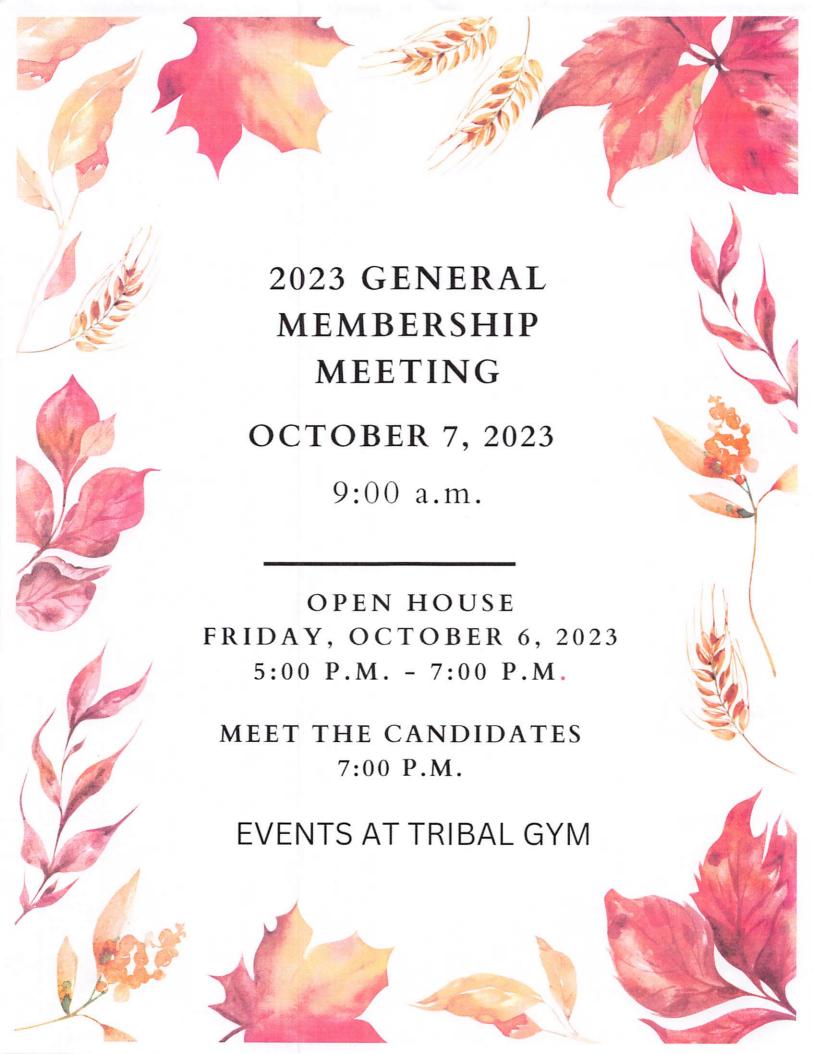


OCTOBER NEWSLETTER 2023

KAIBAB PAIUTE



INTERESTANTES DE LA CONTREAMENT DE LA CONTREAMEN

POSITIONS AVAILABLE:

- Housing Maintenance Worker
- IT System Administrator
- K-12 Activity Coordinator
- Administrative Assistant

WE NEED YOU! JOHN A COMMITTEE TODAY!

EGONOMIC DEVELOPMENT COMMITTEE

MINOR'S INVESTMENT COMMITTEE



ALL APPLICATIONS ARE AVAILABLE AT THE FRONT DESK

Made with PosterMyWall.com

FALL IN LOVE with crochet

NOVEMBER 5 3:00PM-5:00PM

A beginner's class for crochet.
The kit includes everything needed to create an adorable creature. This kit also includes video tutorials. Best for ages 12 and up.

