

REGISTER ONLINE



FREE

Independence Township Parks, Recreation & Seniors

# RECREATION GUIDE

## WINTER/SPRING 2016

### Ice Skating at Bay Court Park

Hours & Information Page 4

### Plan Now for Summer!

- Sneak peek at our popular (and sell out) Summer Day Camp & CIT programs!
- Planning a graduation or party in 2016? Book one year in advance!

**SIMPLIFY!**  
 WE'RE SIMPLIFYING YOUR REGISTRATION EXPERIENCE.  
 Youth Soccer (Spring and Fall) and Youth Baseball/Softball registration now available at the same time!  
 Starting January 7.  
 See page 15 for details.



248 625 8223 • ITPRS.ORG

Independence Township Parks, Recreation & Seniors  
6483 Waldon Center Drive  
Clarkston, MI 48346

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Indicates a new program.



Indicates online registration available.



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## HOW TO REACH US

### PARKS, RECREATION & SENIORS

Phone: (248) 625-8223  
 Fax: (248) 620-7454  
 6483 Waldon Center Dr., Clarkston, MI 48346  
[www.itprs.org](http://www.itprs.org)  
 Sign up for email reminders at  
[www.clarkstoncalendar.org](http://www.clarkstoncalendar.org)

### SENIOR CENTER

Phone: (248) 625-8231  
 Fax: (248) 922-3189  
 6000 Clarkston Road, Clarkston, MI 48348  
[www.indetwp.com](http://www.indetwp.com), Click on Visitors and Senior Center

### TOWNSHIP OFFICES

Phone: (248) 625-5111  
 6483 Waldon Center Dr., Clarkston, MI 48346  
[www.indetwp.com](http://www.indetwp.com)

**HOURS:** Township Offices including Parks, Recreation & Seniors, are open Monday-Friday, 8am-5pm.

The Senior Center is also open, Monday-Friday from 8am-5pm.

**PARK HOURS:** See pages 6.

**CLOSURES:** This winter & spring, the Township Offices will be closed on the following Holidays: January 1 & 18, February 15 and March 25.

**Find us on Facebook!**  
 Search Independence Township Parks, Recreation & Seniors

**ACCESSIBILITY:** Read about accessibility at our facilities on page 29.

## MEET THE STAFF



### Recreation Staff

**BACK ROW:** Kim Larson, Tim McNeil, Julie Romanski, Vicki O'Bezil. **FRONT ROW:** Lisa Christensen, Lisa McCoy, Amy Laboissonniere, Janice Hubl, Sean Morrison. Not pictured: Danielle Wescott



### Park Staff

**FROM LEFT:** George Thompson, Roger Belcher, Larry Hess, Ray Kwapich

## GENERAL REGISTRATION INFORMATION

*Winter/Spring registration begins Monday, December 28, 2015 for online registration. All other registration begins January 4 at 8am unless otherwise noted.*


■ **WALK IN** into our office and our friendly staff will be happy to assist you! We are located in the Township Offices at 6483 Waldon Center Drive, in the lower level. See our hours on page 2.

■ **DROP IN** our after hours drop box, located on the parking lot side of Town Hall. Be sure to include all required paperwork for the program/event you are registering for.

■ **MAIL IN** to 6483 Waldon Center Dr, Clarkston, MI 48346. Be sure to include all required paperwork for the program/event you are registering for.

■ **FAX IN** to (248) 620-7454. Be sure to include all required paperwork for the program/event you are registering for. To be used by customers paying by VISA or MC only. If you haven't received an emailed receipt within 24 hours, please call to verify we've received your fax.

■ **PHONE IN** to (248) 625-8223. To be used by customer paying by VISA or MC only for programs that do not require a specific registration paperwork.

■ **ONLINE.** Only available for some programs, indicated by the  symbol. MUST have an account set-up with us. If you would like to set-up an account, email [klarson@indetwp.com](mailto:klarson@indetwp.com).

#### **Help us be green and save on postage!**

By providing an email address, we are able to email your receipt.

VISA/MC accepted at the Main Office and Senior Center Offices only. VISA/MC accepted for all program and activities.

Main Office open M-F, 8am-5pm



## WINTER-SPRING 2016

January 1-April 30



### Looking to be a Part of a Future Program?

To sponsor Parks, Recreation & Senior programs, visit [www.itprs.org](http://www.itprs.org) and download a Sponsorship Opportunities Brochure. Call Amy at (248) 625-8223 or e-mail her at [amy@indetwp.com](mailto:amy@indetwp.com).

**Details on page 23.**

### Joint Registration

Clarkston Schools and Independence Township have entered into a partnership for the Township to provide customer registration services for Community Education to avoid duplication of administration costs and provide you with additional registration options.

*Flip this guide over and see page 12 for various ways you can register for all Clarkston Community Education programs.*



*Parks, Recreation & Seniors:  
Making our community a better place to live, work and play by building connections with neighbors and the outdoors.*

# YOUR PARKS

## Independence Township Parks and Facilities

Independence Township operates 227 acres of parkland between five locations which affords many recreation opportunities. All parks are free to enter, however user fees exist for some amenities (Spraypark, Deer Lake Beach and Disc Golf) during non-winter months.

**SEE PARK HOURS AND RENTAL RATES ON PAGE 6.**

### Clintonwood Park

6000 Clarkston Road, Clarkston, MI 48348

**FOR QUESTIONS ABOUT CLINTONWOOD PARK CALL (248) 625-8223  
SENIOR COMMUNITY CENTER & CARRIAGE HOUSE (248) 625-8231**

Clintonwood is an active park consisting of 120 acres. It backs up to Independence Oaks, an Oakland County Park. The park features a walking trail (9/10 of a mile), a multi sports pad, a children's size 4-square and mini basketball pad, 3 NEW full-sized tennis courts & 4 NEW youth tennis courts, 4 NEW pickleball courts, 4 sand volleyball courts, the Renee Przybylski Spraypark Memorial (open Memorial Day-Labor Day), 4 baseball fields, 3 softball fields (2 lighted), 4 soccer fields, 1 playground and 2 picnic pavilions. All baseball, softball and soccer fields are for reservation and league play only. There is also a large open space area with 3 grills. Handicap parking is available throughout the Park. All restrooms are handicap accessible and accessible picnic tables are also located throughout the park. The Spraypark is handicap accessible. All fields and courts are accessible; however Field #3 and some soccer fields do not have paved pathways.



#### CLINTONWOOD PARK RENTAL FACILITIES:

- **North Shelter:** Seating for approximately 50 people, limited summer availability.
- **South Pavilion (with grill):** Seating for approximately 125 people, limited summer availability.
- **The Senior Community Center and Carriage House** are located in Clintonwood Park. The Senior Center offers sports, trips, classes and activities to adults 50 & over. Services include: Thursday lunches, 'Meals On Wheels' deliveries for homebound seniors, transportation for residents of Clarkston, Independence and Springfield.

The Senior Community Center is open Monday-Friday, 8am-5pm, closed when Clarkston Community Schools are canceled due to weather and also closed on Holidays.

Both the Senior Community Center and Carriage House are accessible, have Handicap Parking and accessible Restroom facilities. The Carriage

House has a warming kitchen available during rentals. NEW this year, our Senior Center has expanded, offering the Bartsch Hall for community use. For Senior Center Membership, Senior Community Center rental or Carriage House rental information, contact the Senior Community Center at (248) 625-8231.

#### SENIOR COMMUNITY CENTER RENTAL FACILITIES:

- **Carriage House:** Capacity & seating for approximately 70 people. Rental Hours: Monday-Friday 9am-9pm, Weekends 9am-10pm
- **NEW this year-Bartsch Hall:** Capacity & seating for approximately 100 people. Rental Hours: Monday-Friday 9am-9pm, Weekends 9am-10pm. Includes access to full kitchen.

#### RENEE PRZYBYLSKI SPRAYPARK

Built in memory of Renee, one of the best Day Camp Counselors in the history of Independence Township Parks, Recreation & Seniors.

- Opens the Saturday of Memorial Day weekend and closes on Labor Day.

Children under 12 must be supervised by an adult. Please watch our Summer Recreation Guide for updated hours and fees.



# Bay Court Park

6970 Andersonville Road, Clarkston, MI 48346

FOR QUESTIONS ABOUT BAY COURT PARK (248) 625-8223

Bay Court Park is a wonderful historic landmark featuring a community built playground, a walking trail (1/4 mile), a 9 hole disc golf course, winter outdoor ice rink, 2 picnic shelters, 1 gazebo, an indoor room with warming kitchen and restroom facilities. Bay Court is also home to a small picturesque beach on Greens Lake, Swim at your own risk, open Memorial Day–Labor Day. The Beach closes one hour before the Park. There is no charge to use the Beach.



## ICE RINK

This lighted, 60ft x 85ft outdoor ice rink is open starting December 18th for family skate (no hockey). The rink is open regular park hours plus Fridays and Saturday nights until 9pm, appropriate winter weather permitting. Rink is adjacent to the heated Lakeview Building (including restrooms). Rink use is free.

## RYAN SCHMIDT MEMORIAL DISC GOLF COURSE

Admission for the Disc Golf course may be purchased on site seven days a week, starting May 1 (weather and facility permitting) through September 30th (closed during winter for grass restoration). The Course closes at 8:30pm. Drinks are available via vending machines outside the Lakeview building.

Admission is:

- \$2 per player
- \$25 per resident season pass/\$60 for non-resident season pass
- \$80 family season pass, available only to residents. All individuals listed on the pass must reside in the residence. Proof of residency required.

Admission paid onsite—cash or checks only. Season passes may be purchased using Visa or MC via the Main Office, located at 6483 Waldon Center Dr, Clarkston, MI 48346, M-F 8am–5pm or purchased over the phone at (248) 625-8223.



## HISTORIC BRADY LODGE

The Brady Lodge was built by George Nexsen Brady in 1921 and he founded Camp Brady. Once established, the camp was run by the Detroit Area Council of Boy Scouts of America thru the 1940s. For the next 30 years, the property accommodated a recreational camp for mothers and children run by the District Nursing Society. In 1972, it was leased to yet another group serving underprivileged youth and children with disabilities. The Lodge is currently under repair and renovations towards an eventual goal of use by the public as a historic community room within the next 5 years. In 2015 the Michigan Chapter of the Daughters of the American Revolution donated \$20,000 towards restoration of the windows in the Lodge.

ALL Bay Court amenities are handicap accessible, including the Beach Front; however the Disc Golf Course and Walking Trail are located on rough terrain. Handicap parking is available at the indoor room and playground.

## BAY COURT PARK RENTAL FACILITIES:

- **Lakeside Pavilion (with grill):** Seating for approximately 40 people NOTE: This pavilion has no direct lake access.
- **Cedar Grove Pavilion (with grill):** Seating for approximately 125 people
- **Gazebo:** Bench seating for 12, perfect for an outdoor wedding. No tables.
- **Lakeview Room:** Capacity & seating for approximately 50 people. Rental Hours: Monday–Friday 9am–9pm, Weekends 9am–10pm



## PARK MAPS AND ROOM LAYOUTS

CAN BE FOUND BY VISITING [WWW.ITPRS.ORG](http://WWW.ITPRS.ORG). CLICK “FORMS AND FLYERS.”



# Deer Lake Beach

6970 Andersonville Road, Clarkston, MI 48346

FOR QUESTIONS ABOUT BAY COURT PARK (248) 625-8223



Deer Lake Beach is a beautiful sandy beach with a wonderful shore line. The beach is located within the Village of Clarkston City limits, between Holcomb and Dixie Hwy. There are swimming areas for the little tykes and the big kids too, including an area with a few simple play toys. Sorry, no pets are allowed at the beach. Portable toilets are on site, including ADA units. Handicap Parking available. Lifeguards are on duty during operating hours. Watch the Summer Recreation Guide for updated hours and fees.

# Sashabaw Plains

5620 Maybee Rd, Clarkston, MI 48346

FOR QUESTIONS ABOUT SASHABAW PLAINS PARK (248) 625-8223



Sashabaw Plains is a peaceful 14 acre park that is open April 1–October 31. The park features a community built playground, 2 baseball fields, 2 practice soccer fields, horseshoes, a 4 square court, a basketball (half) court and volleyball court. The park also features a picnic pavilion and bathroom facilities. In the open space surrounding the playground, there are 3 grills. All Sashabaw Plains Park amenities are handicap accessible. Handicap access for vehicles to the ball fields or pavilion through the locked gate must be made in advance by calling (248) 625-8223.

## SASHABAW PLAINS RENTAL FACILITIES:

- **Pavilion (with grill):** Seating for approximately 75 people.

## Park Hours:

- November 1–March 31, park hours are 8am–5pm unless an activity or rental is scheduled for later.
- April 1–October 31, park hours are 8am–9pm.
- Bay Court Park is open Friday and Saturday night during the winter from 5pm–9pm for lighted ice rink use, weather permitting.
- Deer Lake Beach and Sashabaw Plains Park are closed for the winter months.
- Township Parks are closed for the following Holidays: Thanksgiving Day, Day after Thanksgiving, December 24 & 25 and January 1.

## Department of Parks, Recreation & Seniors Main Office

6483 Waldon Ctr Dr, Clarkston, MI 48346

Our Main Office is located in the lower level of the Independence Township Offices. All Township offices are handicap accessible. Offices at this location are open Monday–Friday, 8am–5pm, but closed for Holidays. For a complete listing, see page 2.



# Rental Dates, Hours & Fees

- A \$100 Security Deposit required for each facility rented.
- Resident pricing is for those who pay taxes to Independence Township or the City of the Village of Clarkston, even if their mailing address is listed differently.
- Facilities are unavailable for rent on the following days: Thanksgiving Day, Day after Thanksgiving, December 24 & 25 and January 1.
- November 1–March 31, park hours are 8am–5pm unless an activity or rental is scheduled for later.
- Frequently Asked Questions are written out in the chart to the side.

## INDOOR ROOM RESIDENT RENTAL RATES

Indoor Room Rental Hours: Monday–Friday 9am–9pm, Weekends 9am–10pm. Minimum two hour rental.

	RES.	NON.
<b>Lakeview Room</b> at Bay Court Park (holds 50 people)	\$40/hr.	\$60/hr.
<b>Carriage House</b> at Clintonwood Park (holds 70 people)	\$45/hr.	\$65/hr.
<b>New Bartsch Hall</b> at Senior Community Center (holds 100 people)	\$55/hr.	\$75/hr.

## GAZEBO

There will be no charge for Gazebo usage Monday–Thursday. Minimum two-hour rental.

	RES.	NON.
Bay Court Park (Weekend rate)	\$35/hr.	\$50/hr.

## PAVILIONS

Pavilion Hours are Park Hours. All pavilion rentals November 1–March 31 are just \$10 for the day.

	WEEKDAY		WEEKEND	
	RES.	NON.	RES.	NON.
Half Day Lakeside (40 people)	\$35	\$60	\$85	\$110
Full Day Lakeside (40 people)	\$50	\$75	\$135	\$160
Half Day Cedar Grove (125 people)	\$50	\$75	\$150	\$175
Full Day Cedar Grove (125 people)	\$65	\$100	\$225	\$250
Half Day South Pavilion (125 people)	\$40	\$65	\$125	\$150
Full Day South Pavilion (125 people)	\$55	\$80	\$175	\$200
Half Day North Shelter (50 people)	\$25	\$50	\$75	\$100
Full Day North Shelter (50 people)	\$40	\$65	\$125	\$150
Half Day Sashabaw Pavilion (75 people)	\$25	\$50	\$75	\$100
Full Day Sashabaw Pavilion (75 people)	\$40	\$45	\$85	\$110

**To reserve pavilions or the Lakeview Room at Bay Court, contact our main office at (248) 625-8223.**

**To reserve the Carriage House or Bartsch Hall, contact the Senior Community Center at (248) 625-8231.**

**RENTAL FAQs** CAN BE FOUND BY VISITING [WWW.ITPRS.ORG](http://WWW.ITPRS.ORG). CLICK "FORMS AND FLYERS."



Stars & Stripes  
Kids Activity Center®

Where an early start makes a world of difference!

Ask us about  
a **FREE**  
Trial Class!



# Explore your options with **ENDLESS POSSIBILITIES**

We have activities for all ages, skill levels and interests.  
Stars & Stripes Kids Activity Center offers  
**SOMETHING FOR EVERYONE!**

Gymnastics (Ages 1-18)  
Tumbling (Ages 5-18)  
Dance (Ages 2.5-16)  
Karate (Ages 3-18)  
Warrior Training (Ages 5-17)  
Piano (Ages 5-Adult)  
Preschool  
Competitive Cheerleading  
Competitive Gymnastics  
Birthday Parties  
Summer Camps



**JUST ADDED DUE TO POPULAR DEMAND!**

## ***Stars & Stripes Warrior Training***

The focus of the warrior training sessions will be based on functional strength training as well as application of obstacles to build the necessary strength, endurance, and agility to improve their performance at warrior testing, while mastering upper body strength and control.

*Full Class Descriptions & Times Online*



Schedule available at [www.StarsandStripesKids.com](http://www.StarsandStripesKids.com)

4630 White Lake Rd. Clarkston, MI 48346 248-625-3547



# Clarkston Cultural Arts

Visual Art • Literature • Music • Theatre • Film • Dance

Cultivating Creative Thinking and Connections

Check out our new Clarkston Cultural Arts (CCA) creative and fine arts offerings. **CCA members receive a 10% discount off the listed price.**

## ABOUT US

Clarkston Cultural Arts is a vibrant collective of artists, volunteers, patrons, and people just like you who are working towards building a strong culture of arts in our community.

## MEETINGS

Our General Membership Meetings are held on the 1st Tuesday of the month, at 7pm at Picasso's Grapevine in downtown Clarkston. All are welcome! Check Facebook for last minute updates.

## CULTURAL ARTS MEMBERSHIPS

As a Member of Clarkston Cultural Arts, you are making it possible for us to provide unique hands-on art experiences that benefit students, artists, art enthusiasts and the community at large. Your membership will also provide a 10% discount on programs, and exclusive and priority participation in future planned events. Memberships are open to all.

### MEMBERSHIP COSTS ARE:

Adult . . . . . \$35  
 Family (all residents of one household). . . . . \$75  
 Students and Seniors 60+ . . . . . \$15

To become a member, sponsor an event or make a donation please contact us at :

Clarkston Cultural Arts  
 P.O. Box 1614  
 Clarkston, MI 48347  
 Phone: 248.266.5774  
 clarkstonculturalarts@gmail.com

## My Words, My World **Kids**

A poetry workshop for mothers and daughters. Through writing, mothers and daughters will explore and share their lives, their dreams & their challenges. In this multi-media workshop, participant will create new works of poetry, develop their voice and deepen connections with each other. All experience levels welcome, designed for mother and daughters in 6th grade through high school. Taught by Maureen Okasinsk.

Saturdays, February 27–March 19		
GROUP	TIME	COST
Grades 6–12	10–11:30am	\$80/couple*
Senior Community Center at Clintonwood Park. *CCA members receive a 10% discount off the listed price.		

## Ceramics

Introduction to hand building pottery using basic coil and slab techniques. Low fire clay and glazes will be used. Estimated \$40 materials fee to be paid on the first day of class. Taught by ceramicist Jamie Hetherington.

Thursdays, April 7–May 5		
GROUP	TIME	COST
Ages 18+	6:30–8:30pm	\$60*
Bay Court Cabin at Bay Court Park. *CCA members receive a 10% discount off the listed price.		

## Art Journaling for Beginners

In this 6 week course we will go on a guided journey to create beautiful journal pages with color and textures expressing your own creativity using different mixed media techniques. We will play and paint with acrylics and watercolor, and distress paint and inks. We will experiment with mark making and have fun with image transfers and ephemera, stamps and stencils. If you have been looking for a way to create unique art but didn't know where to get started, this is the class for you! Estimated \$20 materials fee to be paid on the first day of class. Taught by artist Florisabel Castillo.

Wednesdays, April 6–May 11		
GROUP	TIME	COST
Ages 12+	6:30–7:30pm	\$65*
Bay Court Cabin at Bay Court Park. *CCA members receive a 10% discount off the listed price.		

## Drawing Workshop for Adults

Students will focus on the fundamentals of drawing and explore line and value. We will work mainly from still life and will use both graphite and charcoal. All materials included in class fee. Taught by artist Kris Schaedig.

Saturday, April 9		
GROUP	TIME	COST
Ages 18+	1–4pm	\$50*
Bay Court Cabin at Bay Court Park. *CCA members receive a 10% discount off the listed price.		

## Beginning Acrylic Painting for Adults

We will be covering basic painting concepts such as color, texture, and composition. We will explore paint mixing and application with brush and palette knife. Students will create three paintings over the course of the six week term, one of a still life that we will set up and work from, one landscape and the other from a photograph that the student chooses. (Instructor will provide a materials list to be purchased by students, approximate cost \$60). Taught by artist Kris Schaedig.

Wednesdays, April 13– May 18		
GROUP	TIME	COST
Ages 18+	9am–12pm	\$100*
Bay Court Cabin at Bay Court Park. *CCA members receive a 10% discount off the listed price.		

## Adult Beginning Knitting

In this four week class, you will learn how to cast on, knit, purl, increase, decrease, and cast off. By the end of the class, you will have made a lovely scarf to enjoy, or give as a gift. List of supplies provided by instructor, please come with size 15 needles, or purchase for \$10 from instructor on first day of class. Taught by artist Denyse Couture.

Thursdays, January 14–February 4		
GROUP	TIME	COST
Ages 16+	6–8pm	\$75*
Clarkston Independence District Library. *CCA members receive a 10% discount off the listed price.		

To register for a class through Clarkston Cultural Arts call 248-266-5774.

## Big Felted Bag Knitting Class

In this four week class, you will make a wonderful knitted and felted bag of your very own to enjoy, or give as a gift. Participants must know how to knit. List of supplies provided by instructor prior to first class. Pattern included. Taught by artist Denyse Couture.

Thursdays, February 18–March 17 (no class March 10)

GROUP	TIME	COST
Ages 16+	6–8pm	\$40*

Clarkston Independence District Library.  
\*CCA members receive a 10% discount off the listed price.

## Beginner Hula Hoop Workshop

Join us for beginners hoop dance workshop. In this workshop you will learn the basics of getting to know the hoop, being able to move with the hoop & practice some beginner moves at your own pace with my guidance. Fun and carefree, but also great exercise!!! Hoops will be provided, and you will get your very own custom made hoop to keep! Taught by Koty Valdez.

Mondays, February 29–April 4

GROUP	TIME	COST
Ages 12+	6–7:30pm	\$60*

Location TBD.  
\*CCA members receive a 10% discount off the listed price.

## Beginning Calligraphy

In this three week class, you will learn how to correctly hold a calligraphy pen, how to write in a basic calligraphy font, and learn a little history about different styles of writing. Please note whether you are right or left handed when registering for the class. \$15 materials fee payable to instructor on first day of class. Taught by artist Denyse Couture.

Wednesdays, February 24–March 9

GROUP	TIME	COST
Ages 16+	6–7:30pm	\$50*

Carriage House at Clintonwood Park.  
\*CCA members receive a 10% discount off the listed price.

## Photography Composition

What makes a great photograph? In this afternoon workshop, we will look at the natural seasonal landscape with fresh eyes through a camera lens. Bring whatever camera you have, whether a digital SLR, a point and shoot, or your smart phone. This class is held outdoors, please dress for the weather. Taught by Kelly Scott. Location will vary and travel around Clarkston is involved.

Session I: January 16  
Session II: May 21

GROUP	TIME	COST
Ages 16+	1–3pm	\$50*

Locations vary.  
\*CCA members receive a 10% discount off the listed price.

## Intermediate Calligraphy

In this workshop, you will learn how to pen the Irish uncial alphabet. List of materials provided by instructor. Must know how to do calligraphy. Taught by artist Denyse Couture.

Thursday, April 14

GROUP	TIME	COST
Ages 16+	6–8pm	\$30*

Picasso's Grapevine.  
\*CCA members receive a 10% discount off the listed price.

## Personal Essay Series

Participants will learn, over a period of six weeks, how to draft ideas, deal with characterization, how to write dialogue, how to evoke imagery and setting, the importance of word choice, and how to write taking advantage of reflection and emotion. Handouts that include the work of famous essayists, short lecture and discussion, writing prompts and writing time, and optional oral reading will be included. Participants should come to class with a pen or pencil and paper, and will leave the class with several written essays of 250–500 words. This class is perfect for anyone wishing to write about the personal experiences of joy, laughter, sadness, loss, observation, motivation, work, sport, and so on. Writers of all levels are welcome. Taught by memoirist, essayist and former journalist Carolyn Walker.

Mondays, January 4–February 8

GROUP	TIME	COST
Ages 18+	7–8:30pm	\$70*

Carriage House at Clintonwood Park.  
\*CCA members receive a 10% discount off the listed price.

## Guitar Building Workshop

In this two week workshop, learn to build your own working guitar out of a cigar box. A \$30 Material fee is payable to instructor on the first day of class. Taught by Thomas Couture.

Session 1: Thursdays, February 4 & 11  
Session 2: Thursdays, March 3 & 10

GROUP	TIME	COST
Ages 16+	6–8pm	\$50*

KH Interiors Warehouse on Main St.  
\*CCA members receive a 10% discount off the listed price.

## Art Stop Kids

Young artists will be engaged in guided instructions in printmaking, painting, drawing and sculpture. Taught by Pamela Palmer of the Artist's Apprentice. A \$12 materials fee to be paid to the instructor on the first day of class.

Fridays, February 5–26

GROUP	TIME	COST
Ages 7+	4:20–5:50pm	\$60*

Bay Court Park Lakeview Room.  
\*CCA members receive a 10% discount off the listed price.

## Introduction to Drawing for Youth Kids

Does your child love to draw? In this drawing class young artists gain a strong foundation in the basics. Students will be learning a variety of techniques in order to help them to become better drawers, including concentration on value, basic units of measure, negative space, grid drawing and perspective. Facial proportion will also be taught in a self-portrait exercise. No prior experience necessary. Taught by Pamela Palmer of the Artist's Apprentice. A \$15 materials fee to be paid to the instructor on the first day of class (per each session).

Session 1: Tuesdays, January 12–February 9  
Session 2: Tuesdays, February 23–March 22

GROUP	TIME	COST
Ages 7+	4:20–5:50pm	\$75*

Bay Court Park Lakeview Room.  
\*CCA members receive a 10% discount off the listed price.

## Art Workshops for Half Days & Developmental Days Kids

Ready, set, go! Let's get messy! Three fun FINE ARTS projects in each session. Varies by date.

**RICE PAPER PRINT**—This is a kid's choice favorite! Your child will be using printmaking tools to carve a reverse image into a soft slab, using brayers and printers ink to create a split font and transferring this image onto rice paper. Always a delight!

**PAINT-LIKE-THE-MASTERS**—What better way to add culture into your child's life than to have them paint, emulating the style of a famous artist! Students will paint with acrylics on canvas in the style of cubist painter FRANZ MARC. Student may select an animal of their choosing for their subject matter.

**SLAB CONSTRUCTION POTTERY**—Students will construct a barrel-top box, sporting a cord handle with rolling pins and sculpting tools. Your artist may decide to include gem embellishments and finish this self-drying clay construction with translucent paint.

All classes Taught by Pamela Palmer of the Artist's Apprentice and are held at the Bay Court Park Lakeview Room. These programs are designed for children ages 7+, and are taught in a 'one room schoolhouse' forum, catering to all ages & skill levels. Please bring a sack lunch and wear clothes that are warm and not precious, we will have breaks on the play structure.

Cost: \$50 per workshop

DATE	AGES	TIME
January 18 Developmental Day	7+	9am–2pm
January 28 Half Day	7+	12–5pm
January 29 Half Day	7+	12–5pm
April 1 Developmental Day	7+	9am–2pm
May 27 Half Day	7+	12–5pm

\*CCA members receive a 10% discount off the listed price. A \$10 material fee is payable to instructor on the first day of class per workshop.

# CLARKSTON COMMUNITY GARDEN

The purpose of the CLARKSTON COMMUNITY GARDEN is to create a sustainable organic garden and nursery for meeting the community needs while engaging community participation in an outdoor, lifelong activity. We give visitors a place to escape their hectic worlds and enjoy a more tranquil pace of life; working alongside their families to grow fresh produce. We keep our community healthy, donating produce to those friends and families in need. For details on becoming a part of the Garden or if you would like to be added to our email list, send an email to [communitygarden@indetwp.com](mailto:communitygarden@indetwp.com).

## SHARE GARDEN PROGRAM

Rent an individual plot and grow food for your family!

10'x10' plots are available for rent on an annual basis for those who want to garden in an ideal setting. Whatever is grown in this space belongs to the share gardener. A Garden Manager is available to answer questions and is able to provide guidance if requested. Gardeners will be required to donate (10) hours per plot of their time to the Community Garden in order to remain in good standing. The Community Garden kick off meeting will be Monday, March 28 at 6–8pm. Mandatory new gardener orientation will be held at the Garden—pick a day—April 18 or May 15, 6–8pm. Don't miss out on getting your plot, register now! Forms can be downloaded online and brought in, mailed in or dropped off to our afterhours drop box. Cost \$25 res/plot and \$35 non-res/plot.

