

JULY 2026

Kaibab Paiute Newsletter



Save the Date: August 15 & 16 2026

The Kaibab Band of Paiute Indians invites you to the

Sounds of Thunder Mountain Pow-wow

More information coming soon!

Vendor information: Angie Bullets (435) 669-8815

Camping Reservations: Kaibab Paiute RV Park

(928) 643-6601

Other inquiries: Tara Spute at (928) 660-2875

When: August 15 & 16 2026

Where:

Kaibab Band of Paiute Indians

2230 North Pipe Springs Rd,

Fredonia Arizona 86022

Fun Run/Walk

Youth 3v3 Basketball Tournament

Handgame Tournament

Juried Southern Paiute Art Show

Circle Dance Singing Contest

Fishing Derby

Horseshoe Tournament

NEW THIS YEAR:

Dutch Oven Potato Cooking

Competition



**Sounds of Thunder
Mountain Pow Wow**

**Is looking for
Volunteers (get a
tshirt) for our awesome
event and pow wow.
Contact Tara Spute
(928) 660-2875
for assignments**

Volunteers Needed!!!

Volunteers needed!!!

Volunteers Needed!!!

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Volunteers Needed!!!



STAGE 2 (MED) FIRE RESTRICTIONS FOR KAIBAB BAND OF PAIUTE INDIAN RESERVATION

While in stage 2 (MED) fire restrictions are in effect, the following acts are prohibited:

- Building, maintaining, or using a fire, campfire, or stove fire, including charcoal, coal, and briquettes, even in developed recreation sites. This includes smudge pots, pellet grills, and wood stoves. The only exception is using a stove or grill that is solely fueled by pressurized liquid petroleum or pressurized liquid petroleum gas (LPG) fuels.
- Smoking (except within an enclosed vehicle or building, a developed recreation site, or while stopped in an area at least 3 feet in diameter that is barren or cleared of any flammable material).
- Blasting, welding, or operating any acetylene or other torch with an open flame.
- During the hours of 9 a.m. to 8 p.m., operating a generator, chainsaw or other equipment powered by an internal combustion engine for felling, bucking, skidding, processing, road building and woodcutting during industrial operations or firewood gathering capable of igniting a fire. An exception is allowed for operating generators with an approved spark arrestor in an area barren or cleared of all overhead and surrounding flammable materials within 3 feet of the generator.
- These restrictions will expire at the same time as Color Country Fire restrictions.

Jerry Yracheta, Emergency Manager/PHEP(public health
emergency preparedness)

6/29/26

A handwritten signature in black ink, appearing to read "Jerry Yracheta", is written over a horizontal line.

Arizona Health Alert

Multistate Outbreak of Infant Botulism Linked to Nara Organics Whole Milk Organic Powdered Infant Formula

The Centers for Disease Control and Prevention (CDC) reports a multistate outbreak of infant botulism linked to Nara Organics Whole Milk Organic Infant Formula powdered. At this time no cases have been reported in Arizona to date.

Recommendations for clinicians

1. **Consider infant botulism as a clinical diagnosis** in any infant presenting with unexplained weakness, poor feeding, decreased head control, or difficulty swallowing, especially if the infant has consumed Nara Organics infant formula.
2. **If infant botulism is suspected:**
 - **Do not wait** for laboratory confirmation to initiate case management. Early recognition and treatment are critical.
 - Immediately call the [Infant Botulism Treatment & Prevention Program \(IBTPP\)](#) at 510-231-7600 for evaluation and treatment guidance. Consultation is available 24 hours a day, 7 days a week.
 - If clinical consultation supports infant botulism, begin treatment with BabyBIG® without delay. **Do not wait** for laboratory confirmation.
 - Call your [local](#) or [tribal](#) health department to report all suspect cases.

CDC and FDA recommend that parents and caregivers immediately stop using all Nara Organics Whole Milk Organic Infant Formula. On June 13, 2026, Nara Organics recalled all infant formula products.

Additional Resources

- Infant Botulism Outbreak Linked to Infant Formula, Jun 2026 — [CDC](#)
- FDA Outbreak Investigation: Infant Botulism—Infant Formula, Jun 2026 — [U.S. Food and Drug Administration](#)
- [Infant Botulism Treatment and Prevention Program](#)



SATURDAY, SEPTEMBER 19, 2026

9:00 am to 4:00 pm | Festival Hall, Room 1
105 North 100 East, Cedar City UT 84720

FREE TRAINING FOR IRON COUNTY RESIDENTS

What is CERT?

