




August 2024  
Newsletter



**SOTM POW WOW  
MEETING  
SUNDAY 8/4  
5:00pm  
Eagle Mountain  
Community Bldg**

**Our last meeting before the Pow Wow . All hands on deck! Your time and help is greatly appreciated.**

**To the Members of the Kaibab Band of Paiute,**

I would like to begin by acknowledging the Tribal Council. Over the past few months, I have had the privilege of working closely with them, and I am excited to share some of their recent accomplishments in the realm of Economic Development.

Firstly, the Council approved the purchase of property in Scottsdale, AZ a few months ago. I am happy to announce that we closed on this property on July 5th and shortly thereafter, we received our first prorated rent check for over \$20,000. This purchase was a triple net absolute ground lease, meaning we bought the land, and the tenant will cover the upgrades and all associated taxes. U.S. Bank has signed a 10-year lease with the option of four 5-year renewal periods. The rental rate will increase by 15% every 5 years, and they will be constructing a new 4,500-square-foot bank on the property. I appreciate the Council for making this significant decision.

In July, the Council also approved a petition to the Bureau of Indian Affairs for a Section 17 Federal Charter, establishing the Kaibab Paiute Corporation (KPC). This initiative is a strategic investment for the tribe, providing KPC with the autonomy to operate independently. As previously mentioned, forming a Section 17 separates business from politics. The Tribal Council will act as the shareholders' representative, appointing a Board of Directors (BOD) consisting of five members: three Kaibab Band of Paiute Indian members and two subject matter experts. The BOD will manage the day-to-day operations of KPC.

Additionally, in July, the Council approved a buyout from Chevron. Previously, the gas station was paying Arizona state fuel taxes on fuel purchased through Chevron, averaging about \$9,000 to \$12,000 per week. We have now partnered with First American Petroleum (FAP), a tribal member-owned firm from Washington state. This change will significantly reduce our fuel costs. The Shivwits Band uses FAP as their fuel provider, and we will be rebranding our gas station to reflect our tribal community. The Council also approved a complete renovation of the gas station, set to begin in December. This will include a new store layout, updated facilities, a new walk-in freezer, an AC unit, and the installation of a generator to combat power outages.

Lastly, the Chairman and I attended the Fredonia City Council meeting a week ago, where the city council approved our plat map and rezoned the 10-acre parcel. This approval allows us to begin developing the land and sign a lease with the National Park Service for three lots to build housing for their workers.

As you can see, it has been a busy and productive July for Economic Development. I am grateful to the Tribal Council for their decisive actions and believe we are generating significant momentum for economic growth.

Sincerely,

John McClellan  
Economic Development Director



Claudina Teller <cteller@kaibabpaiute-nsn.gov>

**[Take care when opening attachments] [All Staff] [Take care when opening attachments] Back to School Night**

1 message

**Amanda Bundy** <abundy@kaibabpaiute-nsn.gov>

Wed, Jul 31, 2024 at 2:36 PM

Reply-To: abundy@kaibabpaiute-nsn.gov

To: All Staff <allstaff@kaibabpaiute-nsn.gov>

**Tribal Back to School  
Celebration**

**Monday, August 5th  
5:30 pm**

**Kaibab Community Building**

**Come celebrate the beginning of a new school year! We will be having dinner, playing games, and students will get ALL their school supplies and MORE at our back to school creation stations!**

This event is sponsored by Education and Social Services!

Mandy Bundy  
Education Director  
Kaibab Band of Paiute Indians  
Tel: 928-643-6025  
Cell: 435-689-0522  
**LeaderInMe.**

# SECURE THE BAG: REAL LIFE EDITION

A GAME WHERE YOUR CHOICES MAKE OR BREAK YOUR STACK

**AUGUST 6TH**

**12:30PM-2:30PM**

**KAIBAB COMMUNITY BUILDING  
LUNCH AND PRIZES!**

What it's all about?



- You'll be given a life scenario--job, expenses, and all the responsibilities.
- Learn how to manage your bread, save up, and make sure your stack stays Gucci.
- Glo up your money game and get your drip on point

Who Can Come?