## SPONSORSHIP OPPORTUNITIES

If your business is looking for a way to get involved in the community, the Garden is seeking sponsors to help make our gardeners' experience more pleasant and productive. Sponsors will fund improvements and expansions including new patches of raspberries, rhubarb, and chard. Email Amy at [amyl@indetwp.com](mailto:amyl@indetwp.com).

## VOLUNTEER SCHEDULE

Come volunteer with us! Bring tools, sun protection and be ready to dig! We may need you to plant plants, weed, harvest or assist with side projects in the asparagus patch, berry patches, etc. Open Tuesday, May 10–Saturday, October 8. Plant days begin May 10 until all plants are in the ground. Harvesting begins tentatively August 1 on Wednesdays and Fridays only. Special Monday evening harvest dates will be as follows: August 8, 22 & September 12 from 6–8pm. Volunteer as an individual, a family or organize a group of teammates or co-workers. Search [communitygarden@indetwp.com](mailto:communitygarden@indetwp.com) on [www.signupgenius.com](http://www.signupgenius.com) to sign up for a specific volunteer activity.

	Wednesdays	Fridays	Saturdays
May	9am–Noon		9am–Noon
June	9am–Noon		9am–Noon
July	9am–Noon		9am–Noon
August	9am–Noon	9am–Noon	9am–Noon
September	9am–Noon	9am–Noon	9am–Noon



Clarkston  
Community  
Garden



Become our fan on Facebook!  
Search Clarkston Community Garden.





Life Skills.  
Self-Confidence.  
Water Safety.

Sign-up  
today. Swim  
tomorrow!

# Small classes, BIG impact!

Goldfish provides a family friendly environment for children of all ages to perfect their swimming skills!

## Experience the Difference!

-  Indoor pool heated to 90 degrees
-  State-of-the-art sanitation system
-  Well-trained, certified swim instructors
-  Glass-walled viewing gallery
-  Spacious family dressing area with private changing rooms
-  Year-round lessons, family swim, rec. swim team and parties!

## Weekly Swim Lessons!

4 months - 12 years of age  
4:1 student-to-teacher ratio  
30-minute weekly lessons

Our pool is 90 degrees!



## Goldfish Swim School of Clarkston

6340 Waldon Center Drive  
Clarkston, MI 48346  
(248) 795-2252

BOOK ONLINE!



Where the experience is golden.

[www.goldfishswimschool.com](http://www.goldfishswimschool.com)

 LIKE US!  
[facebook.com/goldfishclarkston](https://facebook.com/goldfishclarkston)

# SAFETY

## Heartsaver First Aid/CPR

This style class is usually taken by teachers, lifeguards, day care workers, coaches, and other members of the community who need a credentialed CPR class, but that do not work in a healthcare setting. This six hour course will include instruction on: First Aid and Adult/Child CPR; Infant CPR and AED use. This class will cover the general principals of first aid in medical, injury, and environmental emergencies. All students will take a written and practical test at the end of class. For students who pass, they will receive an AHA Card.

Register for a class below. If registering after the registration deadline and if space still exists, add \$10. Sorry, there are no refunds after the registration deadline. Extra Option: A \$15 class fee is due to instructor at the time of class if you wish to purchase a book.

Saturday, January 9 Saturday, April 2 (Deadline to register is March 25)			
GROUP	TIME	RES.	NON.
Ages 12+	12-6pm	\$45	\$50
Senior Community Center, 6000 Clarkston Rd			

## Family and Friends CPR

This class is an American Heart Association course that teaches students how to perform CPR on adults, children and infants and how to help an adult, child or infant who is choking. It is designed primarily for those persons who want to learn CPR that is not needed for employment. This course is designed for parents, grandparents and members of the community who want to learn CPR but do not need certification for employment. At the completion of this course students will receive a certificate of completion. If registering after the registration deadline and space still exists, add \$10. Sorry, there are no refunds after the registration deadline. Extra Option: A \$5 class fee is due to instructor at the time of class if you wish to purchase a book.

Monday, March 21			
GROUP	TIME	RES.	NON.
Ages 12+*	6:30-8:30pm	\$35/family of 2	\$40/ family of 2
		\$25/individual	\$30/individual
Senior Community Center, 6000 Clarkston Rd *Minors must be accompanied by a paying adult			

**DEADLINE TO REGISTER IS MARCH 14.**



## CPR for Healthcare Providers (BLS)

This course is designed specifically for medical and health professionals including nurses, nursing students, physicians, EMS personnel, dental and other healthcare professionals who need certification for a regulatory requirement. This program includes adult, child and infant CPR; one and two rescuer CPR; foreign body airway obstruction, mouth-to-mask, bag mask and use of an automatic external defibrillator. Upon successful completion of a written test and demonstration of CPR skills, an American Heart Association completion card is given. If registering after the registration deadline and if space still exists, add \$10. Sorry, there are no refunds after the registration deadline. \$15 additional book fee due at first class to the instructor

Saturday, Feb 6			
GROUP	TIME	RES.	NON.
Ages 16+	12-6pm	\$60	\$70
Senior Community Center, 6000 Clarkston Rd			

**DEADLINE TO REGISTER IS JAN 29**



## ORV Off Road Vehicle Training

This DNR Safety Course is open to persons of all ages, but is required for students under 16 of age who wish to operate an ORV (ATV, Motorcycle or related 2-wheel, 3-wheel or 4-wheel). To earn your DNR ORV Safety Certificate Card, students must attend 7 hours of instruction and pass a written exam. Students 10 years and under must be accompanied by an adult. Preregistration is required. Sorry, no refunds.

Two night class Monday, April 25 and Wednesday, April 27			
GROUP	TIME	RES.	NON.
Ages 10+	5:30-9pm	\$20	\$25
Hart Community Center, Davisburg			

**DEADLINE TO REGISTER IS MARCH 14**

## Boater's Safety

This DNR Safety Course is open to persons of all ages and is designed to teach you how to be a safe and responsible boater. Covering basic fundamentals of Boat Maintenance, personal watercraft and boat operation, legal requirements of boating, personal preparedness and survival skills. After passing the required test, those 12 years and older are given Boating Safety Certificate Cards. Note: persons born after 12/31/78 are required by law to have this card in their possession while operating a personal watercraft on State of Michigan waterways. Preregistration is required. Sorry, no refunds.

Two night class Tuesday, May 17 and Thursday, May 19			
GROUP	TIME	RES.	NON.
Ages 10+	5:30-9pm	\$20	\$25
Hart Community Center, 495 Broadway, Davisburg			

One day class Friday, June 24			
GROUP	TIME	RES.	NON.
Ages 10+	9am-4pm	\$20	\$25
Hart Community Center, 495 Broadway, Davisburg			

## Early Registration!

Online registration for Winter/Spring begins on Monday, December 28, 2015.

All other registration begins January 4 at 8am unless otherwise noted.

## Pavilion Rentals

See pages 4-6 for details.

# Sanchin-Ryu's Karate Classes! 🏆

Instructors hold a ranking of at least 1st Degree Black Belt and maintain a continual (bimonthly) certification to ensure the highest level of quality for their students. An ongoing course, where students have the opportunity to continue their education in the same location with no hidden fees! Uniforms are available, but not required.

- **Deadline to register is January 6 for Session 1**
- **February 19 for Session 2**
- **April 11 for Session 3**

Thursdays at Bay Court Park  
 Session 1: January 7–February 11 = 6 weeks  
 Session 2: February 25–March 31 = 6 weeks  
 Session 3: April 14–May 19 = 6 weeks

GROUP	TIME	RES.	NON.
Youth (K-2nd Grade)	6-6:30pm	\$15	\$20
Youth (3rd-8th Grade)	6-7pm	\$30	\$35
Family ALL AGES	7-8pm	\$60	\$65
Women's	8-9pm	\$30	\$35

Taught by Sensei Susan Walker, 2nd Degree Black belt

Saturdays at Clintonwood Park  
 Session 1: January 9–February 20 (Skip February 6) = 6 weeks  
 Session 2: March 5–April 9 = 6 weeks  
 Session 3: April 16–May 21 = 6 weeks

GROUP	TIME	RES.	NON.
Youth (K-8th Grade)	9-10am	\$30	\$35
Family ALL AGES	10-11am	\$60	\$65
Adult 14+yrs	11-12 noon	\$30	\$35

Taught by Sensei Lisa Forsyth, 4th Degree Black belt



## Sanchin-Ryu's Karate for Kids!

For ages 4-14 (K-8th grade). This program combines two crucial courses into one, Sanchin-Ryu Karate & Self-Defense and Project: Secure Child (child safety). Students will be trained with proven, age-appropriate techniques that are necessary for kids to protect themselves from attackers. This program is set in a fun, yet structured, environment which will give your child a positive outlook on learning a martial art. We focus on healthy attitudes versus perfection! Participants will achieve great self confidence and leadership through the physical techniques, mental strategies, drills and exercises they are led through.

## Sanchin-Ryu's Karate for Families!

A Parent AND Child program for all ages! Set in a fun, non-competitive and informative atmosphere, this program allows parents to learn alongside their children. Physical techniques will be instructed along with drills and exercises, to help you have a positive experience with your self defense education. Sanchin-Ryu will teach you how to use your whole body, rather than just certain muscle groups, so size and stature are not an issue.

## Sanchin-Ryu's "Grace Under Pressure" Women's Self-Defense!

For ages 14 and older. Learn to act on stressful situations rather than being controlled by them in a fun, go-at-your-own-pace environment. Our program, titled "Grace Under Pressure", is a hands-on study of personal protection at home, school and at the workplace. We've designed street-wise techniques so that size or strength, age or athletic ability are not factors in defending one's self.

## Sanchin-Ryu's Karate for Adults!

For ages 14 and older. Set in a fun, non-competitive and informative atmosphere, this program is designed to empower today's adults with knowledge that can save your life! Students will learn a broad range of techniques including individual strikes, advanced combinations and more. You will also receive training on how to deal with, get out of and counter different grabs and other attack scenarios. Sanchin-Ryu will teach you how to use your whole body, rather than just certain muscle groups, so size and stature are not an issue.

# BASEBALL



## YOUTH SPORTS REGISTRATION PROCESS



### Girls Pitching & Catching Instructional Clinic

This youth pitching and catching clinic will teach proper technique and prepare your young pitcher or catcher for player pitch leagues. Players will be split up by age and skill level to offer the best experience possible. The clinic is taught by Varsity Softball Coach Don Peters with a proven track record of success. Registration deadline is Monday, April 4.

Mondays, April 11–May 2			
GROUP	TIME	RES.	NON.
Girls 8-14	5:30-6:30pm	\$40	\$50
Everest Academy			

**DEADLINE TO REGISTER IS APRIL 4**

For those players with cognitive disabilities, with or without physical disabilities, check out Buddy Baseball on page 29.

### Team Sponsorships

**Would you like to see your business logo on your child's team jersey this summer?**

The process is very simple and affordable; complete a sponsor form (includes picking your team colors), submit payment of \$200, \$275, or \$375 (depending on which age group you choose), and email your logo. We do the rest, including uniform ordering, printing, and distribution. As the sole sponsor of a team, your business name will be the team name printed on schedules and other team related materials. All sponsors are invited to participate in the Opening Day festivities scheduled on Saturday, June 4 at Clintonwood Park to share your business information with our community. At the end of the season, you will also receive a plaque with the team picture. Questions? Please call 248-625-8223 or email [amyl@inetwp.com](mailto:amyl@inetwp.com).

## Summer Youth Baseball & Softball Leagues

Our summer baseball program emphasizes teamwork, sportsmanship, and fun. We offer a level of play for all abilities. See league information below. Download a Youth Sports Guide for detailed information.

Volunteers coach all teams; therefore, practices are subject to their availability. Practices begin in May and can be scheduled for any day of the week. Practice days and times vary depending on the league.

Games are played in June & July, for specific days grid for details. Opening Day is tentatively June 4 and many teams will play their first game on this day. Make up games may be played on Fridays and Saturdays in addition to regular game nights. Some leagues may compete against teams from surrounding communities and therefore may require travel.

If you are interested in coaching, please call for a Coach's Packet or download one online at [www.itprs.org](http://www.itprs.org). All 2015 coaches in good standing will receive an emailed coach's packet.

To register, download a Youth Sports Registration Packet which will include all the forms needed to register.

**Download registration material at [www.itprs.org](http://www.itprs.org) by clicking on Forms & Flyers.** At the time of registration the following forms in addition to full payment must be included:

- Registration form (see age verification policy)
- Sports Concussion form
- Player Code of Conduct form

**Registration Deadline: March 18**  
Leagues may fill before this date. If space is still available, add \$10 late fee to registration.

**\*Registration begins Thursday, January 7 for Independence Township Residents/Clarkston School District. Open Registration begins on January 19. Some leagues have very limited registration, so please sign up early! All leagues have a registration deadline of March 18 at 5pm. If space exists after this deadline date a \$10 fee will be added to the registration price. Questions? Call (248) 625-8223.**

LEAGUE	AGE	DAYS	RES.	NON.
Little Sluggers	Ages 3 & 4 Ages as of 4/30/2016	Saturdays No additional practices	\$63	\$73
T-Ball	Ages 5 & 6 Age as of 4/30/2016	Saturdays	\$63	\$73
Coach Pitch	Ages 6 & 7 Age as of 4/30/2016	Tuesdays & Thursdays; Some Saturdays	\$74	\$84
Girls 8 & 9 Minor	Ages 8 & 9 Ages as of 1/1/2016	Tuesdays & Wednesdays; Some Saturdays	\$74	\$84
Boys 8 & 9 Minor	Ages 8 & 9 Ages as of 4/30/2016	Mondays & Wednesdays; Some Saturdays	\$74	\$84
Girls 9 & 10 Fastpitch	Ages 9 & 10 Ages as of 1/1/2016	Mondays & Wednesdays; Some Saturdays	\$87	\$97
Boys 9 & 10 Major	Ages 9 & 10 Ages as of 4/30/2016	Tuesdays & Thursdays; Some Saturdays	\$87	\$97
Girls 11 & 12 Fastpitch	Ages 11 & 12 Ages as of 1/1/2016	Tuesdays & Thursdays; Some Saturdays	\$87	\$97
Boys 11 & 12 Major	Ages 11 & 12 Ages as of 4/30/2016	Mondays & Wednesdays; Some Saturdays	\$87	\$97
Girls 13 & 14 Fastpitch	Ages 13 & 14 Ages as of 1/1/2016	Mondays and Wednesdays; Some Saturdays	\$87	\$97
Boys 13 & 14 Major	Ages 13 & 14 Ages as of 4/30/2016	Tuesdays & Thursdays; Some Saturdays	\$87	\$97
Girls 15-16 Fastpitch <small>(Call Waterford Parks and Recreation, 248-674-5441)</small>	Ages 15 & 16 Ages as of 1/1/2016	Friday Evening	\$87	\$97
Boys 15-18 (North Oakland Big League NOBL)	Ages 15, 16, 17 & 18 Ages as of 4/30/2016	Mondays-Thursdays; Some Saturdays	\$87	\$97

\*Contingent upon availability of space

**STARTING JANUARY 7.** For your convenience, we now offer Baseball and Softball registration at the same time as Spring and Fall Soccer Registration and with less paperwork. For details, download a youth sports guide at [www.itprs.org](http://www.itprs.org)

# SOCCER

## Kiddy Kicker Soccer League

For 4 & 5 year olds! Do you want your little one to get their first experience in organized sports in a relaxed and fun atmosphere? Then there is no better way than with our Kiddy Kicker program! It is geared to teach the basic concepts of the game in a FUN environment. Your child will play with a co-rec team formed by the P&R Department, coached by parent volunteers. No official standings are kept. League begins tentatively begins on April 16, 2016 and will consist of 6 games, plus an optional Soccer Fun Day & Wrap Up Clinic, with no practices outside of the schedule.

All games are at Clintonwood Park. All players are required to wear shin guards and have a reversible jersey (jersey included in registration fee). Players must be 4 or 5 on or before April 16, 2016. Players who turn 6 by April 16, 2016 should play Junior Kickers 6 soccer. A youth sports registration packet will be required for registration. Download the packet from [www.itprs.org](http://www.itprs.org) by clicking on Forms & Flyers. Age must have been previously verified by the Parks and Recreation Department or a birth certificate will be required at the time of registration. Questions? Call (248) 625-8223.

**Registration Information:**  
 \*Independence Twp. Residents/Clarkston School District: . . . . . January 7-January 17  
 \*Open: . . . . . January 19-February 12  
 \*Late (add \$10): . . . . . After February 12

AGE AS OF APRIL 16, 2016	TIME	RES.	NON.
4 Year Olds	9am Saturdays	\$55	\$65
5 Year Olds	10:15am Saturdays	\$55	\$65

\*Contingent upon availability of space

## Youth Soccer Leagues

Children can enjoy learning and improving their soccer skills in a recreational atmosphere. Volunteers coach all teams; therefore practices are subject to their availability. The season tentatively begins April 20 depending on league. All home games are at Clintonwood Park and games are twice a week, plus an optional Soccer Fun Day & Wrap Up Clinic. See league information below, or download a Youth Sports Guide for detailed information about a specific age-group. A registration packet will be required for registration. Download a Youth Soccer registration packet from [www.itprs.org](http://www.itprs.org) by clicking on Forms & Flyers. Questions? Call (248) 625-8223.

**Registration Information:**  
 \*Independence Twp. Residents/Clarkston School District: . . . . . January 7-January 17  
 \*Open: . . . . . January 19-February 12  
 \*Late (add \$10): . . . . . After February 12

LEAGUE	AGE	DAYS	RES.	NON.
Junior Kicker 6	Age 6 (as of 4/16/2016)	Mondays and Wednesdays	\$76	\$86
Junior Kicker 7	Age 7 (as of 4/16/2016) If 8 as of 4/16/16 child will automatically move up to U10.	Tuesdays and Thursdays	\$76	\$86
U10 Girls	Ages 8 & 9 (as of 7/31/2015)	Tuesdays and Thursdays	\$84	\$94
U10 Boys	Ages 8 & 9 (as of 7/31/2015)	Mondays and Wednesdays	\$84	\$94
U12 Girls Possible Travel Involved	Ages 10 & 11 (as of 7/31/2015)	Tuesdays, Thursdays, Saturdays and/or Sundays	\$84	\$94
U12 Boys Possible Travel Involved	Ages 10 & 11 (as of 7/31/2015)	Mondays, Wednesdays, Saturdays and/or Sundays	\$84	\$94
U14 Girls Travel League	Ages 12 & 13 (as of 7/31/2015)	Mondays, Wednesdays, Saturdays and/or Sundays	\$94	\$104
U14 Boys Travel League	Ages 12 & 13 (as of 7/31/2015)	Tuesdays, Thursdays, Saturdays and/or Sundays	\$94	\$104
U19 Travel League	Ages 14 (as of 7/31/2015 & cannot be 19)	Saturdays & Sundays; travel to surrounding communities	\$110	\$120

\*Contingent upon availability of space

## Soccer Fun Day & Wrap Up Clinic

If you register for the 2016 Spring Soccer Leagues, you get TWO BONUS days! You can register to attend the FREE Soccer Fun Day on April 15, which is a fun filled Friday to kick-off the soccer season. The End of the Season Wrap Up Clinic on May 20, is also free. Both days are led by the Michigan Impact Soccer Club.

## Soccer Referees

If you have knowledge of soccer and are interested in becoming a soccer referee, please call (248) 625-8223 to request an application. To ref youth leagues, applicants must be at least 14 years old and be available to ref games in the evenings (Monday-Thursday, some Fridays) and in the mornings or day time on Saturdays.

## Coaches Wanted

Volunteer coaches are needed to coach soccer games. If you are a parent with a child in the league, why not volunteer to coach or assistant coach. If you want to volunteer to give back to your community, this could also be for you! Coaches for our Kiddy Kicker league need minimal knowledge of the game. For our older leagues, we ask coaches to have previous experience playing or coaching. If interested, call Tim McNeil at (248) 625-8223 or email him at [tmcniel@indetwp.com](mailto:tmcniel@indetwp.com)

# PRESCHOOL

## Busy Bodies

Classes below are taught by **BUSY BODIES**. There are no registration deadlines for these classes, but please register early so class is not canceled. All classes held at Busy Bodies, 1400 Scott Lake Rd. unless otherwise noted.

## Tumbling Toddlers

This program is packed with "hands on" activities for your busy toddler to develop gross and fine motor skills, coordination and socialization. Children stretch, have "tumble" time, free play, movement to music and parachute play. Weekly themes and parent participation simply add to the fun!

**Session 1:**  
Tuesdays, January 19–March 8  
Wednesdays, January 20–March 9

DAY	AGES	TIME	RES.	NON.
TUES	1-3	10-10:45am	\$85	\$93
TUES	2-4	11-11:45am	\$85	\$93
WED	1-4	6:30-7:15pm	\$85	\$93

**Session 2:**  
Tuesdays, March 22–May 10  
Wednesdays, March 23–May 11

DAY	AGES	TIME	RES.	NON.
TUES	1-3	10-10:45am	\$85	\$93
TUES	2-4	11-11:45am	\$85	\$93
WED	1-4	6:30-7:15pm	\$85	\$93

## Pint Sized Picassos

Join your child for a creative walk through the art world. Weekly themes and different types of mediums are used to entice your child's "inner artist." Wear "paint" clothes. A one-time \$5 supply fee will be payable to the instructor on the first night of class.

**Thursdays**  
Session 1: January 21–March 10  
Session 2: March 24–May 12

GROUP	TIME	RES.	NON.
Ages 2-5	10-10:45am or 7-7:45pm	\$75	\$83

## Paint & Play

This class combines the benefits of Tumbling Toddlers and Pint Sized Picassos! Join us as we develop fine and gross motor skills. This class is held at Busy Bodies.

**Session 1:**  
Tuesdays, January 19–March 8  
Fridays, January 22–March 11

DAY	AGES	TIME	RES.	NON.
TUES	2-4	11am-12:15pm	\$135	\$150
FRI	2-4	10-11:15am	\$135	\$150

**Session 2:**  
Tuesdays, March 22–May 10  
Fridays, March 25–May 13

DAY	AGES	TIME	RES.	NON.
TUES	2-4	11am-12:15pm	\$135	\$150
FRI	2-4	10-11:15am	\$135	\$150

## Twinkle Toes

A beginning dance class filled with creative movement and basic skills to music, with fun and games mixed in. Children will learn a variety of dance steps and styles to several songs. The class will conclude with a parent show case on the last day of class.

**Session 1:**  
Mondays, January 18–March 7  
Tuesdays, January 19–March 8

DAY	AGES	TIME	RES.	NON.
MON	3-5	1:15-2pm	\$50	\$60
TUES	3-5	6:30-7:15pm	\$50	\$60

**Session 2:**  
Mondays, March 21–May 9  
Tuesdays, March 22–May 10

DAY	AGES	TIME	RES.	NON.
MON	3-5	1:15-2pm	\$50	\$60
TUES	3-5	6:30-7:15pm	\$50	\$60

## Boogie Babies

Join us for an introduction to the world of dance and movement to music in a fun, toddler-friendly environment; that includes a combination of songs and finger plays that encourage parent interactions and bonding.

**Saturdays**  
Session 1: January 23–March 12  
Session 2: March 26–May 14

GROUP	TIME	RES.	NON.
Ages Infant-3yrs	9:30-10am	\$70	\$78

Parents, See page 21 for more classes for your

## Young 5 or Kindergartner!

Includes:

Little Chefs  
and  
Mother Daughter  
Hip Hop

## Baseball/Softball Sponsorships

A Youth Baseball and Softball sponsorship ensures that this program remains affordable for everyone while offering a quality experience. Your partnership will give you exposure to thousands of people and is easier than ever! Just provide a logo and sponsorship fee and we do the rest! Annually 80+ teams with 1200+ players total.

**Deadline: March 1, 2016**

**Contact ITPRS at 248-625-8223**

## Uniform Sponsors & Field Banners



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**STATE-OF-THE-ART FACILITY:** Viewing Monitors, Spacious Lobbies, Flexible Schedules & Free Wi-Fi

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## ENROLL NOW!

**MOMMY & ME  
PRESCHOOL BALLET  
ALL AGES & STYLES OF DANCE  
SPECIAL-NEEDS DANCE PROGRAM**



NEW STUDENT COUPON

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Dance Season

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# Kindermusik

Come see what we're so excited about!



For Ages newborn-7yrs at the



Celebrating 15yrs of Kindermusik at Clarkston Conservatory!

Amazing surprises are in store for all enrolled families: SURPRISE GIFT, prizes though out our winter/spring session, & our referral discount will increase!

Come sing, dance, play instruments, & celebrate with us in a pressure free environment!

**Kindermusik winter/spring 2016 Open House Thursday**

**January 7<sup>th</sup> from 6:30-8:30pm**

Please enter on the backside of the conservatory! Bring the whole family and a friend for a free evening of music.

Class prices includes materials & No ENROLLMENT FEES! PayPal available

For more information call 248-625-3640 or Download registration off our web site at: [www.clarkstonconservatory.org](http://www.clarkstonconservatory.org)



Planet Kids Premier Academy  
5520 Clarkston Road, Clarkston MI 48348  
[www.planetkidsclarkston.com](http://www.planetkidsclarkston.com)  
248-620-9032

See WHAT SETS US APART FROM THE REST...  
**DROP IN TO TAKE A TOUR TODAY!**

# Now Enrolling

**Infant, Toddler, Preschool & School Age**

**5** Reasons to Check us out...

1. Planet Kids has a 4 star rating by the state of Michigan.
2. Planet Kids has long term consistent full time staff with degrees.
3. Planet Kids is located on its own property without having to share parking lots with other business's. We have a camera security system inside and outside with sound. Parents are required to have two sets of codes in order to get through the front door and lobby door.
4. Planet Kids offers extended hours Mon-Fri 5:30AM - 8:30PM.
5. Planet Kids owners are onsite regularly. They have made Planet Kids not only the best Childcare in Clarkston but a place that becomes part of your family.

Like us on Facebook  
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[www.OaklandCountyMoms.com](http://www.OaklandCountyMoms.com)

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To sign up, go to [www.OaklandCountyMoms.com](http://www.OaklandCountyMoms.com)  
248-852-4442  
[Lisa@OaklandCountyMoms.com](mailto:Lisa@OaklandCountyMoms.com)

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# Playgroups

Recipe Exchange Park Days

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[www.ClarkstonAreaMothersandMore.com](http://www.ClarkstonAreaMothersandMore.com)

# BUILDING, PLANNING & ZONING

## Notice to Homeowners and Contractors:

Our goal is to administer and enforce the Township Ordinances and State Building Codes with integrity and respect. If you are planning on doing any home improvement projects, please contact the Building Department to determine if a permit is necessary. This permit and follow up inspections will ensure that your project complies with State and Local Codes. Your safety, quality growth and code compliant construction are our primary concerns.

### A permit is required for:

New buildings
Additions (bedrooms, bathrooms, family rooms, etc.)
Residential work (decks, garages, accessory structures, fireplaces, pools, water heaters, etc.)
Renovations (garage conversions, basement finish, kitchen expansions, etc.)
Electrical systems
Plumbing systems
HVAC (heating, ventilating and air-conditioning) systems
Stand-by Generators

Visit our Website at [www.indetwp.com](http://www.indetwp.com) to find our Permit Applications, Fee Schedule and Zoning Ordinance.

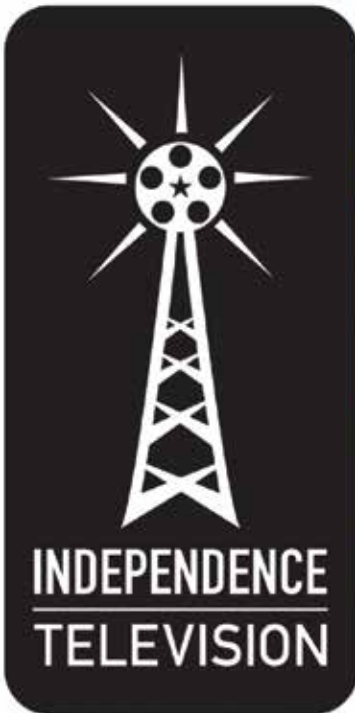
Select Building Department, click on Printable Forms.

**Ordinance:** Select Government, Code of Ordinances (you will be redirected to Municode.com), type a topic name in search box at the top of the screen (i.e. Garage or Signs) or scroll down the Chapters on the left.



### Independence Township Building, Planning and Zoning Services

6483 Waldon Center Dr.  
Clarkston, MI 48346  
248-625-8111  
Fax: 248-620-2481



**Comcast channels 10, 20 & 22  
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Free training provided for  
groups or individuals.**



248-623-3661

[www.IndependenceTelevision.com](http://www.IndependenceTelevision.com)

# YOUTH & TEENS

## Horseback Riding for Beginners

Has your son/daughter always wanted to try horseback riding? This is their chance! This 6 week program will consist of basic grooming, horse care for beginners, and a ½ hour of riding. Riders will be required to wear long pants and hard sole shoes. All participants should be willing to let instructor know of any physical limitations or special accommodations needed prior to the beginning of class. Register early to guarantee a fun and rewarding experience! Space is limited to 5 riders per session. A \$10 late fee will apply after the registration deadline if space exists. After registration, other day and time slot options may be available for your child to attend, please call Times Square Riding Academy directly to learn more at 248-969-0487.