12 spots available-must register by October 15th Contact Mandy to sign up

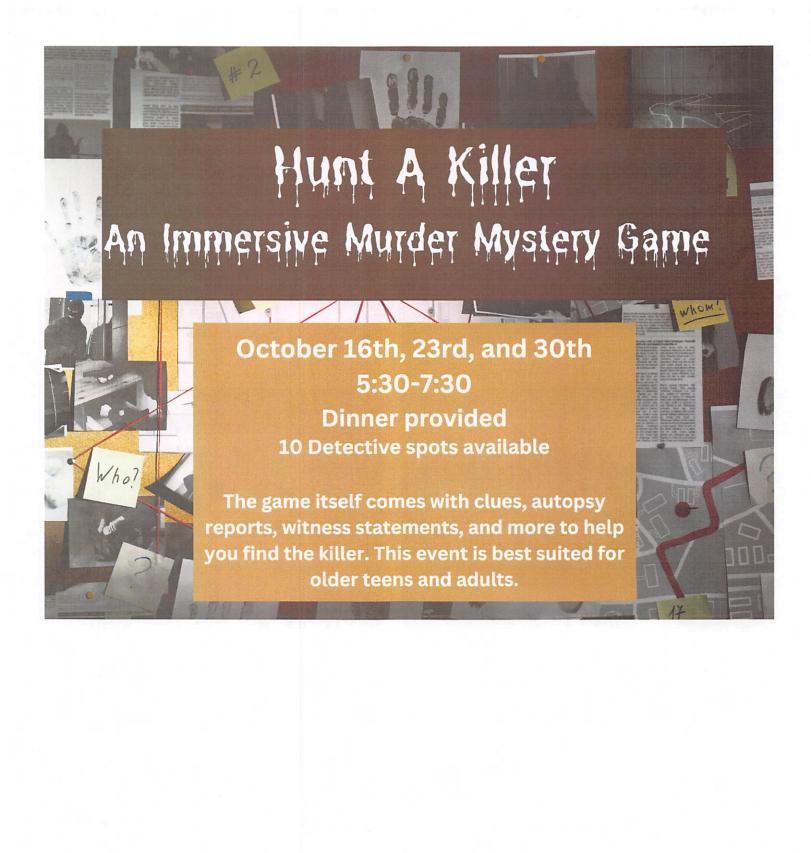


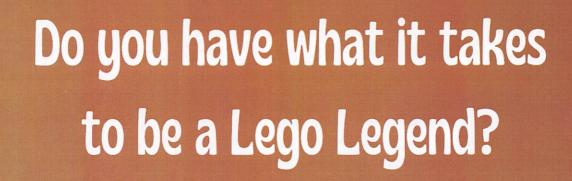


OCTOBER 27 5:30 PM TO 8:30 PM

COME CELEBRATE THE SPOOKY SEASON
WITH SPOOKY READING ACTIVITIES, DINNER,
PRIZES, GAMES, MUSIC, AND MORE

FOR QUESTIONS PLEASE CONTACT MANDY





You must sign your child up for this event.

There are only 12 spots available.

Ages 5 and up welcome.

Sign ups close on September 22nd so that I can get the Lego kits ordered.

October 13, 2023 4:30-5:30 pm Snacks provided

Contact Mandy to sign up your child. Parents are welcome to attend with their children.

GROWN UP BUILDERS GUILD

A spooky grown up LEGO activity

You must sign up for this event.

There are only 12 spots available.
GROWN UPS ONLY!
No Exceptions!
Sign ups close on September 22nd so that I can get the Lego kits ordered.

October 11, 2023 5:30 pm Dinner provided

Brought to you by KPT Library/Educatio
Contact Mandy to sign u



News & Information from the

Wildlife, Fisheries & Parks Department

Tribal Member Hunters Make sure to read this - Mule Deer Hunts - The FOLLOWING HUNTS HAVE BEEN Canceled, the Southern Paiute Youth Hunt, the Indian Hunt, and the Big Game Hunt. The Tribal member hunts this year will consist of two (2) DOE ONLY HUNTS. The first Tribal Member Doe (only) Hunt will be October 21 - 31, 2023 and the second Tribal Member Doe (only) Hunt will be November 18 - 28, 2023. The limit for each household this year will be two (2) DOES ONLY.

Message From The Director – On this year's deer hunt – Some of you didn't like it, but we as a Tribe need to take care of the deer now and not wait until it is gone, growing up on this Reservation I was always told that we need to take care of things culturally or Mother nature will take it back, that's why the old hunters would kill bucks until the middle of November, then "DRY DOE's" ones with no fawns, after that, a bit of history. For you that think "I am a tribal member this does not apply to me", but it does under the Wildlife Ordinance if you violate it you may have to appear before the Wildlife Committee or Tribal Court, and if found Guilty, you will lose your hunt privilege for 5 years and pay a fined of \$500 dollars, the meat will be confiscated.

