



Save Time with Personal Assistant Referrals

To make the most of every minute
—and opportunity—**it helps to delegate.**

Reach out to your Assistance Program for **Personal Assistant Referrals** to help save time and tackle to-do's:

- Travel research and referrals
- Moving and cleaning resource referrals
- Home and auto repair options
- Sporting and entertainment information

Your Assistance Program is free to use, confidential, and open to family members.

Contact FEI Behavioral Health

Call: 800-236-7905

Visit: myassistanceprogram.com/fei

Code: juneau

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RESILIENCE

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