<b>Saturdays</b>			
Session 1: January 16–February 20			
Session 2: March 5–April 9			
Session 3: April 23–May 28			
GROUP	TIME	RES.	NON.
Ages 7–Adult	3–4:30pm	\$160	\$180
Times Square Riding Academy 4835 Oakwood Rd, off M-15 in Ortonville			

**DEADLINE TO REGISTER IS THE MONDAY PRIOR TO EACH SESSION.**



## High School Boys Golf Practice & Play **NEW**

If you're a High School boy golfer looking to learn and better your game with other golfers your age, join us for this weekly practice and play group. Your chance to keep going in golf is here at Shepherd's Hollow Golf Club. We offer weekly practice and play days that will start on April 19th and run for 8 weeks. Each practice will be held on Tuesdays from 3:30–4:30pm and will be led by a member of our professional instruction staff. Play days will be every Wednesday from 3:30–5:30. Students will be expected to walk and carry their clubs during the play days. Registration begins March 1, 2016.

<b>April 19–June 8</b>			
Tuesdays, 3:30–4:30pm			
Wednesdays, 3:30–5:30pm			
GROUP	TIME	RES.	NON.
Grades 9–12	(See above)	\$285	\$295
Shepherds Hollow Golf course			

## KidFit **NEW**

KidFit, a FitnessQuest group training program designed for Kindergarten–5th graders, is a FUN and SAFE exercise program for kids to learn, explore, and excel at fitness. In this 8 week program, FitnessQuest's certified personal trainers will ensure safety as KidFit participants are introduced to functional, scalable, athletic movements to improve the kids' motor skills, physical conditioning, and general activeness. Kids will have FUN and be challenged by this energetic class. Kids, come have FUN and get fit with KidFit!

<b>Mondays and Wednesdays</b>			
Session 1: January 4–February 24			
Session 2: February 29–April 27 (skip March 28 & March 30)			
GROUP	TIME	RES.	NON.
Grades K–5	5–5:45pm	\$160/child	\$170/child
		\$250/ 2 children*	\$260/ 2 children*
FitnessQuest, 32 S. Main Street, Clarkston *Extra \$50 for 3rd child			

## BigKidFit **NEW**

BigKidFit, a FitnessQuest group training program designed for 6th–8th graders, is a FUN and SAFE exercise program for middle school aged kids to learn and expand their knowledge and activity of fitness. In this 8 week program, FitnessQuest's certified personal trainers will ensure safety as BigKidFit participants are introduced to functional, scalable, athletic movements that are intensified when appropriate. BigKidFit focuses on safe strengthening exercises, physical conditioning, and youth sports training. BigKids will have FUN and be challenged by this energetic class. BigKids, come have Fun and get fit with BigKidFit!

<b>Mondays and Wednesdays</b>			
Session 1: January 4–February 24			
Session 2: February 29–April 27 (skip March 28 & March 30)			
GROUP	TIME	RES.	NON.
Grades 6–8	7–7:45pm	\$160/child	\$170/child
		\$250/ 2 children*	\$260/ 2 children*
FitnessQuest, 32 S. Main Street, Clarkston *Extra \$50 for 3rd child			

## NFL YOUTH FLAG FOOTBALL EXPERIENCE THE DIFFERENCE

Grades Pre K – 8th  
Presented by: Michigan Youth Flag Football,  
a division of National Flag Football

Are you ready for some football? Join the largest youth flag football organization in the country. This is a 5 vs. 5, non-contact, recreational, co-ed format. Teams are limited to 10 players to maximize playing time. This is an exceptional program for first time players who want to learn the fundamentals of football. This is also a wonderful opportunity for players who may want to continue to enhance their skills before taking the next leap into tackle football.

Games are played at Clintonwood Park on Sunday afternoons. Practices take place one hour prior to game time each week to ensure a convenient and fun experience for all. Participants will receive a NFL reversible jersey, flag belt and individual participation award. Games are officiated by MHSAA referees.

The season begins mid–April and runs through the end of June.

There are no try-outs! Everyone participates! Children are placed on teams according to their school and grade to ensure classmates are playing together.

**REGISTRATION DEADLINE: MARCH 1ST, 2016**

Entry Fee: \$128.50 + 3.5% processing fee  
You must register on-line at:  
[www.MichiganFlagFootball.com](http://www.MichiganFlagFootball.com)  
For more information  
call (248) 454-9700



## Instructional Archery



Does your child want to learn a new sport they can do for life? During this ten-week program children will learn the basics of archery including safety, techniques, mental concentration and self-improvement. Equipment is provided or bring your own (must be approved by instructors before use). If spaces still exist after the registration deadline and registration is accepted, a \$10 late fee will apply.

Wednesdays  
January 13–March 16

GROUP	TIME	RES.	NON.
Ages 8+	4:30–6pm	\$65	\$75

Oakland County Sportsman's Club  
4770 Waterford Rd, Clarkston

**DEADLINE TO REGISTER IS JANUARY 11.**

## Volleyball Skills Clinic

This is a 5 week program that will teach players basic skills needed to play volleyball. Each week will be a structured lesson that will build skills upon each other. Learning focus will be passing, serving, setting and hitting. Fun and games will be incorporated. No prior experience necessary! If spaces still exist after the registration deadline and if registration is accepted, a \$10 late fee will apply. Sorry, no refunds after registration deadline.

Wednesdays, February 3–March 2

GROUP	TIME	RES.	NON.
Grades 4–9	7–8:30pm	\$50	\$60

Everest Academy

**DEADLINE TO REGISTER IS JANUARY 28.**

## Early Registration!

*Online registration for Winter/  
Spring begins on Monday,  
December 28, 2015.*

*All other registration begins January 4  
at 8am unless otherwise noted.*

## Mother Daughter Hip Hop

A perfect class to encourage mother/daughter bonding while enjoying some fun exercise. Learn the latest dance moves and share priceless laughs with your daughter. There is no registration deadline for this class, but please register early!

Tuesdays  
Session 1: January 19–March 8  
Session 2: March 22–May 10

GROUP	TIME	RES.	NON.
Ages 6+	7:15–8pm	\$90	\$98

Busy Bodies, 1400 Scott Lake Rd.

## Little Chefs

Drop your child off for a class that introduces them to have fun with food through creative ideas and recipes. This class is held at Busy Bodies. A one time supply fee of \$10 must be paid on the first class to the instructor. There is no registration deadline for this class, but please register early!

Thursdays  
Session 1: January 21–March 10  
Session 2: March 24–May 12

GROUP	TIME	RES.	NON.
Ages 4–8	6:15–7pm	\$80	\$88

Waterford Recreation Center, 5640 Williams Lake Rd.

**SPRING FLAG FOOTBALL!**

**REGISTER TODAY!**

[www.MichiganFlagFootball.com](http://www.MichiganFlagFootball.com)

# Lakeland Ice Arena

7330 Highland Road,  
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(Between Airport Road and Williams Lake Road)

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- Learn to Skate\*
- Learn to Play Hockey\*
- Hockey Leagues for All Ages\*

*\*Family Plans Available*

- Birthday Party Packages
- Public Skating—Sat & Sun.

*(See website for times)*

Rental Skates are Available!

**Fun for All Ages!**

Visit us at [www.lakelandarena.com](http://www.lakelandarena.com)



[www.cherryhillnorth.com](http://www.cherryhillnorth.com)

## 2016 Youth Programs

### Family Doubles

1 Adult & 1 Child (7-17yrs)  
Saturdays @ Noon - Starts 1/9  
or Sundays @ 11am - Starts 1/10  
Bowl 16 weeks



### Ball League

Kids Stuff (7-13yrs)  
Bumpers (3-6yrs)



Begins Thurs. 1/14 @ 4:45 Bowl 16 Weeks  
Receive a FREE ball and bag at end of season

### Saturday Bumpers

3-6yrs - \$4.50/ week  
Begins Sat. 1/9 @ 10am  
Bowl 16 Weeks



Visit us online or call 248-625-5011



find us on



facebook

See our website for

**NEW Clinics**



### 2016 Spring Player Fees:

T-Ball	\$75	Intermediates	\$185
Coach Pitch	\$100	Juniors	\$185
Minors	\$125	Seniors*	\$185
Majors	\$140	Big League*	\$185

\*Summer Baseball

online registration begins  
mid December on our website  
walk in registration begins January

All walk-in registration is located at the Covert Center  
1150 Scott Lake Road, Suite 7, Waterford, MI 48328

Call 248-599-2955 or see our website for upcoming events,  
eligibility and additional info

[www.WaterfordLittleLeague.org](http://www.WaterfordLittleLeague.org)



in affiliation with:



For Waterford Little League  
Softball information,  
please call  
248-674-5441

# THANK YOU

The businesses and organizations below have made a contribution to our Department for our 2015 Fall programs. We are making a difference in the community because of their generosity. We thank them and hope you will too!

## TONS OF TRUCKS

### TRAIN SPONSOR

Smith's Disposal & Recycling

### WAGON RIDES SPONSOR

Genisys Credit Union

### MUSIC SPONSOR

Genisys Credit Union

### HANDY MANNY SPONSORS

Grennan Construction  
Carnwath Excavating Co.

### CRAFT TRUCK SPONSOR

Planet Kids Premier Academy

### BIG RIG SPONSORS

Assured Carriers  
Bright Side Dental  
Burke Building Centers, Inc.  
Fort Clarkston  
Munk & Associates Orthodontics, PLLC  
Szott Ford  
The Learning Experience

### BULLDOZER SPONSORS

Van Horn Concrete  
Kona Ice of Greater Bloomfield Hills  
Lowries Landscape  
Montgomery & Sons, Inc  
Two Men and a Truck

### PARTICIPANTS

A School for the Mind and Body's Great Start Readiness Program Preschool  
Cassens Transport  
Clarkston Lion's Club  
Dog Pound Dogs, LLC  
Independence Fire Department  
Independence Township Safety Path  
Independence Township Senior Center  
Oakland County Sheriff  
USA Insulation  
Water Resources Commissioner  
Webster Excavating, Inc.  
Yesteryears Tractor Club

## BUCKS FOR BUSES

### PLATINUM LEVEL

McLaren Health Care  
Waterfall Jewelers

### GOLD LEVEL

Coats Funeral Home  
Clarkston News

### SILVER LEVEL

Lockwood of Waterford  
Lourdes, Inc.  
Pallotta Heating & Cooling LLC  
Smith's Disposal & Recycling  
Susan's Hallmark

### BRONZE LEVEL

All Saints Cemetery  
American House  
Bright Side Dental  
Clarkston Brandon Credit Union  
Clarkston Medical Group  
Dr. and Mrs. Shivajee Nallamothu  
Dr. Richard J. Baker, DDS  
Health Quest Physical Therapy  
Home Instead Senior Care  
Lake Orion Assisted Living  
Larry Larson  
Lewis E. Wint & Son Funeral Home  
Roeser Dental Associates  
Ron Wagner  
Connie's Creative Cakes

### EVENT SUPPORT

Amy Peterson Photography  
Andrea, Floyd & Andy Hirsch: In Memory of Paul F Hood, Jr.  
Coffee Break Services Inc.  
Dairy Queen  
FRIENDS of the ITSAAC  
Market Place Pet Supplies  
Robert Kostin, P.C.  
The Print Shop

### RAFFLE DONATIONS

Barbara Rollin  
Birdfeeder Inc.  
Bordines  
Brioni's Café & Deli  
Camp Bow Wow  
Carole Hicks  
Chamberlain's Auction Gallery  
Cherry Hill Lanes North  
Connie's Creative Cakes

Creekside Salon  
Elmhaven Manor  
Glitz Salon  
Gregg's Gourmet Café  
Helen Simunovic  
Heroes Bar-BQ & Brew  
Lake Orion Assisted Living  
Len & Nancy Wasilk  
Lorraine & Sid Janes  
Lourdes, Inc.  
Mary Melega  
Neiman's Family Market  
Picasso Grapevine  
Pontiac Country Club  
River Rock Bar & Grill  
Sandy Novotny  
Susan's Hallmark  
Tenuta's Food Land  
Waterfall Jewelers  
WoJo's Green House

## FRIENDLY FOREST

### EVENT PARTNER

Clarkston Area Optimist Club

### CRAFT SPONSOR

Planet Kids Premier Academy

### MEDIA SPONSOR

The Clarkston News

### MAZE SPONSOR

Genisys Credit Union

### WAGON RIDE SPONSOR

Smith's Disposal & Recycling

### FOREST SPONSOR

Amy Peterson Photography  
Brick It Up  
Bright Side Dental  
Clarkston Medical Group  
Santarossa Dental  
The Graphic Wizard, LLC  
**STATION SPONSORS**  
Clarkston Dental Group  
Fairytale Entertainment  
Independence Fire Department  
Lil' Peoples' Place  
Oakland County Sheriff  
Premiere Pediatrics  
Walgreens

## VETERAN'S LUNCHEON

### PLATINUM LEVEL

Cedar Lodge #60-Clarkston  
Masons

### HALL SPONSOR

American Legion Campbell-  
Richmond Post #63

### SILVER SPONSOR

Lewis E. Wint & Son Funeral Home

### BRONZE LEVEL

Amy Peterson Photography  
Washington Management LLC  
Jim Tedder Productions

## TURKEY SHOOT

### TOP TURKEY LEVEL

Smith's Disposal & Recycling

## HOLIDAY LIGHTS NIGHT

### SHINING STAR LEVEL

Smith's Disposal & Recycling

### SILVER BELL LEVEL

Amy Peterson Photography  
Dr. Jennifer Caudill, MD, PLLC  
Lewis E. Wint & Son Funeral Home  
Premiere Pediatrics  
Jim Tedder Productions

## SENIOR CHRISTMAS PARTY

SMART Transportation  
Jim Tedder Productions

## SENIOR THANKSGIVING PARTY

SMART Transportation  
Jim Tedder Productions

## PUMPKIN CARVING CONTEST, HOLIDAY LIGHTS NIGHT CONTEST, SNOWMAN BUILDING CONTEST

Genisys Credit Union

## MEALS ON WHEELS HOLIDAY MEALS

Deer Lake Athletic Club  
Autumn Ridge Assisted Living  
The Woodshop

SPECIAL THANKS TO TO FOLLOWING SPONSORS:

The Clarkston News

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WATERFORD • ORTONVILLE • CLARKSTON

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Lockwood  
Senior Living

LOURDES  
SENIOR COMMUNITY

Smith's  
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Serving our neighbors since 1988  
248-625-5470

Hallmark  
GOLD CROWN  
Susan's Hallmark

PALLOTTA  
HEATING AND  
COOLING

## 2016 Sponsorship Opportunities

Be a part of keeping community traditions alive!

### SPONSORS EVENTS!

Get involved in community by sponsoring events. Some sponsorship levels have great opportunities that afford your organization to have a booth on-site and interact with event patrons. Get exposed to hundreds of people in one event!

### SPONSOR T-SHIRTS!

It's been said it's "America's favorite pastime", sponsor a baseball team to be the All-American supporter. Other shirt sponsorships include: Basketball Award shirts and Summer Camp shirts

### SPONSOR A FIELD BANNER!

Would you like to see your company's name or logo displayed on one of our ball field fences at Clintonwood Park? Sponsor a banner at the Park for a summer.

Call Amy at (248) 625-8223 or email inquiries to her at [amyl@indetwp.com](mailto:amyl@indetwp.com).  
2016 Sponsorship Opportunities are also online at [www.itprs.org](http://www.itprs.org) under forms and flyers.

# THE LEARNING EXPERIENCE

Academy of Early Education



## What makes us unique?

We believe that what's good for one child, is good for every child!

### The Cost of Tuition Includes:

Curriculum & Enrichment

- Proprietary L.E.A.P. Curriculum
- Monthly curriculum themes
- Eight fun filled enrichment programs
- Sign Language
- Manners and Etiquette
- Philanthropy
- Physical education

Foreign Language Program

- L.E.A.P. into Spanish

Technology

- L.E.A.P. Interactive Board (pictured right)
- Computers in classrooms (Age 2.5 and Up)
- Access to interactive apps & games on BubblesU.com

Phonics Program

- Fun with Phonics

Meal Program

- Two snacks daily
- Lunch program

Security

- Secured entrance with key fob access

Health & Safety

- Shoeless infant rooms
- Daily toy sanitization
- Activtek Air Purification System
- 14-Step diaper changing procedure
- Peanut and powder free facility

Play Areas

- Socio-dramatic indoor play area
- Age appropriate outdoor play areas

More than 95% of our preschool graduates are reading by the time they enter kindergarten



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# Michigan Impact Instructional Soccer

## Bridging the Gap Between Parks & Rec and Travel

### Super Star Soccer Boys & Girls Ages 3-5 Years Old

Sessions are designed for beginner to advanced Junior players. Focus will be placed on development of basic motor skills and basic soccer skills through creative fun games. 1v1 and small sided games will be played to help apply the skills learned and to develop team play. All sessions are overseen by Brock Kennedy Academy Director.

#### Winter 2016

Dates: 1/23, 1/30,, 2/6, 2/13, 2/20, 2/27, 3/5  
Time: 10am-11am  
Location: Cedar Crest Academy Gymnasium  
Cost: \$75, includes t-shirt

#### Spring 2016

Dates: 4/16, 4/23, 4/30,5/7, 5/14, 5/21, 6/4  
Times: 10am-11am  
Location: Springfield Plains Elementary  
Cost: \$50, includes t-shirt

### U6/U8 Soccer Boys & Girls Ages 5.5-8 Years Old

Sessions are designed for beginner to advanced players. Focus will be placed on continued development of basic motor skills and basic soccer skills through creative fun games. 1v1 and small sided games will be played to help apply the skills learned and to develop team play. All sessions are overseen by Brock Kennedy Academy Director.

#### Winter 2016

Dates: 1/23, 1/30,, 2/6, 2/13, 2/20, 2/27, 3/5  
Time: 10am-11am  
Location: TBD  
Cost: \$75, includes t-shirt

#### Spring 2016

Dates: 4/16, 4/23, 4/30,5/7, 5/14, 5/21, 6/4  
Times: 10am-11am  
Location: Springfield Plains Elementary  
Cost: \$50, includes t-shirt

To register for either program visit [www.michiganimpactsoccer.com](http://www.michiganimpactsoccer.com) and create a profile in upper right hand corner



# SPRING BREAK



## Spring Break Camp

*School's out for spring break—what's there to do?*

Sign-Up for this fun week of field trips! This program is offered in conjunction with other Oakland County communities. Field Trips may include: swimming, movies, bowling, skating and more! Preregistration is necessary by Wednesday, March 30. Cost includes transportation, entrance fees for activities & supervision. Detailed information will be available late January and registration begins February 16. Late fees apply after registration deadline of March 30, if space still exists. Drop-off at the Clintonwood Park Day Camp Building.

April 4-8

GROUP	TIME	RES.	NON.
Grades K-6	9am-4pm	\$35/day*	\$40/day*

\*Register for all 5 days and receive a discount of Resident: \$140/week; Non-Resident: \$165/week



### Klever Kreation's Dessert Classes!

#### COOKIE DECORATING

Saturday, February 6

Learn to decorate delicious cookies using icing bags and sprinkles.

#### CANDY MAKING

Saturday, March 12

Melt chocolate to make suckers, chocolate covered pretzels, popcorn and cookies. Use molds to create chocolate candies.

#### CUPCAKE DECORATING

Saturday, April 23

Learn how to use icing bags and tips to frost cupcakes. Add fun sprinkles and candy to top off your creation.

Ages 5-12

\$17.00 per person, per class. No refunds.

1:00 PM—2:30 PM

Klever Kreation, 3177 Dixie Highway, Waterford, MI 48328

Pre-registration required, call Waterford Parks & Recreation at 248-674-5441

[www.waterfordmi.gov/parksandrec](http://www.waterfordmi.gov/parksandrec)  
Mention this ad to receive resident pricing.



## Independence Township wants to make sure you and your family has a fun and safe Spring Break!

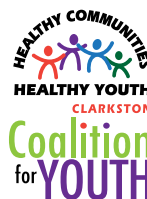
Download Guide for a listing of over 30 activities and discounts during the week of Spring Break! Go to [www.clarkstonyouth.org](http://www.clarkstonyouth.org). Guides are also available at the Independence Township offices and the Clarkston Independence District Library.

### SPRING BREAK CLARKSTON

STYLE is an initiative organized by the Clarkston Coalition for Youth-in collaboration with the Clarkston Area Chamber of Commerce, Clarkston Community Schools, Clarkston PTA Council, Clarkston Independence District Library and Independence Township to promote alternative activities that encourage our students to make better choices.



If you have any questions, please email us at [info@clarkstonyouth.org](mailto:info@clarkstonyouth.org) or ask us on Facebook!



The Clarkston Coalition for Youth is not responsible for the activities and safeguards associated with any events included herein. At any time, when children are out in the community, everyone should take safety precautions and be mindful of risks.

HEALTHY  
MICHIGAN BASED  
MENU



Where Endless Adventures Await

Clarkston's Newest  
Entertainment Center

Book Your  
**PARTY**  
Online Now!

Awesome 3 Story Playscape

Children's Rock Climbing

Unique Birthday Parties

Craft Beer & Local Wine

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**PARTIES** **ARCADES** **CAFE**  
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**MUSIC** **CRAFTS** **EVENTS**



7127 Dixie Highway, Clarkston, MI 48346

[www.fortclarktson.com](http://www.fortclarktson.com)

248-297-5453

HOURS: Monday - Thursday 10 am - 8 pm

Friday - Sunday 10 am - 9 pm

# SUMMER CAMP

# SNEAK PEEK

## Day Camps at Clintonwood Park

*Do your kids get bored at home during the summer, nagging you, "What's there to do?"*

*Send them to Camp with the camp pros at Clintonwood Park!*

Our summer Camp Programs will give your child an opportunity to meet new friends, learn new talents, visit new places, develop positive self-esteem and create wonderful childhood memories. Send your child for one day or the whole summer, your child will thank you for the experience!

- Grades K-9
- Weekly sessions from June 20th-August 19th
- Monday-Friday
- 10am-4pm (Before/After Care info to the right)
- Week of August 22 (Finish 'n Fun Camp, grades K-6 only, 9am to 4pm with no Before & After Care)

Detailed information will be available in April. For more information, please call (248) 625-8223

### Registration Information:

For Independence Township Residents and Clarkston School District Homeowners, registration begins on Saturday, April 23rd from 9am-2pm (a special one day only registration kick off) and continues until weeks are full (during regular business hours.) Open Registration for non-Residents begins on Thursday, May 5th.

### Before & After Care:

For an additional fee, parents may utilize our very popular Before & After Care Program. Before care starts daily at 7:30am and After Care ends at 6pm. Before & After Care Punch Cards are sold in the Main Office and on-site at camp. Before & After Care Punch Cards are non-refundable and non-transferable.

### CIT Program

The CIT Program is for anyone who has completed 9th grade and is interested in gaining first-hand experience as a Camp Counselor. CIT's will assist the Counselors in the planning and operation of camp at Clintonwood Park and are expected to be a positive role model for all of our Campers. Once a week, all CIT's will participate in a Leader Day outside of Camp and will also have a Payback Party at the end of the summer. All applicants will go through an interview process and one-day training/ orientation to participate. Application will be available in March and will be accepted until Friday, May 13th. Interviews will be held the weeks of May 16 and May 23 and training will be held at the beginning of June. For more information, please call (248) 625-8223.



**CEDAR CREST  
ACADEMY**  
**OPEN HOUSE**  
**February 6 & May 7**

A private, independent school individualizing and accelerating education in Clarkston since 1984.

**DISCOVER the  
DIFFERENCE**

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# THERAPEUTIC RECREATION

*These programs are designed for persons with cognitive disabilities, with or without physical impairment.*

## TR Newsletter

We are looking to add more exciting programs and events throughout the year, which we will announce in our newsletters. Make sure you are on our mailing list! Contact Danielle Wescott at (248) 625-8223 or email [dwescott@indetwp.com](mailto:dwescott@indetwp.com) to be added.

## TR Transportation Services

Independence Township provides transportation services for disabled adults over 18 who have physical or mental disabilities. Riders must be residents of Clarkston, Independence Township, or Springfield Townships. For destinations available and other information, call the Senior Community Center at (248) 625-8231.

## TR Theatre Workshop NEW

We are excited to be offering a new kind of program for our TR participants! Get out on the stage and shine during the first ever TR theatre workshop. Open to ages 7+, this class is for participants with cognitive disabilities, with or without physical impairments. This two hour workshop will be taught by theatre professionals from the 4th Wall Theatre Company. Participants will learn about the theatre world and themselves through singing, dancing and acting. The workshop will be held on Thursday, April 7th from 6-8pm at the Everest Academy Auditorium. Cost is \$30 per participant. For registration forms visit [www.itprs.org](http://www.itprs.org) and click on the Forms/Flyers link or call 248-625-8223. A minimum of 5 participants are required so please register early

## TR Pizza & Movie Night

Enjoy an evening with your friends for a favorite movie and some delicious pizza! This program is for persons, ages 14+, with cognitive disabilities, with or without physical limitations. Bring a DVD—we'll take a vote and might choose yours! Pizza and Movie Night is held in the Carriage House at Clintonwood Park, 6000 Clarkston Rd., Clarkston, MI 48346, from 6-8:30pm on the following Fridays; 1/8, 2/5, 3/4, 4/1, & 5/6/15. Registration is \$6 and includes salad, 2 slices of pizza, cookies, pop and popcorn. Extra pizza is \$1 per slice. A minimum of 4 participants are required to hold the program, so register early! Call (248) 625-8223 to register.

## TR Bingo Night

Join your friends for everyone's favorite game, B-I-N-G-O! This program is for persons, ages 14+, with cognitive disabilities, with or without physical limitations. Bingo Night is held in the Carriage House at Clintonwood Park, 6000 Clarkston Rd., Clarkston, MI 48346, from 6-8pm on the following Fridays; 1/22, 2/19, 3/18, 4/15, & 5/20/15. Registration is \$6 and includes refreshments and game prizes. A minimum of 4 participants are required to hold the program, so register early! Call (248) 625-8223 to register.

## TR Community Garden Plot Share NEW

Enjoy getting your hands dirty and growing fresh veggies? We are looking to have one or two shared garden plots for our Therapeutic Recreation group this upcoming season and would like you to join us! We will meet at our plot(s) on Thursday afternoons from 2-3pm starting in late April and going through till we harvest in October. Cost is \$10 per participant. All gardening supplies will be provided and participants will get to enjoy our produce throughout the season. Registration begins 2/15 and ends 3/11. For registration forms go to [www.itprs.org](http://www.itprs.org) and click on the Forms/Flyers link or call (248) 625-8223. Space is limited to 10 participants (5 per plot) total, so register early!

## TR Buddy Baseball

TR Buddy Baseball is a non-competitive recreational league for boys and girls, ages 7-14, with cognitive disabilities, with or without physical impairments. Each player is paired with a Buddy to assist them as needed. The 6 week league is held on Monday evenings from 6-7pm on 6/13, 6/20, 6/27, (skip 7/4), 7/11, 7/18 & 7/25/15 at Sashabaw Plains Park. If needed, the rain out makeup date will be 8/1. There will be Opening Day festivities held on Saturday 6/4 and an End of Season Picnic immediately following our last game. Buddies and Coaches will also need to attend a mandatory meeting on Tuesday 6/7 at 6pm in the Township Hall Meeting Room. Cost is \$40/res, \$50/non res and \$10 for buddies. Registration begins 3/21 and ends 4/29. Add a \$10 additional fee for registrations received after the deadline, pending space is available. For registration forms go to [www.itprs.org](http://www.itprs.org) and click on the Forms/Flyers link or call (248) 625-8223.

## 1st Annual Sparkle Awards

*Wednesday, March 30, 2016 at 6pm  
Clarkston Community Schools Board Office*

The Clarkston Community Schools Special Education Parent Advisory Committee presents the 1st annual Sparkle Awards! This special education appreciation evening will honor individuals and groups who support students with IEPs (individualized education program) in Clarkston Community Schools. Nominees should show extraordinary service to students with IEPs and can include teachers, para educators, student peers, custodial staff, board members, school administrators, bus drivers, counselors and more. Every nominee will be recognized and receive a Sparkle Award at the ceremony. In addition, each general category will receive special recognition. Special recognition awards are based solely on the nomination and are determined by an independent panel of judges outside the Clarkston Community Schools.

Individual and Group nomination forms can be found at: [www.clarkston.k12.mi.us/education/components/scrapbook/default.php?sectiondetailid=41820&](http://www.clarkston.k12.mi.us/education/components/scrapbook/default.php?sectiondetailid=41820&) or requested by emailing [ccssparkleawards@gmail.com](mailto:ccssparkleawards@gmail.com).

