

Newsletter

Merrimack County Human Resources

Spring/Summer 2025



Contents

- * HR Team Spotlight
- * Applications and Resources:
 - Tyler Employee Portal
 - UKG
- * Letter from the Wellness Committee
- * HealthTrust Well-being Programs
- * Contact Information

Onsite Office Information

Nursing Home:
Monday 8a-3p
Tuesday-Friday 8a-4p

DOC Office:
Tuesday 7a-12p
Thursday 9a-3p



333 Daniel Webster Highway,
Suite 2, Boscawen, NH 03303



603.796.6800



https://www.merrimackcounty.net/departments/human_resources/index.php

HR Staff Member Spotlight

Ariana Peters

HR Generalist

At Merrimack County since: February 2025 - Welcome to the Team!

About me: Before coming to Merrimack County, I spent 7 years in the U.S. Army and Oklahoma Army National Guard. I left the military in 2019 before pursuing a degree in business. In 2024, I received a Bachelor of Arts in Business with a concentration in marketing from the University of New Hampshire. I live with my partner, Derek, and our dogs Ozzy and Buggy.

Interests: I enjoy riding and training horses. I own a small hobby farm in Salisbury where we have a large garden, fruit trees, chickens, horses, rabbits and pigs. I love being outdoors in the sunshine.



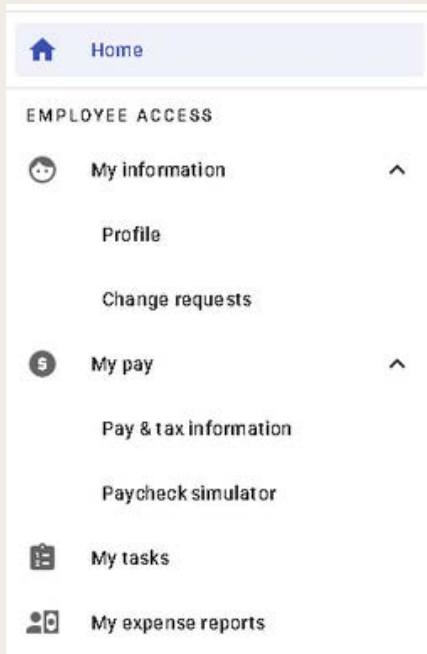
Applications and Resources



Tyler Employee Access

Tyler employee access offers a place to review personal information and access paychecks and tax documents as well as make changes to certain deductions.

- Make changes to Direct Deposit information:
 - Automatically send a specified amount of your paycheck to a savings or alternative account
- Make changes to your W-4:
 - This includes making changes to voluntary addition withholdings
- View a total compensation breakdown



Current Employees: <https://merrimackcountynh.tylerportico.com/tesp/employee-selfservice/>
Former Employees: <https://merrimackcountynh.tylerportico.com/tess/citizen/dashboard/>



UKG

There is a new UKG mobile app available and ready to be downloaded in the App/Play Store on iPhone and Android devices. UKG is closing their legacy apps in late 2024: this includes the current app employees and managers are using for UKG Dimensions. All employees and managers should download this new App.

To download the new App:

From your App/Play Store select: UKG Pro

- * Enter the URL <https://merrimackcounty.prd.mykronos.com>
- * This will then load the login screen and ask for the username and password.
- * Enter your current username (your employee ID number-6 digits with leading zeros).
- * Enter your current password.

* For any assistance please contact an HR staff member



Supervisor Academy



Congratulations to our first group of Merrimack County Supervisor Academy Graduates!

Nursing Home

Matt Richardson
Emily Bryant
Tiffani Callahan
John Lombard
Ross Johnson
Keisha Allen-Stephenson
Curtis Shea
Michelle Neil

Corrections

Arthur Overlock
Frank Caron

Facilities

Sean Keech
Karl Thurston

Sheriff's Office

Jeff Fisher
Stacie Fiske



Human Services

Catrina Schaffnit

Deeds

Samantha Morse

County Attorney's Office

Christine Murray

We hosted a group of 17 County Supervisors at our first Academy held in May. This was a very engaged group which enjoyed a variety of presenters delving into multiple topics including: Civility in the Workplace, Harassment Prevention, Investigations, Managing Medical Leaves and Performance Issues, Difficult Conversations and Teamwork. **A second Academy is in the works which we hope to hold in the fall.** Please reach out to your department head if you are interested in participating.

Did you know that as a supervisor you have access to a Supervisor Portal in your NEOGOV account? This has many resources to assist you in your role including the Merrimack County Supervisor's Reference Guide. From your dashboard, click on Onboard, My Onboarding Portal and select the Supervisor Portal tab right under the welcome picture.

Wellness Committee



Greetings from the Wellness Committee!