Community Emergency Response (CERT) teams respond in the period immediately after a disaster when response resources are overwhelmed or delayed. It is the bridge to professional responders until they are able to arrive. This training covers basic skills important to know in a disaster when emergency services personnel are unavailable. This training is sponsored by the State of Utah, Division of Emergency Management, and the Iron County Office of Emergency Management.

Skills taught during the CERT classes are:

First Aid

Incident Command System (ICS)

Light Search & Rescue

Emergency Communications and more



Please review class
information and
requirements before
signing up:



QUESTIONS:

TERRY MEISSNER,
IRON COUNTY CERT COORDINATOR
(435) 691-3742 TMEISSNER@ESCGROUP.US

RSVP to Iron County
Emergency Management
em@ironcountyut.gov

KAIBAB PAIUTE TRIBE

Interested in MECHANICAL CLASSES?

Learn the trade of an Automotive & Diesel Mechanic!

We want to hear from you! We are collecting interest to see who would like to take mechanical classes and learn hands-on skills in automotive and diesel repair. This is a great opportunity to explore a trade, build real-world skills, and prepare for future job opportunities.

TELL US IF
YOU'RE
INTERESTED!

Name: _____

Phone / Email: _____

Age: _____

I am interested in learning:

- ☐ Basic Car Maintenance
- ☐ Automotive Repair
- ☐ Diesel Mechanic Skills
- ☐ Engine Diagnostics
- ☐ Other: _____

Would you be interested in taking classes?

- ☐ Yes
- ☐ Maybe
- ☐ I want more information

Best time for classes:

- ☐ Morning
- ☐ Afternoon
- ☐ Evening

Comments / Questions:

BUILD SKILLS. ★ LEARN A TRADE. ★ CREATE YOUR FUTURE!



St. Mary's
Food Bank

MEMBER OF
FEEDING
AMERICA



COMMUNITY FOOD DISTRIBUTION

ALL ARE WELCOME!

Do you need food? Join us for a **FREE** food distribution to assist the community.

Please see below for additional information.

Wednesday, July 8th, 2026

Drive Thru Distribution: 11:30 to 1:30 (ARIZONA)

RV Park:

600 North Pipe Springs Rd Fredonia AZ 86022

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

For more food resources, please visit: www.AZFoodHelp.org or call 2-1-1

Need Help? Call Us!

KPT Human Services



Social Services:
Jennie Kalauli

(435) 899-0248



Mental Health:
Allen Orton

(435) 899-1782



Substance Abuse:
Kaylee Orton

(435) 418-0218

Support Services Assistant:
Cierra Rossman:

(928) 643-8336

National Minority Mental Health Awareness Month

If you need immediate help, call or text 988 to reach the 988 Suicide & Crisis Lifeline. You can also chat at 988lifeline.org[External Link Disclaimer](#) to speak with a trained crisis counselor.

July is National Minority Mental Health Awareness Month. It is a time to bring awareness to the unique challenges that racial and ethnic minorities in the United States face when it comes to mental illness. In 2020, fewer than one in every two African American adults got care for mental health. In 2018, Asian Americans were 60 percent less likely to receive mental health treatment than non-Hispanic Whites. Obstacles for many include a lack of health insurance, less access to treatment, and stigma.

Mental illness can affect women of all races and ethnicities. Show your support this month and beyond by learning more about mental health. You can also use and share the resources below to help spread awareness about mental health in your communities and families.

What Is Mental Health?

Mental health includes emotional, mental, and social well-being. Mental health impacts how a person thinks and feels. It also affects how you act, manage stress, and make choices. When you take care of your mental health, you are better able to cope with stress or challenges.

Sometimes it can be hard to manage your mental health. If you have noticed a change in thoughts, behaviors, or moods that disrupts your life, talk to your health care provider. You can also contact a mental health specialist or a trusted loved one for help if you have noticed these changes in yourself or in a loved one.

What Causes Mental Illness?

There is no single cause for mental illness. Multiple mental illnesses can occur at the same time and at random. They can also last for a short or long period of time.