*All nominations are due on or before  
February 26, 2016.*

For more information or questions, please contact Heather Roeser at [ccssparkleawards@gmail.com](mailto:ccssparkleawards@gmail.com).

## TR Travel Softball

The TR Travel Softball program is a league for persons, ages 14+, with cognitive disabilities, with or without physical impairments in coordination with Troy, Waterford, Orion Township and Rochester TR departments. The 8 week season is held on Thursday at 6:30 on 6/2, 6/9, 6/16, 6/23, 6/30, 7/7, 7/14, & 7/21. If needed, the rain out makeup date will be 7/28. Games are either on our home field, Sashabaw Plains Park, or away on our opponent's field. There will be Opening Day festivities held on Saturday 6/4 and an End of Season Picnic immediately following our last game. Cost is \$45/res or \$55/non res. Registration begins 2/29 and ends 4/8. Add a \$10 additional fee for registrations received after the deadline, pending space is available. For registrations forms go to [www.itprs.org](http://www.itprs.org) and click on the Form/Flyers link. Practices begin in April, so be sure to register early!

## TR Buddy Soccer NEW

We are excited to announce our new TR Buddy Soccer program starting this spring! Mirrored after our TR Buddy Basketball and TR Buddy Baseball programs, TR Buddy Soccer is a non-competitive recreation league for boys and girls, ages 7-14, having cognitive disabilities, with or without physical impairments. Each player is paired with a buddy to assist them as needed. The 6 week league is held on Monday evenings from 6-7pm from 4/11 through 5/16 at Everest Academy Girls Gym. If needed, a makeup date will be 5/23. Buddies and Coaches will also need to attend a mandatory meeting on Monday, 3/28 at 6pm in the Township Board Meeting Room. Cost is \$40/res, \$50/non res and \$10 for buddies. Registration begins 1/4 and ends 2/12. Add a \$10 additional fee for registrations received after the deadline, pending space availability. For registration forms visit [www.itprs.org](http://www.itprs.org) and click on the Forms/Flyers link.

## COACHES & SPONSORS NEEDED!

If interested in coaching any of these leagues, please contact Danielle Wescott, TR Coordinator, at (248) 625-8223 or email [dwescott@indetwp.com](mailto:dwescott@indetwp.com). If interested in sponsoring either of these leagues, please call Amy Laboissonniere at (248) 625-8223 or email at [amy@indetwp.com](mailto:amy@indetwp.com). For more information or to download the sponsorship forms, visit [www.itprs.org](http://www.itprs.org) and click on the Forms/Flyers link and look for the 2016 Sponsorship Guide.

**ACCESSIBILITY** The Charter Township of Independence, Department of Parks, Recreation & Seniors provides high quality recreation services for all residents. The Department invites people with disabilities to participate in all programs and activities it offers. Reasonable accommodations will be made.



Also, Independence Township organizes programs specifically designed for persons with cognitive disabilities, with or without physical impairment, listed under our Therapeutic Recreation offerings. For program information or to get on our mailing list, call the Main Office at (248) 625-8223.

# ADULTS



## Yoga Pilates Synergy

A beginning level yoga–Pilates class that safely tones, stretches and relaxes your whole body. Fusing core strength, flexibility and balance. Yogilates integrates the techniques of Pilates and Hatha yoga for a complete and enjoyable mind/body workout. This beginning level program is ideal for people of all ages and abilities. Please bring a yoga mat. If space still exists after the deadline, add \$10.

Session 1: Tuesday, January 19–March 8  
Session 2: Tuesday, March 15–May 3

GROUP	TIME	RES.	NON.
Ages 18+	6:30–7:30pm	\$80	\$90
Bay Court Park, 6970 Andersonville Rd			

**DEADLINE TO REGISTER IS JANUARY 15 FOR SESSION 1 AND MARCH 11 FOR SESSION 2.**

## Dance at the Barre

Get the leanest, firmest, sexiest body ever. Fusing the discipline of dance (Zumba) core conditioning, Pilates, and weight training into one dynamic non-impact class. This total body workout consistently delivers amazing results at record speed. Set to upbeat, energetic music, this class utilizes a chair or barre and small weights to perform multiple high reps of small isolated movements, creating tiny, sculpted, shapely, long lean muscles. Created to tone, lift, and re-shape the body, this 55 minute class creates defined abs, lifted glutes, slimmer hips, toned arms and long lean legs. Please bring a mat and light hand weights to class. If space still exists after the deadline, add \$10.

Session 1: Mondays, January 25–March 14  
Session 2: Mondays, March 21–May 9

GROUP	TIME	RES.	NON.
Ages 18+	6:30–7:30pm	\$80	\$90
Bay Court Park, 6970 Andersonville Rd			

**DEADLINE TO REGISTER IS JANUARY 21 FOR SESSION 1 AND MARCH 17 FOR SESSION 2.**

## Boot Camp

You can command Power, Strength, and Agility with this military inspired circuit workout that will push you to your limits. As you maneuver your way through each workout station, you'll lunge, kick, crunch, box, cycle, and more for a full body workout. In the end, you'll leave class feeling exhilarated. If space still exists after the deadline, add \$10.

Choose a date and time:  
Tuesdays, 6pm January 12–March 15 (10 weeks)  
Thursdays, 6am January 14–March 17 (10 weeks)

GROUP	TIME	RES.	NON.
Ages 16+	See Above	\$99	\$109
Work It, 8250 Old White Lk Rd Suite D, White Lake, MI 48386			

**DEADLINE TO REGISTER IS JANUARY 11 FOR THE TUESDAY CLASS AND JANUARY 13 FOR THE THURSDAY CLASS.**

## Tamiya Ryu Iaijutsu (Japanese Sword Class)

Train your body, spirit and mind. Tamiya Ryu Iaijutsu is a Koryu Japanese Sword Art, not taught outside of Japan until recently. This is the only official group in the U.S. teaching this particular art. The Clarkston Branch is managed by Kenneth Young (Genchu) Sensei (4th Degree) and guided by the 15th headmaster in Japan. This class is for adults over the age of 18 (no exceptions). Since many of our techniques start from a traditional kneeling position, students should expect to get into, and up from, this position several times a class. Association and equipment fees will be needed for continuous study; these details will be covered in class. Visit [www.ustamiyaryu.org](http://www.ustamiyaryu.org) to learn more and see a short video about the art.

Wednesdays

Session 1: January 13–January 27 (3 classes)  
Session 2: February 3–February 24  
Session 3: March 2–March 23  
Session 4: April 6–April 27

GROUP	TIME	RES.	NON.
Ages 18+	7–9pm	\$50*	\$60*
Bay Court Park Lakeview Room. *Session 1 \$37.50 res/\$45 non			

## Zumba Fitness

Join the party! Zumba fuses hypnotic musical rhythms and tantalizing moves to create a dynamic workout system. Tone and sculpt your body while burning fat. Add a post Zumba toning session for additional benefit. Please bring light weights to class if possible. This is a great class for all ages and abilities, get your groove on and join us for Zumba fun! If space still exists after the registration deadline, add \$10.

Session 1: Mondays, January 11–February 29, (registration deadline January 7)  
Session 2: Mondays, March 7–April 18, (no class on April 4) (registration deadline March 3)  
Session 3: Mondays, April 25–May 23, (registration deadline April 21)

GROUP	TIME	RES.	NON.
Ages 16–49	6:30–7:30pm	\$45	\$55

Senior Community Center.  
For those over 50, please call (248) 625-8231 to get special discounted pricing.

**50+ Adults!**  
Check out page 37  
for more programs!

## Kids Only Garage Sale

### Shop the Kids Only Garage Sale!

"A sale for kids, by kids!" Saturday, May 7.  
Sale opens for shoppers at 10am and ends at 2pm.  
NO ENTRANCE FEES for shoppers! Held light rain or shine at Clintonwood Park, 6000 Clarkston Rd, Clarkston, MI 48348.

**Registration information for a booth is available on page 34.**

## Cancellations

ITPRS is using [cancellations.com](http://cancellations.com) to notify participants of any cancellations, delays or re-scheduled games. Go to [www.cancellations.com](http://www.cancellations.com) and sign up to be altered automatically via email when there is a notification sent out. It is very user-friendly and FREE!

**The (248) 625-4334 hotline will also remain active.**

[www.cancellations.com](http://www.cancellations.com)

# DEER LAKE ATHLETIC CLUB

6167 White Lake Road, Clarkston, MI 48346 Ph. 248-625-8686 Fax 248-625-5350

## JUNIOR TENNIS PROGRAM

Session III: Jan. 4-Feb. 27 Session IV: Feb. 29-Apr. 23 (No Classes Apr. 4-10)

Session V: Apr. 25-June 11 (No classes May 30)

All ages: Beginner thru Advanced Classes

Tiny Tots: ages 4-6, includes **FREE** racquet

USTA 10 & UNDER TENNIS

USTA Junior Travel Team, ages 10 -18

**FREE** walk on court time for all players in the Junior Tennis Program (Session must be paid in full)

## ADULT TENNIS PROGRAM



*NEW Adult Clinics starting in January!*

*Senior Match Play every Monday, Wednesday & Friday afternoon*

*Weekly Open Practice, Private Lessons, USTA Teams, Travel Teams & In-House Leagues*

**We have something for everyone—All levels welcome! Call for more information!**

**ONE CLUB FOR THE ENTIRE FAMILY: Fitness, Swimming, Tennis, Restaurant & Banquet Center! CALL TO SCHEDULE A TOUR TODAY! 248-625-8686**

## Maintain Your Independence

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HEMOCARE GROUP

[mclaren.org/homecaregroup](http://mclaren.org/homecaregroup)

# ADULT SPORTS

Did you know that people who play golf...

- ✓ Manage stress better
- ✓ Experience good health & exercise
- ✓ Burn at least 650 calories in 9 holes of golf
- ✓ Enjoy quality time with friends and family, and
- ✓ Foster lasting business relationships

## Golf 101 & 201

### Golf 101—The Basics

Golf 101 is a program specifically tailored to people who are new to golf, or who need to brush up on the basics. Golf 101 includes five, 75 minute lessons that gradually introduce you to the game; from getting familiar with the facility amenities and the golf course to hitting a tee shot, this program will have you ready to play and stimulate your interest to learn more.

Golf clubs available upon request. Golf attire is encouraged - collared shirt, and slacks, shorts, or skort. Tennis shoes or other soft rubber-soled shoes are acceptable. Choose a date and time to best fit your busy schedule:

Saturdays, April 30–June 4 (3–4:15pm)  
Mondays, May 2–June 6 (10–11:15am)  
Tuesdays, May 3–May 31 (5:45–7pm)

GROUP	TIME	RES.	NON.
Ages 17+	See Above	\$170	\$180

### Golf 201—Let's Play

Designed for novice to intermediate golfers and graduates of the Golf 101 program, Golf 201 includes five, 90 min. lessons that will elevate your golf skill level through instruction and on-course play. The first 45 minutes of each class will include instruction at the practice area. The last 45 minutes will be spent playing 1–3 holes on the course.

Saturdays, April 30–June 4 (1–2:30pm)  
Mondays, May 2–June 6 (5:45–7:15pm)  
Tuesdays, May 3–May 31 (9:30–11am)

GROUP	TIME	RES.	NON.
Ages 17+	See Above	\$180	\$190

## 31st Annual CLARKSTON COMMUNITY AWARDS 2016

Tuesday, May 24, 2016 • 7:30am to 9:00am

\$12 per person

Clarkston Community Church  
6300 Clarkston Road  
Clarkston, MI 48346

For 31 years, the Community has come together to host this event recognizing outstanding people, organizations and endeavors that make Clarkston great.

Would you like to make a nomination?

Form available at:

[www.clarkstoncommunity.com/clarkston-awards-breakfast](http://www.clarkstoncommunity.com/clarkston-awards-breakfast)

Due by March 11, 2016

Register by phone  
or online with:

Clarkston Community Church  
6300 Clarkston Road, Clarkston, MI 48346  
248.625.1323

[www.clarkstoncommunity.com/clarkston-awards-breakfast](http://www.clarkstoncommunity.com/clarkston-awards-breakfast)

Cash, check and credit card payments accepted

Make checks payable to Clarkston Community Church

Clarkston



## Waterford & White Lake

In store services include:

- Diamond Setting
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- Watch repair
- Engraving
- Person shopping service
- Jewelry inspection

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Visit us on  and 

## Spring/Summer Adult Softball Leagues

Competitive or fun, we have a thriving adult 18+ softball program with over 40 teams throughout our various leagues (co-rec and men's) for the Spring/Summer league. Games are played at Clintonwood Park, Monday through Friday and Sundays. Leagues run from early May through July. Game times vary. Priority registration for returning teams begins February 17. New "resident" teams (with at least 8 township residents) may begin registering February 24 and open registration begins March 2. League information will be sent to managers from the 2015 Summer/Fall leagues that are in good standing. League dates, times, and costs vary by league and will be announced in early 2016 but do include new reduced team fees!

Leagues tentatively begin May 1.

GROUP	RES.	NON.
Ages 18+	<b>NEW! Reduced Team Fees!</b>	
Umpire Fees: \$30 per game (\$15 per team)		

**ALL FEES AND ROSTERS DUE BY APRIL 20.**

For more information or to be placed on our mailing list call (248) 625-8223.

## Spring Women's 30 & Over Soccer Leagues

Come try our "recreational" yet "competitive" league for women over 30. All games are held at Clintonwood Park. Teams will play with 11 per side including goalkeeper. Teams must provide own matching numbered uniforms. The regular season will be approximately 8 weeks, depending on the number of teams that sign up. Registration begins February 16 for returning and new resident teams. Open registration begins March 7. There is a referee fee per team per game that is paid in cash at the field:

Leagues tentatively begins April 17.

GROUP	RES.	NON.
Adults 30+	\$375/team (25 players)	\$475/team (25 players)
Referee Fee: 3 referees \$80 (\$40 per team) 2 referees \$60 (\$30 per team) 1 referee \$50 (\$25 per team).		

**ALL FEES AND ROSTERS DUE BY APRIL 4.**

For more information call (248) 625-8223.

## Summer Sand Volleyball Leagues

Digs, bumps and spikes! This is an 18 & Over league. All play will take place at Clintonwood Park on the sand volleyball courts. All games are self-officiated. Registration begins March 9 for returning 2015 teams and new resident teams. Open Registration will begin on April 13 for all teams. Leagues are first come, first serve and are limited to 8 teams per league. All fees and rosters due by May 25. This session begins June 1 and runs for approximately 8 weeks, depending on the number of registered teams. For more information or to be placed on our mailing list call (248) 625-8223.

Women's Doubles (Monday)

GROUP	TIME	RES.	NON.
Ages 18+	6pm	\$95	\$105

Women's Quads (Monday)

GROUP	TIME	RES.	NON.
Ages 18+	7:30pm	\$135	\$175

Co-Rec Quads (Wednesdays)

GROUP	TIME	RES.	NON.
Ages 18+	6pm or 7:30pm	\$135	\$175

**50+ Adults!**  
Check out page 37 for more programs!

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& CREMATION SERVICES

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Phone: \_\_\_\_\_

send to 5 S. Main St., Clarkston, MI 48346 or call 248-625-3370

# SPECIAL EVENTS

## Snowman Building Challenge **FREE!**

Gather your family and build a traditional snowman or get creative and build a snow sculpture!

Join the excitement and get outside and build, build, build! This winter, spend time with your family building a snowman right in your front yard. Once you have your snowman constructed, contact our Department by calling (248) 625-8223 or email a photo of your creation to [lmccoy@indetwp.com](mailto:lmccoy@indetwp.com) to enter the "Snowman Building Challenge". Enter the "Traditional Snowman Category" or the "Non-Traditional, Creative Category". One entry per category per family please. There will be 1st, 2nd and 3rd place winners in each category. Deadline to enter is February 28th, 2016 by midnight. This event is sponsored by Genisys Credit Union.



2015 1st Place Traditional



2015 1st Place Creative

## Kid's Only Garage Sale ☺

*"A sale for kids by kids"*

This Kid's Only Garage Sale is a great opportunity to have your child become a savvy business person. Children will sell/trade or barter their unwanted toys and objects. NO CLOTHES PLEASE. All participants' sale items must be on a blanket. NO TABLES ALLOWED. All kids must be supervised by a parent/guardian. Start-up money may be required. Space is limited. Register today! This event is in conjunction with the Ryan Kennedy Kids Day in the Park event.

Saturday, May 7

GROUP	TIME	RES.	NON.
Ages 6-12	10am-2pm	\$7	\$10

Set up between 9-10am. Clean-up 2-3pm



3rd annual  
**Shiver by the river**  
January 16, 2016 Depot Park

**1:00 to 4:00**

Try Snow Shoeing

Sledding...bring your own sled

**Games!! Races!!**

Broom Ball Ice Skating

Crafts

Fire Pit & S'more's

Something for ALL AGES

★ made possible by the following community groups

- Think Positive Clarkston Committee
- The Bart Clark Family
- Clarkston Optimists
- Friends of the Clarkston Independence District Library
- Clarkston Community Historical Society
- Clarkston Farm & Garden Club
- Independence Township Parks, Recreation & Seniors
- City of Clarkston
- Don Frayer
- Dave & Evelyn Bihl
- Clarkston Union & Woodshop
- Clarkston Country Store
- Boy Scout Troop 377

Don't Miss The Famous Clarkston Optimist Chili!

## Easter Egg Hunt

18th Annual!



**Candy, Toys and Prizes!**

Pictures with the Easter Bunny!

**Friday, March 25. Ages 4-12.**

Pre-registration required.  
No tickets will be sold the day of the event.

**248-846-6558**  
[www.springfield-twp.us](http://www.springfield-twp.us)

Mention this ad to receive resident pricing.



**Teen Flashlight Egg Hunt**

Thursday, March 24. Ages 10-17. Call for more details!

# SENIOR COMMUNITY

## PROGRAMS & SERVICES

INDEPENDENCE TOWNSHIP SENIOR COMMUNITY CENTER ■ 248 625-8231

### MEET THE STAFF



**BACK ROW:** Barbara Rollin, Mary Jo Reid, Mary Przybycien, Carroll Harris, Lou Donagrandi, Pat Drake, Dale Coughlin. **FRONT ROW:** Mary Melega, Theresa Gordon, Patty Collins, Carol Vickery, Barbara Szmatawicz. Not pictured: Gerald Ellis, Gordy Cloutier, JoAnn Foote, Tom Mitcham, Gerry Townsend.

### About the Senior Community Center

The Independence Township Senior Community Center is located in Clintonwood Park in Clarkston. The Center offers discounted recreation and wellness programs, drop-in activities, trips and services for adults aged 50 and over. The programs take place in the Senior Community Center, Carriage House, and numerous sites throughout the community. For more information, call the center at (248) 625-8231 or visit [www.indetwp.com](http://www.indetwp.com) Look for our newsletter on the township website or stop by the center to become a member and have a copy mailed to you.

### Community Center Hours:

Monday–Friday, 8am–5pm  
Address: 6000 Clarkston Road,  
Clarkston, MI 48348  
Phone: (248) 625-8231  
Fax: (248) 922-3189  
Website: [www.indetwp.com](http://www.indetwp.com)  
Go to “visitors” then “Senior Center”

### Registration Information

Sign up for all adult programs at the Senior Community Center. You can pay by cash, checks made payable to Independence Township or Master Card and Visa. Classes must be paid for in full when registering. If you cancel a trip or event, we will refund the cost (minus a \$10 administrative fee) if the center does not incur an expense for your place or if someone on the waiting list can replace you.

### Membership Information

Your membership is valid from the date you sign up until a year from that date. Couples must sign up at the same time to receive the membership rate. Our membership fees are as follows:

- \$12 a person for residents.
- \$22 a couple for residents.
- \$17 a person for non-residents.
- \$32 a couple for non-residents.

Residents are persons who pay taxes to Independence Township even if their mailing address is listed differently.

All new members will receive a one time welcome package that includes a \$5 coupon that can be used towards a class or program and bi-monthly newsletters. Your membership also entitles you to discounts on all of our programs and classes. All of our programs and trips reflect member and non-member fees.

### SERVICES



### Transportation

Independence Township provides mini-bus service for persons over 55 and persons 18 and over who have physical and/or mental disabilities and are residents of Clarkston, Independence Township or Springfield Township. Service is Monday-Friday from 8:30am–4pm Vehicles with wheel chair lifts are available. Local destinations must be within Clarkston, Independence Township or Springfield Township, plus three nearby hospitals. Cost share is \$3 each way and local hospital trips are \$5 each way. Special shopping trips are offered on a sign up basis. Call 248-625-8231 at least two days in advance. Medical forms must be completed by new riders before they ride.

### Nutrition

Home-made lunches are served at the Center on Thursdays at 12 noon for \$7 per person. To check the menu or reserve a meal, call the office at 248-625-8231 by 5pm on the Monday before the lunch. Thursday lunch menus are also posted in our newsletter on the Independence Township Website under Senior Center. If you enjoy trivia join us at 11am on Thursdays before lunch.

Meals on Wheels are delivered seven days per week for homebound residents of Clarkston and Independence Township. Hot meals are available seven days a week to older adults 60 and over and to people with short or long term disabilities living in Independence Township and Clarkston. To sign up contact the Older Persons Commission (OPC) at 248-608-0264 or the Center at 248-625-8231 for more information. The OPC Senior Center in Rochester provides this service to Independence Township and Clarkston through a grant with the Area Agency on Aging 1B.

Thanks to the following establishments who provided meals for our homebound seniors on the holidays!

Thanksgiving: Deer Lake Athletic Club  
Christmas: Autumn Ridge Assisted Living  
New Year's Day: The Woodshop

### Outreach Information and Assistance

Our part-time Outreach Coordinator, Patricia Collins, helps seniors and their caregivers locate area services and resources. She can be contacted at 248-625-8231 ext. 17 for assistance with: In-home personal care choices, housing information, legal referrals, Medicare/Medicaid Counseling, prescription and long term care decisions and transportation options.

### AARP Income Tax Preparation Assistance Program

Tuesdays, February 2–April 12, 2016 in Bartsch Hall at the Senior Community Center. AARP trained volunteers will prepare federal and state returns. Call the Center beginning January 4th at (248) 625-8231 to schedule an appointment. A list of required documents is published in the January/February 2016 newsletter. If you cancel your appointment for a non-emergency you may not be able to schedule another one. Appointments fill up quickly!

### Homebound Book Program

Sponsored by the Clarkston Independence District Library and the Senior Community Center. We offer FREE HOME DELIVERY of books and audio books to homebound adults. For more info on the Home Delivery Service call Lawrence Marble at the Library (248) 625-2464 or Barbara at the Center at 248-625-8231.



### Medical Equipment Loan Closet

Includes wheelchairs, walkers, crutches, canes, shower seats and commodes. A deposit is required for wheelchairs and some other items.

## Minor Home Repair Program

See page 41 for more information. Contact Theresa at the Center at 248-625-8231 to apply.

### Other Services

- Attorney consultations
- Bereavement Support Group
- Low Vision Support Group
- TEFAP Food Program
- Visiting podiatrist

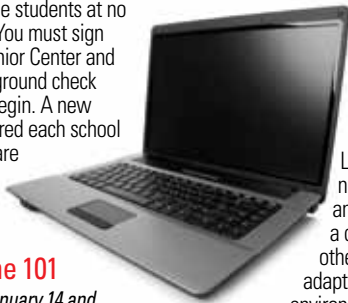
## UPCOMING PROGRAMS AND PRESENTATIONS

All activities, programs and presentations will take place in the Senior Community Center, unless otherwise specified.

### Computer and Technology

Partnership with Sashabaw Middle School  
5565 Pine Knob Lane, Clarkston, MI 48346  
Thursdays  
11:25am–12:20pm

Would you like to improve your skills to use your computer, Smart Phones, I Pad or Kindle more effectively? Mrs. Savoie's Computer Applications students will teach you how to get the most out of your devices. This hands on class is every Thursday at the Sashabaw Middle School. This is an Academic Service Learning Project for the students at no cost to you. You must sign up at the Senior Center and have a background check before you begin. A new form is required each school year. Forms are available at the Senior Center.



### Cell Phone 101

Thursday, January 14 and April 21  
1:30pm, \$1pp

Bring your cell phone to learn to use all of those mystery buttons. This individualized workshop will answer your questions and build your confidence. Please call the Center at 248-625-8231 to sign up, including the type of cell phone you will bring.

### Games with Grandparents

Partnership with Andersonville Elementary  
10350 Andersonville Road,  
Davisburg, MI 48350  
Thursdays, 2:30-3:30pm, January 21,  
February 18, March 24, April 21 and May 19

Spend time with the kindergartners by playing games. If you enjoy children this is the perfect activity for you. Just go to the school and ask for Mary Divito's class on the dates and time listed above.

## How to Know if You Are Having a Heart Attack

Thursday, February 18th  
1:30pm, \$1pp

February is Heart Health month! Join us to learn about prevention and identification of signs and symptoms of a heart attack. Early diagnosis and intervention is key! Call the Center to register to attend.

### Long Term Care

Coming in March! Learn about financial issues involved when considering long term care for yourself or a loved one. Call the Senior Center for more information.

### Medicare 101

Thursday, April 21st  
7pm, \$1pp

Learn about who is eligible for Medicare, how to enroll and what services are covered. Emphasis will be placed on information about the prescription drug benefit. Issues regarding the supplemental insurance, Medicare Advantage plans and identification of Medicare fraud will be addressed. Call the Center to register to attend!

### Preventing and Treating Sports Injuries

Tuesday, January 19th  
1:30pm, \$1pp

Exercise has major health benefits and many sports injuries can be prevented if proper precautions are taken. Most sports injuries can be treated effectively so people can return to physical activity. Dr. Siwiec will address these issues and answer your questions. Call the Center to register to attend!

### Senior Wiser Driver

Thursday, January 21st  
1:15pm, \$1pp

Learn practical tips to adjust to the normal changes in vision, hearing and reaction time to help ensure a driver's safety and the safety of others on the road. Discuss ways to adapt to today's challenging driving environment. Call the Center to register to attend!

## SPECIAL EVENTS

### Clarkston Abbey Afternoon Tea

Wednesday, March 2  
2–4pm  
\$15pp (\$20pp for Non-Members)  
Community Center Bartsch Hall

You won't want to miss this! Lady Mary Sippington and her lady maids will return to prepare a traditional English tea (or close to it.) Share tea, lovely food items, lively discussion, and maybe even a special guest. If you wish, bring your favorite teacup. English tea attire is encouraged, however, not mandatory. Sign up today!

## Cinco De Mayo!

Wednesday, May 4  
12 Noon  
164 Pesos pp (\$10) and 246 Pesos (\$15) for Non-Members  
Community Center Bartsch Hall

Dig out your sombrero and celebrate this special day! Enjoy a Mexican fiesta followed by fun, games and dancing!

## ACTIVITIES AND PROGRAMS

### WEEKLY ACTIVITIES

- **Bingo**—Thursdays at 1pm in the Carriage House
- **Clarkston Melody Makers**—Tuesdays at 1pm in the Carriage House
- **Double Deck Pinochle**—Tuesdays and Fridays at 1pm
- **Drop in and Duplicate Bridge**—Mondays at 12 Noon
- **Marathon Bridge**—Second and Fourth Fridays from 12 noon-3pm in the Carriage House
- **Mahjong**—Wednesdays 1–4pm
- **Euchre**—Mondays at 12:30pm in the Carriage House
- **Knitting Group**—Wednesdays at 10am and Fridays at 12 Noon
- **Quilting Club**—Fridays at 9am in the Carriage House
- **Recycled Greeting Cards**—Fridays at 9am
- **Country Band**—Last Wednesday of each month at 2pm in the Carriage House

### Beginning Bridge Lessons

Mondays, 10–11:30am  
January 25–March 7 (No Class Monday, February 15)  
\$35pp (\$40pp for Non-Members)  
Learn the fundamentals of Bridge

### Intermediate Bridge Lessons

Fridays, 10–11:30am  
January 15–February 19  
\$35pp (\$40pp for Non-Members)  
Enhance your bridge skills

### Bunco

Wednesdays, 1pm, Carriage House  
January 13, February 10, March 9, April 13 and May 11  
\$4pp. Drop in Fee.

Join us for an upbeat afternoon with friends playing this easy dice game. All are welcome! Prizes awarded after each session. New to Bunco, no worries, we go over the rules each month. Guaranteed fun! Game includes admission, prizes and light snacks.



## Chair Massage

1st and 3rd Tuesday  
10am–12 noon  
\$10pp. for 15 minutes. Cash only please.  
Help relieve common aches, pains, and stresses. Focus is on the upper body. Each recipient is seated and fully clothed. Call Center for an appointment. Walk-ins welcome.

### Club Bookworm

Last Thursday of each month-10am  
\$1 drop-in pp.

Love to read? Come share your opinions and insights with our informal group. New book selections are available for pick up at the monthly discussion meeting or anytime after in the office.

