



SENIOR CONNECTION

A bi-monthly newsletter of useful information from The Independence Township Senior Community Center



Thursday, March 17, 2016
Senior Community Center, Bartsch Hall
11:30 a.m.-1:00 p.m. \$7.00 per person
Entertainment by Ken Combs
(See page 6 for more information)

VOLUNTEER APPRECIATION PARTY

"Volunteers Plant The Seeds Of Kindness"

Friday, April 22, 2016,
Senior Community Center, Bartsch Hall
11:30 a.m. until 1:00 p.m.
Check-in starts at 11:00 a.m. at the Center
Music by Bob Lowe including Country & Oldies
Free for invited volunteers.

(See page 2 for more information)

Must be signed up to attend.



MARCH • APRIL 2016

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2016 CENTER CLOSING DATES

PRESIDENTIAL PRIMARY ELECTION – Tuesday March 8th
Carriage House & Senior Community Center closed for programs

GOOD FRIDAY – Friday, March 25th

MEMORIAL DAY – Monday, May 30th

INDEPENDENCE DAY – Monday, July 4th
(Independence Fest in Clintonwood Park)

INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER

Located in Clintonwood Park
6000 Clarkston Road, Clarkston, MI 48348

Phone: 248 625-8231 Fax: 248 922-3189

Hours: Monday - Friday 8 a.m. – 5 p.m. (Closed holidays)
www.indetwp.com Go to Visitors then to Senior Center

PURPOSE STATEMENT

The Independence Township Senior Community Center provides programs and services to individuals age 50 and over. Programs promote fitness, healthy lifestyle, socialization and enrichment through exercise, daytrips, extended travel and a wide variety of classes and activities. Services include transportation, meals on wheels, Medicare Counseling, medical loan closet and referrals to addiional resources that promote independence, safety and wellness.

HERE'S THE SCOOP...



SENIOR COMMUNITY CENTER INFORMATION

NOTES FROM THE SENIOR DIVISION SUPERVISOR...

My favorite time of year is coming up when we celebrate how special our volunteers are with our annual Volunteer Appreciation Party. This year's party will be held on Friday, April 22nd from 11:30 a.m. until 1:00 p.m. at the Center in our new "Bartsch Hall". All volunteers will receive your special invitation in early March and you can sign up at that time. There will a \$7.00 charge for guests who do not volunteer at our Center. You must have at least 10 hours or more to receive an invitation. Make sure you sign in each time you volunteer because that is how we track your hours. We are grateful for all you do for us!

Barbara Rollin

STAFF

Senior Center Supervisor	Barbara Rollin
Clerk	Theresa Gordon
Nutrition Supervisor	Mary Przybycien
Site Hostess	Barbara Szematowicz
Senior Services	Patty Collins
Receptionist	Carroll Harris
Programs	Gerry Townsend
Programmer/Sports	Mary Melega
Programmer Assistant	Mary Jo Reid
Programmer Assistant	Pat Drake
Cleaning/Set-ups	Carol Vickery
Van Drivers	
<i>Full Time</i> – Gerald Ellis	
<i>Part Time</i> – Gordy Cloutier, Dale Coughlin, Lou Donagrandi, JoAnn Foote & Tom Mitcham	

TOWNSHIP BOARD

Supervisor	Patrick Kittle
Clerk	Barb Pallotta
Treasurer	Paul A. Brown
Trustee	Jose Aliaga
Trustee	David Lohmeier
Trustee	Ron Ritchie
Trustee	Andrea Schroeder

FRIENDS OF THE INDEPENDENCE SENIOR ADULT ACTIVITY CENTER (FITSAAAC): Meets on the second Wednesday every month starting at 9:00 a.m. unless the Senior Advisory Committee meeting is scheduled before: The next two meetings are March 9th and April 13th, 2016. The "Friends" was approved in 2010 by the IRS as a 501© (3) non-profit, tax exempt organization. The Friends is managed by a Board of Directors, which is comprised of some of the members of the Senior Center Advisory Committee. Their main goal is to raise funds to help support programs and services of the Senior Center.

Friends Members:

Carolyn Morrison – *President*
Lee Kuczmanski – *Vice President and Treasurer*
Pat Edwards – *Secretary*

Members: Joe Figa, Connie Hutchison, Don Kayko, Pam Marin, Donna Miller, Jean Pachuta, Mary Lou Schell and Sue Shubert.

Staff: Barbara Rollin – *Senior Division Supervisor*

SENIOR CENTER ADVISORY

Independence Township Senior Adult Activity Center Advisory Committee. Meets on the second Wednesday every other Month starting at 9:00 a.m.: The next two meetings are March 9th and May 11th, 2016. This group is approved by the Township Board to represent the Center and to offer input and support into the centers operations and programs.

Senior Advisory Members:

Joe Figa – *President*
Pat Edwards – *Vice President*
Carolyn Morrison – *Secretary*

Members: Joe Figa, Connie Hutchison, Don Kayko, Lee Kuczmanski, Donna Miller, Jean Pachuta, Mary Lou Schell, Sue Shubert, Thomas Stone and Mel Vaara.

Staff: Barbara Rollin – *Senior Division Supervisor*
Patrick Kittle – *Township Supervisor*
Barbara Pallotta – *Clerk*

SENIOR CENTER MEMBERSHIP

Your membership is valid from the date you sign up until a year from that date. Couples should sign up at the same time. Our membership fees are:

- \$12.00 a person for residents.
- \$22.00 a couple for residents.
- \$17.00 a person for non-residents
- \$32.00 a couple for non-residents.

Residents are persons who pay taxes to Independence Township even if their mailing address is listed differently. All new members will receive a bi-monthly newsletter with their membership along with a one time welcome package that includes a \$5.00 coupon that can be used towards a class or program. Your membership also entitles you to discounts on all of our programs and classes. By participating in a couple of programs your membership will pay for itself. All of our programs and trips reflect member and non-member fees.

Whaaat's Uuup!!

UPCOMING EVENTS & PRESENTATIONS

CHECK OUT OUR NEW LOOK!

You will notice an updated newsletter format. We are hoping that you find this issue easier to navigate. There is a Heart ♥ hidden on a page in this issue. If you find it, circle it and bring your newsletter into the Senior Center before 3/31/16 to place your name in a drawing for a basket of goodies.

CLARKSTON ABBEY AFTERNOON TEA

Wednesday, March 2, 2:00 – 4:00 p.m.
\$15.00 per person (\$20.00 for Non-Members)
Senior Community Center, Bartsch Hall

You won't want to miss this! Lady Mary Sippington and her lady maids will return to prepare a traditional English tea (or close to it.) Share tea, lovely food items, lively discussion, and maybe even a special guest. If you wish, bring your favorite teacup. English tea attire is encouraged, however, not mandatory. Sign up today!



PRESIDENTIAL PRIMARY ELECTION

PRECINCT # 12 & 13
are in Clintonwood Park Carriage House
and Senior Community Center Bartsch Hall
Tuesday, March 8, 2016

All Senior Community Programs are cancelled but the SC office will remain open for business and the transportation program will be operating that day.

BLOOD PRESSURE SCREENING

Thursday, March 24th, 1:00 p.m.
Senior Community Center, Bartsch Hall

Stop in for a blood pressure check! A registered nurse from Evergreen Health Services will provide free blood pressure screenings.



GAMES WITH GRANDPARENTS

Partnership with Andersonville Elementary

10350 Andersonville Road, Davisburg
Thursdays, 2:30-3:30 p.m.
March 24th, April 21st and May 19th

Spend time with the kindergarteners by playing games. If you enjoy children this is the perfect activity for you. Just go to the school and ask for Mary Divito's class on the dates and time listed above.

LET'S CHAT

Tuesdays, March 29 and April 26
10:30 a.m. – 12:00 Noon, Senior Community Center
No Charge (Donations Accepted)

A personal wellness plan includes managing how we feel. You may need to just hear and see that there is a gateway to making connections to others. If you would like the opportunity to sit down and discuss what is troubling you but are not ready to commit to individual counseling, retired professional LPC, NCC and NCCC, Thomas K. Stone, is offering "pre-counseling" sessions. If appropriate, he will refer you to an active qualified professional counselor. Please call the Senior Community Center to set up an appointment time.

MEDICARE 101

Thursday, April 21st
7:00 p.m. \$1 per person
Senior Community Center

Learn about who is eligible for Medicare, how to enroll and what services are covered. Information about supplemental insurance, Advantage plans, the prescription drug benefit and identification of fraud will be addressed. Call the Center to register to attend!

SENIOR GARDENS SIGN-UP

Tuesday, May 3, 2016 at 1:00 p.m.

Spring will soon be here! Would you like to grow your own fresh vegetables and flowers? Garden space is available. Come to the meeting to sign up or contact Carolyn Morrison, Senior Center Garden Committee at 248-625-8231.

CINCO DE MAYO

Wednesday, May 4
12:00 Noon,
Senior Community Center, Bartsch Hall
164 Pesos per person (\$10.00)
246 Pesos (\$15.00) for Non-Members

Dig out your sombrero and celebrate this special day! Enjoy fun, music and dancing followed by a Mexican fiesta.

Whaaat's Uuup!!

UPCOMING EVENTS & PRESENTATIONS Continued

PUTTIN ON THE RITZ

Friday, May 20, 2016, 6:00 p.m.
\$20.00 per person
Oakland Schools Auditorium, Waterford

Here is an opportunity to enjoy an evening of fun including a buffet dinner and entertainment for a great price being offered to senior community centers! If you are interested in attending, please call the Center and place your name and telephone number on the list. This list will be shared with Oakland Schools so that you will be given the group discount.