Your mental health can change at any point. Some risk factors that can play a role in developing mental illness include:

- Use of alcohol or drugs
- Feeling lonely or isolated
- Biological factors or chemical imbalances in the brain
- Adverse childhood experiences, like child abuse or sexual assault
- Experiences tied to ongoing medical conditions, like cancer or diabetes

Symptoms of a Mental Illness

Most of the same mental illnesses can develop in both men and women. However, women may have more distinct symptoms.

Some common symptoms can include:

- Pulling away from people and usual activities
- Appetite or weight changes
- Ongoing sadness or feelings of hopelessness
- Intense changes in eating or sleeping habits
- Clear changes in mood, energy level, or appetite

Mental Illnesses Common to Women

Having a mental illness is more common than most people may think. At least one in five women in the United States has had a mental illness at some point. Those that are common in women include depression and anxiety. Postpartum depression can develop after giving birth.

Read more about mental illnesses common to women below.

Anxiety Disorders in Women

While they can happen to anyone, anxiety disorders are twice as likely to occur in women than men. Anxiety is a feeling of worry, nervousness, or fear about an event or situation. Anxiety is a normal reaction to stress and helps you cope. But when it gets hard to control and affects day-to-day life, it can be disabling. [Anxiety disorders](#) happen when extreme anxiety affects your daily activities, such as going to work or school or spending time with friends and family.

Signs of an anxiety disorder include anxious thoughts or feelings of dread. The symptoms can keep you from living as you normally would.

Depression in Women

Studies show that about 1 in 10 women in the United States reported symptoms that suggest they experienced an episode of major depression in the last year, and women are nearly twice as likely as men to have had depression. It is normal to feel sad at times. However, depression can cause people to feel sad on most days. This can affect your daily life and how you engage with your loved ones.

[Certain types of depression are unique to women](#) and can occur at different stages of a woman's life. Pregnancy, the postpartum period, perimenopause, and the menstrual cycle are all associated with physical and hormonal changes that could impact your mental health. If you have depression and get pregnant, your depression may get worse during pregnancy.

There are many [signs of depression](#). A few of them include feeling sad, hopeless, or tired most of the time. Speak with your health care provider if you have noticed signs of

depression. You can discuss next steps and [treatment options](#) with your health care provider.

More Than Just the Baby Blues: Postpartum Depression

It is normal for some women to feel sad or have no emotion after giving birth. But if such feelings last more than two weeks, you may have postpartum depression. This can happen up to a year after giving birth. Once you give birth, your hormone levels quickly drop back to normal. The decrease can be sudden and extreme, which can lead to this condition.

Postpartum depression is not a normal part of life after giving birth. If you notice signs of this condition, speak to your health care provider. You can also call the [National Maternal Mental Health Hotline](#). It offers free and confidential support for new mothers. Call or text the hotline at 1-833-TLC-MAMA (1-833-852-6262).

Managing Your Mental Health

Many parts of daily life can impact your mood and mental health. They can include stress, your physical health, or the regular demands of life. But you can improve your quality of life when you take charge of your mental health.

Here are a few ways to manage your mental health overall:

- Get enough sleep each night (at least 7 hours)
- Engage in healthy habits, like exercising and eating well
- Stick to a treatment plan given by your health care provider
- Find a support group and seek out your health care provider for support

Today, good mental health is achievable thanks to many forms of support. Share the resources in this blog to spread awareness of the importance of good mental health and to help ensure that everyone has equal access to the mental health resources they need. You can also use the blog as a source to find tools to help you manage your mental health. Together, we can all do our part to support better mental health for ourselves and others.



13TH ANNUAL GATHERING FOR OUR MOUNTAINS SEPTEMBER 18-20, 2026

**Spring Mountains National Recreation Area
Desert National Wildlife Refuge Complex
Tule Springs Fossil Beds National Monument
Red Rock Canyon & Sloan Canyon National
Conservation Areas**

Members of Southern Paiute/Chemehuevi Tribes will be gathering for two nights in the Spring Mountains, Nevada. Join us for a weekend of cultural activities, walking and driving tours, a chance to pick pine nuts, and to explore the area.