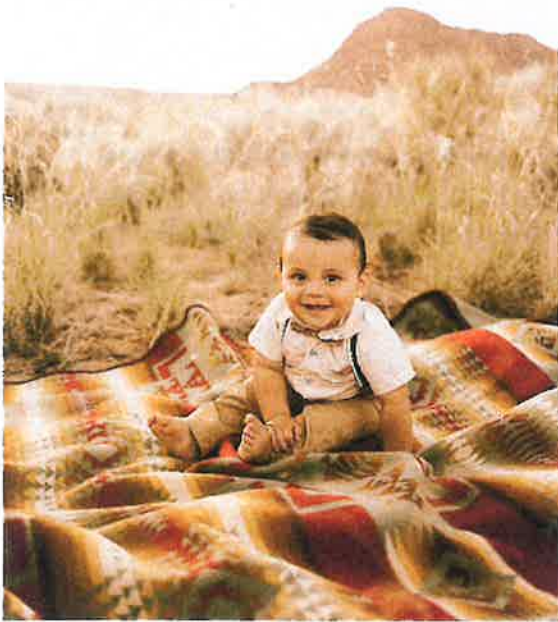
- Ages 12-24-Perfect for anyone wanting to live that bougie life without going broke.

Rides will be provided for this event. Please call Delayna or Mandy to make arrangements at least 24 hours ahead of time. 928-643-6025 or 928-643-8323



7GMM Game sponsored by Northern Arizona University and the Kaibab Band of Paiute Indians.

## Enrollment Department – Potential Adoptee’s Bio’s 2024



Hello, my name is Theo Bear Curry, I was born on June 18th, 2023. I had a rough start to this world and spent the beginning of it in the NICU before I was able to come home with my family.

Despite being tiny, I fought hard and preserved, just like my ancestors. Now that I am a year old I have grown big and strong, love to talk, laugh, and be outside moving nonstop. Being part of the Kaibab Paiute tribe means I have planted roots to my heritage and family, I am the grandson of Anna Marie Curry (Stanfield) great grandson of Gloria Stanfield (Castro).



Hello, I would like to introduce Isaiah Eagle-Feather Benjamin Grant. He is the son of Jwantonio Grant and Judith Martinez. Grandparents to Irene and Alonzo Martinez great grandchild to Loretta Martinez-ehaype . Isaiah is a very happy, smiley, loving 11-month-old baby who enjoys his time playing with his 2 siblings Ian and Izzy. Isaiah loves to watch his favorite show Ms. Racheal while eating his favorite food pizza. If he’s not watching his favorite television shows you will find him swimming with his siblings, if you try to take him out, he will cry until you take him back into the pool.





Meet Zariah Willis Attakai, an energetic 11-year-old who was born in Phoenix, AZ, and now enjoys life in Cedar City, Utah. With supportive parents, LaTosha Mayo and Derrick Attakai, he's ready to embark on the 6th grade this fall.

Zariah is a dynamic individual with a wide range of interests. He excels in basketball and parkour, and he's a key player on his traveling football team as a Wide Receiver. His musical talents are equally impressive, as he plays the piano and is currently learning the guitar and violin. When he's not on the field or making music, you'll find him immersed in his favorite book series, Harry Potter.

Each year, Zariah takes to the stage at the Southern Utah University Green Show to showcase his grass dance skills, a tradition he cherishes. He also loves hitting the powwow trail, where he reconnects with friends and embraces his cultural roots. Next month, he'll add Ju Jitsu to his list of activities, further fueling his passion for learning and growth. Above all, he treasures his family and is deeply committed to understanding and celebrating his Paiute heritage.



Julia Storm Attakai

Meet Julia Storm Attakai, a vibrant 9-year-old who was born in St. George, Utah, and now calls Cedar City, Utah home. With her parents, LaTosha Mayo and Derrick Attakai, by her side, she's excited to start 4th grade this year.