LUNCH AND LEARN

The New Definition of Hospice
Wednesday, June 1 at 12:30p.m.
\$1.00 per person includes lunch

Too often people wait until in the midst of a health care crisis before thinking about what options are available or what care loved ones would want. Learn about the many services that are available and Medicare coverage. A pizza lunch will be served as the myths of hospice are dispelled.

ART EXHIBITION

Wednesday, July 20
Senior Community Center
Bartsch Hall

We will be hosting local artists and displaying their creative work. If you are interested in participating, please call the Center at (248) 625-8231 or stop by to pick up an informational packet. (Available after March 1st.)

AARP DRIVER SAFETY CLASS

Wednesday, July 13 and Thursday, July 14
Senior Community Center, Bartsch Hall
1:00-5:00 p.m.
\$15 for AARP members
\$20 for non-AARP members

This two day AARP Driver Safety Program covers defensive driving strategies and current rules of the road in today's challenging driving environment. The course provides practical tips to adjust to the normal changes in vision, hearing and reaction time to help ensure a driver's safety and the safety of others on the road. Course participants may be eligible to receive an insurance discount. Consult your insurance agent for further details. Please come into the Senior Community Center to register in advance because class size is limited. Make checks payable to AARP. Cash or check only.

CLARKSTON SCHOOL PARTNERSHIP VOLUNTEER OPPORTUNITIES

In an effort to expand our involvement with Clarkston school students, we are looking for participants and volunteers for the following programs and activities:

Games with Students

Do you love kids? The gift of your time can make a difference in lives of students with special needs. Students will enjoy the opportunity to play games and interact with you in the school classroom. Additional information and support will be provided. Please contact Patty at the Center if you are interested in learning more about this opportunity.

See History Through the Eyes of a Senior

Thursday, May 26th

Second graders from a local elementary school will present what they have learned and ask questions about the history of Clarkston. Share your experiences, thoughts about the changes and memories about your life in Clarkston. Join us in this fun opportunity to help and learn from this future generation! *Look for details in the next newsletter.*

Storytime with a Child

Share in the joy and excitement of a child learning to read! First graders at Independence Elementary School would benefit from the opportunity to read a book to an adult. This activity would occur at the school and involves a 45 minute time commitment per week. Call Patty at the Center for more information.

ONGOING ACTIVITIES & CLASSES

**All Classes are held in the
Senior Community Center unless
otherwise specified.**

CHAIR MASSAGE

**Tuesdays, March 1 and March 15
April 5 and April 19
10:00 a.m. – 12:00 Noon
\$10.00 per person for 15 min. Cash Only Please**

Helps to relieve common aches, pain and stresses. Focus on the upper body. Each recipient is seated and fully clothed. Please call the Center for an appointment. Walk-ins welcome, if time permits.

CLUB BOOKWORM

**Thursdays, March 31 and April 28
\$1.00 per person drop-in fee.**

Love to read? Come share your opinions and insights with our informal group. New book selections are available for pick up at the monthly discussion meeting or in the office any time following the meeting. Mark your calendars to attend our upcoming meetings.

March: *The Girl On the Train* by Paula Hawkins
April: *Station Eleven* by Emily St. John Mandel

GENEALOGICAL RESEARCH- INDIVIDUAL

**Wednesdays, March 23, April 6 and April 20
9:30 a.m. – 12:30 p.m., \$10.00 per person per hour**

This is a great opportunity to get started finding your family ancestry or to overcome a research roadblock. Dr. Thomas K. Stone has been doing genealogical research for over 30 years. Call the Center at (248) 625-8231 to make an appointment for one or more hours of individual one on one family searching with Dr. Stone.

MANI'S WITH MARCY ON MONDAY MORNINGS

**Mondays, March 14 and March 28
April 11 and April 25, 10:00 a.m.,
Cost \$12.00 per person**

Convenience and a great price! Marcy Sawyer, a licensed manicurist with 15 years experience will be here at the Senior Community Center to do manicures twice a month. Call the Center to make an appointment. Walk-ins will only be taken if time permits. Cash only Please.

MY LEGAL AND FINANCIAL SOLUTIONS

**Thursdays, March 10 and April 14
9:30 a.m., No Charge**

Informative presentation concentrating in the areas of trusts, wills, estates and real estate planning. Whether your needs involve tax planning to avoid estate taxes and preserve your legacy, special needs trusts or a real estate matters this program will empower you with knowledge. RSVP at the office at (248) 625-8231 and place your name on the list.

RECIPE ROUNDUP- CALLING ALL FOODIES

**Fridays, March 4 and April 1
12:00 Noon, No Charge (bring a dish)**

Are you adventurous and creative in the kitchen? Do you love to prepare and sample new recipes? Prepare your recipe at home and bring enough to share samples with everyone in the group. Each month features a new and different theme. Please bring your recipes in written form to share.

March: Irish Theme

April: Think Spring!

Please note: If you are not bringing a food item a \$2.00 donation will be collected.

M O V I E S

CLARKSTON INDEPENDENCE DISTRICT LIBRARY

**6494 Clarkston Road, Clarkston.
Cost is \$1.00 payable the day of the movie.
Popcorn and Beverages are included.**

**Bridge of Spies (2015), 142 minutes
Thursday, March 17th at 1:30 p.m.**

In this historical drama set during the Cold War, a Brooklyn attorney (Tom Hanks) is tasked with negotiating a prisoner exchange between an American pilot who was shot down over the USSR and a Soviet spy serving a 45-year sentence for espionage against the U.S. BRIDGE OF SPIES was directed by Steven Spielberg and written by Matt Charman and Joel and Ethan Coen.

**Steve Jobs: The Man in the Machine (2015),
R-Language, 2 hour
Thursday, April 21st at 1:30 p.m.**

Oscar-winning documentarian Alex Gibney (Taxi to the Dark Side) directs this complex and unvarnished portrait of the contradictory genius of Steve Jobs, Apple Computer founder and CEO who envisioned a glorious and spiritually enhanced computerized future while doling out emotional abuse to employees and loved ones.

ONGOING ACTIVITIES & CLASSES, Cont'd

All Classes are held in the Senior Community Center unless otherwise specified.

TECHNOLOGY

CELL PHONE 101 – WORKSHOP

Thursday, April 21st
1:30 p.m., Senior Community Center
\$1.00 per person drop-in

Need a little extra help learning and understanding your cell phone? Find out what those mystery buttons are for. Bring your cell phone to this individualized workshop and Stephanie will answer all of your questions and build your confidence. Please call the Center at (248) 625-8231 to place your name on the list.

COMPUTER TUTORING – INDIVIDUALIZED

Thursdays, March 10 and March 24
April 14 and April 28
2:00 – 4:00 p.m., Senior Community Center
Each session is \$30.00 per person for Members
\$35.00 for Non-Members

Sign up for a one hour personal computer tutoring session with instructor, Carol Compagnoni. Your personal session will focus on the specific area(s) you wish to concentrate on. Please call the center to make an appointment and include your learning preference. If you have a laptop, please bring it with you.

COMPUTER AND TECHNOLOGY

Partnership with Sashabaw Middle School
5565 Pine Knob Lane, Clarkston, MI 48346
Thursdays, 11:25 a.m. to 12:20 p.m.

Would you like to improve your skills to use your computer, Smart Phones, I Pad or Kindle more effectively? Mrs. Savoie's Computer Applications students will teach you how to get the most out of your devices. This hands on class is every Thursday at the Sashabaw Middle School. This is an Academic Service Learning Project for the students at no cost to you. You must sign up at the Senior Community Center and have a background check before you begin. A new form is required each school year. Forms are available at the Senior Community Center.

LOOKING FOR LUNCH?

THURSDAY SITE LUNCHES AT 12 NOON!

We are serving a made-from-scratch lunch prepared by our senior center staff every Thursday unless indicated on the schedule. **The cost is \$7.00 per person.** Call the Center to make a reservation for lunch no later than 5 p.m. on the Monday preceding the scheduled date. If you do not reserve your meal we cannot guarantee that one will be available for you on Thursday. All meals meet the Area Agency on Aging standards for proper portions of protein, grains, vegetables and fruit.

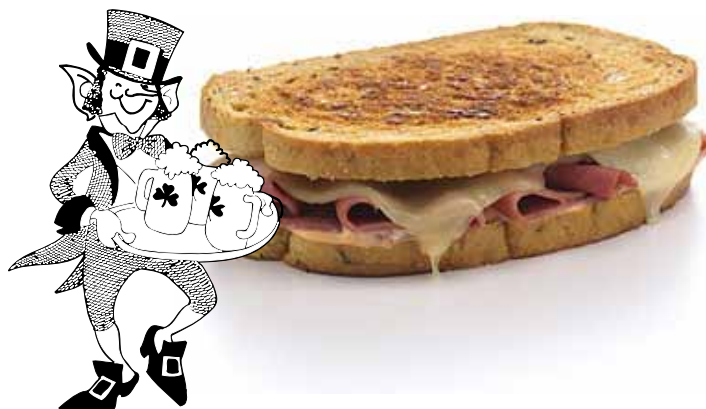
Starting in January we will be serving organic, low sodium and unprocessed foods whenever possible. **All meal contents will be labeled with the following codes:**

C=corn D=dairy E=egg G=gluten N=nut S=soy

Bread and or crackers will still be served in baskets with butter on each table and are **NOT** gluten or dairy free.

Thursday Luncheon Dates and Menu as follows
(all entrees include starch, vegetable and fruit or dessert)

- March 3rd** Pot Luck – Bring a dish to pass or pay \$5.00 for lunch.
- March 10th** Meatloaf, potatoes and salad
(D, N & S free)
- March 17th** **St. Patrick Day Lunch**-Corn beef on rye and coleslaw *(N & S free)*
Irish music provided by Ken Combs
- March 24th** Chicken and vegetable stir-fry over rice
(G, D, E & N free)
- March 31st** Turkey sub and vegetable soup
(N & S free)
- April 7th** Pot Luck – Bring a dish to pass or pay \$5.00 for lunch.
- April 14th** Chicken piccata, angel hair pasta and salad
(C, S & N free)
- April 21st** Beef chili with spinach/apple salad
(C, E, G, N & S free)
- April 28th** Tuna noodle casserole and salad
(C, N & S free)



EXERCISE AND FITNESS

NEW!