**Please contact: Daniel Bulletts
928.643.6278
dbulletts@kaibabpaiute-nsn.gov**



Pest Control

July 9, 2026

Starting at 8am

ALL rental units, inside and outside will be sprayed. Maintenance will be accompanying Pest Control, if no one is home, they will let them into the house.

All MH/homeowners contact our office if interested, 928-643-8308 or 8328, the cost is \$50.00

**The next pest control will be
September, 2026**

The Law & Order Code, CHAPTER 10 Offense Against Family §4-1008 Failure to Send Children to School and also the Juvenile Code CHAPTER 12 Curfew of Minors is being revised.

We are putting the revision out for community review for thirty (30) days, starting July 1, 2026 till July 30, 2026. A copy may be picked up at the tribal office, front desk. It is also on the tribal website.

Please submit your comments to:
yrogers@kaibabpaiute-nsn.gov

There will be a public meeting on August 3, 2026 @ 5:30 pm at the Kaibab Paiute Community Building.

If you have any questions, please contact 928-643-8308.
Thank you.

Senior Kitchen July 2026 Menu

Building Open 7:30-2:30

Serving 11:30-12:30

(This is a tentative menu, and subject to change)

Wed	07/01	Pork Ribs
Thu	07/02	Beef Stroganoff
Fri	07/03	HOLIDAY
Mon	07/06	Pulled Pork Sandwich
Tue	07/07	Taco Salad
Wed	07/08	Turkey Meatloaf
Thu	07/09	Zucchini Casserole
Fri	07/10	Sloppy Joe
Mon	07/13	Spaghetti
Tue	07/14	BBQ Chicken
Wed	07/15	Egg Salad Sandwich
Thu	07/16	Sweet & Sour Chicken
Fri	07/17	Pork Brats
Mon	07/20	Tuna Sandwich
Tue	07/21	Meatloaf
Wed	07/22	Chicken Enchilada Casserole
Thu	07/23	Loaded Baked Potato
Fri	07/24	Chicken Patty Sandwich
Mon	07/27	Chicken Fried Steak
Tue	07/28	Chicken Alfredo
Wed	07/29	Tater Tot Casserole
Thu	07/30	Pork Ramen
Fri	07/31	Pizza

Save The Date!!
July 18, 2026
2ND Annual Customer
Appreciation!
10 AM AZ TIME

Kaibab Tu'ee

LOOKING FOR THINGS TO DO ON SATURDAY
JULY 18TH?

COME ON OUT TO OUR 2ND ANNUAL CUSTOMER
APPRECIATION DAY!

STARTING AT 10 AM AZ, 11 AM UT.

2 N PIPE SPRINGS RD, FREDONIA AZ, 86022

Meet Our Vendors, Enjoy Live Radio With Red Rock
Media Radio Station, Live Music By The Band
Distortion, Free Food And Giveaways (While Supplies
Last), And Check Out The Car Show!

DECKIEZ



Sysco

RED ROCK
MEDIA



DISTINCTION
REAL ESTATE



Core-Mark



OneSource
ENTERPRISES, LLC

Please Note: We Are Not Responsible For Lost Or Stolen Items

Summer Tuesday Adventures

Join us every Tuesday this summer for exciting adventures, creative activities, and fun games! Each week offers a new experience designed to keep your brain active and healthy, inspire curiosity, encourage participation, and create lasting memories. Earn badges along the way as you work toward your goal of earning water park tickets. Come be part of the fun and make this summer one to remember!

Every Tuesday
Starting June 9th
Time: 10:00 AM - 12:00 PM
Kaibab Library

For ages 5 and up
Transportation is limited
contact Delayna
(928) 643-6025

**JUNE 8TH & 18TH
JULY 13TH**

Kaibab Community Building
1:00 - 2:00 PM

AGES 3 - 4

Children younger than 3 years old must be accompanied by parent or adult family member at all times.

Transportation is NOT provided

**SPLASH N PLAY
SPLASH N PLAY
SPLASH N PLAY**

Come cool off with us for a fun-filled day of water play, sensory exploration, and popsicles! Children will have the opportunity to splash, create, and explore new textures while learning through play and enjoying a little messy fun. Please wear clothes that can get wet and dirty, such as swimsuits or old play clothes. Water shoes, a towel, and a change of clothes are encouraged. Join the fun and stay cool with us!