A true bundle of energy, Julia is as girly as she is talented. She's a dedicated member of her gymnastics competition team, clocking in an impressive 24 hours of practice each week starting at 8 AM every morning. Alongside her gymnastics prowess, she plays the violin and has a passion for singing and dancing. Each summer, she lights up the stage at the Southern Utah University Green Show, and this year she has been performing a Paiute round dance song.

As the current 2024-2025 Paiute Indian Tribe of Utah Princess, Julia takes pride in her Paiute heritage and travels to powwows, where she delights in jingle dancing. When she's not performing or practicing, she loves spending time with her family and showing off her acrobatic skills with flips wherever she goes.

# WE ARE HIRING!

**JOIN  
OUR TEAM**

- **Admin Asst/Records Clerk**
- **Congregate Meals Cook**
- **Senior Center Kitchen Asst.**
- **Water Resources Manager**
- **K12 Activities Coordinator**
- **Home Health Care Nurse**

## CONTACT

[kaibabpaiute-nsn.gov/careers](http://kaibabpaiute-nsn.gov/careers)

[hr@kaibabpaiute-nsn.gov](mailto:hr@kaibabpaiute-nsn.gov)

# NEWS from the Cultural Preservation Office

Office Phone # (928) 643-7365

Sponsored by: The Cultural Preservation Office  
Generously funded by the KPT Tribal Council



## BREAKING NEWS

### 4-Day Family Hide Tanning Workshop

Workshop Dates: 8/29,30,31 & 9/1  
8:00AM-3:00PM each day  
Location: Kaibab Community Park  
**10 Spots** 1-hide per family  
contact LeAnn (928) 643-7365 or  
lshearer@kaibabpaiute-nsn.gov



**MUST SIGN AND TURN IN YOUR PARTICIPANT AGREEMENT  
on or before August 28th**

Families will learn the art of brain tanning animal skins the old way while also learning the science of it. This workshop will teach the traditional art of tanning animal skin from start to finish, making the skin usable for clothing, drums, tools, etc. Owner of Bud's Business aka The Hide Shack Robert Perry is a member of the Shoshone-Bannock Tribe and his Native owned hide tanning business is located in Fort Hall Idaho. The workshop will cover tanning a deer skin from start to finish: how to make rawhide, how to make drums, how to smoke buckskin and how to make a white hide.

4-DAY FAMILY HIDE TANNING WORKSHOP  
PARTICIPANT AGREEMENT

Before you sign and submit this Agreement, make sure that you carefully read the entire Agreement so that you fully understand all of the terms and conditions of the obligation you are promising to complete in exchange for paid workshop tuition.

The workshop will be on **August 29<sup>th</sup>, 30<sup>th</sup>, 31<sup>st</sup>, & September 1<sup>st</sup>** at the Kaibab community park. The workshop is 6 hours per day tentatively 8:00AM to 3:00PM and participants will be responsible for bringing their lunch.

There are **10 family group spots** for this 4-day workshop. Sign-ups are on a first come first served basis and family groups do not have to live in the same household.

Implied consent to be photographed, filmed, and or recorded at this event. For reporting purposes and program documentation, photographs and audio/video recordings will be taken to document the class. Attendance at this workshop event implies consent.

There is a potential risk of injury from activities involved in hide tanning and participants **KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS**, both known and unknown.

1-hide will be provided per family group. How that hide is divided will be left up to the family group.

The person identified as the head of the family group will provide the names of each person participating in their family group. At least 1 person listed as a member of the family group must attend and complete the four-day workshop.

**PARTICIPANT PAID WORKSHOP TUITION AGREEMENT:**

The Kaibab Paiute Tribe will cover the \$1,000.00 workshop tuition for each family group on the condition that at least 1 person from the family group attends and completes the 4-day workshop. If no one from the listed family group attends and completes the 4-day workshop. The person listed as Head of the Family Group will be responsible for reimbursing the Kaibab Paiute Tribe half of the original cost of the workshop (\$500.00). I understand that if reimbursement hasn't been paid within 90 days, then it will be referred to the Kaibab Band of Paiute Indians Tribal Courts for garnishment of per capita as well as any court fees accrued by the tribe.