BRAINS AND BALANCE

Thursdays, 9:00 – 10:00 a.m.
Carriage House
April 14-May 19
\$42.00 per person (\$47.00 for Non-Members)

This innovative program is a clever combination of specific activities designed to improve your memory, reasoning, conceptualization, language and problem solving skills. Learn exercises to strengthen the core and reduce your risk of falling.

“BREAKFAST CLUB” BODY MANAGEMENT

Monday, Wednesday and Friday
11:00 a.m. – 11:50 a.m.
March 2 – March 28 (No Class March 25)
\$44.00 per person (\$48.00 for Non-Members)
April 11 – April 27
\$32.00 per person (\$37.00 for Non-Members)
McLaren Physical Therapy and Fitness Center
Suite 310, 5701 Bow Pointe Drive

Feel the benefits! This gentle exercise program is designed to recall those strengths and movements. Improve and maintain flexibility, mobility and range of motion. Focus on circulation, strength and balance.

DRUMS ALIVE CLASS

Tuesdays, 10:15 – 11:15 a.m. *Carriage House*
April 12 – May 17)
\$40.00 per person (\$45.00 for Non-Members)
Drop in fee \$7.00 per person. Save money by signing up for the entire session.

So much fun that exercising is a side effect! Improve health and fitness for the brain and body. See noticeable improvement is stamina, coordination and balance.

ZUMBA GOLD FITNESS

Mondays, 6:30 – 7:30 p.m.
Senior Community Center, Bartsch Hall
March 7 – April 18 (No Class April 4)
\$30.00 per person (\$35.00 for Non-Members)

Join the party! Zumba fuses hypnotic musical rhythms and tantalizing moves to create a dynamic workout system. Tone and sculpt your body while burning fat. Best price in town!

NEW!

FORWARD FIFTY EXERCISE CLASS

Wednesday and Friday, 9:00 – 10:00 a.m.
Senior Community Center, Bartsch Hall
March 16 – April 27 (No Class March 25)
\$48.00 per person (\$53.00 for Non-Members)*

This basic exercise class is designed to provide a well-rounded program to improve strength, flexibility and balance. Participants will practice movements that simulate or enhance activities performed in daily life. A great way to improve and maintain physical functioning with easy to learn cardio steps to fun music. Bring light hand weights.
*New participants will receive a \$10.00 discount.

NEW!

HULA HOOP FUN FITNESS

Fridays, 3:30 – 4:15 p.m.
Senior Community Center, Bartsch Hall
February 26 – April 15 (No Class March 25 and April 8)
\$30.00 per person (\$35.00 for Non-Members)

Learn the ways that “hooping” can tone you and improve your total cardio well-being using light to moderate weighted Hula Hoops. Improve balance and strength. Music will be used to keep the fun atmosphere going!

NEXT SESSION: April 22 – May 27

LINE DANCING

Mondays Ongoing, 10:00 a.m. – 12:30 p.m.
BEGINNERS – 10:00 – 11:00 a.m.
EXPERIENCED – 11:00 a.m. – 12:30 p.m.
Senior Community Center, Bartsch Hall
\$3.00 per person drop-in fee

Start the week out right! Dance to country, salsa, cha-cha and rock and roll rhythms with Rosemary Hall to exercise your body and mind. You are not obligated to participate on consecutive weeks. Stop in when the dancing mood strikes! All skill levels welcome to this ongoing program.

**ATTENTION: SWIM CLASS PAST, PRESENT
AND FUTURE PARTICIPANTS**

AQUATICS CLASSES NOW AVAILABLE!

Tuesdays and Thursdays
11:15 a.m.

Great Lakes Athletic Club
3800 S. Baldwin Road

Please see information under Fitness Partnerships

POLE WALKING

This amazing new fitness activity using Exerstrider Poles turbo charges your normal walking regimen by burning 40% more calories than regular walking. It automatically improves walking posture and helps to reduce stress to shins, knees, hips and back while radically improving balance and stability. Enjoy this even if you are a non-athlete as a health promoting physical activity. If you joined us last fall, you know what we are taking about! There will be a small one-time charge to participate in the 2016 May - October outdoor program. Walking poles and training will be provided. If you are interested, please call the Senior Community Center at (248) 625-8231 to place your name on the list so that we can inform you of the spring start date.

TAI CHI-INTRODUCTION

Wednesdays, 11:00 a.m. – 12 Noon
Carriage House
January 6 – March 23
(No Class January 20 and February 17)
\$50.00 per person (\$55.00 for Non-Members)
Drop-in Fee \$7.00 per person. Save money by signing up for the entire session.

Are you new to Tai Chi? This class is designed to start you from the very beginning. John Marchewitz studied in China and has been teaching the Wu Style T'ai Chi Ch'aun form for over 15 years. Improve movement and balance after the first few classes!

Next Session: April 6 – June 15 (No Class June 1)

TAI CHI-INTERMEDIATE

Mondays, 11:00 a.m. – Noon
January 4 – March 21
(No Class January 18 and February 15)
St. Dan's Catholic Church, 7010 Valley Park Drive
\$50.00 per person (\$55.00 for Non-Members)
Drop-in Fee \$7.00 per person. Save money by signing up for the entire session.

John Marchewitz will be teaching this class that includes easy chair exercises that will make a big difference in your mobility and health. For more information, go to www.wustyle.com.

Next Session: April 4 – June 13 (No Class May 30)

CANCELLATION OF GREAT PROGRAMS AN BE AVOIDED

Deadlines are very important for planning purposes, for the Senior Community Center staff and instructors. Please avoid disappointment by registering early. Thank You!

ADAPTIVE YOGA

Tuesdays, 9:00 – 10:00 a.m.
February 23 – April 5 (No Class March 8)
Carriage House
\$40.00 per person (\$45.00 for Non-Members)
Drop-in fee \$7.00 per person. Save money by signing up for the entire session.

This class adapts Yoga to all types of bodies and abilities. Optional use of light hand weights, stability balls, and strap or tie. Bring weights, strap and yoga mat to class.

NEXT SESSION: April 12 – May 17

LOCAL FITNESS PARTNERSHIPS

McLAREN FITNESS CENTER

CLARKSTON

Monday-Friday 7:00 a.m. – 6:30 p.m.

McLaren Fitness Center is now offering monthly gym memberships to Independence Township Senior Community Center members for only \$20.00 per month and \$30.00 per month for couples. No registration fees! Join month to month. Call (248) 922-6820 to sign up!

FITNESS QUEST AT HEALTH QUEST

DOWNTOWN CLARKSTON

Monday – Friday 6:00 a.m. – 9:00 p.m.
Saturday – Sunday 8:00 a.m. – 1:00 p.m.

Fitness Quest located at 32 S. Main Street is offering monthly gym memberships to Independence Senior Community Center members for only \$40.00 per month and \$70.00 per month for couples. No registration fees (save \$59.00!) Join month to month. Call (248) 625-6022 to sign up!

GREAT LAKES ATHLETIC CLUB

3800 S. Baldwin Road, Lake Orion

Great Lakes Athletic Club is offering Aquatic Classes and Active Life Exercise Classes to our Senior Community Center members age 55 and over on Tuesdays and Thursdays from 11:00 a.m. to 1:00 p.m. Cost is \$20.00 per person for three months (*these fees are collected each quarter and are prorated if you join after the beginning of each quarter.*) You have the flexibility of paying a \$5.00 drop-in fee when you wish to attend. We are very excited to offer aquatics classes through this new partnership!

SPORTS

BOWLING

Mondays, 1:00 p.m., Ongoing
Ongoing, through Mid-May
Cherry Hill Lanes, 6697 Dixie Highway

Informal league includes 3 relaxing games for just \$6.50 per week. No experience necessary. Bowlers are not obligated to bowl each week or pay for weeks missed. Pre-registration not needed. Weekly fee includes end of the season bowling banquet.

OUTDOOR 50+ GOLF LESSONS

Thursdays, 11:00a.m.–Noon
April 21 – May 11
Heather Highlands Driving Range
11450 Holly Road
\$55.00 per person (\$60.00 for Non-Members)
4 week session

This four week course is for anyone 50+ who wants to learn how to play golf or to improve their skills. You will learn the fundamentals of the golf swing, proper grip, posture and alignment. You will also learn the long game, driver, fairway woods, hybrids, iron play, chipping, putting along with golf etiquette and course management. This fun, educational, low pressure class will give you the confidence and knowledge to go out and play the great game of golf. You will need to purchase a bucket of balls from the pro shop prior to each lesson. The instructor, Brent Davies is a USGTF Golf Teaching Professional, Michigan/ Ontario Golf Teachers Tour Player and Boys Varsity Golf Team Head Coach at Holly High School. during the summer! **New this year** – weekly coupon giveaway and lunch specials for our golfers!



50+ GOLF SENIOR PUTTERS

Tuesdays, beginning Mid-May
7:30 – 8:45 a.m.
Heather Highlands Executive Course
11450 Holly Road
\$12.00 per person (\$17.00 for Non-Members)
one time registration fee payable at the Senior Community Center

Enjoy the flexibility of non-league play at a new reduced price. You are not required to attend every week. Upon arrival, pay \$8.00 green fee at the Pro-Shop for the executive course. Carts are additional. Golf on the regulation course for a nominal extra charge. Join anytime during the summer.

