

**Commission on Aging
Special Meeting
Marlborough Town Hall
Tuesday June 20, 2023
4:00 PM**

Minutes are considered "draft minutes" until approved at the following meeting

1. Call to Order

Colleen Kaplan called the meeting to order at 4:08 PM. Members present were Donna Mosher, Melissa Jordan, Diane Greco and Barbara Armfield (4:22 PM)

Absent: Rita McGary and Sarah Cameron

Future meetings changed to third Thursday of the month, 4:00 PM at Town Hall

2. Senior Center Update

Vi Schwarzmamm reported a trip to Elizabeth Park is scheduled for Thursday 6/22/23. There are other trips planned this summer through the Parks and Recreation Department. She had a resident request for Bingo at the Senior Center.

Discussed ideas for future trips in Connecticut. Suggestions include: Wickham Park, Wadsworth Antheneum, New England Air Museum, Roger Williams or Beardley Zoo, Radio Museum of Connecticut, Buttonwood Farm "Sunflowers for Wishes", Big E, Lyman Orchards air balloons and Gillette Castle State Park. Commission decided to plan the next trip to Buttonwood Farm "Sunflowers for Wishes" which is held the week of July 22 – July 30th.

Discussed updates/clean-up of the Senior Center grounds and buildings. C. Kaplan noted residents have volunteered to help. V. Schwarzmamm suggested Tuesday afternoons.

A commission member mentioned a Senior Center Facebook page that has not been updated since 2020 and unsure who the administrator is. C. Kaplan to inquire with Town Hall.

3. Parks and Recreation Update

No update

4. Sustainability Project – Dianne Greco

D. Greco explained the Sustainable CT Program. A community public forum and discussion on Food Security is scheduled for June 28, 2023 at 7:00 PM at Marlborough Elementary School Community Room. Members and residents are encouraged to attend. Flyers will be available at various locations in town. C. Kaplan questioned how the commission can support the program. D. Greco noted members can spread the word about the forum on June 28th and encourage residents to attend.

Discussed activities to promote social engagement for adults. Exercise stations for adults have been installed in Parks across the county. D. Greco noted there is one in New Britain and questioned if something similar can be built in Marlborough.

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5. Work Plan – Spruce up Senior Center

The work plan is to meet at the Senior Center on Tuesday June 27th between 1 – 5 PM. Future dates will be on Thursdays from 3 – 5:00 PM.

6. Next Project

Basement clean-up at Senior Center

7. Adjourn

Barbara Armfield made a motion to adjourn at 5:26 pm. Donna Moser seconded. All were in favor.

Respectfully Submitted,

Debbie Pearson, Board Clerk