I (signature) \_\_\_\_\_ Date: \_\_\_\_\_

As the head of my family group, we agree to reimburse the Kaibab Paiute Tribe half of the original cost of the workshop tuition (\$500.00) if no one from my listed family group attends and completes the 4-day hide tanning workshop that we signed up for.

Print the names of each person participating in your family group including the name of the person identified as the head of the family group:

_____	_____
_____	_____
_____	_____

Sponsored by KPT Cultural Preservation Office

# Elders Cultural Day Program

Come on out all you stay at home/retired tribal elders and adults. Learn a heritage skill and enjoy socializing while you learn. **Plan to attend all classes in order to complete the project.**

Twinning is a skill that is core to the nungwu. Twinning is a traditional technique lots of things are twinned such as basket hats, burden baskets, bark skirts, mats, rabbit blankets, bags, etc.

## Learn to Twine A Bag



Tuesday, August 13th  
Tuesday, August 20th  
Tuesday, August 27th

**Elder Building Classroom**  
**9:30AM - 12:00PM**  
(2 1/2 hrs. per week)

We are going to learn this traditional technique using modern materials to create contemporary pieces



**CHR DEPARTMENT PRESENTS**

# Native Food for Life Class

**Plant-Based Cooking & Nutrition to  
Prevent and Treat Type 2 Diabetes**

**NO COOKING CLASS IN AUGUST!  
WE WILL RESUME IN  
SEPTEMBER!**

- **SEND CHR A PICTURE OF RECIPE EACH  
MONTH AND YOU'LL BE ENTERED INTO  
A END OF YEAR RAFFLE.**

# Peach Pie Smoothie - Banana Free! [vegan]

A quick, healthy and easy smoothie recipe made without bananas! Reminiscent of peach pie.



Prep Time 5 mins	Cook Time 5 mins	Total Time 5 mins
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Course: Breakfast, smoothie

★★★★☆  
4 from 1 vote

Keyword: breakfast, gluten free, healthy smoothie, peach pie, peach pie smoothie, smoothie, vegan breakfast, vegan recipe

Servings: 1 -2 servings Author: Remy

## Ingredients

- Smoothie
- 2 1/2 cups frozen peaches\*
- 3/4 cup non-dairy yogurt\*
- 1/4 cup non-dairy milk
- 3 heaping tablespoons of rolled oats
- 2-3 pitted dates OR 2-3 teaspoons of sweetener of choice
- 1 teaspoon vanilla extract
- 1/4 tsp cinnamon
- optional squeeze of lemon

## Instructions

1. Toss all ingredients into a high speed blender and blend until smooth.
2. If needed, add additional non-dairy milk to achieve desired consistency.
3. Adjust sweetness as needed.

## Notes

\*you can also use fresh peaches, but I recommend chopping and freezing them prior to give your smoothie more thickness. \*to keep the smoothie raw, opt for homemade non-dairy yogurt or swap out for coconut milk, but texture will be thinner.

Suggested Add Ins: vanilla protein powder, coconut shreds, rawnola

A woman with dark hair, wearing a blue t-shirt and dark pants, is smiling and waving while exercising on a stationary bike. She is in a gym setting with large windows in the background showing a bright outdoor scene. Another person's hand is visible on the handle of a nearby bike to the right.