### Dinner and Euchre Evenings

Third Wednesday of each month, 6pm  
January 20, February 17, March 16, April 20,  
May 18  
\$12pp at the door

Enjoy dinner with friends followed by Euchre. Come with a partner, by yourself or with a group of friends. Prizes will be awarded to first, second and third place winners. Sign up for each Dinner and Euchre program starts the day after every event.

### Mahjong Lessons

Mondays, May 2, 9, 16 and 23  
9–11:30am  
\$1pp Drop in Fee

Learn the basics of Mahjong taught by experienced players. Open to all genders. Please call the Senior Community Center office at (248) 625-8231 to place your name on the list if you are planning to attend. These lessons are taught on a progressive basis, it is very important that you attend the first class. Even if you are looking for a refresher course, this is it!

### Mani's with Marcy

2nd and 4th Monday  
10am–12 noon  
\$12pp. Cash only please.

Have your manicure done at the Senior Community Center for a great price! Appointments recommended. Walk-ins will only be taken if time permits.

### My Legal and Financial Solutions

Thursdays at 9:30am  
January 14, February 11, March 10, April 14 and May 12

Informative presentation concentrating in the areas of estates, estate planning, Wills, trusts and real estate. Gather information regarding financial planning that My Legal Solutions, PLLC provides. Please call the office at (248) 625-8231 and place your name on the list.

## Recipe Roundup— Calling all Foodies

January 8, February 5, March 4, April 1 and May 6  
Fridays, 12 noon

Are you adventurous and creative in the kitchen? Prepare your recipe at home and bring enough to share with everyone in the group. Each month features new and different theme. Bring your recipes in written form to share. Call the Center and place your name on the list.

## **NEW** Sew Whats?

Thursdays, Every other Thursday beginning January 7th  
1–3:30pm, Senior Community Center

Join us! Bring your own sewing machine and sewing items. You may choose to either work on a specific project of your own or a group project which will be donated to the Senior Community Center or a community resource in need. Beginning in January 2016, the group will be meeting every other week. If you have any questions, please feel free to contact the Center at (248) 625-8231.

## CREATIVE AND ENRICHMENT OPPORTUNITIES

### Anyone Can Paint!

9–11am  
Tuesday, January 19 and Tuesday, February 16 (Note Day Change Due to Monday Holiday)  
Mondays, March 21, April 18 and May 16  
\$23pp. (\$25 Non-Members)

Join award winning television artist Steve Wood and learn his step-by-step methods and techniques for achieving successful paintings. Class is designed for any level of painting experience. All materials included.

## **NEW** Great Classical Composers

Wednesdays, 1:30–2:30pm  
April 6–May 11  
\$70pp (\$75 Non-Members)

Are you interested in classical music and its history? This six week course will cover six composers and classic compositions ranging from American to European. A one-time \$10 material fee will be collected by the instructor on the first day of class.

### Computer Tutoring

2nd and 4th Thursdays  
2pm–5pm  
(Please call the Community Center for dates and times available)  
Each session is \$30pp. for members and \$35pp. for Non-Members.

Sign up for a one hour personal computer tutoring session with instructor, Carol Compagnoni. Your session will focus on the specific area(s) you wish to concentrate on. Please call the center to make an appointment and include your learning preference.

## Family and Friends First Aid/CPR

Monday, 6–9pm  
March 21  
\$15pp (\$20pp for Non-Members)  
\$25pp for two members of same family (\$30 for Non-Members)

This one day class is an American Heart Association course that teaches students how to perform CPR on adults, children and infants and how to help an adult, child or infant who is choking. It is designed primarily for parents and grandparents who want to learn CPR that is not needed for employment. Designed for parents, grandparents and members of the community who want to learn how to effectively help their friends and family in an emergency. At the completion of the class, you will receive a course completion card

### Genealogical Research

Wednesday, 9:30am–12:30pm  
January 13 and 20  
March 23  
April 6 and April 20  
May 4 and May 18  
June 1 and June 8  
\$10pp. per hour.

What a great opportunity to get started finding your family ancestry or to overcome a research roadblock. Dr. Thomas K. Stone has been doing genealogical research for 30 years. Make an appointment for one or more hours of individual one-on-one family searching. Call the Center for available dates and to make an appointment.

### How To Age Gracefully

Thursday, March 17 and May 5  
1:30pm, Activity Center, \$1pp

When 600 people age 85 and older were asked to identify the key components of successful aging, the answer that topped their list surprised even the experts; resilience. They defined it as being able to adjust to circumstances, focus on gains rather than losses and appreciate blessings." There is much more to this than resilience. Dr. Thomas K. Stone will be here to help you understand how you can learn to age gracefully, applying to people of all ages. Please call the Center to place your name on the list.

### Spanish Lessons—Beginning

Fridays, 6–7pm  
January 15–March 4  
\$40pp (\$45pp for Non-Members)

Great way to learn a new language and keep your brain sharp! Learn the fundamentals of the Spanish language including the alphabet, numbers, pronouns and conversational terms. Includes some Spanish history. Taught by Jose Aliaga. All materials included.

### Spanish Lessons—Intermediate

Fridays, 7:15–8:15pm  
March 18–May 13 (No Class March 25)  
\$40pp (\$45pp for Non-Members)

This class is for you if you have previously taken a Spanish Class.

## Woodcarving

Fridays, 9am to 12 Noon  
Session I: January 15–February 5  
Session II: February 19–March 11  
Session III: April 1–April 22  
Session IV: May 6–June 3 (No Class May 27)  
\$40pp (\$45pp for Non-Members)

Instructor Dave Shaw has been carving for over 40 years. He is a member of Michigan Carvers Association and the Oakland-Livingston Wood Carvers. A new project each session. A \$10 material fee is due to the instructor on the first day of class. All skill levels welcome.

## SPORTS

### Biking Club

Tuesdays, beginning May 31st  
9am  
Senior Community Center Parking Lot

Join our group for relaxing rides around the Clarkston area beautiful bike paths. All skill levels welcome. Riding time is approximately 2 hours round trip. If you are currently part of our group or interested in joining our group, please call the office at (248) to place your name of the list. In informational meeting will be held on Tuesday, May 24th at 9am



### Bowling (Ongoing)

Mondays, 1pm  
Through Early May  
Cherry Hill Lanes  
6697 Dixie Highway

Informal league includes 3 relaxing games for just \$6.50 per week. No experience necessary. Bowlers are not obligated to bowl each week or pay for weeks missed. Preregistration not needed. Weekly fee includes end of season bowling banquet.

### 50+ Golf Lessons

Thursdays, 11am–Noon  
April 21–May 11  
Heather Highlands Driving Range  
11450 Holly Road  
\$55pp. (\$60 for Non-Members) for 4 week session.

This four week course is for anyone 50+ who wants to learn how to play golf or to improve their skills. You will learn the fundamentals of the golf swing, proper grip, posture and alignment. You will also learn the long game, driver, fairway woods, hybrids, iron play, chipping, putting along with golf etiquette and course management. This fun, educational, low pressure class will give you the confidence and knowledge to go out and play the great game of golf. You will need to purchase a bucket of balls from the pro shop prior to each lesson. The instructor, Brent Davies is a USGTF Golf Teaching Professional, Michigan/Ontario Golf Teachers Tour Player and Boys Varsity Golf Team Head Coach at Holly High School.

## 50+ Golf

Tuesdays, beginning mid-May 2016  
Heather Highlands Executive Course on 11450 Holly Road  
\$12pp. (\$17 for Non-Members) one time registration fee payable at the Senior Community Center.

Enjoy the flexibility of non-league play. You are not required to attend every week. Upon arrival, pay \$8 green fee at the Pro-Shop for the executive course. Carts are additional. Golf on the regulation course for a nominal extra charge. Join anytime during the summer!



### Pickleball

The hottest game around. A combination of tennis, ping pong, badminton and racquetball. All equipment provided. All levels welcome. Wear comfortable clothing and tennis shoes. Never played before? We will teach you and you will be hooked in no time!

### Indoor Morning Pickleball (Ongoing)

Monday, Wednesday, Friday and Saturday  
9–11:30am  
\$3 per person.  
First Congregational Church of Clarkston  
5449 Clarkston Road

(Note: Morning Pickleball will resume on the Outdoor Courts in the spring as soon as the weather permits. The Outdoor Courts are located at Clintonwood Park, 6000 Clarkston Road.

### Indoor Evening Pickleball (Ongoing)

Tuesday Evenings  
6pm–9pm  
\$4pp  
First Congregational Church of Clarkston  
5449 Clarkston Road

### Men's 50+ Softball

Mondays and Wednesdays, 10am  
Clintonwood Park, 6000 Clarkston Road  
Leagues and times vary. If you are interested, please call Lisa McCoy at (248) 625-8223.

### Women's 50+ Softball

Tuesdays, 6:45pm  
County-wide league. Games are played on Tuesday evening's beginning in mid-May. If interested, please call Mary Melega at (248) 625-8231.

# EXERCISE AND FITNESS CLASSES

## Drums Alive

Tuesdays, 10:30–11:15am  
Carriage House  
Session I: January 12–February 16  
Session II: February 23–April 5 (No Class March 8)  
Session III: April 12–May 17  
Session IV: May 24–June 28  
\$40 per person (\$45 for Non-Members)  
Drop in fee \$7 per person. Save money by signing up for the entire session.

So much fun that exercising is a side effect! Improve health and fitness for the brain and body. See noticeable improvement in stamina, coordination and balance.

## NEW Brains and Balance

Thursdays, 9–10am  
Carriage House  
April 14–May 19  
\$42 per person (\$47 for Non-Members)

This innovative program is a clever combination of specific activities designed to improve your memory, reasoning, conceptualization, language and problem solving skills. Learn exercises to strengthen the core and reduce your risk of falling.

## “Breakfast Club” Body Management

Monday, Wednesday and Friday  
11am–11:50am  
Session I: January 11–January 29  
\$32pp (\$37 for Non-Members)  
Session II: February 1–February 26  
\$48pp (\$53pp for Non-Members)  
Session III: March 2–March 28  
\$48pp (\$53pp for Non-Members)  
Session IV: April 11–April 27  
\$32pp (\$37pp for Non-Members)  
Session V: May 2–May 25  
\$44pp (\$49pp for Non-Members)  
McLaren Physical Therapy and Fitness Center, Suite 310, 5701 Bow Pointe Drive

This gentle exercise program is designed to recall those strengths and movements. Improve and maintain flexibility, mobility, and range of motion, circulation, strength and balance. Feel the benefits!

## NEW Forward Fifty Group Fitness

Wednesday and Friday  
9–10am  
Session I: January 27–March 4  
Session II: March 16–April 27 (No Class March 25)  
Session III: May 11–June 17  
\$48 per person (\$53.0 for Non-Members)  
This basic exercise class is designed to provide a well-rounded program to improve strength, flexibility and balance. Participants will practice movements that simulate or enhance activities performed in daily life. A great way to improve and maintain physical functioning with easy to learn cardio steps to fun music. Bring light hand weights.

Join us for a free demo on Wednesday, January 20th at 9am Sign up that day and receive \$10 off the class!

## NEW Hula Hoop Fun Fitness

Fridays  
3:30–4:15pm  
Session I: January 15–February 19  
Session II: February 26–April 15 (No Class March 25 and April 8)  
Session III: April 22–May 27  
\$30 per person (\$35 for Non-Members)

Learn the ways that “hooping” can tone you and improve your total cardio well-being using light to moderate weighted Hula Hoops. Improve balance and strength. Music will be used to keep the fun atmosphere going!

## Line Dancing

Mondays, 10am–12:30pm  
Beginners: 10am–11am  
Experienced: 11am–12:30pm  
Senior Community Center  
\$3pp drop-in fee

Dance to country, salsa, cha-cha and rock and roll rhythms with Rosemary Hall to exercise your body and mind. You are not obligated to participate on consecutive weeks. All skill levels welcome to this ongoing program.

## Tai Chi—Beginning

Wednesdays 11am to 12 noon  
in the Carriage House  
Session I: January 6–March 23 (No Class January 20 and February 17)  
Session II: April 6–June 15 (No Class June 1)  
\$50pp. (\$55pp. Non-Members)  
Drop In Fee: \$7pp.

Are you new to Tai Chi? This class is designed to start you from the very beginning. Improve movement and balance after the first few classes!

## Tai Chi—Intermediate

Mondays 11am to 12  
St. Daniel Church, 7010 Valley Park Drive  
Session I: January 4–March 21 (No Class January 18 and February 15)  
Session II: April 4–June 13 (No Class May 30)  
\$50pp. (\$55pp. Non-Members)  
Drop In Fee: \$7pp.

These classes can make a big difference in your mobility and health. For more information, go to [www.wustyle.com](http://www.wustyle.com).

## Pole Walking

This amazing new fitness activity using Exerstrider Poles turbo charges your normal walking regimen by burning 40% more calories than regular walking. It automatically improves walking posture and helps to reduce stress to shins, knees, hips and back while radically improving balance and stability. Enjoy this even if you are a non-athlete as a health promoting physical activity. If you joined us last fall, you know what we are taking about! There will be a small one-time charge to participate in the 2016 May - October outdoor program. Walking poles and training will be provided. If you are interested, please call the Senior Community Center at (248) 625-8231 to place your name on the list so that we can inform you of the spring start date.

## Adaptive Yoga

Tuesdays, 9–10am  
Carriage House  
Session I: January 12–February 16  
Session II: February 23–April 5 (No Class 3/8)  
Session III: April 12–May 17  
Session IV: May 24–June 28  
\$35pp. (\$40pp. Non-Members)  
Drop In Fee \$7pp.

This class adapts Yoga to all types of bodies and abilities. Optional use of light hand weights, stability balls, and strap or tie. Bring weights, strap and yoga mat to class.

## Zumba Gold Fitness

Mondays  
5:30–6:30pm—Zumba  
Senior Community Center, Bartsch Hall  
Session I: January 11–February 29 (No Class January 18 and February 15)  
Session II: March 7–April 18 (No Class April 4)  
Session III: April 25–June 6 (No Class May 30)  
\$30pp (Non-member \$35pp.)

Join the party! Zumba fuses hypnotic musical rhythms and tantalizing moves to create a dynamic workout system. Tone and sculpt your body while burning fat.

## LOCAL FITNESS PARTNERSHIPS

### McLaren Fitness Center—Clarkston

Great News! Looking for a great place to work out? McLaren Fitness Center is now offering monthly gym memberships to Independence Township Senior Community Center members for only \$20 per month. Couples who are members only pay \$30 per month. All registrations fees will be waived. Call 248-922-6820 to sign up!

### Fitness Quest at Healthquest—Clarkston

More Great News! If you are looking for a place to work out that is open during the day, evenings and weekends, Fitness Quest is offering monthly gym memberships to Independence Township Senior Community Center members for only \$40 per month. Couples who are members only pay \$70 per month. All registration fees will be waived. Call (248) 625-6022 to sign up!

## WINTER/SPRING SWIM FITNESS CLASSES

### Great News!

TAKE ADVANTAGE OF THE FLEXIBILITY OF ATTENDING THE HI - LO CORE CARDIO, DEEP WATER POWER HOUR, DANCE PARTY OR AQUA ZUMBA (OR A COMBINATION OF ALL OF THEM.) Punch Cards will only be sold at the Senior Center and will expire at the end of each month. They CANNOT be rolled over into the next month. NO EXCEPTIONS. Purchase only the number of punches you are planning to use each month. All aquatic classes will take place at the Clarkston High School Pool.  
\$6 per punch (\$6.50 per punch for Non-Members)  
Session I: January 1–January 31  
Session II: February 1–February 28  
Session III: March 1–March 31  
Session IV: April 1–April 30  
Session V: May 1–May 31

### Hi Lo Core Cardio

Tuesday and Thursday  
10–10:50am  
Shallow water aerobics class combining weights, boards and cardio intervals to strengthen your core, enhance flexibility and energize you for your day! Strengthen your abdomen and back while improving your range of motion. All fitness levels welcome!

### Deep Water Power Hour

Tuesday and Thursday  
9–9:50am  
Deep water, gravity/stress free class is designed to increase body awareness through core stabilization, good body alignment and breathing techniques. Buoyancy belts and noodles are provided. Participants will strengthen their core, improve flexibility and feel invigorated! All fitness levels welcome!

### Aqua Dance Party

Tuesday and Thursday  
9–9:50am  
Enjoy all over strengthening and toning while moving to the music! This low to moderate intensity shallow water class will have you “moving and grooving” towards improved cardiovascular health, physical strength, and weight loss.

### Aqua Zumba

Wednesday and Friday  
12 Noon–12:45pm  
Amazing Zumba moves designed for the pool. Feel like you are in a tropical oasis as you move and dance to fun Latin rhythms. Strengthen your core and back muscles with no stress on your knees. This shallow water workout is good for heart health. You will laugh and burn calories at the same time! See a difference in your overall well-being. Perfect for all levels of fitness.

## TRAVEL

Please Note: Stop by or call the Senior Community Center for detailed flyers for all Day Trips and Extended Travel Trips (including Single and Triple Occupancy Pricing).

Choose to travel with the Independence Township Senior Center because...

- We provide a variety of travel options for exploring close to home and beyond!
- The opportunity to form new friendships!
- Experience worry free, safe, escorted travel.

The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.

## DAY TRIPS

### 30 Americans—One Nation Thirty Experiences

*Detroit Institute of Arts*  
*Tuesday, January 12, 2016*  
*\$18pp (\$23pp for Non-Members)*  
*Departs: 11:30am Returns: 4:30pm*

Identity, triumph, tragedy, price, prejudice, humor and wit. 30 Americans. An exhibition bound by one nation and divided by 30 experiences. A dynamic showcase of contemporary art by African American artist, this exhibition explores issues of racial, political, historical and gender identity in contemporary culture. See more than 50 paintings, sculptures, installations, photographs and video drawn from the Rubell Family Collection, created by many of the most important African American artists working over the last 30 years. Includes introductory lecture, self-guided tour of exhibition, refreshments and motorcoach transportation.



### Legends

*Meadowbrook Theatre*  
*Wednesday, January 20, 2016*  
*\$55pp (\$60pp for Non-Members)*  
*Departs: 11:30am Returns: 4:30pm*

In this laugh out loud comedy, Producer Martin Klemmer has uncovered a terrific script—'Star Wars: The Play.' He needs names like film legends Sylvia Glenn and Leatrice Monsee, for the leads. If he can sign them, he can get the money. Will 'Star Wars: The Play' hit the big time? Includes lunch prior to the performance at Mitchell's Fish Market and mini-bus transportation.



### Zehnder's Snowfest Lunch

*Thursday, January 28, 2016*  
*\$54pp (\$59pp for Non-Members)*  
*Departs: 9:15am Returns: 4:30pm*

Enjoy a famous Zehnder's 2 piece Chicken Luncheon in the Main Dining Room while being entertained by the newest rage Dueling Pianos—a modern day vaudeville act! These two pianists are your ringmasters for the day and will play rockin' oldies hits of yesterday and today. These comedian musicians will have you laughing, clapping and singing with an unbelievable repertoire of music. Includes mini-bus transportation.

### Hollywood Casino

*Thursday, February 4, 2016*  
*\$35pp (\$40pp for Non-Members)*  
*Departs: 9am—Returns: 5pm*

Includes 4 hours of gaming and \$10 back in Slot Play Motorcoach transportation.

### Braham's First Symphony—DSO

*Friday, February 19, 2016*  
*\$32pp (\$37pp for Non-Members)*  
*Departs: 8:45am—Returns: 3pm*

Includes coffee and donuts prior to the performance and mini-bus transportation. Lunch on your own.

### Atomic at Meadowbrook Theatre

*Wednesday, March 2, 2016*  
*\$55pp (\$60pp for Non-Members)*  
*Departs: 11:30am Returns: 4:30pm*

Atomic is the thrilling new Off Broadway musical that blasts open the doors of the Manhattan Project, a government-funded program of top scientists with the task of creating the world's first atomic bomb. Ethics, scientific progress, and true love are tested as Leo Szilard discovers exactly what he's capable of when someone believes in him. Includes lunch prior to the performance at Alfocchino Restaurant and mini-bus transportation.

### St. Patrick's Day Celebration—DSO

*Friday, March 11, 2016*  
*\$38pp (\$43pp for Non-Members)*  
*Departs: 8:45am—Returns: 3pm*

Irish eyes will be smiling when Cathie Ryan sings Celtic classics. Celebrate the wearing of the green with favorites from the Emerald Isle, including "Danny Boy" and more! Includes coffee and donuts prior to the performance and mini-bus transportation. Lunch on your own.



### Taste of Michigan's Sunrise Side

*Thursday, March 31, 2016*  
*\$89pp (\$94pp for Non-Members)*  
*Departs: 7:45am—Returns: 7:45pm*

Great way to spend a Michigan Spring Day! Sample and shop at Williams Cheese Factory, Lunch on your own at H and H Bakery, Wine Tasting at Modern Craft Winery, Tour, Sample and Shop at Britt's Maple Syrup Farm, Sample and Shop at Sherm's Homemade Candies and Chocolates. Trip includes roundtrip motorcoach transportation, chicken dinner at Iva's Famous Chicken and all of the above tours and samplings. Dress warm and wear or bring boots!

### Calendar Girls

*Meadowbrook Theatre*  
*Wednesday, April 6, 2016*  
*\$55pp (\$60pp for Non-Members)*  
*Departs: 11:30am Returns: 4:30pm*

Based on the true story of eleven Women's Institute members who posed nude for a calendar to raise money for the Leukemia Research Fund, Calendar Girls is a hilarious, yet beautifully touching play. Includes lunch prior to the performance at Castle Grill and mini-bus transportation.

### Mary Wilson and the Supremes—DSO

*Friday, April 8, 2016*  
*\$38pp (\$43pp Non-Members)*  
*Departs: 8:45am—Returns: 3pm*

In the 1960s the music of Motown became legendary. Mary Wilson of the Supremes reunites with the DSO, whose musicians are heard on all those Motown Classics, "Baby Love," "Love Child," "Stop in the Name of Love" and more! Includes coffee and donuts prior to the performance and mini-bus transportation. Lunch on your own.

### Firekeepers Casino and Winetasting at Sandhill Cranes Vineyards

*Tuesday, April 19, 2016*  
*\$60pp (\$65pp for Non-Members)*  
*Departs: 9am—Returns: 7:30pm*

This Spring trip begins with a visit to Sandhill Crane Vineyards for wine tasting and a wine making talk. In addition, spend four hours at Firekeepers Casino and receive \$20 in gaming and \$5 in food credit. Includes motorcoach transportation.

### Sistas, the Musical

*Meadowbrook Theatre*  
*Wednesday, May 11, 2016*  
*\$55pp (\$60pp for Non-Members)*  
*Departs: 11:30am Returns: 4:30pm*

After a matriarch's death, the women in the family clean Grandma's attic and find love and old memories packed away, and in the process, hit tunes that trace their family history, from the trials of the 1930's through the Girl Groups of the 60's to the empowerment of the 90's. With songs such as "I Will Survive," "We Are Family," "Mama Said," and "Oh Happy Day!" Includes lunch prior to the performance at O'Malleys and min-bus transportation.

### John Williams Favorites—DSO

*Friday, June 10, 2016*  
*\$38pp (\$43pp Non-Members)*  
*Departs: 8:45am—Returns: 3pm*

The music of John Williams has transported audiences beyond their imagination, to new worlds and through heart-pounding adventures. All your John Williams favorites; "Superman," "Harry Potter," "E.T." "Star Wars." And More! Includes coffee and donuts prior to the performance and mini bus transportation. Lunch on your own.

### Forever Plaid

*Meadowbrook Theatre*  
*Wednesday, June 15, 2016*  
*\$55pp (\$60pp for Non-Members)*  
*Departs: 11:30am Returns: 4:30pm*

This nostalgic and fun review is a chock-full of classic barbershop quartet harmonies, pitch-perfect melodies and some of the best songs of the 1950s. Includes lunch prior to the performance at Kruse and Muer and mini-bus transportation.

### Need to Know Trip Policy Information:

- Once tickets are purchased for a day trip, the ticket amount cannot be refunded unless someone replaces you from the waiting list.
- Medical forms and waivers must be completed by all participants prior to departing for a day trip or participating in a program.
- A waiting list is started whenever a day trip or a special event becomes full. If you are unable to attend a day trip or special event after you sign up, contact the Center so that the next person on the waiting list will have a chance to attend.
- Plan to be at the Center a minimum of 15 minutes prior to departure time for day trips.
- Parking for trips is available in the dirt parking lot on the East side of the Carriage House.
- For any trip that crosses the border to Canada, proper ID is required. You must have an enhanced driver's license or a passport and no prior arrests—otherwise you will be asked to exit the motorcoach.
- Independence Township Parks Recreation & Seniors reserves the right to request that any person needing assistance when participating in our programs is accompanied by a personal escort. A paid reservation must be made for the escort.

## EXTENDED TRIPS

The following contain brief descriptions of each trip. Please stop by the Senior Community Center and pick up a detailed flyer. PLEASE NOTE: ALL PRICES ARE PER PERSON.

### California Coast

February 18–25, 2016

Single: \$3,599

Double: \$2,899

Triple: \$2,749

(Non-Members—Additional \$10pp)

Includes round trip non-stop air, 3 Nights in San Diego, 1 Night on the Historic Queen Mary in Long Beach, 1 Night San Luis Obispo, 2 Nights in Monterey, 7 Breakfasts, 2 Lunches and 3 Dinners, Amtrak's Coast Starlight Journey from Los Angeles to San Luis Obispo, Whale Watch Cruise, Hearst Castle, Tour of San Diego, 17 Mile Drive and much, much more!

Deposit: \$300

Balance Due: December 18, 2015

Optional Cancellation Insurance is available at \$150pp and is payable with deposit.

### Please Do Not Let this Happen!

Cancellation of Day and Extended Trips can be avoided. Deadlines are very important for planning purposes, for the Community Center staff, for Travel Companies and Instructors. Please avoid disappointments by registering early! Thank you!

### Spain's Classics

April 16–26, 2016

Single: \$4,299 \*

Double: \$3,749 \*

Triple: \$3,719 \*

(\*Pricing reflects \$200 early booking discount if registered by October 16, 2015.)

11 Days, 14 Meals, Includes round trip airfare and many highlights including Madrid, Royal Palace, Toledo, Cordoba, Seville, Flamenco Show, Granada, The Alhambra, Valencia, City of Arts and Sciences, Lladro City of Porcelain, Paella Experience, Barcelona, La Sagrada Familia and Parc Guell.

Deposit: \$250pp

Balance Due: February 16, 2016

Optional Cancellation Insurance is available at \$260pp and is payable with deposit.

### Historic Cities of the East

May 15–20, 2016

Single: \$1,349

Double: \$1,049

Triple: \$979

(Non-Members—Additional \$26pp)

Five Nights in Lancaster, PA, 5 Breakfasts, 3 Dinners, Samson at the Sight and Sound Theatre, Sightseeing Tour of Baltimore, Baltimore Harbor Cruise, Sight Seeing Tour of Philadelphia, Sightseeing Tour of Gettysburg, and many more tours and attractions. Includes modern motorcoach transportation, luggage handling and tax and tip on included meals.

Deposit: \$100pp, Balance Due: April 1, 2016

Optional Cancellation Insurance is available at \$75pp and is payable with deposit.

### Great Canadian West

Vancouver, Victoria & Whistler

August 14–20, 2016

Single: \$3,851

Double: \$3,118

Triple: \$2,918

(Non-Members—Additional \$81pp)

Seven Days and Six Nights including round trip airfare, 3 Nights in Vancouver, 2 Nights in Victoria and 1 Night in Whistler, Six Breakfasts, 3 Dinners, Train, Sightseeing Tour of Vancouver, Rocky Mountain Rail Journey, Sea to Sky Gondola, Vancouver Harbor Dinner Cruise and much more! Also includes First Class Touring Motorcoach, Luggage Handling, Airline Baggage Fees and Tax and Tip on included meals!

Deposit: \$250pp, Balance Due: June 14, 2016

Optional Cancellation Insurance is available at \$150 and payable with deposit.

### South Dakota

The Black Hills and the Badlands

September 13–19, 2016

Single: \$2,599 (If booked before 3/14/16)

Double: \$2,149 (If booked before 3/14/16)

Triple: \$2,119 (If booked before 3/14/16)

(If booked after March 14, 2016, add \$50)

(Non-Members—Additional \$10pp)

Includes Round Trip Air, 7 days, 9 Meals. Highlights include Mt. Rushmore, Crazy Horse Memorial, Black Hills Gold, Needle Highway, Custer State Park, Deadwood, Lead, Badlands National Park, Wall Drug Store, Hot Springs, and much more!

Deposit: \$250pp, Balance Due: July 15, 2016

Optional Cancellation Insurance is available @ \$205pp and is payable with deposit.

### Colorado – Rocky Mountain Spectacular

July 24–August 2, 2016

Single: \$2,899.00

Double: \$1,999.00

Triple: \$1,799.00

(Non-Members – Additional \$60.00 pp.)