Coupon For FREE AMMO/BULLETS - Good at "Sportsmen Warehouse", St George Utah

TRESPASSERS – THERE GETTING TO BE MORE – Report them, and anyone riding Off Highway Vehicles on the Trail, to BIA Police or Wildlife Department.

Highly Pathogenic Avian Influenza (HPAI) "Bird Flu" – HPAI is highly contagious in wildlife and is expected to rise during birds' regular spring migration. HPAI is considered low risk for human health concern according to the Centers for Disease Control; however, infections in humans have been reported. Chicken owners beware!! If you see one on the Reservation Do not Disturb it, the bird flu has been found in Condors.

Turkeys - Have been seen in Eagle Mountain Village, PLEASE DO NOT FEED THEM.

Fishpond – Reminder you need a permit to fish, and Children under 18 need to have someone over 18 with them. ONLY Tribal Members can swim, at your own RISK.

Muppits Trail is closed - To the public right now, only Tribal Members can use it.

Moccasin Wash Road is now open.

Watch out for DEER – SLOW DOWN! between the store and Moccasin, if one crosses in front of you, there are more behind it, and sometimes they will run into the side of the Vehicle. All Car/Deer accidents need to be reported to Mohave County Sheriff, BIA Police, or this Department, if not you could receive a ticket, this is in the Wildlife Ordinance and in Arizona state law.

Minors Hunters Safety Card – On the internet go to hunter-ed.com – Everyone 10 to 18 years old needs to attend a hunter's safety course, to get a card. The minor will need one to get a Tribal hunting permit. This is not something new, it has been in the Ordinance since the beginning. It is better to get a Hunters Safety card in the state you live in so you can participate in the state hunts.

Firewood – Tribal Members you do not need a permit to get firewood unless you are selling it off the Reservation. But, to get wood for personal use or for a Tribal Member, you do not need a permit. You can get wood anywhere on the Reservation as long as it's not green wood it will burn slow and will plug up your chimney faster. Fire Restriction No Chainsaw usage.



Are you going off the paved road? – If for some reason you go off the paved roads, beware of the sand, mud remember to tell someone where you are going and about what time you will return, take a lot of water, warm coat, blanket, some snacks, a good flashlight, and bring a shovel, tow chain, and a jack (Handyman), Cell phone may or may not work, Text messaging may work better, and pick up all litter, KEEP MAIN GATES CLOSED!, if the road gets sandy, muddy turn back you don't want to get stuck. If you know of someone that has gone out and has not returned call this Department at any time, (office or Home) contact any Wildlife Committee member, or BIA-Police. (928) 643-6050 This will only be to get them home.

Questions or concerns contact Danny Bulletts, Jr. at (928) 643-8305/7245, cell phone (435) 689-1624 (text) or email me at dbullettsjr@kaibabpaiute-nsn.gov. 866-969-5879 new office number.

Red Ribbon Week *Day Celebration

Sponsored by the CHR and Substance Abuse Prevention Programs

Friday

October 20th @ 1 pm (AZ Time)

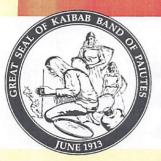
KPT Gym

Transportation and snacks will be provided

For grades 1st-12th

This event is for tribal members and community members

Wear the color red to be entered in a raffle



To request tranportation please contact Larecia (928) 643-8330 Delayna (435) 899-2106 Mckenna (928) 643-6007

Kaibab Paiute Tobacco Program

Join our Tobacco Coalition for youth & teens ages 10 to 17!



For more information contact McKenna Yracheta-Tobacco Coordinator at myracheta@kaibabpaiute-nsn.gov