CONTACT MANDY OR DELAYNA (928) 643-6025

TEEN DESSERT SHOWDOWN

For ages 12-18
Limited transportation is available

Create your own delicious dessert using supplies provided! Show off your creativity as your sweet treat is judged for fun prizes!

Tuesday, July 27th | 5:30-7:30 PM

Kaibab Community Building

Contact Delayna for transportation
(928) 643-6025

CREATIVE CHAOS

Unleash Your Inner Artist

JULY 14TH @ 10:00 AM - 12:00PM

PAINT IT. BUILD IT. MIX IT. MAKE IT!

**STEP INTO A WORLD OF WILD IDEAS, MESSY MASTERPIECES, AND CREATIVE FUN. TRY
EXCITING ACTIVITIES, EXPERIMENT WITH NEW THINGS, AND SEE WHERE YOUR
IMAGINATION TAKES YOU.**

For ages 5+
Limited transportation
Contact Delayna (928) 643-6025

UNLOCK SUMMER: LEVEL UP

SUMMER READING PROGRAM
JUNE 4 – AUGUST 6

YOUR GOAL

**EARN WATER
PARK TICKETS!**



Reach **LEVEL UP READER**
(750 reading minutes)



Earn **7 ADDITIONAL BADGES**
(12 total badges earned)



Family Reading Challenges can help make up missed events!

★ Challenge yourself to read 20 minutes a day, 5 days a week!

HOW IT WORKS

- 1 Join Reader Zone
- 2 Read and earn badges
- 3 Attend events and complete challenges
- 4 Unlock rewards and level up!

JOIN
READER
ZONE



SUMMER HIGHLIGHTS



Stories & Sundaes
FAMILY NIGHT



**Flashlights &
Family Reading Night**



Mission: Mad Scientist
HANDS-ON SCIENCE FUN!



Mission: Creative Chaos
ART + CREATIVITY!



**Teen
Movie Night
& Ramen**



**Teen
Dessert
Showdown**

★ Earn Library Quest badges by reading and participating in activities. We will be doing Minecraft, movies, games, lego challenges, and more!

Watch for weekly flyers, event details, and updates throughout the summer!

Contact Education for any questions 928-643-6025



HERITAGE INSTRUCTORS WANTED!

Teach adults and teens
how to:

- Loom Bead
- Bead Wristlets/lanyards
- Make Tortillas/Karate Bead
- Beading Brim of Hat
- Ribbon Pants/Vest

If you possess any of these skills and
would like to get paid to teach a class,
I want to hear from you.

Contact LeAnn at the Cultural
Preservation Office
(928) 643-7365 or
lshearere@kaibabpaiute-nsn.gov

Cultural Preservation Office News

July 2026



"If you remember anything, remember to be a bridge to cultural reconnection" - LeAnn Jake Shearer

Y-Camp Highlights: Traditional Cultural Ecological Knowledge (TCEK) Presentation

At the heart of our core cultural values is **respect**. One of the first and most important lessons of Traditional Cultural Ecological Knowledge (TCEK) is to give an offering to the natural resources we intend to use and to explain how we intend to use them before harvesting. This practice teaches connection, gratitude, responsibility, conservation, and respect for the plants, animals, water, and land that sustain us.

During the presentation, campers learned how TCEK helps us understand which plants are safe to eat, which plants can be used for medicine, and how Indigenous knowledge guides the care and protection of springs, forests, water resources, and the land. Participants also discovered how observing the night sky helped our ancestors recognize the appropriate times of the year to plant gardens and harvest resources.

Camp participants were introduced to more than 30 native plants traditionally used for foods, medicines, and spiritual practices. They learned about the important role these plants have played in sustaining Southern Paiutes (the Nungwu) since time immemorial.

To conclude the presentation, the campers had the opportunity to sample several traditional foods made from native plants. This hands-on experience helped bring the lessons to life and gave participants a deeper appreciation for the knowledge and traditions shared throughout the session.

The presentation was an engaging and meaningful experience that connected campers to traditional teachings, cultural practices, and the natural world around them.