MEN'S 50+ SOFTBALL

Mondays and Wednesdays, 10:00 a.m.
Clintonwood Park, 6000 Clarkston Road

Leagues and times vary. If you are interested, please call Lisa McCoy at (248) 625-8223.

WOMEN'S 50+ SOFTBALL

Tuesdays, 6:45 p.m.

County-wide league. Games are played on Tuesday evenings beginning in Mid-May. If interested, please call Mary Melega at (248) 625-8231.

PICKLEBALL



The hottest game around. A combination of tennis, ping pong, badminton and racquetball. All equipment provided. All levels welcome.

Wear comfortable clothing and tennis shoes. New to Pickleball? Don't let that stop you, we will teach you how to play and you will be hooked in no time!



INDOOR MORNING (Ongoing)
Monday, Wednesday, Friday and Saturday
9:00 – 11:30 a.m., \$3.00 per person.
First Congregational Church of Clarkston
5449 Clarkston Road

INDOOR EVENING (Ongoing)
Tuesday Evenings, 6:00 p.m. – 9:00 p.m.
\$4.00 per person
First Congregational Church of Clarkston
5449 Clarkston Road

EXERCISE FUN FACTS

Just one hour of exercise a week can reduce the chance of Demrntia by one-half. One in three cases would be prevented by increased activity levels.

A study found that following a structured exercise program and losing a modest amount of weight can lower the chance of getting Type II Diabetes by over 50%.

Those who stepped up the pace of exercise after age 50 were found to be far more likely to live longer and live better.

Don't let the number of candles on your birthday cake stand in your way!

What's good for your heart is good for your head!

ENRICHMENT

ANYONE CAN PAINT!

Mondays, March 21 and April 18
9:00 – 11:00 a.m.
Carriage House
\$23.00 per person (\$25.00 for Non-Members)



Have you ever asked yourself “I would love to learn how to paint, but how do I get started?” Join award winning television artist Steve Wood and learn his step-by-step methods and techniques for achieving successful paintings. His class is designed for beginning and intermediate levels of painting experience. All materials are included.

WOODCARVING

Fridays, 9:00 a.m. to 12 Noon
February 19 – March 11
Senior Community Center
\$40.00 per person (\$45.00 for Non-Members)

Instructor Dave Shaw has been carving for over 40 years. He is a member of Michigan Carvers Association and the Oakland-Livingston Wood Carvers. A new project each session. A \$10.00 material fee is due to the instructor on the first day of class.

Next Session: April 1 – April 22



NEW!

GREAT CLASSICAL COMPOSERS

Wednesdays, 1:30 – 2:30 p.m.
April 6 – May 11
Senior Community Center, Bartsch Hall
\$70.00 per person (\$75.00 for Non-Members)



Are you interested in classical music and its history? This six week course will cover six composers and classic compositions ranging from American to European. A one-time \$10.00 material fee will be collected by the instructor on the first day of class.

MAHJONG LESSONS

Mondays, May 2, 9, 16 and 23
9:00 – 12:30 p.m., Carriage House
\$1.00 per person drop-in fee

Learn the basics of Mahjong taught by experienced players. Open to all genders. Please call the Senior Community Center office at (248) 625-8231 to place your name on the list if you are planning to attend. These lessons are taught on a progressive basis, **it is very important that you attend the first class.** Even if you are looking for a refresher course, this is it!

SPANISH LESSONS – BEGINNING

Fridays, 6:00 – 7:00 p.m.
Senior Community Center
March 18 – May 13 (No Class March 25)
\$40.00 per person (\$45.00 for Non-Members)

Great way to learn a new language and keep your brain sharp! Learn the fundamentals of the Spanish language including the alphabet, numbers, pronouns and conversational terms. Includes some Spanish history. Taught by Jose Aliaga. All materials included.

SPANISH LESSONS – INTERMEDIATE

Fridays, 7:15 – 8:15 p.m.
Senior Community Center
March 18 – May 13 (No Class March 25)
\$40.00 per person (\$45.00 for Non-Members)

This class is for you if you have previously taken a Spanish Class.

♠ ♦ Cards and Games ♦ ♠

BUNCO

Wednesdays, 1:00 – 4:00 p.m.
January 13 and February 10
Carriage House, 1:00 – 4:00 p.m.
Cost is \$4.00 per person and includes admission, prizes and light snacks.

Join us for an upbeat afternoon with friends playing this easy dice game. All are welcome! Prizes are awarded after each session. New to playing Bunco? No worries, you will catch on fast.

BINGO

Thursdays, Ongoing
Carriage House, 1:00 p.m.

Traditional Bingo and Nickel Bingo are switched out every other week. Bring nickels for Nickel Bingo Week. \$1.00 per week drop-in fee.

BRIDGE – Drop In

Mondays, Ongoing
Senior Community Center, 12:00 Noon

Attention Bridge Players! You can come for Drop In Duplicate Bridge or Drop In Party Bridge every Monday. Costs are \$1.00 per person for Party Bridge and \$3.00 per person for Duplicate Bridge (additional fee includes materials.) For more information, please contact Marlene Green at (248) 572-7116.

BRIDGE – Marathon

Second and Fourth Fridays
Carriage House, 12:30 – 3:30 p.m.

If you are interested, please call Linda Sheill at (248) 674-3987 or Linda Coppola at (248) 634-2029 to register. Cost is \$1.00 per person.



EUCHRE – Tournament Style

Mondays
Carriage House, 1:00 – 4:00 p.m.

If you are looking for a good time with a dash of competition, join our friendly card group! Cost is \$1.00 per person drop-in fee plus \$1.00 per person to be eligible for a 1st and 2nd place prize. If you are new or even a little bit rusty, please call the front office at (248) 625-8231 to leave your name so that lessons can be arranged.

MAHJONG

Wednesdays
Senior Community Center, 1:00 – 4:00 p.m.

Join a new Mahjong group! This challenging game which originated in China is similar to the Western card game rummy. It is a game of skill, strategy and calculation and also involves a certain degree of chance. If you own a game, please bring it with you. Players should have some previous Mahjong experience. Cost is \$1.00 per person drop-in.

PINOCHLE – Double Deck

Tuesday and Fridays
Senior Community Center, 1:00 p.m.

Beginners are welcome to join this group for one or two afternoons a week. Cost is \$1.00 per person drop-in.

DINNER AND EUCHRE EVENINGS

Wednesdays, March 16 and April 20
6:00 p.m., Senior Community Center

Cost is \$12.00 per person at the door and includes everything for this fun evening. Looking for a fun evening out? Enjoy dinner with friends followed by Euchre. Come with a partner, by yourself or with a group of friends. Prizes will be awarded to first, second and third place winners. Tournament style play. Previous Euchre experience is preferred. Sign up is first come first serve.



Fabric and Yarn

KNITTING GROUP

**Wednesdays at 10:00 a.m.
and Fridays at 11:30 a.m.**
Senior Community Center



Attention Knitters:
We make newborn and chemo caps. The hospitals we donate to are so grateful for our donations but we need your help to keep up with the demand.

Meet for coffee, conversation and needlework or stop by and pick up some patterns for our community projects. Novices and experienced knitters welcome. The knitters are also making items for the senior center to sell; all proceeds from the sales will go into the "Friends of the Independence Township Senior Adult Activity Center" account. Contact-Sue Shubert.

QUILTING CLUB

Fridays at 9:00 a.m.
Carriage House

The quilters make beautiful quilts to donate to non-profit groups. For more information about the club contact-Pat Reeves at 248-618-7871.

NEW!

SEW WHATS?

1st and 3rd Thursdays
11:30 – 2:30 p.m.
Senior Community Center

Join us! Bring your own sewing machine and sewing items. You may choose to either work on a specific project of your own or a group project which will be donated to the Senior Community Center or a community resource in need. If you have any questions, please feel free to contact the Center at (248) 625-8231



CREATE

NEW!

CALLING ALL VOICES!

If you would like to be part of the "future" Senior Community Center Choir, call the office and leave your name and telephone number. Once we have enough interest, we will make arrangements to get it started.

RECYCLED GREETING CARDS

Fridays at 9:00 a.m.
Senior Community Center



Stop in and see our beautiful recycled cards – often prettier than the originals. The bargain cost is \$.50 per card. To donate old cards including Christmas cards, bring the entire card to the center. All proceeds will go into the "Friends of the Independence Township Senior Adult Activity Center" account. Contact-Jan Nadison.

COUNTRY MUSIC

Last Wednesday of the Month
2:00 p.m.
Carriage House

Stop by the Carriage House and enjoy country music by Ken Combs and friends. For more information call Ken at 248-660-3555.



SENIOR SERVICES

AARP INCOME TAX PREPARATION ASSISTANCE PROGRAM

Tuesdays, Now through April 12, 2016

AARP trained volunteers will prepare your federal and state returns. Call to arrange an appointment at 9:00, 10:00, 11:00 a.m. or 12:00 p.m. on Tuesdays in the Senior Center Bartsch Hall. **Please be aware that if you do not show up or cancel your appointment for a non-emergency you may not be able to schedule another one.** There is no charge for this service; however, a donation to the Senior Center is appreciated.

Please be 15 to 20 minutes early for your appointment for the paperwork that needs to be filled out!

Please bring the following information to your tax appointment:

- A copy of last year's (2014) completed tax return.
- **Social Security cards for you, your spouse and dependents. Social Security cards or Social Security statements MUST be shown to complete tax returns. Picture identification must also be shown!!**
- A record of the amount of Social Security monies received in 2015 (form SSA-1099).
- A statement of wages/income from employment or other income received in 2015 (from pensions, annuities or IRAs).
- A record of any "General Assistance" received.
- All 1099 forms listing interest and/or dividends earned.
- A record of the amount paid for health insurance other than Medicare, including Form 1095-A (Affordable Healthcare Act Form)
- Your 2015 Property Tax Statements.
- A record of the amount of rent or mortgage payments paid in 2015.
- A record of the total heating bill for 2015 (Your December or January bill should show your total cost for the year).
- Year-end statement from your employer received in December, which shows the amount of total Medical paid for the year.