CHOUL WALK FITNESS CENTER KAIBAB PAIUTE GYM & MALK

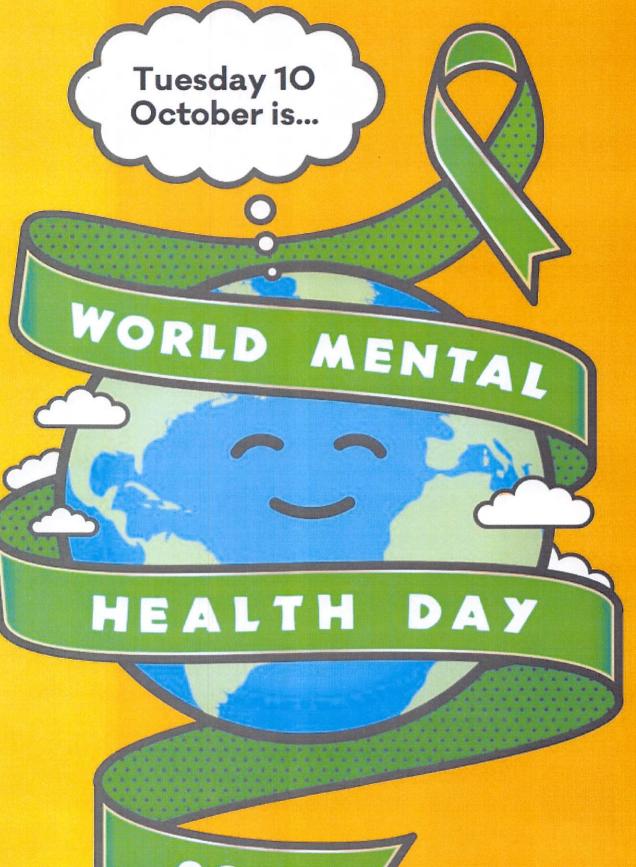
DRESS UP AS YOUR FRYORITE CHOUL AND WALK WITH US

OCTOBER 14, 2023 | START AT 12 PM

OCTOBER 14, 2023 | START AT 12 PM

START AT THE CYM AND WALK DOWN TO THE PARK.

PAYS AND TIMES ARE SUBJECT TO CHANGE, FOR MORE TITUESS COORDINATOR BY PHONE AT (928)643-6007 OR FITNESS COORDINATOR BY PHONE BY PHONE





Tips for talking about mental health

Talking is good for your mental health. And talking *about* mental health is important. But starting a conversation isn't always easy. Whether you'd like to talk to someone about how you're feeling, or check-in with someone you care about, here are some tips that can help.

Talking about your mental health

1. Choose someone you trust to talk to

This might be a friend, family member or a colleague. Or you might be more comfortable talking to someone you don't know, for example, through a support helpline. It can help to do a pros and cons list about talking to someone.

2. Think about the best place to talk

It's important to choose a place where you feel comfortable enough to open-up. You might want to choose somewhere private where you're less likely to be disturbed. You also might want to talk while you do an activity, like walking together.

3. Prepare yourself for their reaction

Hopefully, you will have a good experience when you open-up to someone. But there's a chance that they may not react in the way you hope. This may be for different reasons, like they may be worried or not fully understand at first. If that's the case, try to give them time to process what you've told them. It might help to give them information to read to help them understand. And don't forget to be kind to yourself and practise self-care.

Talking to someone about their mental health

1. Find a good space to talk without distractions

If you're worried about someone, try to find a place where you know you can have a conversation without being distracted. Make sure to give them your full attention. It might help to switch off your phone.

2. Listen and ask questions

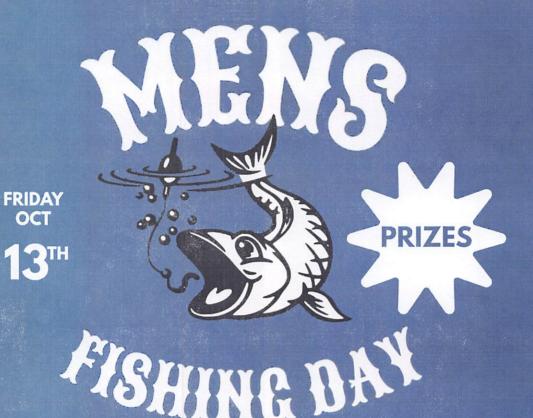
Listening can be one of the most valuable ways to be there for someone. Show them that you're actively listening by facing them, making eye contact, and not interrupting. Questions can help you clarify what they mean and also show that you're actively listening. But make sure the questions are relevant to what they're saying, and not changing the subject.

3. Ask how you can help

Ask how you can help or make suggestions, rather than telling them what to do next. They might want support with making a GP appointment, help around the house, or just for you to keep things normal and chat about what's going on in your life.

MENTAL HEALTH PRESENTS

OCT



• PANGUITCH LAKE •

TRANSPORTATION PROVIDED (LEAVING TRIBAL OFFICE 6AM)

FISHING LICENSES PROVIDED (SEE CIERRA FOR FISHING LICENSE)

LUNCH PROVIDED

Sign up @ front desk

WHO CAN SIGN UP? TRIBAL MEMBERS/ SPOUSES TRIBAL EMPLOYEES