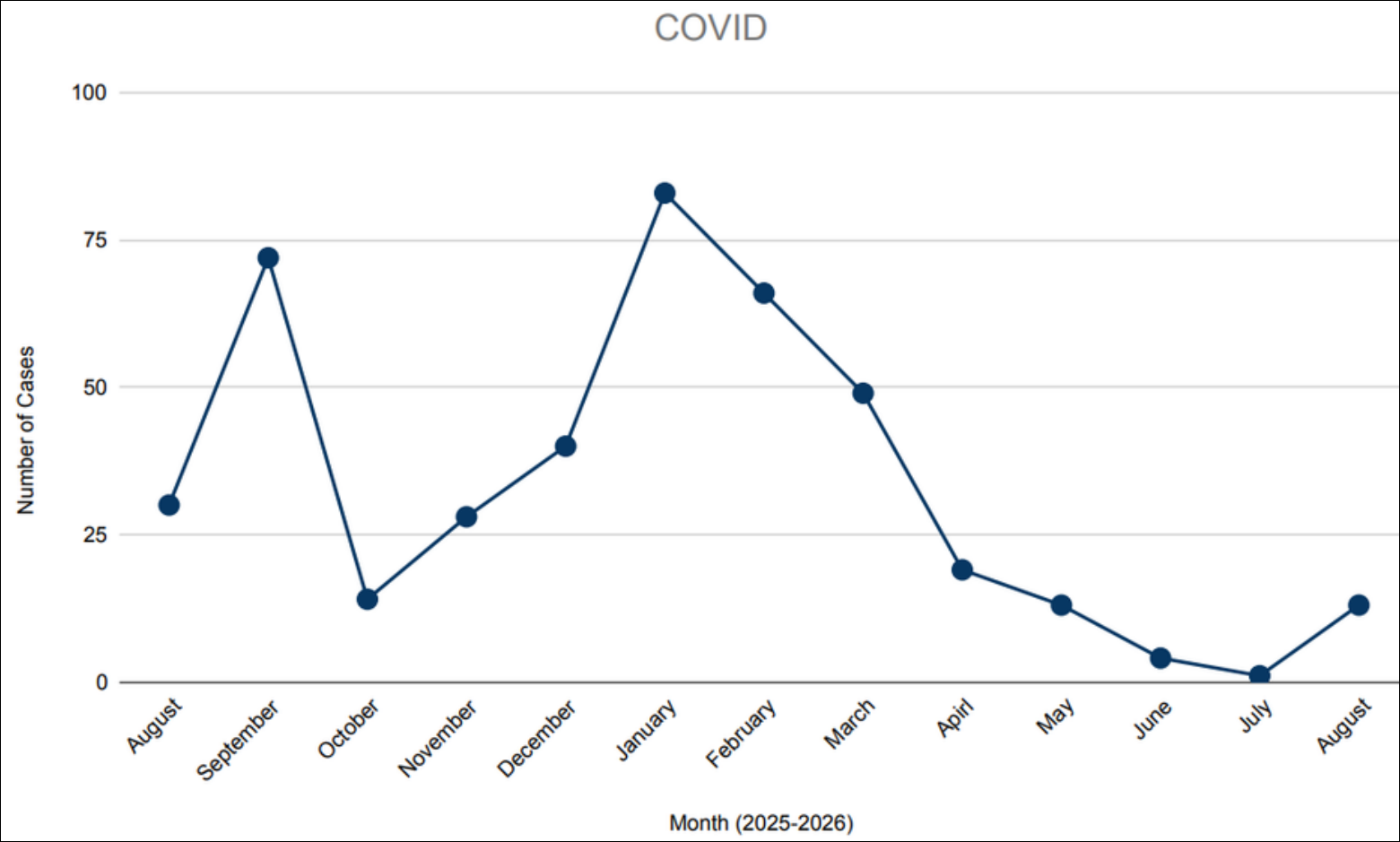
Communicable diseases are diseases which are spread from person to person, or animal, surface or food to a person. These are also known as transmissible diseases or infectious diseases. Communicable diseases are caused by pathogens such as viruses, bacteria and fungi and are spread by way of air, water, food or bodily fluids.

**** Lyme Disease
numbers are not final
until NYS DOH review ****

COVID

New cases in Otsego County

13



RABIES

Animal Bites Reported

20

**Number of Animals Sent
for Rabies Testing**

33

**Individuals sent for
Post Exposure Treatment**

33

**Animal Specimens Testing
Positive for Rabies**

2

There are 3 main ways to prevent exposure to rabies for both humans and pets. These include:

- Vaccination of pets: It is a NYS law that your cats, dogs and ferrets be vaccinated for rabies. It is also a NYS law that any unvaccinated pet exposed to a rabid or suspected rabid animal be euthanized or quarantined for 6 months at owners' expense.
- Avoidance of wild animals
- Testing of animals: If there is a bat or other animal in your home that you think might have scratched or bitten someone, catch it and have it sent for rabies testing. You should contact the health department any time you find a bat in the home to discuss the situation.

Upcoming Rabies Clinics

All clinics are 6-8pm

No appointment Needed

[Click HERE for our 2026 Rabies Clinic
Schedule!](#)



MONTHLY HEALTH TOPIC

Measles: Know the Signs & Protect Yourself

Measles is a highly contagious respiratory illness that spreads through the air when an infected person coughs or sneezes. The virus can remain in the air for up to two hours after an infected person leaves an area.

Know the Symptoms

Symptoms usually begin with:

- High fever
- Cough
- Runny nose
- Red, watery eyes
- A rash that typically begins on the face and spreads downward

Protect Yourself

The MMR (measles, mumps, and rubella) vaccine is the best protection against measles. Two doses are about 97% effective at preventing infection.

Think You Have Measles?

Stay home and call your health care provider before seeking care. Calling ahead helps prevent exposing others. If you are unsure whether you or your family are protected, check your vaccination records or talk with your health care provider.

Learn more: [New York State Department of Health – Measles Update](#)