From emerald green national forests, fields of vibrant wildflowers, shores of crystalline lakes to 54 Rocky Mountain peaks that rise 14,000 feet to red-rock formations that seem to rip from the earth. Colorado has one of the most dramatic and bold natural landscapes of the world. 3 Nights in Westminster, CO and two nights, in Colorado Springs. Modern motorcoach transportation with two nights en-route to Colorado and home. 9 Breakfasts, 1 Lunch & 4 Dinners. Sightseeing tour of Denver, Coors Brewery, Rocky Mountain National Park, Sightseeing tour of St. Louis, The Gateway Arch and many more tours throughout the trip!

Deposit: \$100.00, Balance Due: May 30, 2016.

Optional Cancellation Insurance is available at \$125.00 pp. and is payable with deposit.

### On the Horizon

Coast of Maine—September 2016

New York City—October 2016

Niagara Falls—Festival of Lights—November 2016

Detailed flyers for all of the Extended Travel Trips are available at the Center.

The Independence Township Senior Community Center will comply with the spirit and intent of the Americans with Disabilities Act. We will provide and make reasonable accommodations to assist people with disabilities to access our facilities and participate in our programs and services. Those who require assistance on a day, overnight or extended trip must bring a companion with them.

### Senior Center Advisory Committee

Independence Township Senior Adult Activity Center Advisory meets on the second Wednesday every other Month starting at 9am This group is approved by the Township Board to represent the Center and to offer input and support into the operations and programs. Meetings dates are on Wednesdays as follows: January 13, March 9, and May 11, 2016. Call Barbara Rollin at the Center for more information.

#### Senior Advisory Officers:

Joe Figa, President  
Pat Edwards, Vice President  
Carolyn Morrison, Secretary

#### Members at Large:

Connie Hutchison, Don Kayko, Lee Kuczanski, Donna Miller, Jean Pachuta, Mary Lou Schell, Sue Shubert, Tom Stone and Mel Vaara.

#### Staff:

Ken Elwert-Parks, Recreation & Seniors Director  
Barbara Rollin-Senior Division Supervisor  
Patrick Kittle-Township Supervisor  
Barbara Pallotta-Clark

### Friend Of The Independence Township Senior Adult Activity Center:

Meets the second Wednesday every month at 10 after the Senior Advisory when it meets or at 9 on the off months.

### Friends Of The Independence Township Senior Adult Activity Center (FITSAAC)

Friends was approved in 2010 by the IRS as a 501© (3) non profit, tax exempt organization. The Friends are managed by a Board of Directors, which is comprised of members listed below. Their main goal is to raise funds to help support programs and services of the Senior Center.

#### Friends Members:

Carolyn Morrison, President  
Donna Miller, Vice President  
Lee Kuczanski, Treasurer

Members-Joe Figa, Connie Hutchison, Don Kayko, Pam Marin, Jean Pachuta, Mary Lou Schell, Mel Vaara and Sue Shubert. Meetings are the second Wednesday of each month. Call Barbara Rollin at the Center for more information.

### Senior Adult Activity Center Building Expansion

Thanks to the following businesses and individuals who donated funds and in-kind services to our new addition project:

\$1,000 + Level-Lowrie's Landscaping, L. Brooks Patterson, Raj Saigal and Ron Wagner

Donations are being accepted for our Building Expansion Fund for additional items needed for the new kitchen and other new addition items. Checks can be made to FITSAAC and designated for the new addition. Please contact Barbara Rollin, Senior Center Coordinator at 248-625-8231 or Carolyn Morrison.

## Independence Township Minor Home Repair Program

Are you aware of this program that is offered by Independence Township? It is designed to help low income households complete repairs of no more than \$5,000 to a single unit residence.

**Contact the Independence Township Senior Adult Activity Center at 248-625-8231 to find out more about this program and see if you qualify!**

### Eligible Projects:

Furnaces, Water Heaters, Roofs,  
Air Conditioning, Electrical,  
Plumbing, Health & Safety Repairs



*Certain limitations and criteria apply.*



[www.clarkstoncalendar.org](http://www.clarkstoncalendar.org)

**This online community calendar is FREE!**

It's a one stop shop for all your local events and community groups.

This project is a joint effort between the Clarkston Area Chamber of Commerce, Clarkston Community Schools and Independence Township.

For questions regarding the Calendar, call (248) 625-8055.

*Has a new look!  
More user friendly!  
Easier to manage your account!*

## Support Our Advertisers

Please support the advertisers that make this publication possible! Tell them you saw their ad in the Independence Township Recreation Guide.

Cedar Crest Academy	Michigan Youth Flag Football
Cherry Hill Lanes	Oakland County Moms
Clarkston Area Mothers and More	Planet Kids Premiere Academy
Clarkston Coalition for Youth	Smith's Disposal & Recycling
Clarkston Community Awards	Springfield Township Parks & Recreation
Clarkston Conservatory of Music	Stars and Stripes Kids Activity Center
Clarkston Independence District Library	The Clarkston News
Coats Funeral Home	The Dance Place LTD
Deer Lake Athletic Club	The Learning Experience
Fort Clarkston	Village of Clarkston
Goldfish Swim Academy	Waterfall Jewelers
Lakeland Ice Arena	Waterford Little League
McLaren Healthcare Clarkston	Waterford Township
Michigan Impact Soccer	



**Smith's**  
Disposal & Recycling  
Serving our neighbors since 1981  
**248-625-5470**

Your local solution to a global problem!

4941 White Lake Road, Clarkston

- Curbside, Single Stream Recycling
- 96 gallon Waste Wheelers available for rent or purchase
- Senior Citizen Rates
- 10 and 20 yd Roll Offs for residential or commercial clean ups
- Front Load Dumpsters available in 2, 4, 6, and 8 yd sizes

Would you like to see YOUR NAME on this list?

Contact Amy Laboissonniere at 248-625-8223

WINTER/SPRING 2016

# Clarkston Community Education

## Adult & Youth Enrichment

### REGISTER EARLY

Many classes fill up quickly. Please register one week in advance. The sooner we know how many people are interested in a program, the easier it is to add sessions or avoid unnecessary cancellations. Registrants are contacted **ONLY** if the class is full or canceled.



## Boys and Girls Lacrosse

See Page 5

**Clarkston Community Schools**

248-623-4326 [www.clarkston.k12.mi.us](http://www.clarkston.k12.mi.us)

Independence Township Parks, Recreation & Seniors provides customer registrations for **Clarkston Community Education and Aquatics programs.**

For details: [www.clarkston.k12.mi.us](http://www.clarkston.k12.mi.us)

VISA  Accepted



# Preschool/Youth/Teen Enrichment

## Daddy/Daughter Dance for Ages 5 & up

**Register early—this event sells out!!!**

Girls, bring your Dad, Grandpa or special person to this fun event you will cherish forever. There will be cookies and punch, our favorite DJ will play all of the latest songs plus requests from Dad and Daughter. A professional photographer will be on hand to capture this special event. Each couple will receive a free 4x5 photograph with the option to purchase additional photos. An e-mail will be sent to you when pictures are available for pick up at the Community Education Center.

**Saturday, February 6—Advance sale only—**  
Location: Clarkston High School Cafeteria

Attendance list will be checked at the door. No tickets provided.

**Y010-40 • Saturday, February 6 • 4–6pm • \$25 per couple (If registered before January 1) • \$30 per couple (if registered on or after January 1)**

**Y012-40 • \$10 per extra child**

**Y015-40 • Saturday, February 6 • 7–9pm • \$25 per couple (If registered before January 1) • \$30 per couple (if registered on or after January 1)**

**Y017-40 \$10 per extra child**

## Babysitting Workshop

This course is designed for 11–15 year olds. The purpose of this course is to increase the availability of young, adolescent baby-sitters who can provide safe and nurturing care for children. Basic child care as well as CPR and First Aid are taught in the class. Students must attend both days and be at least 11 years old to receive their Red Cross certification cards. Materials are included in the class fee.

Instructor: Marie Bristow

**Y310-40 • Ages 11–15 • Thursdays, February 11 & February 18 • 4:30–7:30pm • \$77**

**Y315-40 • Ages 11–15 • Wednesdays, April 13 and April 20 • 4:30–7:30pm • \$77**

Location: Clarkston Community Education Building—Media Center

## Spanish Club for grades K–5

Come join us again for this exciting, playful and interactive after school program that will have your child speaking Spanish before you know it! Games, crafts, music and fun is all used to introduce vocabulary and full Spanish sentences that will truly impress. Your child will be taught by a completely fluent instructor who holds a degree in Spanish from Wayne State University. Drinks and snacks will be provided and are included in the cost. Non-snack option is available. Please bring gym shoes. Fall Session and Winter Session will cover different material. Instructor: Erica House

**Mondays 4:15–5:15 (Instructor will hand out snacks and supervise until class begins at 4:15)**

Location: Springfield Plains Elementary

**Y403-40 • 7 weeks • Session 2: Mondays: February 8, 22, 29, March 7, 14, 21, 28 • With snack option \$57**

**Y404-40 • 7 weeks • Session 2: Mondays: February 8, 22, 29, March 7, 14, 21, 28 • With/out snack option \$48**

\*Snack with be peanut/nut free (popcorn, crackers etc.

## Guitar I: Let's Make Some Music—Ages 10 to Adult

For the absolute beginner to novice guitarist, this class starts with basics of holding and playing the guitar, and covers such topics as: Tuning and guitar care, fundamentals of guitar technique, first position chords and general chord study, guitar tablature (easily learned form of music notation), basic strumming/picking techniques. This class is created and taught with the philosophy that music is FUN and learning music should be fun too. A wide variety of songs and styles will be presented to get you quickly on your way to playing the music that YOU enjoy.

Instructors: Paul Sabbag and Mark Hurst

**A208-40 • Ages 10–adult • 7wks • Saturdays, January 30–March 19 (no class 2/13) • 10–11am • \$72**

Location: Clarkston Community Education Center, 6558 Waldon Road, Clarkston

## Guitar II—Ages 10 to Adult

This class is a continuation of Guitar I. Students should have completed Guitar I or have the following knowledge/skills: proper tuning and care of the guitar; ability to form open, first position chords (minimally chords C-A-G-E-D); basic strumming technique; and the ability to play some fundamental songs and/or sequences of chords (making fairly smooth chord changes).

Instructors: Paul Sabbag and Mark Hurst

**A209-40 • Ages 10–adult • 7wks • Saturdays, January 30–March 19 (no class 2/13) • 10–11am • \$72**

Location: Community Education Center, 6558 Waldon Road, Clarkston

## The Artist's Apprentice Class Offerings

### Figures and Fashion—Ages 7 & up

If you enjoy designing clothes, these drawing classes will launch you on your way to expressing ideas in a way that sets them apart with a professional appeal! Students will be learning about body structure and balance of movement as they creatively express their fashion sense in colored pencil drawings and watercolour pencil tissue creations. Family and friends will be invited to our "Fashion Debut" following class on the final day. Bonus: Students will be designing their own faerie dresses created out of woodland materials!

**Y700-40 • Dates: 01/14, 01/21, 01/28, 02/04, Snow day 02/11 • Cost: \$60 plus \$12 material fee (a one-time fee, payable to the instructor on the 1st day of class)**

Location: Clarkston Community Education Building

### Japanese Cartooning—Ages 7 & up

This art class will give Manga/Anime fans the unique opportunity to learn many techniques and improve their skills in Japanese cartoon drawing. Beginner and intermediate artists will gain experience in drawing a variety of genres.

**Y701-40 • Dates: 02/18, 02/25, 03/03, 03/10, Snow day 3/17 • Cost: \$60 plus \$12 material fee (a one-time fee, payable to the instructor on the 1st day of class.**

Location: Clarkston Community Education Building

### "Just Dragons"—Ages 7 & up

Young artists will be working on three fun projects involving drawing and sculpture that will highlight this mystical creature. A Gallery Show on the final day of class will be presented to family and friends.

**Y703-40 • Dates: 05/05, 05/12, 05/19, 05/26, Snow day 06/02 • Cost: \$60 plus \$12 material fee (a one-time fee, payable to the instructor on the 1st day of class.**

Location: Clarkston Community Education Building

### Imagination Art—Ages 7 & up

Join us for a course of realistic image drawing utilizing coloured pencils, where things appear different in unusual settings and structures. Students will juxtapose various element in order to engage the viewer in alternative thought. It's fun. :)

A Gallery Show on the final day of class will be presented to family and friends. \$15 material fee (a one-time fee, payable to the instructor on the 1st day of classes.)

**Y704-40 • Dates: 03/04, 03/11, 03/18, 04/15, 04/22 (Snow day 04/29) • 4:20–5:50 pm • \$75**

Location: Bailey Lake Elementary School—Discovery Room

### Fashion Extravaganza—Ages 7 & up

It's time to express your creative identity by putting your original ideas on paper! Young artists will be engaged in three different fashion endeavors including a charming white-on-white dress in paper sculpture. Many new fashion design illustration ideas will be implemented using inks & washes with various other media. Family and friends will be invited to our Fashion Debut following class on the final day.

**Y702-40 • Dates: 03/24, 03/31, 04/14, 04/21, Snow day 04/28 • Cost: \$60 plus \$12 material fee (a one-time fee, payable to the instructor on the 1st day of class.**

Location: Clarkston Community Education Building

### Mystical Animal Art—Ages 7 & up

Does your child love imaginary animals? In these classes students will create their own fanciful creatures in settings of equally unusual placement. Photo references will be implemented and many mediums will be included in our artwork.

A Gallery Show on the final day of class will be presented to family and friends. \$12 material fee (a one-time fee, payable to the instructor on the 1st day of classes.)

**Y705-40 • Dates: 05/06, 05/13, 05/20, 06/03 • 4:20–5:50 pm • \$60**

Location: Bailey Lake Elementary School—Discovery Room

## Recital Dance Classes

Clarkston Community Education in cooperation with STARZ Performing Art offers fitness and dance lessons. The session concludes with a recital March 19 at 1 pm. The price for classes includes a costume.

**LOCATION:** All classes will be held at Clarkston Community Education (CEC), 6558 Waldon Road EXCEPT the Preschool class on Wednesdays at 1 pm will be at the Administration building, 6389 Clarkston Rd.

### Ballet, Tap, Jazz—Grades K–3

Ballet teaches dancers strong technique. The students will learn proper placement, turnout, technique and vocabulary in a disciplined environment. This will develop strong work ethics and discipline in a positive atmosphere, which will build self-esteem. Ballet is the basis for all other forms of dance and we recommend ballet to every dancer. Jazz incorporates stretching, across the floor combinations, and jazz routines. The dancers will learn different turns, jumps, leaps and extensions while incorporating them into many different styles of jazz. Tap concentrates on both rhythmic and classical tap methods. Students will learn vocabulary, rhythmic timing, improvisation and tap choreography.

**Y160-40 • Wednesday's, January 27–March 16 • 5:45–6:30pm • \$99**

**Y161-40 • Saturday's, January 23–March 19 (skip 02/13) • 10:30–11:15am • \$99**

**Location:** Clarkston Community Education Building

### Jazz, Pom, Hip-Hop—Grades 3–5

This is a fun and up beat class that integrates many different styles of hip-hop; including pop and lock, street and break dancing. Students will learn the trendiest moves. Poms are brought in for fun while teaching across the floor moves and pom combinations. These classes incorporate many of the "skills" that are required by dance teams; such as jumps, leaps and turns.

**Y172-40 • Wednesday's, January 27–March 16 • 6:30–7:15pm • \$99**

**Y173-40 • Saturday's, January 23–March 19 (skip 02/13) • 11:15–Noon • \$99**

**Location:** Clarkston Community Education Building

### Preschool Dance—Ages 3–5

This class is for dancers between the ages of 3 to 5 years old. It introduces the dancers to the ballet, tap and jazz technique and vocabulary in a loosely structured class environment. The students will develop rhythm, coordination, and movement all while building their confidence and self-esteem.

**P152-40 • Wednesday's, January 27–March 16 • 1–1:45pm • \$99**

**Location:** Clarkston Community Schools Administration Office—board room. (February 10 class will be held at Clarkston Community Education Center-Fitness Room.)

**P154-40 • Wednesday's, January 27–March 16 • 5–5:45pm • \$99**

**P155-40 • Saturday's, January 23–March 19 (skip 02/13) • 9:45–10:30am • \$99**

**Location:** Clarkston Community Education Building

## CPR— Adult, Child and Infant with AED (Ages 13 to Adult)

Recent studies have shown that accidents mostly happen at home. Therefore homeowners and parents should learn how to administer CPR and first aid. It is not only about learning how to do CPR but when one should administer it and the use of an AED. This CPR course will include: videos, printed documents, demonstrations on mannequins representing all age groups such as infants, children and adults. Students will also have the opportunity to practice CPR techniques on mannequin. Wallet certification card good for 2 years issued immediately upon successfully completing of training.

\*Students may purchase personal copy of the manual for an additional cost of \$8, paid directly to instructor.

**A220-40 • Saturday, February 27 • 9:30am–12:30pm • \$55**

**Location:** Clarkston Community Education

## FIRST AID—Basic (Ages 13 to Adult)

Class will focus on Basic First Aid, including wound care, shock, burns, bone, joint and muscle injuries, sudden illness, and poisoning. Wallet certification card good for 2 years issued immediately upon successfully completion of training.

\*Students may purchase personal copy of the manual for an additional cost of \$8, paid directly to instructor.

**A221-40 • Saturday, March 12 • 9:30am–12:30pm • \$55**

**Location:** Clarkston Community Education Building—Media Center

## CrossFit Kids (Grades K–4)

#degaintrained. The Dignified CrossFit Kids program is designed for Kindergarten-4th graders. This is an awesome opportunity for kids to discover that fitness and a healthy lifestyle is FUN! With high quality coaches to ensure SAFETY, children will be introduced to the CrossFit methodology of constantly varied, functional movements, (intensity applied when older and appropriate)... With fun! This program can be used as a general physical conditioning method, off-season training, or to make CrossFit your child's sport of choice. The group Dignified CrossFit Kids classes run with the guidance and instruction of a knowledgeable and energetic coach Monday and Wednesday from 4:45pm–5:30pm. Kids can come as often or as infrequently as they desire, however routine and repetition is optimal for learning and growth.

**8 Sessions • Every Monday and Wednesday, January 25–February 17 • 4:45-5:30pm • \$60**

**8 Sessions • Every Monday and Wednesday, February 29–March 23 • 4:45-5:30pm • \$60**

**8 Sessions • Every Monday and Wednesday, April 11–May 4 • 4:45-5:30pm • \$60**

## CrossFit Middle School (Grades 5–8)

#degaintrained. The Dignified CrossFit middle school program is designed for 5th-8th graders. This is an awesome opportunity for kids to discover that fitness and a healthy lifestyle is FUN! With high quality coaches to ensure SAFETY, children will be introduced to the CrossFit methodology of constantly varied, functional movements, (intensity applied when older and appropriate)... With fun! This program can be used as a general physical conditioning method, off-season training or to make CrossFit your child's sport of choice. The group classes run with the guidance and instruction of a knowledgeable and energetic coach Tuesday and Thursday from 4:45pm–5:30pm. Kids can come as often or as infrequently as they desire, however routine and repetition is optimal for learning and growth.

**8 Sessions • Every Tuesday & Thursday, January 26–February 18 • 4:45–5:30pm • \$60**

**8 Sessions • Every Tuesday & Thursday, March 1–March 24 • 4:45–5:30pm • \$60**

**8 Sessions • Every Tuesday & Thursday, April 12–May 5 • 4:45–5:30pm • \$60**

## CrossFit High School (Grades 9–12)

#degaintrained. The Dignified CrossFit High School class is designed to take High School and Junior High athletes to the next level! We have taken the roots of ALL athletic endeavors and combined them into workouts that demand hard work and sweat equity. This membership will specifically develop skills that can be transferred over to any athletic field, court, mat, or arena... If you are looking to take your athletic performance to the next level, this is the place for you! Our focus is on true core strength, engaging the posterior chain, maintaining midline stabilization while using a dynamic hip, and developing core-to-extremity characteristics. There is a daily lesson of mental fortitude that is incorporated into the WOD (Workout of the Day) as well.

**16 Sessions • Every Mon, Tues, Weds, Thurs. • January 25–February 18 • 4–4:45pm • \$115**

**16 Sessions • Every Mon, Tues, Weds, Thurs. 8 February 29–March 24 • 4–4:45pm • \$115**

**16 Sessions • Every Mon, Tues, Weds, Thurs. • April 11–May 5 • 4–4:45pm • \$115**

## Karate for Kids—Ages 4–5

Karate for Kids is a new program designed, taught and Directed by Grand Master Leo Mayer 8th Dan. The program at this level will enhance, build and develop socialization skills, self-confidence and physical fitness. This class will accomplish these goals by using fun games, exercises and group activities that stress camaraderie.

**Y506-40 • 8 wks • Tuesdays, February 2-March 29 (no class 2/16) • 6–6:30pm • \$52**

**Location:** Clarkston Community Education gym

## Karate for Youth

Join this exciting martial arts karate program that is directed by Grand Master Leo Mayer 8th Dan. The program is designed to teach beginners from first grade up, the concepts of self-discipline, self-defense, physical fitness, and self-confidence to make the right choices. In this beginner class parents are welcome to join and train with their children and increase flexibility while mastering proper balance and co-ordination skills. Stop by and talk to our certified black belt instructors at the demonstration on the first night.

**Y507-40 • 15 wks • Tuesdays, January 26-May 17 (no class 2/16 & 4/5) • 6:35-7:35pm • \$122**

**Location:** Clarkston Community Education gym

## Karate for Teens—Adults and Advanced (purple and higher belts)

Join this exciting program that is directed by Grand Master Leo Mayer 8th Dan. This martial arts program is designed for the modern teen and adults. It will deal with all levels of self-defense, physical fitness, and ways to always defend yourself. Stop by and see how our trained certified black belts can increase your flexibility while mastering balance, coordination and awareness skills.

**Y508-40 • 15 wks • Tuesdays, January 26-May 17 (no class 2/16 & 4/5) • 7:40–8:45pm • \$122**

**Location:** Clarkston Community Education gym

## Be Active

### Sports Starters (Ages 3–5)

Your kids will love this fun introduction to sports such as soccer, football, volleyball, lacrosse, basketball, tee-ball, hockey & more! Toddlers will develop coordination while learning sports basics such as throwing, catching, kicking and running with easy-to-understand directions. Emphasis is on participation & sportsmanship. Wear gym shoes & bring a water bottle. Kids must be three by the first day of class.

Instructor: Leisure Unlimited LLC, [www.leisureunlimited.net](http://www.leisureunlimited.net)

**P805-40 • 8 wks • Saturdays, January 23–March 19 (no class 2/20) • 9–9:50am • \$86**

Location: Clarkston Community Education Building—Gym

**P806-40 • 7 wks • Mondays, January 25–March 14 (no class 2/15) • 6–6:50pm • \$76**

Location: Clarkston Community Education Building—Gym

**P807-40 • 7 wks • Saturdays, April 16–June 4 (no class 5/28) • 9–9:50am • \$76**

Location: Clarkston Community Education Building—Gym

**P808-40 • 6 wks • Mondays, April 18–May 23 • 5–5:50pm • \$66**

Independence Elementary School Gym

**Kiddie Sports (Ages 4–6)** Kids learn & play a different sport each week. Sample sports: lacrosse, soccer, floor hockey, basketball, tee-ball, volleyball, football & more. Fun drills and games allow kids to progress at their own pace. Emphasis is on participation & sportsmanship. Wear gym shoes & bring a water bottle.

Instructor: Leisure Unlimited LLC ([www.leisureunlimited.net](http://www.leisureunlimited.net))

**Y651-40 • 8 wks • Saturdays, January 23–March 19 (no class 2/20) • 10–10:50am • \$86**

**Y650-40 • 7 wks • Saturdays, April 16–June 4 (no class 5/28) • 10–10:50am • \$76**

Location: Clarkston Community Education Building—Gym

### PAWS—Physical Activity with Spirit

#### After School at Pine Knob Elementary (Grades 3–5)

This program will help promote and educate living a healthy lifestyle. Students will be participating in a variety of fitness and sports related activities. Some of the activities will include: Mileage Club, Fitness Trail, Relay Races, Rock Wall, Fitness Games, PACER Test, Floor Hockey, Soccer, Basketball, Fitness Stations, and Tag Games. Parents, if your student needs a snack at the end of the school day, please send one with them. PAWS T-shirt is included. Please include T-shirt size when you register.

Instructor: PE Teacher: Mr. Taormina

Location: Pine Knob Elementary Gym

**Y640-40 • 12 sessions • Grades 3–5 • Mondays & Thursdays, January 11–February 25 (no classes 1/18 & 2/15) • 3:45–5pm • \$49**

### Track after school at SMS—6th Grade

#### Register early this program fills up.

Students will participate in activities including a warm-up routine, stretching, sprint workouts, long distance runs (optional), relays, and running games. Focus will be placed on self-improvement, experience and awareness of track events, and considerations for healthy running. Coach Passmore and Coach Stege

**Y628-40 • 7 wks • Tuesdays and Thursdays • April 19–June 2 • 2:45–4pm • \$75**

Location: Sashabaw Middle School 6th grade gym

### After School Floor Hockey—Grades 1–3

This class will cover individual skills such as puck handling, shooting, offensive and defensive positions. Students will be placed on teams of seven to eight and play round robin tournaments each week in a positive, structured learning environment. Instructor: Tim Polonkey

**Y676-40 • Grades 1–3 • 5 wks • Tuesdays, January 26–March 1 (skip 2/16) • 3:55–4:55pm • \$42**

Location: Independence Elementary gym

### Boy's 3-on-3 Basketball at SMS

This class is open to all 6th & 7th graders interested in shooting hoops with some friends after school. Students who are interested in participating may bring their own team or we'll put one together for you. All skill levels are welcome; bring your sneakers and shorts. See Mr. Sabbag for details and don't miss out on the fun of SMS March Madness! Instructor: Mr. Sabbag. Meet in SMS 6th Grade Gym.

**Y627-40 • 10 sessions • Mon & Thurs • Feb 1, 4, 8, 11, 18, 22, 25, 29, March 3, 7 (no class Feb 15) • 2:45–4 pm • \$60**

### Floor Hockey (Ages 7–11)

Learn & practice stick handling, passing, shooting and player positions. Progressive drills help kids grasp the basics while enhancing their game comprehension. Emphasis is on sportsmanship & teamwork. Bring a water bottle & wear gym shoes. Hockey sticks provided.

Instructor: Leisure Unlimited LLC ([www.leisureunlimited.net](http://www.leisureunlimited.net))

**Y631-40 • 8 wks • Saturdays, January 23–March 19 (no class 2/20) • 11am–Noon • \$86**

**Y641-40 • 7 wks • Mondays, January 25–March 14 (no class 2/15) • 7–8 pm • \$76**

**Y642-40 • 7 wks • Saturdays, April 16–June 4 (no class 5/28) • 11am–Noon • \$76**

Location: Clarkston Community Education Building

### Indoor Soccer—After School (Ages 6–10)

Practice soccer skills and learn player positions, offense, defense, rules and strategy with fun progressive drills. In-class scrimmages improve game comprehension. Wear gym shoes.

Instructor: Leisure Unlimited ([www.leisureunlimited.net](http://www.leisureunlimited.net))

**Y603-40 • 6 wks • Mondays, April 18–May 23 • 3:55–4:55pm • \$66**

Location: Independence Elementary School Gym

## Basketball Spring Leagues for Grades 3–8

Deadline to register: February 26 at 9am.

Boys in grades 3rd–8th are invited to participate in structured leagues. The season will start with an evaluation of each players abilities at a draft on Tuesday, March 1, time TBD. Each team is guaranteed a minimum of seven practices and eight games. All players must be registered by February 26. Games and practices will be held on Tuesday's and Thursday March 2–April 21 between 5:30 and 9 pm. Games are 40 minutes long and each player is guaranteed 10 minutes playing time per game. Awards will be presented to all players on championship and runner-up teams.

If you have a blue/white reversible jersey from a previous Clarkston Community Ed. Basketball League, that you wish to use for this league for a \$15 savings, please include the jersey number on your registration form. If you do NOT have a jersey you will need to pay an additional fee of \$15 to purchase a reversible jersey that you will be able to use for all Community Education basketball leagues.

Volunteer coaches are needed. If you wish to coach contact rian Plante at [brianplantesma@aol.com](mailto:brianplantesma@aol.com) or 248-620-1184.

**DRAFT: Tuesday March 1**

**PRACTICES/GAMES: Tuesday's and Thursday's March 1–April 21**

**Y652-40 • Purchase a reversible jersey \$15**

**Y653-40 • grades 3 & 4 • Sashabaw Middle School gym • \$97**

**Y655-40 • grades 5 & 6 • Sashabaw Middle School gym • \$97**

**Y657-40 • grades 7 & 8 • Sashabaw Middle School gym • \$97**

If you do NOT need to purchase a jersey; please specify jersey number on registration form.



