

Appendix B: Phases

Phase	Description (length and requirements)
Phase 1: Acute Stabilization	<ul style="list-style-type: none"> ● 60 days ● Requirements: <ul style="list-style-type: none"> ○ Court twice a month as scheduled ○ Promptly call drug testing line daily ○ Random drug tests (no less than average of 2x week) ○ Begin process to obtain medical insurance and any necessary health assessments ○ Minimum of 2 office visits per month ○ Periodic home visit by JCADC Coordinator and/or Probation Officer ○ Keep scheduled appointments ○ Attend and complete treatment assessment and develop treatment plan ○ Start changing people, places and things associated with drug/alcohol lifestyle ○ Complete Supervision Case Plan with Probation Officer ○ Examine housing situation ○ Begin prosocial activities ○ Maintain honesty ○ Complete 10 hours of community service ○ Minimum of 14 days of sobriety immediately prior to phase up

<p>Phase 2: Clinical Stabilization</p>	<ul style="list-style-type: none"> ● 90 days ● Requirements: <ul style="list-style-type: none"> ○ Court twice a month as scheduled ○ Promptly call drug testing line daily ○ Random drug tests (no less than average of 2x week) ○ Complete medical assessment as deemed appropriate by JCADC team ○ Minimum of 2 office visits per month ○ Periodic home visit by JCADC Coordinator and/or Probation Officer ○ Keep scheduled appointments ○ Continue prosocial activities ○ Engage in treatment ○ Comply with and review Case Plan with Probation Officer ○ Start changing people, places and things associated with drug/alcohol lifestyle, demonstrating an engagement with healthy people, places and things ○ Begin to establish/maintain stable housing ○ Assess financial, vocational and employment needs ○ Begin recovery support groups, if applicable ○ Complete 10 hours of community service ○ Maintain sobriety (minimum of 30 consecutive days immediately prior to phase up) ○ Maintain honesty
<p>Phase 3: Pro-Social Habilitation</p>	<ul style="list-style-type: none"> ● 90 days ● Requirements: <ul style="list-style-type: none"> ○ Court twice a month as scheduled ○ Promptly call drug testing line daily ○ Random drug tests (no less than average of 2x week) ○ Address any medical issues ○ Minimum of 2 office visits per month ○ Periodic home visit by JCADC Coordinator and/or Probation Officer ○ Keep scheduled appointments ○ Engage in treatment ○ Comply with and review Case Plan with Probation Officer ○ Demonstrate changing people, places and things ○ Continue to establish/maintain stable housing ○ Continue prosocial activities ○ Begin Moral Reconciliation Therapy (MRT) ○ Assess life skills, including financial needs/budget, organizational skills, problem solving, balanced life style, etc. ○ Establish approved recovery network (i.e. NA, AA, Smart Recovery, etc.)

	<ul style="list-style-type: none"> ○ Obtain approved sponsor/mentor/recovery coach ○ Complete 10 hours of community service ○ Maintain sobriety (minimum of 45 consecutive days immediately prior to phase up) ○ Maintain honesty
<p>Phase 4: Adaptive Habilitation</p>	<ul style="list-style-type: none"> ● 90 days ● Requirements: <ul style="list-style-type: none"> ○ Monthly court ○ Promptly call drug testing line daily ○ Random drug tests (no less than average of 2x a week) ○ Monthly home or office visits ○ Continue in treatment as recommended by counselor/coordinator ○ Comply with and review Assessment, Case Plan and Supervision level—possibility of reduction of office and home visits based on assessment ○ Demonstrate changed people, places and things ○ Maintain/continue to pursue stable housing ○ Continued pro-social engagement, i.e. work/school/community service ○ Demonstrate recovery network/repared pro-social relationships ○ Continue MRT ○ Keep scheduled appointments ○ Build life skills, including maintaining financial needs/budget, organizational skills, problem solving, balanced life style, etc. ○ Complete 10 hours of community service ○ Maintain sobriety (minimum of 60 consecutive days immediately prior to phase up) ○ Maintain honesty ○ Assess ancillary service needs and obtain referrals ● Parenting ● Domestic Violence Services (DV) ● Other individualized needs

<p>Phase 5: Continuing Care</p>	<ul style="list-style-type: none"> ● 90 days ● Requirements: <ul style="list-style-type: none"> ○ Attend court as assigned ○ Promptly call drug testing line daily ○ Random drug tests ○ Continue in treatment as determined by JCADC team ○ Monthly home or office visits ○ Continue/maintain healthy people, places and things ○ Maintain stable housing ○ Maintain pro-social engagement, i.e. work/school/community service ○ Complete MRT ○ Keep scheduled appointments ○ Utilize healthy life skills, including maintaining financial needs/budget, organizational skills, problem solving, balanced life style, etc. ○ Maintain recovery network/pro-social relationships ○ Complete other requirements/victim restitution/ancillary services ○ Develop and submit continuing care plan/Graduation Life Plan ○ Comply with supervision as determined by Probation Officer ○ Complete 10 hours of community service ○ Maintain sobriety (minimum of 90 consecutive days immediately prior to phase up) ○ Maintain honesty