More Y-Camp Highlights

A Multigenerational Approach



Kaibab Squirrel



3 Generations of Mentorship

An important part of the camp experience is giving the campers the opportunity to learn from elders and adults from different Southern Paiute Bands. Tavavee Shearer has been a “junior camp leader” (unofficial title) for the past three Y-Camps (2023, 2024, & 2026) starting at the age of 17. This approach reflects the traditional way of learning, where wisdom is passed from one generation to the next.

Seeing a young person close to their own age serve as teacher, mentor, and role model helps make cultural teachings more relatable and meaningful to the youth. It demonstrates that traditional knowledge is not only preserved by Elders and adults but is also being carried forward by the next generation.

One of the camp leaderships’ goals is to inspire and encourage younger participants to envision themselves as future mentors, teachers, and caretakers of their culture, so that they aspire to one day to be a junior camp leader themselves.

Spotlight: Campfire Talks

One of the most impactful lessons shared during campfire came from Uncle Daniel (Daniel Bulletts). In a setting full of adult women through humor, open discussion, and cultural teachings, he delivered a powerful and positive message to the boys and girls about the importance of respect, responsibility, character and the importance of honoring and respecting females at every stage and change of life.

These teachings emphasized kindness, understanding, and the role young men play in building strong families, healthy relationships, and a respectful community.

By passing down these values, Daniel is helping shape future leaders who carry our traditions forward with honor and respect.

Kaibab Squirrel is Thriving

The Kaibab squirrel is only found on the northside of the Grand Canyon. After the fires of last year it was exciting to see that they are thriving out at Mount Trumbull!

Elders 60+ Cultural Day Program

*We honor our ancestors by
practicing our culture & language*

Senior Building Classroom 9:30AM - 11:30AM

**TUESDAY
JULY
7**

Contemporary Basket Weaving
Project continuation.

Listen to oral history while you work

**TUESDAY
JULY
14**

Contemporary Basket Weaving
Should be at midpoint of project close
to ending.

Listen to oral history while you work

**TUESDAY
JULY
21**

Contemporary Basket Weaving
Project completion.

Listen to oral history while you work

**TUESDAY
JULY
28**

Intro. to Dogbane Cordage
Learning about the plant, and how to
process it.

Schedule is subject to change

For more details and updates about the day program, please
visit our Kaibab Culture Facebook Page or contact LeAnn
lshearer@kaibabpaiute-nsn.gov (928) 643-7365



Service Area Kaibab Paiute Reservation

HAND DRUM MAKING WORKSHOP

19 SPOTS

If you need to drop out advance notice is appreciated. This gives someone else the opportunity to fill the spot.



All Participants must commit to being in attendance. Tribal members, their families, other Southern Paiutes residing at Kaibab, and other Native Nations living at Kaibab are first priority. 1 drum per household. Children 10 + are eligible for this class must be accompanied by an adult.

If you took last year's class at Kanab Museum you are not eligible for this class.

DATE & TIME

JULY 18, 2026

**FROM 9 AM - 3 PM
ARIZONA TIME**

LOCATION

**KAIBAB COMMUNITY
BUILDING**

Participants are responsible for
bringing their own lunch

MUST SIGN UP

Contact LeAnn by phone
(928) 643-7365 or email
lshearer@kaibabpaiute-nsn.gov to get on
the list.

Sponsored by Kaibab
Cultural Preservation Office



WANTED CATERING SERVICES

Every year the Cultural departments need people to provide meals for activities/events. If you are someone who loves to cook and has a food handlers card please reach out to be placed on a list of available caterers.

Department 

Events

Meetings 

Vendor Events 

CONTACT US :

LeAnn Jake Shearer
Cultural Preservation Office
(928) 643-7365
lshearer@kaibabpaiute-nsn.gov

MUST BE RELIABLE



**CHR DEPARTMENT PRESENTS
NATIVE FOOD FOR LIFE CLASS
PLANT-BASED COOKING & NUTRITION TO
PREVENT AND TREAT TYPE 2 DIABETES**

WHEN: JULY 16TH, 2025

WHERE: KPT GYM

TIME: 5:30 PM AZ TIME

**ZOOM LINK WILL BE POSTED DAY OF
CLASS.**



**HANDS ON COOKING CLASS
BRING YOUR OWN COOKING
UTENSILS (RECIPE TBD)
RSVP - 8 SPOTS AVAILABLE -
CALL LARECIA 643-8330**