ASK THE ATTORNEY

Mondays, March 28th and April 25th

Attorney Dana Wilson provides private consultations at the center once a month. If you need assistance with legal problems or if you have legal questions, call the center for a 15-20 minute appointment. Donations to the Senior Community Center are appreciated.

BEREAVEMENT GROUP

Carriage House

Healing Hearts Grief Support Group is for adults who have lost a loved one. A bereavement counselor from Lewis E. Wint & Son Funeral Home will facilitate the group. For additional information contact Lewis E. Wint Funeral Home (248) 625-5231 or email www.wintfuneralhome.com

March

No group meeting

April 12

"The Seasons are Changing, But Am I?"

BLUE CROSS LEGACY MEDIGAP UPDATE

Blue Cross will keep the current Legacy price through the 2016 calendar year. It is expected that we will know the 2017 cost in the fall prior to the Open Enrollment period. Appointments with Patty, a Certified Medicare/Medicaid Counselor, are available to provide information and to answer questions. Call 248/625-8231 ext. 17 to set up an appointment.

EMERGENCY FOOD ASSISTANCE PROGRAM

(TEFAP) is designed to assist qualified persons, including seniors with emergency food items. Call Patty Collins at the Senior Center 248/625-8231 for eligibility requirements. **The next distribution date will be March 3, 2016.** USDA is an equal opportunity provider and employer.

HOMEBOUND MEALS OR MEALS ON WHEELS

Hot meals are available seven days a week to older adults 60+ and to people with short or long term disabilities living in Independence Township and Clarkston. Call Older Persons Commission (OPC) at 248-608-0264 to sign up or call Center at 248-625-8231 Ext 11 for more information. The OPC Senior Center in Rochester provides this service to Independence Township and Clarkston through a grant with the Area Agency on Aging 1B, general fund support from Independence Township and donations.

LOW VISION SUPPORT GROUP



If you or someone you know has low vision, contact Patty Collins at the Senior Community Center to learn more about this program. The group meets monthly

for either socialization or educational presentations. Transportation is provided for residents of the City of the Village of Clarkston, Independence and Springfield Township.

March 17

St. Patrick's Day Luncheon at Senior Center

April

TBD

SENIOR SERVICES

Offered Through The Center

MEDICAL EQUIPMENT LOAN

The Senior Community Center has a few medical equipment items to loan out: walkers, canes, shower seats and wheelchairs. FREE! A \$25.00 deposit is required to borrow wheel chairs and seated walkers. Please consider donating medical equipment that you no longer need to keep the loan closet stocked. We also have some Adult Depends available. Call Patty Collins at 248-625-8231 for availability of items.

MINOR HOME REPAIR PROGRAM

This program is designed to help low income households to complete repairs of no more than \$5,000 to a single unit residence. There is no cost to you! The repairs can include replacing furnaces, water heaters, roofs and other minor repairs. To qualify, you must be a resident of Independence Township or the City of the Village of Clarkston plus: 62 years of age or older, Disabled Adult 18 or older (disability documents required) and or low income and the owner of the home in need of repair. Call Theresa at 248-625-8231 for additional information. Assistance for other home repairs that do not qualify under these programs may be obtained by calling Oakland County's program at 248-858-5401.

SPRING YARD WORK

April 23 and April 24, 2016

Volunteers will provide assistance with yard work as a part of the Community Impact Weekend coordinated by My Habitat Clarkston. To volunteer to help or to receive assistance, call Patty at the senior center. Preference will be given to low income seniors for yard work assistance.

VISITING PODIATRIST

Dr. Bruce Tabak, D.P.M.
Wednesdays, March 2nd and March 30th
9:00-11:30 a.m. in the Activity Center

Basic nail care, trimming, treatment of ingrown nails, calluses, corns and pressure sores plus more complicated foot problems. Treatments are covered by Medicare and other insurance. HMOs are not accepted. If you are unsure of your insurance coverage, please call Dr. Tabak's office at 248-628-1880. Call the Center to schedule an appointment time.

INFORMATION AND ASSISTANCE

If you need help locating area services and resources such as in-home personal care, housing choices, legal referrals, transportation options, etc. contact Patty Collins at the Senior Center at 248/625-8231.

TRANSPORTATION PROGRAM



- Wheelchair transportation available
- Van Service Available Monday through Friday from 8:30 a.m. to 4:00 p.m.
- All appointments need to be scheduled no later than 12:00 p.m., day before ride and are subject to availability.
- Curb to curb service anywhere within Independence Twp., Springfield Twp. & Village of Clarkston.
- A cost share of \$3.00 each way is suggested totaling \$6.00 round trip,
- Medical appointments for Doctor's Hospital, McLaren and St. Joe's in Pontiac are subject to availability and are \$5 one way/\$10 round trip suggested cost share.
- SHOPPING TRIP - Meijer/Great Lakes Crossing Mall every other Tuesday. Pick up between 9:30-10:30 a.m. Pick up from Meijer at 1:30 p.m. \$6 per person.
- All new riders must complete a medical form before their first ride and will receive a copy of the Transportation Policy.

Our transportation service is funded through the Independence Township General Fund, Community Development Block Grant funds, Municipal Credits and Specialized Services, riders' donations, fundraisers and other donations. Springfield Township and the City of Clarkston also contribute Municipal Credits to our program. Please call 248-625-8231 to schedule a ride or for more information.

COMMUNITY RESOURCES

EYEGLASSES

The Lion's Club coordinates the collection and distribution of used eyeglasses. These items are used for low-income individuals who cannot afford to purchase eyeglasses. Bring your donations to the senior center to help others. If you are in need of assistance to obtain glasses, call Patty at the senior center.

DENTAL PROGRAM

Oakland County Health Division

The Oakland County Health Division Dental Program serves the basic dental needs of low-income residents who lack dental insurance. It is not a dental insurance plan. Program recipients are provided an evaluation and a course of basic dental treatment. Registration fee (once qualified) is \$15 per family. Visit fee is \$15 per appointment. For more information or to receive an application, call 248-858-1306 or visit the website, www.oakgov.com/health.

DISCOUNT DENTAL PROGRAM

This program is designed to help uninsured/underinsured individuals save on dental care expenses. This program is not insurance. It is a discount program available to all Oakland County residents for an annual fee of \$69. Program members can receive a savings of 20 – 50% on dental care needs. Call 866-498-7914 for more information or to apply.

DISCOUNT PRESCRIPTION CARD

Looking to save money? Save on your family's dental, vision, veterinary, hearing, diabetic equipment/supplies, lab and imaging services. Save on brand name and generic drugs, including drugs not covered in health plans. No fee is charged for the card and may be used immediately. For more information on all benefits, call 1-800-931-8872 or go to www.coast2coastrx.com.

FOCUS HOPE FOOD PROGRAM

The program provides free monthly food to senior citizens in need who are 60+ years and reside in Oakland County. Contact Michelle Robinson at the Lighthouse Clarkston at 248/620-6116.

OLHSA

Weatherization Assistance Program

FREE energy conservation services for eligible low-income households are available to help reduce energy usage and lower utility bills. Energy efficiency measures may include wall or attic insulation and ventilation, air leakage reduction and floor/ foundation insulation. Contact the OLHSA Housing & Energy Department at 248-209-2760 to see if you qualify

REFRIGERATOR REPLACEMENT PROGRAM

DTE Energy is partnering with OLHSA to give qualifying customers new energy-efficient refrigerators to replace old, inefficient ones.

You may qualify if you:

1. Are a DTE Energy electric customer
2. Own a refrigerator that was manufactured before 2000
3. Meet income eligibility requirements

Contact OLHSA at 248-209-2616 for more information or to apply.



Senior Gold Card Program

The Senior Gold Card Program is available to any resident of the Clarkston Community School District who is 62 or older. Show your card and receive FREE or discounted activities in the Clarkston School District. Eligible citizens may register at the Administration Building located at 6389 Clarkston Road or by calling the Superintendent's Office at 248-623-5408. www.clarkston.k12.mi.us

RENTAL OPPORTUNITIES

The Carriage House in Clintonwood Park is available for rent on some evenings and on weekends. The building includes a 20 x 70 foot community room that can seat 70 people, a full-sized kitchen, and two handicap accessible bathrooms with baby changing stations. What a perfect place for that birthday party, anniversary, or baby or wedding shower!! The cost is \$45 per hour for township residents and \$65 per hour for non-residents.

Senior Community Center Bartsch Hall will be available for rentals and can seat up to 100 people, use of kitchen and handicap accessible bathrooms. The cost is \$55 an hour for residents and \$75 an hour for non-residents. Availability is on a first come first serve basis.

The returnable security deposit is \$100 payable by check or credit card. Call the center at 248-625-8231 to inquire on available dates. All reservations must be made in person and paid for in advance.

Wish List and Thank You's

DONATION WISH LIST

We can use the following items for our center:

- Cans of Coffee-regular & decaf (We can always use coffee)
- Cans of Creamer and Sugar, Candy for the front desk
- Disposable bowls, cups and plates, Large Buttons for kitchen towels, Plastic Cutlery and Yarn, 100% Cotton quilt batting for the quilting club.