## Tee-Ball Clinic—Ages 4–6

Kids will learn throwing, base-running, catching, batting and fielding. Fun, progressive drills allow kids to advance at their own pace. Emphasis is on effort and sportsmanship. Kids will scrimmage during class time. Wear gym shoes and bring a water bottle. Mitts are optional. Instructor: Leisure Unlimited. (www.leisureunlimited.net)

Y631-40 • 6 wks. • Mondays, April 18–May 23  
• 6–7pm • \$66

Location: Independence Elementary Gym

## After School Golf Academy

Students will have the opportunity to learn the skills of golf or further develop existing skills. Experienced instructors bring an outstanding program to our elementary schools this winter. Students will be equipped with top-of-the-line junior clubs and will be hitting technologically-advanced indoor golf balls from mats on gym floors. The curriculum includes an explanation of the game, grip, stance, swing fundamentals, long game (drive and irons) and short game (pitching, chipping and putting.)

Y613-40 • Grades 1–5 • 4 wks • Monday, March 7–28  
• 3:55–4:55pm • \$67 • Andersonville Elementary gym

Y617-40 • Grades 1–5 • 4 wks • Tuesdays, March 8–29  
• 3:55–4:55pm • \$67 • Bailey Lake Elementary gym

Y612-40 • Grades 1–5 • 4 wks • Wednesdays,  
February 24–March 16 (skip April 21) • 3:40–4:40pm •  
\$67 • Clarkston Elementary gym

Y614-40 • Grades 1–5 • 4 wks • Thursday, April  
14–May 5 • 3:40–4:40pm • \$67 • North Sashabaw  
Elementary gym

Y615-40 • Grades 1–5 • 4 wks • Wednesdays, March  
23–April 20 (no class 4/6) • 3:40–4:40pm • \$67 • Pine  
Knob Elementary gym

Y616-40 • Grades 1–5 • 4 wks • Tuesdays, April  
12–May 3 • 3:55–4:55pm • \$67 • Springfield Plains  
Elementary gym

Y618-40 • Grades K–5 • 4 wks • Mondays, April 18–  
May 9 • 6–7pm • \$67 • Community Education Center  
gym

Y619-40 • Grades 6–8 • 4 wks • Mondays, April 18–  
May 9 • 7:15–8:15pm • \$67 • Community Education  
Center gym

## Introduction to Wrestling for Grades K–2

Integrity Wrestling will be running a fun introduction class for wrestling. Class is structured to be a positive, fun, non-competitive atmosphere, with basic tumbling, and simple wrestling movements. Class is intended to introduce and promote the sport of wrestling in a nontraditional format. No school, no classes.

Y571-40 • Monday • 5:45–6:45pm • January 25–  
February 29, (no class 2/15) • \$82

Location: Clarkston High School Wrestling Room

## Beginning Wrestling for Grades 2–5

Integrity Wrestling will be holding classes to learn and perfect basic wrestling positions with fun technique. Sessions will include offensive and defensive attacks, turns and escapes. Practices will also include strength conditioning and coordination conditioning. Great youth conditioning and training for all sports. No school, no classes.

Y569-40 • Tuesday and Thursday, January 12–March  
10 • 5:45–7pm • \$ 179

No class February 16, and March 3.

Location: Clarkston High School Wrestling Room

## Girls' Volleyball for grades 4–6

Girls, do you think you may be interested in playing volleyball? This class will offer skills, volleyball technique and game situational scrimmaging. The first class is for girls with little or no experience and the second class is for girls with experience. Instructors: Daneen Kincaid, CHS 9th grade volleyball coach and Jeff Kincaid, who coaches for Super Nova.

Y681-40 • Beginners • 6 wks • 6:30–7:30pm •  
Tuesdays, January 12–February 23 (no class  
February 16) • \$69

Y682-40 • Experienced • 6 wks • 7:30–8:30pm  
Tuesdays, January 12–February 23 (no class  
February 16) • \$69

Location: Bailey Lake Elementary gym

## Girls Softball Fast Pitch Clinic— Grades 2–6

Learn proper grip, wrist snap, lower body mechanics, stride and drive, how to throw a fastball, change up and more!

Participants will be divided up by skill level. Staff –Don Peters Varsity Softball Coach- MHSSCA Hall of Fame and Leanna Mazich an All State/ Collegiate athlete and Varsity Softball Pitcher. Former Participants include members to MHSSCA All-State Team, All-League, All County, ALL District, and All Region, College players, and Pitchers in the MHSSCA

Y593-40 • 6 sessions • Thursdays • January  
14–February 18 • 6:30–7:30 pm • \$50 • Clarkston  
Community Education gym

## Girls Youth Lacrosse

The goal of the Clarkston girls Youth Lacrosse Program is to ensure that every girl who wants to play lacrosse has the opportunity to learn, play and develop here in Clarkston. The girls program is offered to girls in the 6th–8th grade.

In order to register for Spring Lacrosse you must have an \*Athletic Packet filled out which includes a physical. All paper work must accompany the registration.

\*\*Registration for both the Spring Season and Clinics begin on December 14 and will remain open until capacity is reached. Recreation League Team Fees: \$225

- Teams will have approximately 20 players
- Teams will play other "local/recreational" programs
- Outdoor practice begins in mid- March 3-5 days/week (if weather and field conditions allow)
- Indoor Turf time in March (location in Bloomfield)
- Jersey to keep
- Teams will play 8-10 games during season and 1 local tournament

Y696-40 • Grades 6–8 • \$225

## Winter Girls Lacrosse Clinics

**All Players encouraged to attend but it is not mandatory**

Cost \$89 for 6 week session limited space available

Y697-40 • Grades 6–8 • Tuesdays January 19–  
February 23 • 6:30–7:30pm • \$89

## Boys Lacrosse Program—U9

**Born on or after 09/01/2006**

- Team will practice 2–3 days/week during the season (if weather and field conditions allow)
- Team will have the opportunity to play other local programs. Depending on the number of teams; 4–6 games will be scheduled
- Jersey to keep
- Limited spots available

Y698-40 • Boys born on/after 09/01/2006 • \$175

## CJHS Weightlifting Club for Boys and Girls in 8th and 9th Grade

Class will include running, stretching, free weights and machine weights. Students must be registered with Clarkston Community Education prior to participating in the class.

Instructor: Mr. Carpenter

Y890-40 • 29 classes • M-T-W-Th • January 11–  
March 3 (no class 1/18, 2/15, 2/16) • \$72

Y870-40 • 14 classes • Mon/Wed • January 11–  
March 2 (no class 1/18, 2/15) • \$35

Y880-40 • 15 classes • Tues/Th • January 12–March 3  
(no class 2/16) • \$39

Y895-40 • 19 classes • M-W-F • March 7–April 27 (no  
class 3/25, & April 4, 6, 8) • \$50

Location: Clarkston Junior High School Weight  
Room

## Advertise in this Brochure!

This brochure is mailed to 21,000 homes in the Clarkston Community School district. If you're interested in placing an ad, please contact Devin Kling at 248-623-4326 or by email at [dwkling@clarkston.k12.mi.us](mailto:dwkling@clarkston.k12.mi.us).

## Clarkston Community Schools Facility Rental Information

Clarkston Community Schools facilities and fields are conveniently located for the residents of Clarkston, Waterford, White Lake, and Davisburg. Our facilities and fields are available for rental by public and private groups on Saturdays, Sundays, and after school during the week.

With ample parking and beautiful buildings, CCS offers great potential for any event. Whether you need auditoriums, classrooms, media centers, computer labs, gyms, stadiums, fields or a pool, the modern facilities and fields of CCS give you an advantage!

All facility services are available for single events, individual classes, sports events, birthday parties and so much more. For all of your facility and field requests, please contact our District Scheduler at 248-623-4343. Rental of gyms is available on weekends and limited weekdays.

**For more information  
and pricing, contact Pam  
Thompson, District Scheduler,  
at 248/623-4343.**

# Adult Education

## WINTER 2016 ONLINE CLASSES



### What to Expect with these Online Courses

- All classes meet online. Just turn on your computer, go to Internet and enter your online classroom site.
- Instructor available to give you instructions, and answer your questions and concerns.
- Work at your own pace, any day, any time. There is no set time to be in your Online classroom.
- Step-by-step, approach ensures that you master subjects and achieve success quickly.

### Attention Businesses / Employers

Ask about our customized online classes for you or for your organization's staff

Learn only what you need to know.

Choose any of the course topics from the Accounting, QuickBooks, MS Office or MS Excel online classes. If you need to work with certain software features or functions we will customize training to meet your requirements. Learn what you need, to accomplish specific goals. We will set up an online class so that you or company staff learns what they have to know to do their jobs. Contact us at Computer Assisted Resources (CAR) at 248-628-0844.

**PREREQUISITE FOR ALL ONLINE CLASSES:** You must have basic Computer and Internet skills and an E-mail address.

### Accounting Specialist Certificate Classes

Complete the following classes successfully and receive an Accounting Specialist Certificate

To be completed in 2 years

- 1) Accounting Basics for Business
- 2) QuickBooks Pro—Comprehensive
- 3) Microsoft Office or Microsoft Excel

### Practical Accounting Basics for Business

Improve your career opportunities. An introduction course for non-accounting staff that has to deal with financial matters on their jobs. Be provided with the vocabulary and knowledge you need to read financial reports, enter into financial discussions and decisions. Walks you through the accounting cycle, step-by-step. Helps you grasp why QuickBooks behaves the way it does. Your online class instructor has a MBA and is very helpful. Certificate awarded. Textbooks and eLab Key Fees: approximately \$30 to \$70 depending upon the bundle you choose Purchase information comes via E-mail from instructor

**Dates:** Starts any Thursday from 1/21 to 5/19

**Length:** Take up to 8 weeks to finish this course

**Registration Fee:** \$ 179

### Quickbooks Pro Comprehensive for PC

Quickbooks is the most used accounting software for small/medium businesses. You master concepts by working through case studies that replicate real-world situations or your own company accounts. This gives you the experience needed to be successful in today's workplace. Learn to use QuickBooks features and functions to work with accrual and cash accounting, GAAP, accounting cycles, journals, reports, payroll, checks, invoices, payments, banking, etc... In this online class you can setup and work with your own company files. Your online instructor has in-depth experience and is very practical in her approach. Certificate awarded.

**Prerequisite:** knowledge of business accounting

**Material Fees and eLab Key Fees :** with 180 days trail QuickBooks software approximately \$140

**Dates:** Starts on any Tuesday from 1/19 to 5/17

**Length:** Take up to 10 weeks to finish this course

**Registration Fee:** \$249

## COMPUTER CAREER DEVELOPMENT ONLINE CLASSES

### Microsoft Office Comprehensive—Step-By-Step

Learn everything that you need to know about Microsoft Office 2013 or 2010!. Create professional documents, labels, mail merges, PDF files quickly, using Word. Produce worksheets to track people, projects and money with Excel. Wow the audience with your presentations using PowerPoint. Build databases with Access. Receive the skills you need for job advancement or new job opportunities. Instructor is very good at helping the individual student reach their goals. Certificate awarded.

**Textbooks and eLab Key Fees:** approximately \$98 to \$125 depending upon the bundle you choose which could include a 180 day trail software package. Purchase information comes via E-mail from instructor

**MICROSOFT OFFICE 2013**

**Dates:** Starts on any Tuesday from 1/19 to 5/17

**Length:** Take up to 8 weeks to finish this course

**Registration Fee:** \$189

**MICROSOFT OFFICE 2010**

**Dates:** Starts any Thursday from 1/21 to 5/19

**Length:** Take up to 8 weeks to finish this course

**Registration Fee:** \$189

### Microsoft Excel Comprehensive—Step-By-Step

Become a power user. OR Instructor will customize instruction so you learn what you features you want to know. . Discover important features and functions of Excel. Grasp how to use of the Ribbon Interface, worksheets, links, formulas, tables, outlines, SmartArt, clip art, . PivotTables. Enter and edit data. Analyze and Audit data. with IF or NOT, SUMIF and COUNTIF

functions. Check for errors by applying IFERROR... and more. Your online instructor has in-depth knowledge of Excel. She assists students with their specific needs. Certificate awarded.

**Textbook & eLab Key Fees:** approximately \$98 to \$129 depending on bundle you choose, which could include a 180 day trail software package.. Purchase information comes via E-mail from instructor.

**EXCEL 2013**

**Dates:** Starts on any Tuesday from 1/19 to 5/17

**Length:** Take up to 8 weeks to finish this course

**Registration Fee:** \$189

**EXCEL 2010**

**Dates:** Starts any Thursday from 1/21 to 5/19

**Length:** Take up to 8 weeks to finish this course

**Registration Fee:** \$189

### CompTIA A+ Certification Preparation

Prepare yourself for new job opportunities. This course provides learners with the basic knowledge and skills necessary for a career in PC support. The course is designed to fully prepare learners to sit for and pass the CompTIA A+ 220-801 and 220-802 certification exams. Topics include installation, configuration, preventative maintenance of PC hardware components, network, security, virtualization, desktop imaging, and deployment. Gain knowledge of diagnostic and troubleshooting processes for various technical issues. Instructor guides you toward the certification exam given through CompTIA. It is separate from this course. Prerequisite: Experienced in computer operations seeking a career in PC support,

**eLab and Access Code Fee:** \$329 purchase information via E-mail from instructor

**Dates:** Starts on these Tuesday 1/19 to 5/17

**Length:** Take up to 12 weeks to finish

**Registration Fee:** \$479

### Fast Track Your Career

Are you looking to advance in your career? Look no further as this course will provide you with the resources necessary to achieve success within your industry. You will have the opportunity to learn about networking and how to communicate effectively. In addition, you will learn about interviewing and how to ensure that you land the interview and the position of your dreams. Communication, etiquette, technology, and embracing change will all be covered in this beneficial career course. Certificate awarded. Instructor is a college professor who has helped many students seek out and take advantage of employment opportunities.

**Dates:** Starts on these Tuesdays; 9/22, 10/6, 10/20, 11/10, 12/8

**Length:** Take up to 4 weeks to finish this course

**Registration Fee:** \$129

## MEDICAL ONLINE CLASSES

### Medical Terminology

The Survey of Medical Terminology course is a primer for common medical terminology for individuals new to the health care industry. It provides a survey of medical terminology, symbols and abbreviations, and the application of this new language in the field of health care. Identify the fundamental word structure of medical terms and their component parts.

An excellent Instructor with many years of practical experience working in various medical offices. She cares about her student's success and works with them to achieve it. Certificate awarded.

Class eLab code: Fee: \$99. Purchase information comes via E-mail from instructor

Dates: Starts any Thursday from 1/21 to 5/19

Length: Take up to 8 weeks to finish course

Registration Fee: \$379

### Health Care Compliance Officer—Certification Preparation

Move up in your career.

Prepare to become a certified Health Care Compliance Officers. Develop an understanding of the key requirements needed to effectively develop, implement, and monitor a healthcare compliance program for their practices or help others in their compliance efforts, which are based on governmental regulatory guidelines. Students will be prepared to sit for the AAPC's Certified Professional Compliance Officer (CPCO™) certification exam given through American Society of Professional Coders. It is separate from course. Prerequisite: Student should have at least 2 years' experience working in healthcare. Some post-secondary classes would be helpful.

Class eLab code: Fee: \$149. Purchase information comes via E-mail from instructor

Dates: Starts any Thursday from 1/21 to 5/19

Length: Take up to 8 weeks to finish course

Registration Fee: \$399



### Medical Billing & Coding Online Course

This comprehensive course prepares you to handle health insurance claims and forms so you can embark on a career with confidence. How to implement the national diagnostic and procedural coding systems include the major systems and conventions, ICD-10, plus collection issues, HPCA billing directives, commercial insurance claims, modifications, file maintenance, Legal considerations. Blue Cross and Blue Shield plans, HMOs, PPOs, Workers' Compensation, Medicare, Medicaid and more. Instructor is a medical biller and coder experienced in various facets of medical reimbursement. Completion Certificate awarded.

Instructor is a certified medical biller. She her goal is each students' success...

PREREQUISITE: Must have Medical Terminology class or current medical experience. Good Basic math skills.

Textbook Fee: approximately \$110. Purchase information comes instructor via E-mail.

Dates: Starts on any Tuesday from 1/19 to 5/17

Length: Take up to 12 weeks to finish this course

Registration Fee: \$379

### Pharmacy Technician Online Class

There's a drugstore on almost every corner and medical building. They all employ Pharmacy Technicians! Get in on the career opportunities right now by gaining the skills needed to assist pharmacists in providing medications to doctors and the general public. This online course covers how to stock a pharmacy; create, update and maintain records; and distribute medications and treatments accurately and efficiently, legal issues and more. Completion Certificate awarded. Instructor is a working Certified Pharmacy. She assists her students so they grasp the information needed to succeed. Prerequisite: good basic math skills. medical terminology course or medical experience. Textbook Fee: approximately \$99 purchased per instructor's instructions via E-mail.

Dates: Starts any Thursday from 1/21 to 5/19

Length: Take up to 12 weeks to finish course

Registration Fee: \$339

## COMPUTER CLASSES OFFERED AT THE CLARKSTON COMMUNITY EDUCATION CENTER

### Get More Enjoyment from Your Computer

Are you a basic computer user but want to know how to make your computing more pleasurable. Discuss Windows 10 and previous Windows versions. Look at various options for Internet browsing: Microsoft Edge, or Internet Explorer, Safari or Firefox, etc. Find out about apps that meet your needs. Look at social networking using Facebook®, Twitter™, Pinterest™, and LinkedIn®. Look into printers and external storage, file backups, cloud backups. Organize, view, and share photos. Play music using Spotify®, Pandora®, iTunes®, and more. TV shows and movies with Netflix® and Hulu™. Protect yourself against viruses, spyware, and spam. Keep your computer system and your Internet running reliably at top speed. Prerequisite: have basic knowledge of using a computer. Textbook \$25 payable at 1st class to instructor

A650 • 4 wks • Wednesdays, February 10–March 2 • 6:30–9:30pm • \$ 149

Location: Clarkston Community Education Building, Room 200/201, 6558 Waldon Road, Clarkston MI

### Excel—Get Going

Begin here to learn the most widely used basic functions in this popular spreadsheet software. Soon you'll be creating and populating worksheets, working with various functions and types of formulas, analyzing numeric information, and enhancing formatting. Certificate awarded upon completion. Prerequisite: Introduction to Computer class or familiar with computer. Bring USB drive to class

Book Fee: \$39 payable at first class by check

A655 • 5 wks • Thursdays, January 28–February 25 • 6:30–9:30pm • \$ 149

Location: Clarkston Community Education Building, Room 200/201, 6558 Waldon Road, Clarkston MI

### Excel—Find the Easy Way

If you use Excel now, take this class. It will help you do more in less time. Learn to use format painter, date functions and date formatting. Manage multiple-sheet workbooks. Freeze rows/columns and split views. Use 3D cell references. Create criteria functions like SUMIF, COUNTIF. Use logical functions (AND, OR), text manipulation functions, and financial calculations (PMT, FV). Working with Excel Tables and special Table functions. Bring USB drives to class. Prerequisite: Must be experienced using Excel,

Book fee \$39 payable at first by check

A660 • 4 wks • Thursdays, March 10–31 • 6:30–9:30pm • \$149

Location: Clarkston Community Education Building, Room 200/201, 6558 Waldon Road, Clarkston MI

## REGISTER EARLY

Many classes fill up quickly. Please register one week in advance. The sooner we know how many people are interested in a program, the easier it is to add sessions or avoid unnecessary cancellations. Registrants are contacted ONLY if the class is full or canceled.

# Adult Enrichment

## Clarkston Community Band

The Clarkston Community Band (CCB), founded in 1890, provides the opportunity for amateur musicians to enjoy, once again, the pleasure of playing in a band. The membership of the band represents a broad spectrum of backgrounds including nurses, schoolteachers, engineers, housewives, students, and senior citizens. The band has a strong sense of community purpose and provides free musical entertainment at civic, charitable and community events. CCB is sponsored by Clarkston Community Education of Clarkston, Michigan. It is an on-going adult recreation program open to all adult and high school musicians. The band is directed by Shelley Roland, Director of The Sashabaw Middle School band. Rehearsals are weekly throughout the school year on Tuesday evenings from 7 to 9 pm at the Sashabaw Middle School located at 5565 Pine Knob Lane, Clarkston, MI 48346.

**Fee: \$40** for the winter semester. Visit the website at [www.clarkstoncommunityband.org](http://www.clarkstoncommunityband.org) or e-mail [clarkstonband@gmail.com](mailto:clarkstonband@gmail.com) for more information.

## Spanish I for Adults

This class is for those who have never taken Spanish or have and just feel they want a good review of the basics. This 8 week class will cover grammar such as verbs in the present, past and future tenses, vocabulary, numbers, days of the week, months, seasons of the year and other Spanish basics with an emphasis on correct pronunciation. You will learn right vocabulary, phrases and pronunciation through practical, real life situations. After a few sessions, you will be a confident traveler and express yourself in social settings. A \$12 textbook fee is payable to instructor on the 1st day of class.

**INSTRUCTOR:** Enrique Geraldo.

**A405-40 • 8 wks • Tuesdays, January 19–March 15** (no class Feb. 16) • 7–8:20pm • \$115

**Location:** Clarkston Community Education, Room # 104

## Dog Obedience Training

With instructor Pat Hinson, who has over 40 years of experience as a dog handler and breeder. You will cover all obedience exercises every dog family needs to experience. Training is for the young and not so young as well. Shape what kind of pet they become with your family, starting with the English language. Kids are welcome!

**Materials needed:** 6 foot leather leash, training collar, and vaccination records. Training collars will not be used the first night. Please bring your dog to class the first night and enter at the back of the building.

**A450-40 • 7 wks. • Wednesdays, February 3–March 16** • 7–8pm • \$100

**Location:** Clarkston Community Education Building—Gym

## Love & Logic Parenting Classes: “Parenting the Love and Logic Way TM”

Classes teach techniques that are simple and easy to learn,

Teach responsibility and character, lower your stress level and have immediate positive effects. Participants learn skills for: Creating environments that stimulate responsibility and academic achievement, preventing misbehavior without stress, avoiding power struggles

while setting limits, applying logical consequences instead of punishment, teaching children problem solving skills and how to stay calm in stressful parenting situations. The class focus is for parents with children of all ages. The class format includes DVD presentations by Charles and Jim Fay, reflections from Ann Stone, the facilitator, and large or small group discussions. Handouts will be provided. An optional workbook may be purchased at the first class for \$10. For more information contact Ann Stone at 248-342-1434 or [annstone.lnl@gmail.com](mailto:annstone.lnl@gmail.com)

**A970-40 • 6 wks • Tuesdays, February 2–March 15** (no class February 16) • 6:30–8 pm • \$60 / Individual

**A980-40 • 6 wks • Tuesdays, February 2–March 15** (no class February 16) • 6:30–8 pm • \$90 / Couple

**Location:** Clarkston Community Education Building—Room 103

## CPR—Adult, Child and Infant with AED

Recent studies have shown that accidents mostly happen at home. Therefore homeowners and parents should learn how to administer CPR and first aid. It is not only about learning how to do CPR but when one should administer it and the use of an AED. This CPR course will include: videos, printed documents, demonstrations on mannequins representing all age groups such as infants, children and adults. Students will also have the opportunity to practice CPR techniques on mannequin. Wallet certification card good for 2 years issued immediately upon successfully completing of training.

**\*Students may purchase personal copy of the manual for an additional cost of \$8, paid directly to instructor.**

**A220-40 • Saturday, February 27 • 9:30am-12:30pm** • \$55

**Location:** Clarkston Community Education, Media Center

## First Aid—Basic

Class will focus on Basic First Aid, including wound care, shock, burns, bone, joint and muscle injuries, sudden illness, and poisoning. Wallet certification card good for 2 years issued immediately upon successfully completion of training.

**\*Students may purchase personal copy of the manual for an additional cost of \$8, paid directly to instructor.**

**A221-40 • Saturday, March 12 • 9:30am-12:30pm • \$55**

**Location:** Clarkston Community Education Building—Media Center

## How to Write a Book in 30 Days!

Have you ever imagined writing a book? This course is designed for those writers who would like to break into the publishing world by writing their first book. Learn simple ideas to get you started along the path to become a published author. Don Staley is a #1 best-selling author who shares ideas, tips, and strategies to encourage, motivate, and inspire you to get your book started and to get it done. In this class you will learn: the most important thing you must do before you attempt to write your first book, a great and simple technique to flesh out the outline of your book, the five different methods of getting your book done, how to get yourself to take consistent action, nine costly mistakes to avoid which most new authors make, seven ideas to make writing your book an adventure so you have as much fun as possible, and much, much more! A \$25 material fee is payable to the instructor on the night of class.

**A005-30 • Monday, February 22 • 6:30-8:30pm • \$30**

**Location:** Clarkston Community Education Center—Media Center, 6558 Waldon Road, Clarkston

## Guitar I: Let's Make Some Music

For the absolute beginner to novice guitarist, this class starts with basics of holding and playing the guitar, and covers such topics as: Tuning and guitar care, fundamentals of guitar technique, first position chords and general chord study, guitar tablature (easily learned form of music notation), basic strumming/picking techniques. This class is created and taught with the philosophy that music is FUN and learning music should be fun too. A wide variety of songs and styles will be presented to get you quickly on your way to playing the music that YOU enjoy.

**Instructors:** Paul Sabbag and Mark Hurst

**Y208-40 • Ages 10-adult • 7wks • Saturdays, January 30-March 19** (no class 2/13) • 10-11am • \$72

**Location:** Clarkston Community Education Center, Room #104, 6558 Waldon Road, Clarkston

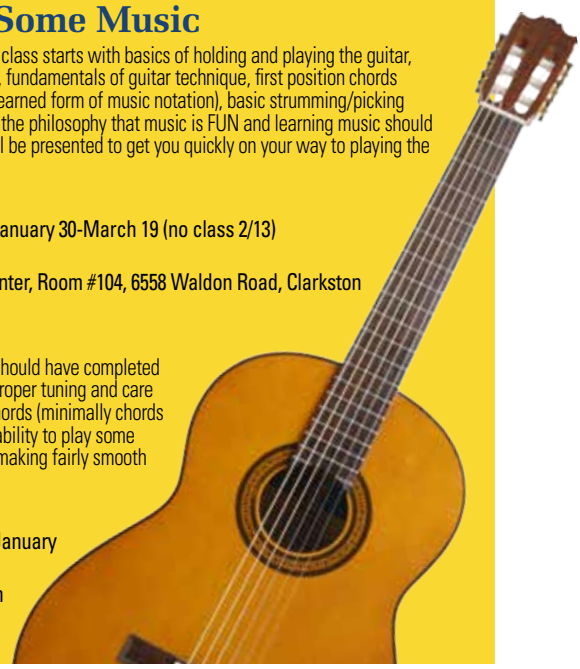
## Guitar II

This class is a continuation of Guitar I. Students should have completed Guitar I or have the following knowledge/skills: proper tuning and care of the guitar; ability to form open, first position chords (minimally chords C-A-G-E-D); basic strumming technique; and the ability to play some fundamental songs and/or sequences of chords (making fairly smooth chord changes).

**Instructors:** Paul Sabbag and Mark Hurst

**A209-40 • Ages 10-adult • 7wks • Saturdays, January 30-March 19** (no class 2/13) • 10-11am • \$72

**Location:** Community Education Center, Room #103, 6558 Waldon Road, Clarkston



# Adult Exercise, Fitness & Dance

## Intro to CrossFit (Adults)— Dignified CrossFit

Join a community located that is dedicated to elite health & fitness. All different walks of people are welcome in our gym: males and females, from the young to the elderly, from the professional athlete to the de-conditioned athlete. However, there is one major theme in our gym that is a non-negotiable from all members: **WE ALL BRING OUR "A" GAME TO EVERY WORKOUT!** We are dedicated to serving all of your fitness needs as long as YOU show up ready to go. WE want to help YOU get into the best shape of your life. When you show up to our gym you will learn new skills you never thought were possible, you will gain/keep/restore functionality to your life, and you will be surrounded by others who demand nothing less than 100% to staying healthy & fit! Our gym runs mostly in a class setting... We will program for you a warm-up, a workout, and a cool-down every day. You will know what is expected of you and will be coached on how to get through every second of your workouts.

**A200-40 • 8 sessions** Every Monday & Wednesday, January 25–February 17 • 7:30-8:30PM • \$60

**A201-40 • 8 sessions** • Every Tuesday & Thursday, January 26–February 18 • 7:30-8:30PM • \$60

**A202-40 • 8 sessions** • Every Monday & Wednesday, February 29–March 23 • 7:30PM-8:30PM • \$60

**A203-40 • 8 Dates** • Every Tuesday & Thursday, March 1–March 24 • 7:30PM-8:30PM • \$60

**A204-40 • 8 Dates** • Every Monday & Wednesday, April 11–May 4 • 7:30-8:30PM • \$60

**A205-40 • 8 Dates** • Every Tuesday & Thursday, April 12–May 5 • 7:30-8:30PM • \$60

Location: Dignified CrossFit, 5875 Dixie Highway, Clarkston

## Circuit Training



Get ready for an exciting combination of cardiovascular and strength exercises that will increase overall health and endurance while burning lots of calories and improving body composition. Every class will be unique and challenging, so your body will never know what to expect. Classes will include a variety of fitness equipment, timed-based intervals, partner drills, body weight exercises, circuit stations and much more!