Ever wonder what the Wellness Committee at Merrimack County can do for you? We're a team of employees dedicated to promoting health, balance, and well-being across all departments. Our goal is to connect you with wellness opportunities that support every aspect of your life—physical, nutritional, financial, and emotional.

So far in 2025, we've kicked things off with fun and meaningful activities like the Vision Board Challenge, Chair Massage Day, and our current "Jokes in July" event. We hope these initiatives have helped you relax, recharge, and focus on your goals.

We're also excited to promote the **Slice of Life Wellness Program**, powered by Personify Health. This platform helps you build healthy habits, connect with coworkers, and earn up to **\$475** annually just for participating! Scan the QR code below to get started.



Coming in 2025:

The Wellness Fair will be back! Based on your feedback, we're planning an in-person, outdoor event (weather permitting) with music, games, vendors, and raffles. Got ideas?

Email us at wellness@merrimackcounty.net.

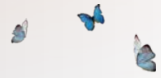
Want to share a wellness idea or join the committee? We'd love to hear from you!



Be well,

Merrimack County Wellness Committee





Well-Being Programs

HealthTrust Well-Being Programs and resources help you manage health conditions, access healthcare services when and where you need them, and make informed treatment decisions. Whether you are just starting out on your well-being journey, living with a chronic condition, or navigating a recent diagnosis, HealthTrust Well-Being Programs provide the tools you and your covered family members need to achieve optimum health and live your best life.

Slice of Life - Annual Key Action Rewards

Earn up to \$35 Pulse Cash plus up to 3,500 points toward additional Rewards Cash by completing the following three key action steps once this year.

- Complete the Health Check - \$10 Rewards Cash plus 500 Points
- Complete Three Health Coaching Sessions - \$25 Rewards Cash
- Complete a Biometric Health Screening - 3,000 Points

Slice of Life - Quarterly Earning Opportunities

- Quarterly Points Game (Earn up to \$110 in Rewards Cash/quarter, up to \$440 in Rewards Cash/year)

Download the Personify Health mobile app!



The voluntary HealthTrust Slice of Life wellness program provides you with fun, engaging experiences and resources at your fingertips to help you achieve and maintain optimum health and live your best life.

Who can participate?

HealthTrust Medical Enrollees, covered spouses and Retirees are eligible to participate.

How to join

Login to your Secure Enrollee Portal (SEP) account at www.healthtrustnh.org and click on the Slice of Life button. Or simply download the Personify Health App.

Getting started

You've signed in and registered—now what? Begin by completing your profile and telling us a little bit about yourself. Then start building healthier habits one day at a time.

Personalize your experience

Go to the **Profile** tab and discover the many ways you can customize your wellness program. Choose your email preferences, connect your activity tracker or well-being app and upload a profile picture. Then set your interests by going to **More > Topics of Interest**. Click the **Social** tab to invite friends and family to join you in the portal.

See a clear picture of your health

Personalize your experience by taking the Health Check and participating in a health coaching session.



HealthTrust has several mental health programs available to our employees and their household members. Click the images for more information.



<https://www.instride.health>



<https://aspire-365.com>



<https://livehealthonline.com>



<https://www.guidanceresources.com/>



CORIGEN[®]

Medication Safety Program



MEDICATIONS DON'T WORK THE SAME FOR EVERYONE.

Discover if the medications
you take now—or could take in
the future—are right for you.



Scan or Click!

Brought to you
by:

Or visit coriell.com/healthtrust

CORIELL
LIFE SCIENCES

Power In Knowing[™]

How much does this Program cost?

This Medication Safety Program is being made available to you through your HealthTrust medical and prescription drug plan at no additional cost to you. And that includes no postage costs!

Available through
HealthTrust

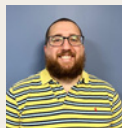
Who can participate?

If you are covered under a HealthTrust medical and prescription drug plan, you, your covered spouse and dependents are eligible to participate. Retirees with HealthTrust prescription drug coverage are also eligible to participate.

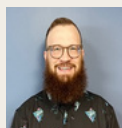




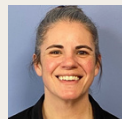
Ariana Peters, HR Generalist
603.796.3276
apeters@merrimackcounty.net



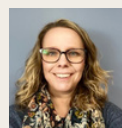
Nick Martin, HR Systems Coord.
603.796.6857
nmartin@merrimackcounty.net



Kevin Chevalier, HR Generalist
603.796.6858
kchevalier@merrimackcounty.net



Emily Gagnon, Recruiter
603.796.6829
egagnon@merrimackcounty.net



Kelly Johnson, Assistant HR Director
603.796.6863
kjohnson@merrimackcounty.net



Wendy Heath, HR Director
603.796.6873
wheath@merrimackcounty.net



Sara Lewko, HR Training Coord.
603.796.6856
sara@merrimackcounty.net