DONATION THANK YOU'S:

Thanks to the individuals listed below for their donations of:

Candy, coffee, cookies, homemade desserts, knitted items, medical equipment, paper products, plastic ware, snacks, tea and yarn: Diane Brozovich, Gerry Burchard, Gladys Campbell, Doreen Doraw, Gail Ferguson, Sherry Hewbanks, Jessica Hirt, Bertha Kannianen, Takao Kojima, Jan Kolodge, Cheryl Kutschedoff, Sally Lamm, Cam Manilla, Kelley & Pat Martin, Mary Martin, George & Shirley Mattinson, Gene & Erika Rieck, Patsy Stitt, Barb Szematowicz, Lorraine Theuer, Gerry Townsend, Bruce Trollman, Gerry Townsend, Lorraine Theuer, Gertrud Veskovic, Elizabeth Wagner and Sharon Wiitala

SPONSORS

Veteran's Luncheon Friday, November 13, 2015

PLATINUM LEVEL

Clarkston Mason's
Cedar Lodge #60



GOLD LEVEL

American Legion
Auxiliary
Campbell-Richmond
Unit #63



SPONSORS

Bucks for Buses Wednesday, September 9, 2015

PLATINUM LEVEL



Family Owned and Operated Since 1979

Waterford
5649 Dixie Highway
248-623-9422

White Lake
340 Town Center Blvd
248-698-1200



McLaren Physical Therapy at Clarkston
Our Specialized Services Include:


- > Balance and Vestibular Treatments
- > Women's Health - treatment options for incontinence and other pelvic floor issues, lymphedema and more.

McLaren
CLARKSTON
Licensed Physical Therapists
248.922.6820 mclaren.org/clarkston

GOLD LEVEL

Coats FUNERAL HOME

Clarkston	Ortonville	Waterford
8909 Dixie Hwy Clarkston, MI 48348	135 South Street Ortonville, MI 48462	3141 Sashabaw Rd Waterford, MI 48329
248-620-4142	248-627-3412	248-674-0461



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Clarkston, MI 48346
www.ClarkstonNews.com

COMMUNITY IMPACT WEEKEND

APRIL 23-24, 2016

Community Impact Weekend is held in the Spring and Fall and encompasses Clarkston, Davisburg and surrounding communities. My Habitat Clarkston, churches, schools, businesses, community organizations, and caring individuals come together to serve those in need. Projects include yardwork for seniors, landscaping at schools, home repairs and more.

YOU CAN PARTICIPATE BY:

- Submitting a service project to be included in the Impact Weekend.
- Encouraging your group and friends to volunteer to participate.
- Joining the Impact Weekend planning team.

Contact Patty at the Senior Center for more information. Join in the efforts to serve our community.

FRIENDS FUNDRAISERS



Kroger Community Rewards Program "We Need Your Support"

YOU MUST RE-ENROLL ONLINE ON KROGER WEBSITE EVERY APRIL TO PARTICIPATE IN THIS PROGRAM!

If you do not have a computer or need help enrolling, call Carolyn at 248-625-2924. You will need to have the following information available.

- Location of Kroger store you want to register at
- Kroger Plus Card Number
- Name, address and phone number
- Email and password (if you have one)
- Organization's NPO number-#90674

Check on your receipt to make sure the Friends of the Independence Township Senior Adult Activity Center is listed.

SENIOR CENTER BUILDING EXPANSION

We are still accepting donations for the Building Expansion Fund for furnishing and items that were not budgeted for including blinds for the windows. Checks can be made out to FITSAAC or to the Independence Township Senior Center. Please contact Barbara Rollin at 248-625-8231 or Carolyn Morrison if you have any questions. Listed below are the most recent donations we have received from individuals for our expansion project. Thanks to everyone for your donations.

Donations to Building Project:

- Donald and Nancy Nisbett



INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER

BIRTHDAYS & WINNERS

March 2016

Auchter, Winfred	3/1	Green, JoAnne	3/17
Drudge, Shirley	3/1	Cooper, Raymond	3/18
Prock, Denise	3/2	Lyons, James	3/18
Arcello, John	3/3	Bellant, Charles	3/19
Glenn, Jodi	3/3	Belevender, Jean	3/19
Rieck, Eugene	3/3	Diederich, Sandra	3/19
White, William	3/3	Fryer, Sue	3/19
Rana, Rose	3/4	Daly, Michael	3/20
Auchter, Richard	3/5	Kaczorowski, Edward	3/20
Creech, Ruth	3/5	Lyons, Michael	3/20
Murphy, Celia	3/5	Ronk, Mary	3/20
Robiadek, Dawn	3/5	Stafford, Judy	3/20
Carlsen, Marjorie	3/6	Beck, Debbie	3/21
Smith, Chris	3/6	Drayton, Nancy	3/21
Stelmach, Barbara	3/7	Hund, Richard	3/21
Giannotta, Sharon	3/9	Lambertz, Mary Jane	3/22
Kell, Shirley	3/9	Peterson, Mickey	3/22
Phillips, Christie Ann	3/9	Wiitala, Sharon	3/22
Sweet, David	3/9	Wood, Judy	3/22
Shelton, Kellie	3/9	Folcik, Louis	3/23
Zamora, Elva	3/9	Haines, Mitt	3/23
Allen-Steele, Roberta	3/10	Mutter, Gay	3/23
Larkin, Jacqueline	3/10	Reid, MaryJo	3/23
Cottrell, Maria	3/11	Decker, Eileen	3/24
Fryer, Paul	3/11	Bennett, Judy	3/25
Fyda, Anthony	3/11	Hendrix, Juanita	3/25
Ripley, Patricia	3/11	Patrus, Reg	3/25
Davis, Joan	3/12	Zink, James	3/25
Guzek, Michael	3/12	Klimek, Cynthia	3/27
Wickstrom, John	3/12	Zawacki, Claudia	3/27
Dellowe, Betty	3/13	Chambers, Sherwood	3/28
Gilman, Marion	3/13	Pachuta, Jean	3/28
Kunse, Joette	3/13	Baker, Mary Ann	3/28
Vasquez, Patti	3/13	Peterman, Sandra	3/28
Baer, Julie	3/14	Anderson, Betty	3/29
Fitzpatrick, Gail	3/14	Meyland, John	3/30
Larson, Lawrence	3/16	Shubert, Sue	3/30
Allen, Patrick	3/17	Pace, Anetia	3/31
Garrett, Linda	3/17		

April 2016

Grzesiak, Anthony	4/1	Canty, Lorita	4/12
Hynes, Joan	4/1	Conway, James	4/12
Kayga, Jerry	4/1	Heitkamp, John	4/12
Proctor, Duane	4/1	Styma, Colleen	4/12
Smolen, Patricia	4/1	Tauer, Jerry	4/13
Morrow, Maureen	4/2	Robertson, Chuck	4/14
Valentine, Robert	4/2	Corr, Karen	4/16
Lymperis, Bill	4/3	Seddon, Lois	4/16
Morrow, Lois	4/3	Borowski, Claudia	4/17
Kolody, Gary	4/4	Hicks, Carole	4/17
Krautner, Anna	4/4	Geran, Patricia	4/20
McNally, Carol	4/4	Schwenk, Barbara	4/20
Baker, Beatriz	4/5	Stachecki, Gail	4/20
Hotchkiss, Lorraine	4/5	Lee, Jerry	4/22
Bradley, Lucille	4/6	Quisenberry, Mindy	4/22
Hardy, Linda	4/6	Cooper, April	4/23
Krupa, Pat	4/6	Larson, Janice	4/23
Traynor, Terry	4/6	Rosenberger, Richard	4/23
Zdeb, Sandra	4/6	Smith, Robert	4/23
Kotschedoff, Cheryl	4/7	Wall, Charlotte	4/23
Lee, Margaret	4/7	Wasilk, Len	4/24
McNeil, Marilyn	4/7	Gauthier, Juanita	4/25
Mitcham, Carla	4/7	Allen, Deborah	4/26
Nadison, Janet	4/7	Barley, David	4/26
Clark, Jay	4/8	Fitzthomas, Jean	4/26
Goldwater, Juliana	4/8	Mills, Judy	4/26
Grubba, Thomas	4/8	Schackelford, Romaine	4/26
Keller, Lucille "Lu"	4/8	Thom, Wayne	4/26
Lamm, Tom	4/8	Henderson, David	4/27
Rudaitis, Lynda	4/9	Lyons, Louise E	4/27
Skrentner, Denise	4/9	Spillum, Mike	4/27
Straith, Marie	4/9	Lamphere, Richard	4/28
Terbrueggen, Harry	4/9	Schatz, Camille	4/28
Allen, Dottie	4/11	Schell, MaryLou	4/28
Conner, Sylvia	4/11	Delph, Linda	4/29
Kannianen, Bertha	4/11	Scholz, Theresa	4/29
Miller, Charles	4/11	Mayo, Rose	4/30
O'Neil, Elsie	4/11		

WINNERS



MONDAY EUCHRE

12/7	Loretta Cannovo
12/14	George Oneil
12/21	Tom Mitcham
12/28	Tom Mitcham
1/4	Ken Cooper/Jim Kujawa (tie)
1/11	George O'Neil
1/25	Loretta Cannan

TUESDAY PINOCHLE

12/1	Donna Miller
12/8	Barb Dorn
12/15	Tina Lutz
12/22	Joe Pruchnicki
12/29	William Purves
1/5	Don Wesierski
1/12	Bill Miller
1/19	Caroline McGuire
1/26	Sharon Nihof

FRIDAY PINOCHLE

12/4	Jeanne Messing
12/11	Donna Miller
1/8	Bob Leggett
1/15	Bill Purvis
1/22	William Purves
1/29	Paul Mansfield

BUNCO

December 2

1 st	Linda Meschen
	Most Bunco's - Vada Hockey
	Last/not Least - Helen Janssens

January 13

1 st	Jim Kujawa
2 nd	Juanita Gauthier
	Most Bunco's - Eileen Erickson
	Last/not Least - Evelyn Kujawa

