

**Commission on Aging
Meeting
Marlborough Town Hall
Thursday September 21, 2023
4:00 PM**

Minutes are considered "draft minutes" until approved at the following meeting

1. Call to Order

Colleen Kaplan called the meeting to order at 4:04 PM. Members present were Donna Mosher, Barbara Armfield and Dianne Greco.

Absent: Melissa Jordan and Rita McGary

2. Approval of August 17, 2023 Meeting Minutes

Barbara Armfield made a motion to approve the August 17, 2023 minutes with corrections. Dianne Greco seconded the motion.

Discussion: The meeting date should be changed to August 17, 2023 and under Absent delete Sarah Cameron.

All voted in favor of the motion.

3. Approve Next Year's Meeting Schedule

Barbara Armfield made a motion to approve the meeting calendar for 2024. The commission will meet the third Thursday of each month at 4:00 PM at Town Hall. Dianne Greco seconded the motion and all were in favor.

4. Reports from Senior Center Director and Parks and Recreation Director

Vi Schwarzmann, Senior Center Director reported there will be a vaccine clinic on October 17th at 10:00 AM at the Senior Center.

Parks and Recreation Director – no report

Dianne Greco reported the tennis courts have been re-lined for pickle ball. They have had more participation and pickle ball is great exercise for seniors.

5. Review Responses from Marlborough Day

The responses from Marlborough Day were reviewed. Residents were asked what kind of programs interested them, what would bring them to the Senior Center and how they would like to receive information about events. Responses included: classes FROM seniors, aging in place home modification recommendations, Bridge, bus trips, day trips, Broadway shows, yoga, concerts, ping pong, exercise classes, evening activities, card games, dominos, pot luck event, Chatham Health evening, meet and greet for senior singles, East Haddam mystery lunch, cooking for one class, art classes, movie night and setback. Ways to get information included the Rivereast News Bulletin, Marlborough Happenings Facebook page, post at local churches and advertise age requirement of senior events.

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Discussed how to advertise activities. Discussed how to compile an email list of town seniors in order to send information.

Commission decided to start weekly Bingo on Monday afternoons, plan a Mystery dinner and have a pot luck meal with a discussion before the end of the year.

6. Updates From Visits to Other Senior Centers

Tabled

7. Review UR Community Cares Presentation at East Hampton Senior Center

UR Community Cares is a program designed to match local volunteers with seniors in your town. There is no cost to the town. C. Kaplan to reach out to the organization regarding presenting the program to the commission.

8. Next Event

Mystery dinner for October and speaker with pot luck lunch/dinner November

9. Public Comments

Mardi Milewski commented on senior activities she would be interested in attending and voiced interest in joining the commission. She would be interested in visiting the Senior Center to see local musicians/talent, movies with lunch/refreshments, and holiday get-togethers.

10. Adjourn

Dianne Greco made a motion to adjourn at 5:15 PM. D. Moser seconded and all were in favor.

Respectfully Submitted,

Debbie Pearson, Board Clerk