# Commission on Aging Regular Meeting Marlborough Town Hall Thursday January 18, 2023 4:00 PM

Minutes are considered "draft minutes" until approved at the following meeting

#### 1. Call to Order

Colleen Kaplan called the meeting to order at 4:10 PM. Members present were Donna Mosher, Barbara Armfield, Dianne Greco and Rita McGary (4:25)

Absent: Melissa Jordan

Also present: Vi Schwarzmann, Senior Center Director

### 2. Approval of November 16, 2023 Meeting Minutes

D. Greco made a motion to accept the October 19, 2023 minutes as submitted. B. Armfield seconded the motion and all were in favor.

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#### 3. Update: Senior Center Director, Vi Schwarzmann, December events

- Vi Schwarzmann reported the December music event with Bill Naughton went well. Approximately 15 seniors attended. Many participants sang along with the Christmas songs. Cookies were provided. Bill Naughton will be returning in January to perform music from the 40s, 50s and 60s.
- AARP tax preparation will be available February 8<sup>th</sup> and 22<sup>nd</sup>, and March 2<sup>nd</sup> and 21<sup>st</sup> from 9 am to 12 noon. Sign up is required.
- A blood drive is scheduled for February 4, 2024.
- Discussed advertising events. The COA suggested V. Schwarzmann order a sandwich board for advertising events outside the Senior Center.

### 4. Updates From Visits to Other Senior Centers

B. Armfield attended East Hampton senior center and gave a report. For transportation they have one van which holds 12 people and one driver. The Director plans trips and activities. They have meals 5 days per week. 15 volunteers are available for delivering meals. They have a kitchen which is used for demonstrations only. They advertise on Facebook, town website and the Rivereast News Bulletin. They also send out 300 letters and 200 emails. The budget is \$160,000 which comes from the town. The center is closed on weekends. Children cannot use the Senior Center. If individual instructors do not have insurance, the town provides it.

Discussed option to have movies at the senior center. B. Armfield volunteered to coordinate a date for a monthly movie.

Discussed the need for another senior van to enable more activities for seniors.

Facebook was suggested to advertise events. C. Kaplan noted there is an individual at the library who may be able to help update the current Senior Center Facebook page. Suggested V. Schwarzmann contact him.

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# 5. Pick a Date for First Quarterly Area COA Meeting

C. Kaplan asked members to check their calendars for potential dates in February.

### 6. Bingo

Bingo will be held the 4<sup>th</sup> Sunday of each month at the Senior Center from 2 – 4:00.

### 7. Public Comments

None

## 8. Adjourn

R. McGary made a motion to adjourn at 5:04 PM. D. Greco seconded and all were in favor.

Respectfully Submitted,

Debbie Pearson, Board Clerk