MARATHON BRIDGE

December 4

1 st	Robertson/Powers
2 nd	Sheill/Coppola
3 rd	McCurry/Johnson

December 11

1 st	Francisco/McGregor
2 nd	McCurry/Johnson
3 rd	Dorn/Valvet

January 8

1 st	Robertson/Powers
2 nd	Lewis/Goddard
3 rd	Sharland/Bradley

January 20

1 st	McCurry/Johnson
2 nd	Lewis/Goddard
3 rd	Sheill/Coppola

COMMUNITY EVENTS

CLARKSTON CULTURAL ARTS

Formerly Depot Street Arts, this new organization is in existence to promote artist, and to promote art enrichment in the community as a whole. Open to any artists or art supporters. Meetings are held 1st Tuesday of the month at 7:00 p.m. at Picasso's Grapevine in downtown Clarkston. Check Facebook for last minute changes.
Email: clarkstonculturalarts@gmail.com and
Facebook: <https://www.facebook.com/clarkstonculturalarts>

SPRING BREAK CLARKSTON STYLE

Friday, April 1 through Sunday, April 10, 2016

The Clarkston Coalition for Youth spearheaded this initiative in 2012 to help our youth make better choices by encouraging businesses to offer healthy, supervised and affordable activities to our youth during the week of Spring Break. To find out what is available contact Tonya Cunningham, Clarkston Coalition for Youth Community Organizer at info@clarkstonyouth.org or on the website www.clarkstonspringbreak.com Independence Township Senior Community Center is sponsoring the activity listed below:

PICKLEBALL FUN DAY

Tuesday, April 5, 2016
First Congregational Church of Clarkston
5449 Clarkston Road, Clarkston, MI 48348
9:30-11:30 a.m. Cost is \$3.00 per person
(\$5.00 for Non-Residents)

Pickleball is the hottest game around. It is a combination of tennis, ping pong, badminton and racquetball. All equipment is provided. Wear comfortable clothing and tennis shoes. Players from our 50+ Pickleball Program will be on-site to interact and instruct. Pre-registration is encouraged. Please call the Independence Township Senior Community Center at 248-6256-8231 to place your child's name on the list. Registration and Waiver forms are available for download on this site or can be picked up at the Independence Township Senior Community Center.

DETROIT INSTITUTE OF ARTS OAKLAND COUNTY DAY

Saturday, April 9, 2016

Free bus transportation for Oakland County residents will be provided from the Clarkston Independence District Library to the Detroit Institute of Arts. Bus departs from the library at 9:30 a.m. and leaves the museum in Detroit at 2:00 p.m. for the return trip. General museum admission is free for residents of Oakland County. Special exhibits may have a ticket fee. RESERVATIONS REQUIRED-Please call the DIA box office to register at 313-833-4005. *This service is provided as a result of the DIA tri-county millage.

OAKLAND TOWN HALL SPEAKER Chuck Underwood Generational Pioneer

**April 13, 2016 at St. George Cultural Center
Bloomfield Hills.**

Chuck is considered by American audiences to be the nation's most captivating presenter of the life stories of America's 5 Generations. His talk spans those born from 1901 to 1926 he calls the "Greatest Generation" and include traits of those born from 1926 to 1945 the "Silents", "Boomers" from 1946 to 1964, "GenX" from 1965 to 1981 and "Millennials" from 1982 to 1995. For lecture tickets call Linda Kolody at 248-625-4137 and for luncheon call Peggy Combs at 248-673-6556 or for more information you can e-mail @ www.oaklandtownhall.org.

RELAY FOR LIFE OF CLARKSTON


**Saturday, May 14th in Clintonwood Park
12:00 Noon to Midnight**

Contact Amy Laboissonniere, Independence Township Parks, Recreation & Seniors Event Coordinator at amyl@indetwp.com for more info or to participate!

Save the Date

Relay For Life of Clarkston

Saturday, May 14, 2016
12pm-12am
Clintonwood Park



Contact AMY L for more information:
AMYL@indetwp.com
or **248-625-8223**

DAY TRIPS

ATOMIC MEADOWBROOK THEATRE

Wednesday, March 2, 2016

\$55.00 per person (\$60.00 for Non-Members)

Departs: 11:30 a.m. Returns: 4:30 p.m.

Atomic is the thrilling new Off Broadway musical that blasts open the doors of the Manhattan Project, a government-funded program of top scientists with the task of creating the world's first atomic bomb. Ethics, scientific progress, and true love are tested as Leo Szilard discovers exactly what he's capable of when someone believes in him. Includes lunch prior to the performance at Alfoccino Restaurant and mini-bus transportation.

ST. PATRICK'S DAY CELEBRATION-DSO

Friday, March 11, 2016

\$38.00 per person (\$43.00 for Non-Members)

Departs: 8:45 a.m. – Returns: 3:00 p.m.

Irish eyes will be smiling when Cathie Ryan sings Celtic classics. Celebrate the wearing of the green with favorites from the Emerald Isle, including "Danny Boy" and more! Includes coffee and donuts prior to the performance and mini-bus transportation. Lunch on your own.

MOTOR CITY CASINO

Tuesday, March 22, 2016

\$35.00 per person (\$40.00 for Non-Members)

Departs: 9:00 a.m. – Returns: 4:00 p.m.

Receive \$30.00 back in gaming. Motorcoach transportation

TASTE OF MICHIGAN'S SUNRISE SIDE

Thursday, March 31, 2016

\$89.00 per person (\$94.00 for Non-Members)

Departs: 7:45 a.m. – Returns – 8:30 p.m.

What a daytrip! Sample and shop at Williams Cheese Factory, wine tasting at Modern Craft Winery, tour, sample and shop at Britt's Maple Syrup Farm, sample and shop at Sherni's Homemade Candies and Chocolates and Dinner at Iva's Famous Chicken Dinners. Includes motorcoach transportation. Lunch on your own at H and H Bakery. Please bring boots and a warm coat for the Maple Syrup Farm tour.

CALENDAR GIRLS MEADOWBROOK THEATRE

Wednesday, April 6, 2016

\$55.00 per person (\$60.00 for Non-Members)

Departs: 11:30 a.m. Returns: 4:30 p.m.

Based on the true story of eleven Women's Institute members who posed nude for a calendar to raise money for the Leukemia Research Fund, Calendar Girls is a hilarious, yet beautifully touching play. Includes lunch prior to the performance at Castle Grill and mini-bus transportation.

MARY WILSON AND THE SUPREMES DSO

Friday, April 8, 2016

\$38.00 per person (\$43.00 for Non-Members)

Departs: 8:45 a.m. – Returns: 3:00 p.m.

In the 1960s the music of Motown became legendary. Mary Wilson of the Supremes reunites with the DSO, whose musicians are heard on all those Motown Classics, "Baby Love," "Love Child," "Stop in the Name of Love" and more! Includes coffee and donuts prior to the performance and mini-bus transportation. Lunch on your own.

LOVE LETTERS

Starring Ryan O'Neal & Ali MacGraw

Fisher Theatre – Detroit

Thursday, April 14, 2016

\$ 69.00 per person (\$74.00 for Non-Members)

Departs: 9:30 a.m. Returns: 4:00 p.m.

Andrew Makepeace Ladd III wrote his first letter to Melissa Gardner to tell her she looked like a lost princess. They were both seven years old. For the next fifty years, through personal triumphs and despair, through wars and marriages and children and careers, they poured out the secrets of their hearts to each other. They defied a fate that schemed to keep them apart, and lived for the one most meaningful thing, their undying love for each other. Brunch on your own prior to the performance. Motorcoach transportation.

FIREKEEPERS CASINO

and Winetasting at Sandhill Cranes Vineyards

Tuesday, April 19, 2016

\$60.00 per person (\$65.00 for Non-Members)

Departs: 9:00 a.m. – Returns: 7:30 p.m.

This spring trip begins with a visit to Sandhill Crane Vineyards for wine tasting and a wine making talk. In addition, spend four hours at Firekeepers Casino and receive \$20.00 in gaming and \$5.00 in food credit. Includes motorcoach transportation.



SISTAS, THE MUSICAL

MEADOWBROOK THEATRE

Wednesday, May 11, 2016

\$55.00 per person (\$60.00 for Non-Members)

Departs: 11:30 a.m. Returns: 4:30 p.m.

After a matriarch's death, the women in the family clean Grandma's attic and find love and old memories packed away, and in the process, hit tunes that trace their family history, from the trials of the 1930's through the Girl Groups of the 60's to the empowerment of the 90's. With songs such as "I Will Survive," "We Are Family," "Mama Said," and "Oh Happy Day!" Includes lunch prior to the performance at O'Malleys and min-bus transportation.

DETROIT PUBLIC LIBRARY AND THE EDSEL & ELEANOR FORD MANSION

Wednesday, May 18, 2016

\$81.00 per person (\$86.00 for Non-Members)

Departs: 8:15 a.m. Returns: 5:00 p.m.

Don't miss this Spring tour! Start out the morning with a guided tour of the historical Detroit Public Library. After a lunch stop at Maccabees in Midtown enjoy an afternoon guided tour of the Edsel and Eleanor Ford Mansion. Price includes tours, lunch, and motorcoach transportation.

THURSDAY FUN AT THE DIA

Detroit Institute of Arts

Thursday, May 19, 2016

\$5.00 per person (\$10.00 for Non-Members)

Departs: 12:00 Noon – Returns: 4:00 p.m.

Spend a Spring afternoon at the DIA taking part in an art making project and spending a little time touring the museum. Includes a departing reception with refreshments and motorcoach transportation.

GREEKTOWN CASINO

Tuesday, March 22, 2016

**\$35.00 per person
(\$40.00 for Non-Members)**

Departs: 9:00 a.m. –

Returns: 4:00 p.m.

Receive \$20.00 back in gaming.
Motorcoach transportation



JOHN WILLIAMS FAVORITES - DSO

Friday, June 10, 2016

\$38.00 per person (\$43.00 for Non-Members)

Departs: 8:45 a.m. – Returns: 3:00 p.m.

