

**Commission on Aging
Special Meeting
Marlborough Town Hall
Thursday August 17, 2023
4:00 PM**

Minutes are considered "draft minutes" until approved at the following meeting

1. Call to Order

Colleen Kaplan called the meeting to order at 4:02 PM. Members present were Donna Mosher, Melissa Jordan, Barbara Armfield and Dianne Greco.

Absent: Sarah Cameron and Rita McGary

2. Approval of July 20, 2023 Meeting Minutes

Barbara Armfield made a motion, seconded by Melissa Jordan, to approve the July 20, 2023 minutes with corrections. Discussion: under Call to Order change "Colene" to "Colleen", under Approval of Minutes change "Mellisa" to "Melissa" and under Adjournment change "Diane" to "Dianne". All voted in favor of the motion.

3. Report from Senior Center Director

V. Schwarzmann reported the Safety Officer came into the Senior Center to ask the quilters if they would make snake bags. Fabric will be provided. The bags are used to relocate rattle snakes. There was a company that made the bags but they have gone out of business.

Middlesex Health is presenting "A Life Well Lived is a Life Well Planned" at the Senior Center on October 18th at 10:00 AM. A 'save the date' will be submitted to the Rivereast News Bulletin to make sure residents are aware. Will also advertise on the town websites.

There was discussion regarding outreach efforts for seniors. She is looking into starting Bingo. Discussed using additional volunteers with various tasks at the senior center. Volunteers from churches have begun to reach out.

The commission will meet at the Senior Center to 'spruce up' on September 7, 14 and 28.

4. Report from Parks and Rec

No report

5. Public Comments

None

6. Review of information to share at All Board's Meeting

The All Boards's Meeting is scheduled for 7:00 PM on August 28th at the Senior Center. All members are invited. Will share the commissions' mission statement and explain how the commission supports the Senior Center Director.

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7. Planning for Marlborough Day

Members will bring a tent, table, chairs and raffle prizes. Flyers will be made. Plan to distribute a questionnaire asking residents "what would bring you to the Senior Center?" and "How do you prefer to get your news?". Also plan to inform residents what is currently available at the Senior Center.

8. Update for Senior Wellness Fair

The commission decided they will not participate in the Wellness Fair.

Brief discussion regarding visiting other Senior Centers. Dianne Greco visited Colchester Senior Center. She explained how visitors sign in and how data is collected. The sign in asks for email and phone numbers of patrons. This is good data to show how and when the building is used. Spoke about how to encourage Marlborough residents to sign in when they visit the Senior Center.

9. Adjourn

Melissa made a motion to adjourn at 4:50 PM. B. Armfield seconded and all were in favor.

Next meeting September 21st at 4:00 PM.

Respectfully Submitted,

Debbie Pearson, Board Clerk