

**Commission on Aging  
Regular Meeting  
Senior Center  
Thursday, April 18, 2024  
4:00 PM**

*Minutes are considered "draft minutes" until approved at the following meeting*

**1. Call to Order**

Colleen Kaplan called the meeting to order at 4:07 PM. Members present were Donna Mosher and Barbara Armfield. Absent: Melissa Jordan, Rita McGary and Dianne Greco.  
Also present: Vi Schwarzmans, Senior Center Director, David Porter, Town Manager and Louise Concodello, Board of Selectmen.

**2. Approval of March 21, 2024 Meeting Minutes**

**D. Mosher made a motion to accept the March 21, 2024 minutes with a correction.**

**Discussion: Under Call to Order, Members Absent add 'Rita McGary'**

**B. Armfield seconded the motion and all were in favor.**

**3. Public Comments**

None

**4. Vi Schwarzmans Senior Center Director**

- Discussed the recent transport of an individual to a medical appointment using senior center transportation. Discussed potential abuse of the transportation service. Discussed advertising the transportation parameters to inform users.
- Fitness instructor would like to teach an exercise class at Marlborough Senior Center on Fridays. May be able to add a second class during the week. She currently teaches in East Hampton. Liability insurance has been submitted to the Town Clerk for approval. Requesting \$5 per person with a minimum of 12 people.
- Discussed having a musical act in the near future.
- Would like to plan a trip to a museum near Waterford.
- They are back on track with CRT meals including Fridays. A chef will visit monthly.
- Last Wednesday Chatham Health came in and gave a talk.
- Discussed advertising for events. Mentioned that the Rivereast sometimes cuts parts of ads that were submitted.
- 80 individuals utilized the tax assistance. Approximately 10 returned for follow-up services.
- The Red Cross blood drive occurs monthly with good participation of 30 - 40 donors.
- In answer to a question from C. Kaplan, Vi reported she keeps records of transportation provided to residents and reports it to the state. Discussed keeping records of when transportation is denied to support the potential need for additional hours/vehicles/drivers for senior transportation.

**5. Discussion of Survey Questions to Submit to Town Manager**

Discussed potential questions for a survey.

What activities interest you?

Preferred days and times for activities?

Discussed expanding the Senior Center hours

Do you use senior transportation?

Would you utilize the Senior Center more if transportation was provided?

Speakers/topics?

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What can the senior center offer to make you attend events? Should there be age restrictions or open to everyone?

What type of services do you hope/expect the senior center provide? Have you ever used these services or have you gone to other places for these services?

Should there be age restrictions?

Do you know that they provide transportation? Have you used it? If so, how was it?

Do you find the senior center a welcome and inviting place?

How can the senior center allow the seniors of Marlborough to be more active?

**6. Upcoming Events**

None

**7. Adjourn**

B. Armfield made a motion to adjourn at 5:16 PM. D. Mosher seconded and all were in favor.

Respectfully Submitted,

Debbie Pearson, Board Clerk