The music of John Williams has transported audiences beyond their imagination, to new worlds and through heart-pounding adventures. All your John William's favorites; "Superman," "Harry Potter," "E.T." "Star Wars." And More! Includes coffee and donuts prior to the performance and mini bus transportation. Lunch on your own.

FOREVER PLAID

MEADOWBROOK THEATRE

Wednesday, June 15, 2016

\$55.00 per person (\$60.00 for Non-Members)

Departs: 11:30 a.m. Returns: 4:30 p.m.

This nostalgic and fun review is chock-full of classic barbershop quartet harmonies, pitch-perfect melodies and some of the best songs of the 1950s. Includes lunch prior to the performance at Kruse and Muer and mini-bus transportation.

DETROIT TIGER GAME

Thursday, September 15, 2016

\$69.00 per person (\$74.00 for Non-Members)

Departs: 11:30 a.m. Returns: 5:30 p.m.

Take me out to the ballgame! Join us for an afternoon of Tiger baseball in lower baseline box seats. Includes a voucher for a hotdog and beverage and motorcoach transportation.

NEED TO KNOW TRIP POLICY INFORMATION

- Once tickets are purchased for a day trip, the ticket amount cannot be refunded unless someone replaces you from the waiting list.
- Medical forms and waivers must be completed by all participants prior to the day trip departure.
- A waiting list is started whenever a day trip or a special event becomes full. If you are unable to attend a day trip after you sign up, contact the Center so that the next person on the waiting list can be contacted.
- Plan to be at the Center a minimum of 15 minutes prior to departure time for day trips.
- Parking for trips is available in the dirt parking lot on the East side of the Carriage House.
- For any trip that crosses the border to Canada, proper ID is required. You must have an enhanced driver's license or a passport and no prior arrests.
- Independence Township Parks Recreation & Seniors reserve the right to request that any person needing assistance when participating in our daytrips is accompanied by a personal escort. A paid reservation must be made for this personal escort.

EXTENDED TRIPS

The following contain brief descriptions of each trip.
Please stop by the Senior Community Center and pick up a detailed flyer.
PLEASE NOTE: ALL PRICES ARE PER PERSON.

SPAIN'S CLASSICS

April 16-26, 2016

Single: \$4,499.00
Double: \$3,949.00
Triple: \$3,919.00



11 Days, 14 Meals, Includes round trip airfare and many highlights including Madrid, Royal Palace, Toledo, Cordoba, Seville, Flamenco Show, Granada, The Alhambra, Valencia, City of Arts and Sciences, Lladro City of Porcelain, Paella Experience, Barcelona, La Sagrada Familia and Parc Guell.

Deposit: \$250.00 **Balance Due: February 16, 2016**
Optional Cancellation Insurance is available at \$260.00 per person and is payable with deposit.

HISTORIC CITIES OF THE EAST

May 15-20, 2016

Single: \$1,349.00
Double: \$1,049.00
Triple: \$ 979.00

(Non-Members – Additional \$26.00 per person)

Five Nights in Lancaster, PA, 5 Breakfasts, 3 Dinners, Samson at the Sight and Sound Theatre, Sightseeing Tour of Baltimore, Baltimore Harbor Cruise, Sight Seeing Tour of Philadelphia, Sightseeing Tour of Gettysburg, and many more tours and attractions. Includes modern motorcoach transportation, luggage handling and tax and tip on included meals.

Deposit: \$100.00 **Balance Due: April 1, 2016**
Optional Cancellation Insurance is available at \$75.00 per person and is payable with deposit.

COLORADO

Rocky Mountain Spectacular

July 24 – August 2, 2016

Single: \$2,899.00
Double: \$1,999.00
Triple: \$1,799.00

(Non-Members – Additional \$60.00 per person)

From emerald green national forests, fields of vibrant wildflowers, shores of crystalline lakes to 54 Rocky Mountain peaks that rise 14,000 feet to red-rock formations that seem to rip from the earth. Colorado has one of the most dramatic and bold natural landscapes of the world. 3 Nights in Westminster, CO and two nights, in Colorado Springs. Modern motorcoach transportation with two night's en-route to Colorado and home. 9 Breakfasts, 1 Lunch & 4 Dinners. Sightseeing tour of Denver, Coors Brewery, Rocky Mountain National Park, Sightseeing tour of St. Louis, The Gateway Arch and many more tours throughout the trip!

Deposit: \$100.00 **Balance Due: May 30, 2016**
Optional Cancellation Insurance is available at \$125.00 per person and is payable with deposit.

GREAT CANADIAN WEST

Vancouver, Victoria & Whistler

August 14-20, 2016

Single: \$3,851.00
Double: \$3,118.00
Triple: \$2,918.00

(Non-Members – Additional \$81.00 per person)

Seven Days and Six Nights including round trip airfare, 3 Nights in Vancouver, 2 Nights in Victoria and 1 Night in Whistler, Six Breakfasts, 3 Dinners, Train, Sightseeing Tour of Vancouver, Rocky Mountain Rail Journey, Sea to Sky Gondola, Vancouver Harbor Dinner Cruise and much more! Also includes First Class Touring Motorcoach, Luggage Handling, Airline Baggage Fees and Tax and Tip on included meals!

Deposit: \$250.00 **Balance Due: June 14, 2016.**
Optional Cancellation Insurance is available at \$150.00 per person and payable with deposit.

MACKINAC BRIDGE WALK

September 4-5, 2016

Single: \$ 186.00
Double: \$ 151.00
Triple: \$ 146.00

(Non-Members – Additional \$10.00 per person)

Here is your opportunity to walk the Mackinac bridge! Our tour includes motorcoach transportation, 1 nights lodging at the Kewadin Casino in Sault Ste. Marie, visit to Kewadin Shores Casino in St. Ignace, gaming and casino packages at both casinos, 1 Breakfast, shopping time in Mackinac City and taxes on included lodging.

Deposit: \$50.00 **Balance Due:** August 1, 2016.

COAST OF MAINE

September 17-23, 2016

Single: \$1,985.00
Double: \$1,485.00
Triple: \$1,385.00

(Non-Members – Additional \$64.00 per person)

A land of scenic byways, historic lighthouses, covered bridges, stunning sunsets, water adventure, dramatic coastlines, historic sites and interesting attractions. Includes 6 Nights lodging, 6 Breakfasts, 3 Dinners, Museum of Old York, Kennebunkport Trolley Tour, Sightseeing Tour of Portland, Maine and many, many more tours.

Deposit: \$100.00 **Balance Due:** August 1, 2016
Optional Cancellation Insurance is available at \$95.00 per person and payable with deposit.

SOUTH DAKOTA

The Black Hills and the Badlands

September 13-19, 2016

Single: \$ 2,599.00 (If booked before March 14, 2016)
Double: \$ 2,149.00 (If booked before March 14, 2016)
Triple: \$ 2,119.00 (If booked before March 14, 2016)

(If booked after March 14, 2016, add \$50.00)

(Non-Members – Additional \$10.00 per person)

Includes Round Trip Air, 7 days, 9 Meals. Highlights include Mt. Rushmore, Crazy Horse Memorial, Black Hills Gold, Needle Highway, Custer State Park, Deadwood, Lead, Badlands National Park, Wall Drug Store, Hot Springs, and much more!

Deposit: \$250.00 **Balance Due:** July 15, 2016
Optional Cancellation Insurance is available at \$205.00 per person and is payable with deposit.

NEW YORK CITY

October 8-13, 2016

Single: \$2,559.00
Double: \$1,659.00
Triple: \$1,459.00

(Non-Members – Additional \$50.00 per person)

A Deluxe New York Experience! 5 Night's Lodging including 3 Nights' Accommodations at the Novotel in Times Square. 5 Breakfasts, 1 Dinner, 9/11 Museum and Memorial, All Day Sightseeing Tour, Tour Famous Apollo Theatre, Statue of Liberty with Pedestal Pass, Ellis Island, and many more tours.

Deposit: \$200.00 **Balance Due:** August 9, 2016
Optional Cancellation Insurance is available at \$95.00 per person and is payable with deposit.

NIAGARA FALLS

December 5-6, 2016

Single: \$339.00
Double: \$269.00
Triple: \$239.00

Non-Members – Additional \$10.00 per person

Canada's foremost illumination festival in spectacular Niagara Falls captures the magic of the holiday season. The Falls turn into a winter wonderland, with over 3 million sparkling lights along a 3 mile route. Trip includes overnight accommodations at the Fallsview Hilton, 1 Breakfast, 1 Dinner in the Skylon Tower's Revolving Dining room offering magnificent views, tour of Niagara Falls Festival of Lights, modern motorcoach transportation.

Deposit: \$50.00 **Balance Due:** October 15, 2016
Optional Cancellation Insurance is available at \$20.00 per person and is payable with deposit.

ON THE HORIZON

Nashville

October 30 – November 2, 2016

The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.



**Independence Township
Senior Community Center**
6000 Clarkston Road
Clarkston, MI 48348

ON THE HORIZON

"CHEW ON IT"

Contemplating and Exploring Health Enhancement

FAMILY PICKLEBALL CLINICS

FATHER'S DAY LUNCH

GREETING CARD MAKING CLASSES

MOTHER'S DAY LUNCH

POLKA LUNCH

SPAGHETTI DINNER

Friends of the Independence Township Senior Community Center

VETERAN'S CELEBRATION

Independence Fest, July 4, 2016



Independence Township actively seeks and supports participation by persons with disabilities in programs and services. Please call us with your concerns so we will know how to serve you better.

Independence Township Senior Community Center is funded through the federal Older Americans Act, Community Development Block Grant Funds and Independence Township. The Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973. Independence Township Senior Community Center is a equal opportunity program and reasonable accommodations will be provided upon request.