

**Commission on Aging
Special Meeting
Marlborough Town Hall
Thursday July 20, 2023
4:00 PM**

Minutes are considered "draft minutes" until approved at the following meeting

1. Call to Order

Coleen Kaplan called the meeting to order at 4:08 PM. Members present were Donna Mosher, Melissa Jordan and Dianne Greco

Absent: Barbara Armfield, Sarah Cameron and Rita McGary

2. Approval of June Meeting Minutes

Donna Mosher made a motion to approve the June 20, 2023 minutes with corrections.

Discussion: Under item 5, change the second sentence to read "Future dates will be on Thursdays from 2 – 4:00 PM."

Mellisa Jordan seconded the motion.

All voted in favor.

3. Report from Senior Center Director

No report.

C. Kaplan reported the Senior Center Director has been informing residents that the commission will be "sprucing up" the Senior Center. The commission discussed visiting other senior centers to get ideas for layout.

D. Greco noted she received a resident complaint stating the town does not do enough for seniors. There was discussion regarding the role of the commission.

4. Report from Parks and Rec

No report

5. Approval of New Meeting Dates

Dianne Greco made a motion to approved new meeting dates of the third Thursday of each month at Town Hall 4:00 PM. Donna Mosher seconded the motion and all were in favor.

6. New Business

Marlborough Day

Discussion regarding participating in Marlborough Day and distribute surveys asking "What would bring you to the Senior Center?" M. Jordan volunteered to bring a game wheel to spin for prizes.

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Senior Health Fair

Scheduled the Health Fair for October, 10 2023 at the Senior Center. Will meet at the Senior Center August 10 & 17 and September 14 & 21 for planning. Discussed leaving flyers at churches, senior center, senior housing, food bank and town hall.

7. Update – Spruce up Crew

C. Kaplan reported COA members and volunteers have begun clean-up at the Senior Center. They will continue to meet weekly until the project is complete.

8. Sustainability News – Dianne

Dianne Greco suggested the commission promote activities for older adults such as pickle ball, exercise pads and walking groups. She volunteered to visit the exercise pad in New Britain. D. Greco also noted that Sustainable CT has a match fund for qualified programs.

9. Old Business

None

10. Adjourn

Diane Greco made a motion to adjourn at 5:11 PM. M. Jordan seconded and all were in favor.

Respectfully Submitted,

Debbie Pearson, Board Clerk