# **KPT GYM SPOTLIGHT**

## **Delayna Enas**

**Since Delayna has been coming to the gym she has shed pounds and gained some muscle. Delayna found working out with a partner helps motivate and keep her going. She is a fierce one and does an intense workout. Keep up the awesome work.**

# Water Canyon Hike

Engage with the breathtaking beauty of the outdoors

## Fitness Friday



Nyree picking berries



A glimpse of the trail



So cool and refreshing



We made it and had some fun in the water



Follow the leader to Water Canyon

**07/19**

**Water canyon hike was an adventure and more. Kids did awesome on the hike and made it to the cooling waters.**

# Agenda

*Kaibab Health fair*

*Aug 16, 2024*

## **3:00 PM - Set up booths**

## **4:00 PM - Welcoming by Chairman Roland Maldonado**

-Explanation: During breakout session each booth has 20 minutes for presentation and 10 minutes for questions

## **4:15 PM - Breakout sessions**

1. PCR: Raynelle Seweinyawma
2. PHN: Frederick Bedoni, PHN, Lori Monongye-Russel, LNA & Paige Lomaintewalna PHN
3. Mental health: Jennie Kalaui
4. Public Health Educator: Gary Leslie
5. Dental: Samatha Ami, Dental assistant & Valinda Johnson, Dental Assistant, Laura Savala, CHR Director & Larecia Jake, CHR assistant

## **5:15 PM - Dinner & Raffles**

## **5:30 PM - Resume breakout session**

1. PCR: Raynelle Seweinyawma
2. PNR: Frederick Bedoni, PHN, Lori Monongye-Russel, LNA & Paige Lomaintewalna PHN
3. Mental health: Jennie Kalaui
4. Public Health Educator: Gary Leslie
5. Dental: Samatha Ami, Dental assistant & Valinda Johnson, Dental Assistant , Laura Savala, CHR Director & Larecia Jake, CHR assistant

## **6:30 PM - Raffles / 7:00 - end of fair & clean up**



# **KAIBAB PAIUTE COMMUNITY HEALTH FAIR**

**SAVE THE DATE!**

**AUGUST 16, 2024**

**WHERE: KAIBAB COMMUNITY BLD.**

**TIME: 4:00PM - 7:00PM**

- **Health awareness education**
- **Free Screenings**
- **Fun Activities**

**SPONSORED BY HOPI HEALTH CENTER, KAIBAB  
PAIUTE CHR AND HUMAN SERVICES**



**FITNESS**

**FRIDAY**

**August 23rd**

**10:00 AM**

*Kaibab Gym*

*Ages 5-17*

*Water and a light  
snack will be provided*

Transportation Requests

Contact:

Delayna (435) 899-2106



# TEN TIPS

to support mental wellness

[bstrongtogether.org](http://bstrongtogether.org)

As kids return to school, support your child's mental health and wellness with these helpful tips!



## Check in!

Be sure to check in often. Ask about their day and how they are doing. Listen and validate their feelings and concerns. Be patient and help support them as they adjust to a new school year.



## Prioritize connection.

Find ways each and every day to connect with your children and teens to build a healthy, supportive relationship.



## Encourage your child to talk about their feelings.

Have open conversations, letting them know that they are safe and loved. If you have younger children, help them to identify and name their feelings.



## Listen!

Stay calm, soothing and supportive. A healthy, connected relationship will help to calm and reassure them that they can work through their worries and fears.



## Praise all your child's efforts.

Adopt a growth mindset that values effort, perseverance, progress and the process of learning. Let them know that they do not have to be perfect and that you value kindness, curiosity and bravery.



## Be optimistic.

Did you know that optimism is a learnable skill? Keep a positive attitude and model resilience and motivation. Encourage an optimistic attitude and pump up the positivity in your family!



## Keep to a daily routine.

Try to go to bed and wake up at the same time each day. Focus on sleep, a healthy diet and time for physical activity. Be sure to make time for daily PDF (playtime, downtime and family time).



## Problem solve together.

Remind them that they are not alone. Help them to talk through problems, brainstorm possible solutions and identify a plan of action. Don't forget to model healthy coping strategies.



## Teach ways to calm stress and anxiety.

Whether it's taking deep breaths, going for a walk, soaking in the tub, listening to music, or talking with friends, learning how to manage stress is a critical skill for life.



## Remind your child that they are not alone.

Let them know that you are always there for them and that it is ok to ask for help. Assist them in identifying other people in their life that they can turn to for support.

If you are in need of mental health support, visit [healthybarrington.org](http://healthybarrington.org) for information and local resources.