Be sure to wear comfortable fitness clothes and supportive cross-training shoes. Bring water, a sweat towel, one set of dumbbells (between 10-20lbs) and a mat for floor exercises.

Instructor: Lauren Bell

**A571-40 • 9 Classes** • Thursdays, January 14–March 17 (no class Feb. 4) • 6:15-7:15pm • \$92

Location: Pine Knob Elementary School Gym

## Karate for Adults and Advanced (purple and higher belts)

Join this exciting program that is directed by Grand Master Leo Mayer 8th Dan. This martial arts program is designed for the modern teen and adults. It will deal with all levels of self-defense, physical fitness, and ways to always defend yourself. Stop by and see how our trained certified black belts can increase your flexibility while mastering balance, co-ordination and awareness skills.

**Y508-40 • 15 wks** • Tuesdays, January 26-May 17 (no class 2/16 & 4/5) • 7:40–8:45pm • \$122

Location: Clarkston Community Education gym

## Core Conditioning

Core Conditioning class combines yoga, Pilates, and light weights to provide an all over workout, concentrating on strengthening the core. Bring a mat, a towel, light weights and a water bottle to class. Dress comfortable, workout can be done in good shoes, socks or even barefoot.

Instructor: Tina Green

**A550-40 • 8 sessions** • Mondays, January 25–March 21 (no class 2/15) • 6:30-7:30pm • \$55

Location: Clarkston Community Education Building—Cafeteria

**A565-40 • 8 sessions** • Fridays, January 29–March 18 • 9–10am • \$55

Location: Clarkston Community Schools Administration Bldg.—Board Room

**A552-40 • 6 sessions** • Mondays, April 11–May 18 • 6:30-7:30pm • \$40

Location: Clarkston Community Education Building—Cafeteria

**A555-40 • 6 sessions** • Fridays, April 15–May 20 • 9–10am • \$40

Location: Clarkston Community Education Building—Fitness Room

## Insanity

This will be a 50-minute version of the very popular home exercise DVD series from Beachbody. Insanity is a challenging total body workout using body weight exercises to create long intervals of high-intensity activity, followed by short recovery periods. This concept of max interval training is an efficient way to improve cardiovascular health, lose weight, and increase metabolism. Modifications will be offered to accommodate all levels, but you will always be encouraged to push yourself to your own personal best. As one of the first Insanity Certified Instructors, I assure that you will notice improvements during every class. Get ready to DIG DEEPER!

Be sure to wear comfortable fitness clothes and supportive cross-training shoes. Bring water, a sweat towel and a mat for floor exercises. Instructor: Lauren Bell

**A570-40 • 9 Classes** • Tuesdays, January 19–March 22 (no class 02/16) • 6:15–7:15pm • \$92

Location: Pine Knob Elementary School Gym

## Pilates

Designed to stretch and strengthen muscle without adding bulk. Pilates focuses on strengthening the core; abdominals, back muscles, thighs, and buttocks by promoting muscle-skeletal balance, proper breathing, and spinal alignment. Pilates is a non-impact, mat oriented, full body and functional exercise method that builds your strength and flexibility in a balanced way.

Instructor: Cynthia Bass Location: Clarkston Community Education Building

**A590-40 • Wednesdays**, January 27–March 16 • 7:15–8pm • \$50

**A591-40 • Saturdays**, January 23–March 19 (skip 02/13) • 9–9:45am • \$50

## Ballroom and Latin Dance Lessons

For mature teens and adults. Give someone special that special something... time together. Get ready for weddings, cruises or special occasions by learning the Fox Trot, Waltz, Rumba, Swing, Salsa, Cha-Cha, Merengue, and Bachata. This class introduces basic steps, timing, and style of each dance as well as provides several eye catching sequences while more experienced dancers can fine tune the steps they already know. Soon you will be gliding effortlessly across the floor! Wear smooth sole shoes. The dance party below is included, where we will fine tune your skills.

**A355-40 • Beginner** • Fridays, January 29–March 18 • 7–7:45pm • \$99 per person

**A357-40 • Intermediate** • Fridays, January 29–March 18 • 7:45-8:30pm • \$99 per person

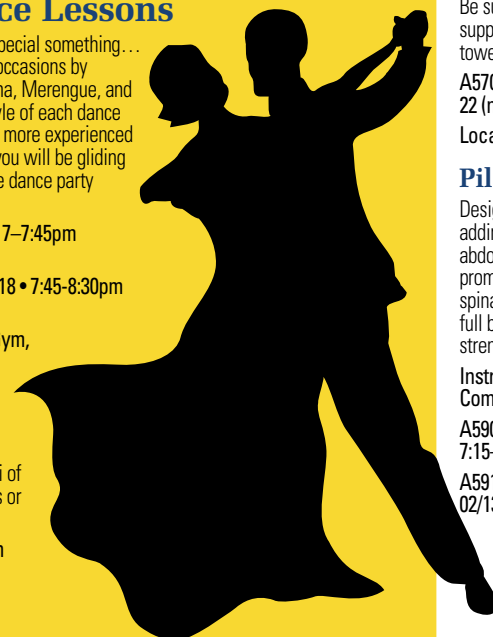
Location: Clarkston Community Education Center—Gym, 6558 Waldon Road, Clarkston

## Swing into Spring Ballroom Dance Party

For mature teens and adults. Experienced dancers, Alumni of Starz classes, or no dance experience necessary. No jeans or sneakers, please. Bring a dish to pass.

**A360-40 • Friday**, March 18 • 7–8:30pm • \$5 per person

Location: Clarkston Community Education Center, 6558 Waldon Road, Clarkston



### Pound Rockout, Workout

POUND is the fastest growing group fitness format in the world! Recently seen on The Today Show, The Doctors, Extra and 4 NBC. Featured in SHAPE magazine, Instyle, ELLE, Glamour, Self, Los Angeles Times, New York Times, Vital Juice and Fitness. With 1/4 lb RIPSTIXS especially designed to get you ripped. You will burn up to 900 cal per session. Amazing music working your core and entire body, and relieving stress using a mix between a workout and drumming. No experience necessary. ALL levels of fitness will fall in love with this fun addictive workout. Bring a mat and plenty of water! RIPSTIX available for purchase first class for \$20 (can use class RIPSTIXS at no charge). Instructor: Patty Hester

A410-30 • 8 classes • Tuesdays, January 19–March 15 (no class 2/16) • 7–8pm • \$75

A412-30 • 16 classes • Tuesdays & Thursdays, January 19–March 15 (no class 02/16) • 7–8pm • \$135

A416-40 • 8 classes • Wednesdays, April 13–June 1 • 6:30–7:30pm • \$75

Location: Clarkston Community Education Building -6558 Waldon Road, Clarkston

### Piyo Live

**NEW** PIYO LIVE is one of the hottest workouts in the industry today! Sweat, stretch, and strengthen—all in one workout! PIYO LIVE combines the muscle sculpting benefits of Pilates with the strength and flexibility advantages of yoga. Using just your own body weight, you'll perform a series of high-intensity, low impact moves that will work every single muscle for a long, lean, and incredibly defined physique. No weights. No jumps. Just hardcore results. Bring plenty of water, mat and, small face towel. Instructor Patty Hester

A413-40 • 8 classes • Wednesdays, January 20–March 9 • 6:30–7:15 pm • \$75

A415-40 • 8 classes • Saturdays, March 26–May 21 (skip April 9) • 9–9:45 am • \$75

Location: Clarkston Community Education Building - 6558 Waldon Road, Clarkston

### Zumba

Zumba is a high-energy cardio fitness class done to Latin music and moves such as the Salsa, Meringue, Cumbia ... also some traditional aerobics, hip hop and belly dancing! If you like to move and dance and get a great workout at the same time, this class is for you! Easy to follow for all fitness levels. Ditch the workout and join the party! (Wear comfortable exercise clothes, tennis/running shoes or athletic dance shoes and bring lots of water!) Instructor:

Cyndy DuVal, [www.facebook.com/zumbaclarkston](http://www.facebook.com/zumbaclarkston)

A541-40 • 10 classes • Tuesdays, Jan 19–March 29 (no class 2/16) • 5–6pm • \$91

Location: Clarkston Community Education cafeteria A543-40 • 8 classes • Tuesdays, April 19–June 7 • 5–6 pm • \$73

Location: Clarkston Community Education cafeteria

### STRIKE! Kickboxing

**NEW** STRIKE! Kickboxing is the latest most innovative kickboxing class in the industry! A full-body interval workout that blends traditional kickboxing combinations with controlled weight-bearing strikes and blocks inspired by martial arts stick fighting. It's all strategically planned to create a non-stop flow of nothing but energy and sweat. You will learn proper form and technique a variety of kickboxing movements as well as basic strikes and blocks. Fun calorie burning workout! (Regular workout attire, plenty of H2O, and a small face towel. Instructor: Patty Hester

A411-40 • 8 classes • Saturdays, January 23–March 19 (skip February 13) • 9:30–10:20am • \$75

A414-40 • 8 classes • Tuesdays & Thursdays, April 12–May 5 • 6:30–7:15 pm • \$75

Location: Clarkston Community Education Building, 6558 Waldon Road, Clarkston

## YOGA

### Hatha Yoga

Hatha Yoga is an ancient system of healing, toning, and rejuvenating the body. It includes active physical postures, breath-control and relaxation techniques. Suitable for first-time yoga students. Develop increased flexibility and strength along with learning skills to lower stress and anxiety. Wear comfortable loose or flexible clothing and bring a mat (beach towel) to practice on. Instructor: Susan Walker.

A507-40 • 6 classes • 6:30-7:45pm • Tuesdays, January 26–March 8 (no class 02/16) • \$60

A508-40 • 6 classes • 6:30-7:45pm • Tuesdays, March 15–April 26 (no class April 5) • \$60

A509-40 • 6 classes • 6:30-7:45pm • Tuesdays, May 3–June 7 • \$60

Location: Administration Building—Board Room

### Vinyasa Yoga

Vigorous yoga class linking breath & movement. Developing inner tranquility while being physically stretched and challenged. Wear comfortable loose or flexible clothing. Yoga Oasis has props and mats you may use.

Instructor: Una Hepburn.

A522-40 • 6 classes • 6–7:15pm • Monday, January 25–February 29 • \$60

A523-40 • 6 classes • 6–7:15pm • Monday, March 7–April 11 • \$60

A524-40 • 6 classes • 6–7:15pm • Monday, April 18–May 23 • \$60

Location: Yoga Oasis, 6160 Dixie Hwy #240. For more information, [YogaOasis.US](http://YogaOasis.US) or call (248) 770-5388

### Chair Yoga

A gentle yoga class with most of the postures and exercises done while seated in a chair and some done standing up. Develop increased flexibility, strength and balance along with learning skills to lower stress and anxiety. This is a class designed especially for students who have difficulty getting up and down on the floor. Nothing will be done kneeling, seated or lying on the floor. Chairs will be provided.

Instructor: Steve Guth.

A510-40 • 6 classes • 3–4 pm • Tuesday, January 26–March 1 • \$60

A511-40 • 6 classes • 3–4 pm • Tuesday, March 8–April 12 • \$60

A512-40 • 6 classes • 3–4 pm • Tuesday, April 19–May 24 • \$60

Location: Yoga Oasis, 6160 Dixie Hwy #240. For more information, [YogaOasis.US](http://YogaOasis.US) or call (248) 770-5388

### Renew and Restore Yoga

Move through the asanas to release the stress of the day held in your body. Breathing exercises, restorative and yin exercises to bring the body back to equilibrium. All levels will love this class. Wear comfortable loose or flexible clothing. Yoga Oasis has props and mats you may use.

Instructor: Joan Price

A513-40 • 6 classes • 7:30-8:45pm • Tuesday, January 26–March 1 • \$60

A514-40 • 6 classes • 7:30-8:45pm • Tuesday, March 8–April 12 • \$60

A515-40 • 6 classes • 7:30-8:45pm • Tuesday, April 19–May 24 • \$60

Location: Yoga Oasis, 6160 Dixie Hwy #240. For more information, [YogaOasis.US](http://YogaOasis.US) or call (248) 770-5388

### Simply Yoga

Hatha Yoga suitable for all levels. Classes will be a mix of flow, yin, basic poses and pranayama (breath work). Develop increased flexibility, strength and balance. Learn skills to lower stress and anxiety. Wear comfortable loose or flexible clothing. Yoga Oasis has props and mats you may use.

Instructor: Kelly Scott.

A519-40 • 6 classes • 11am–12:15pm • Thursday January 28–March 3 • \$60

A520-40 • 6 classes • 11am–12:15pm • Thursday March 10–April 14 • \$60

A521-40 • 6 classes • 11am–12:15pm • Thursday April 21–May 26 • \$60

Location: Yoga Oasis, 6160 Dixie Hwy #240. For more information, [YogaOasis.US](http://YogaOasis.US) or call (248) 770-5388

### Weekend Wake Up Yoga

Start your weekend by releasing stress and tension from the work week. Suitable for all ages and levels. This class will renew and energize your mind, body and spirit with breath and asanas (yoga postures) ranging from gentle stretches to flow, followed by deep relaxation. A great way to get your busy weekend started! Wear comfortable loose or flexible clothing. Yoga Oasis has props and mats you may use. Instructor: Susan Walker.

A528-40 • 6 classes • 8:30-9:45am • Saturday, January 23–February 27 • \$60

A529-40 • 6 classes • 8:30-9:45am • Saturday, March 5–April 9 • \$60

A530-40 • 6 classes • 8:30-9:45am • Saturday, April 16–May 21 • \$60

Location: Yoga Oasis, 6160 Dixie Hwy #240. For more information, [YogaOasis.US](http://YogaOasis.US) or call (248) 770-5388

# Swim Classes—Winter/Spring 2016

**Session 1:** January 9th-February 20th(7 weeks)

**Session 2:** March 5th-April 23th(6weeks)  
(No classes April 2nd and 9th due to Clarkston spring break)

**Session 3:** May 7th-June 11th (6 weeks)

## Saturday Lessons: 7 Weeks

30 Minute Classes, \$64				45 Minute Classes, \$74				
Dates	Parent/child 9:30–10am	Preschool 9:30–10am	Level 1 10:30–11am	Level 2 10:30–11am	Level 3 10:30–11:15am	Level 4 11:30am–12:15pm	Level 5 11:30am–12:15pm	Level 6 11:30am–12:15pm
<b>Session 1:</b>	S921-30	S021-30	S121-30	S221-30	S321-30	S421-30	S521-30	S621-30
<b>Session 2:</b>	S922-30	S022-30	S122-30	S222-30	S322-30	S422-30	S522-30	S622-30
<b>Session 3:</b>	S923-30	S023-30	S123-30	S223-30	S323-30	S423-30	S523-30	S623-30

## Swim Lesson Levels:

<b>Pre-School Aquatics</b>	Ages 3–5 years: The skills taught in pre-school classes have been designed by the American Red Cross to bridge the gap between the parent-child program and the Learn-to-Swim program. Children must be able to take instruction from an adult other than a parent.
<b>LEVEL 1: Introduction to Water Skills</b>	Learn basic personal water safety and skills: become comfortable in the water, and enjoy water safely. Learn basic skills like bobbing, glides & floats, rolling over, recover to standing, treading water, flutter kicks and paddle strokes to build on as child progresses through the levels.
<b>LEVEL 2: Fundamental Aquatic Skills</b>	Participants will learn rhythmic breathing, breath holding, open eyes under water, front/back glides & floats, and finning arm action. Students will continue to practice combined arm & leg actions and floating skills to move forward through the water. Class taught in shallow water with some exposure to deeper areas of the pool.
<b>LEVEL 3: Stroke Development</b>	Participants will learn to dive from kneeling, rotary breathing, floating in deep water, front crawl and elementary back, learn scissor, dolphin, and whip kicks. Primary objective is to coordinate front crawl, elementary backstroke, survival float and treading water. Class is taught in deep & shallow water.
<b>LEVEL 4: Stroke Improvement</b>	Students continue to improve on front crawl and elementary backstroke. Participants will learn standing dives, swimming underwater, surface dives, survival swimming, turns, treading water using different kicks, learn breaststroke, butterfly, back crawl and sidestroke as well as performing dolphin kick & flutter kick on their back. Class taught in deep & shallow water.
<b>LEVEL 5: Stroke Refinement</b>	Major emphasis is placed on improving coordination, refining strokes and increasing endurance. Students also learn surface dives, shallow dive, flip turns and sculling. All strokes are performed over increasing distances to build endurance. Class taught primarily in deep water with some shallow water practice.
<b>LEVEL 6: Swimming &amp; Skill Proficiency</b>	Refining strokes so swimmers move with smoothness, power and ease for longer distances. Students have three options for Level 6—Personal Water Safety, Fundamentals of Diving, and Fitness Swimmer. In each, swimming proficiency is the primary focus with completion of 500-yard continuous swim.

**Community Pool Hotline: 248-623-3588**

## Water Aerobics—Winter/Spring 2016 Sessions

January 1st–31st	February 1st–29th	March 1st–31st	April 1st–30th	May 1st–31st
Punch Cards: \$6 per punch (\$6.50 per punch for Non-Members)				
*Independence Township Senior Center Members contact the Senior adult activity center at 248-625-8231 for special pricing.				

### Hi-Low Core Cardio

10–10:50am Tuesday & Thursday  
Shallow water aerobics class combining weights, boards and cardio intervals to strengthen your core, enhance flexibility and energize you for your day! Strengthen your abdomen and back while improving your range of motion. All fitness levels welcome!

### Deep Water Power Hour

9–9:50am • Tuesday & Thursday  
This deep water aerobics class will include low and high intensity segments encouraging all to work at their own pace. Utilizing noodles and buoyancy belts, participants will strengthen their core, improve flexibility, and feel invigorated.

### Dance Party

9–9:50am • Tuesday & Thursday  
Enjoy all over strengthening and toning while moving to the music! This low to moderate intensity shallow water class will have you “moving and grooving” towards improved cardiovascular health, physical strength, and weight loss.

### Aqua Zumba

12–12:45pm • Wednesday & Friday  
(Different session dates than above)  
Amazing Zumba moves designed for the pool. Feel like you are in a tropical oasis as you move and dance to fun Latin rhythms. Strengthen your core and back muscles with no stress on your knees. This shallow water workout is good for heart health. You will laugh and burn calories at the same time! See a difference in your overall well-being. Perfect for all levels of fitness



Independence Township Parks, Recreation & Seniors provides customer registrations for **Clarkston Community Education and Aquatics programs.**  
For details: [www.clarkston.k12.mi.us](http://www.clarkston.k12.mi.us)

## Clarkston Community Education Registration Form

**MAIL** Independence Township  
6483 Waldon Center Dr.  
Clarkston, MI 48346

**FAX** 248-620-7454

**ONLINE** Log in to the online shopping cart by visiting [www.itprs.org](http://www.itprs.org). Click on "sign in" icon.

For username and password email Kim at [klarson@indetwp.com](mailto:klarson@indetwp.com)

DATE \_\_\_\_\_

PARTICIPANT NAME \_\_\_\_\_ BIRTHDAY \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

MEDICAL INFORMATION (ALLERGIES, MEDICATION, ETC.) \_\_\_\_\_ GRADE \_\_\_\_\_ SCHOOL \_\_\_\_\_

2ND PARTICIPANT \_\_\_\_\_ BIRTHDAY \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

MEDICAL INFORMATION (ALLERGIES, MEDICATION, ETC.) \_\_\_\_\_ GRADE \_\_\_\_\_ SCHOOL \_\_\_\_\_

PARENT OR GUARDIAN \_\_\_\_\_ EMAIL ADDRESS \_\_\_\_\_

HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

STREET \_\_\_\_\_ CITY \_\_\_\_\_ ZIP \_\_\_\_\_

COURSE # \_\_\_\_\_ COURSE NAME \_\_\_\_\_ FEE \_\_\_\_\_

COURSE # \_\_\_\_\_ COURSE NAME \_\_\_\_\_ FEE \_\_\_\_\_

COURSE # \_\_\_\_\_ COURSE NAME \_\_\_\_\_ FEE \_\_\_\_\_

COURSE # \_\_\_\_\_ COURSE NAME \_\_\_\_\_ FEE \_\_\_\_\_

**TOTAL** \_\_\_\_\_

### Payment

Refund policy: a request for a refund must be made prior to the beginning of the second class (regardless of attendance). A \$10 processing fee will be deducted for all refund requests.

METHOD OF PAYMENT:  CASH  CHECK  VISA  MASTERCARD

CREDIT CARD NUMBER \_\_\_\_\_ EXP. DATE \_\_\_\_\_

APPROVAL NUMBER (FOR OFFICE USE ONLY) \_\_\_\_\_

**Make checks payable to:  
Independence Township**

**GENERAL REGISTRATION INFORMATION:** Register early! Many classes fill up quickly. Please register one week in advance so we can make class enrollment decisions. Registrants are contacted **ONLY** if the class is full or canceled.

**FUNDING:** Community Enrichment programs are funded entirely by class fees. Any classes that do not meet the minimum enrollment requirements may be canceled.

**PREREGISTRATION IS REQUIRED FOR ALL CLASSES.** Pre-registration is required for all programs. **NO** drop-in registration on the day of the class.

**DROPS/REFUNDS:** Please read carefully before registering for a class. Full refund will be given if class is canceled by the office. Student requested refunds must be made prior to the beginning of the second class, regardless of attendance. All refunds will be charge a \$10 processing fee. The cost of materials cannot be refunded.

**NO REFUNDS** will be issued for classes/events meeting once or twice unless requested two business days in advance of starting date.

**PAYMENT:** cash, check, Visa or MasterCard

**CLASS CANCELLATIONS—REGISTER EARLY!** The most common reason for a class being canceled is low enrollment. If we cancel a class you will receive a full refund or may transfer to another class in the current semester. Clarkston

Community Education reserves the right to cancel a class due to insufficient registrations.

**INCLEMENT WEATHER/SCHOOL CLOSING:** When Clarkston Community Schools are closed all Community Education classes will be canceled. We will attempt to make up all classes.



Stars & Stripes  
Kids Activity Center®

Where an early start makes a world of difference!

Ask us about  
a **FREE**  
Trial Class!



# Explore your options with **ENDLESS POSSIBILITIES**

We have activities for all ages, skill levels and interests.  
Stars & Stripes Kids Activity Center offers  
**SOMETHING FOR EVERYONE!**

Gymnastics (Ages 1-18)

Tumbling (Ages 5-18)

Dance (Ages 2.5-16)

Karate (Ages 3-18)

Warrior Training (Ages 5-17)

Piano (Ages 5-Adult)

Preschool

Competitive Cheerleading

Competitive Gymnastics

Birthday Parties

Summer Camps

**JUST ADDED DUE TO POPULAR DEMAND!**

## *Stars & Stripes Warrior Training*



The focus of the warrior training sessions will be based on functional strength training as well as application of obstacles to build the necessary strength, endurance, and agility to improve their performance at warrior testing, while mastering upper body strength and control.



*Full Class Descriptions & Times Online*

Schedule available at [www.StarsandStripesKids.com](http://www.StarsandStripesKids.com)

4630 White Lake Rd. Clarkston, MI 48346 248-625-3547

LIBRARY MISSION STATEMENT

*Our community's cornerstone  
of lifelong learning through  
innovation, education and  
enrichment*

# CLARKSTON INDEPENDENCE DISTRICT LIBRARY

LIBRARY HOURS

Monday – Thursday 10 am – 9 pm

Friday & Saturday 10 am – 6 pm

Sunday 1 – 6 pm\*

*\*Closed Summer Sundays from  
June 19 through Labor Day*

WINTER 2016



Innovate.



Enrich.



Educate.

# Kids Programs



## Storytimes

- Mondays • 10:30 am Little Giggles –walkers to 2 years
- Tuesdays • 10:30 am Preschool Storytime – ages 3–5
- Wednesdays • 10:30 am Wee Wiggles–age 2
- Thursdays • 10:30 am Baby Storytime –ages 0 to walking

### SATURDAY MORNING LIVE

Ages 5 and up

January 9, January 23, February 6, February 20, March 5, March 19, April 2, April 16 • 10:30 am

### JUMPIN' –N- JAMMIN'

Ages 5 and up

January 10, January 24, February 7, February 21, March 6, March 20, April 3, April 17 • 3 pm

### LITTLE EXPLORERS

Ages 0–5

January 29, February 26, March 18 • 10:30 am

### TWEEN PARENT BOOK CLUB

Ages 8-13 • 6 pm



January 20  
*The Book of Three*

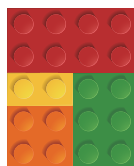


February 17  
*The Book Scavenger*



March 16  
*Roller Girl*

April 18  
*To Be Determined*



### LEGO CLUB **NEW!**

Grades K-5

January 30, February 27, April 16, May 21 • 2–3 pm

Join us and use your imaginations as we create with Lego! Each month we will have a theme announced at the beginning of the program. We'll build for 45 minutes and share, take pictures and discuss for the last 15 minutes! We can't save the creations, but we will immortalize them in photo!

*Sponsored by the Friends of the Library*

### PAINTING EXTRAVAGANZA

Saturday, January 9th • 3 pm

Join us for an hour of painting. We will be exploring mediums and methods to create art. For families with toddlers and up.



### WILDLIFE SAFARI

Monday, January 11th • 6 pm

Wildlife Safari will be here with a great mix of exotic animals! This is a high energy, interactive program perfect for preschoolers and older. Registration is required and you must register for everyone who will be attending.

*Sponsored by the Friends of the Library*

### FAMILY CAMP OUT NIGHT AT THE LIBRARY

Friday, January 22 • 6:30–8 pm (after library hours)

Bring lots of blankets, pillows and flashlights because we will be camping out and fort building at the library! We'll read some (kind of) spooky stories together, share some snacks and then it's off to find the perfect spot for your family's fort, where you can enjoy some more stories together!

### VALENTINE'S PARTY

Saturday, February 13th • 3 pm

Join us to celebrate St. Valentine's Day! Make Valentine's for all of your favorite people!



### BIG NATE DAY AT THE LIBRARY

Ages 6-12

Saturday March 5th • 3 pm

Join us for some Big Nate like antics and games! If you are a fan of the Big Nate books this program is for you! If you don't know who Big Nate is, this program will still be a blast! Registration required.

### TAPE TOWN

Saturday, March 19th • 3 pm

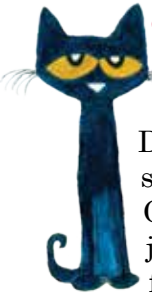
Come tool around Tape Town in our Community room! Stop at all the "local businesses" and complete an activity! Complete them all and earn a prize! For toddlers and up. Registration required.

### PJS AND A MOVIE

Monday, March 21st • 6–8 pm

Come in your jammies and watch a newly released family friendly movie with us! Of course there will be popcorn!





## PETE THE CAT PARTY

Saturday, April 2nd • 3 pm

Do you love Pete? Do you share his “Everything is Groovy” c-attitude? Then join us as we read some favorite Pete books and do some Pete related activities and games! Pssst...we might even have a secret visitor!

## AN EVENING AT THE RAINBOW MAGIC FAIRY SPA

Monday, April 18th • 6 pm

Come let the fairies pamper you with fairy-sized spa treatments, crafts, and snacks! For preschool and up! Registration required.

## FAMILY CONCERT ON THE LAWN

Monday, May 23rd • 6 pm

Join us as we host Leonardo Music and Andy and Judy for an interactive, family friendly concert on the lawn!

*Sponsored by the Friends of the Library*



# Teen Programs

## TEEN WRECK THIS JOURNAL!

Grades 6–12 • Friday, January 29th • 7–9 pm

It's the New Year and what better time to start a journal / sketchbook / diary / etc?! We understand it's tough to get these things going so using the famous prompts from “Wreck this Journal” for inspiration, teens can muster up their best mistake and mess-making abilities to fill their journal pages (or destroy them)! We'll poke holes through pages, add photos and deface them, paint pages with coffee, color outside the lines, and more! The library will provide supplies, but teens are encouraged to bring whatever they need to escape the blank page and truly wreck their journals!

## TEEN TECH WEEK

Grades 6–12 • March 7th–11th

Celebrate Teen Tech Week at the library! Each day the library will feature a fun tech related activity, which will lead up to our BIG FINALE program on Friday, March 11th.

**Mon., March 7th, 6–7 pm: 3Doodler**

**Tues., March 8th, 6–7 pm: Brushbots**

**Weds. March 9th, 6–7 pm: Shadow Printing**

**Thurs. March 10th, 6:30–8 pm: Maker Magic Project**

**Fri. March 11th, 6–8 pm: Alex Thomas & Friends Pixilation Workshop**

The library welcomes Alex Thomas & Friends for this stop-motion program!

Participants will create a stop-motion, group animated project where everybody works together to create a live animated video starring the participants! Pixilation is a live action, experimental form of stop-motion animation where the people are the puppets! This program includes a free DVD of all the animation for each participant too! Limited space, registration required.



## WORD OF ART TEEN POETRY NIGHT

Grades 6–12 • Friday, February 12th • 7–9 pm

Step away from the typical “Roses are red / Violets are blue” and create your own amazing poems through Blackout Poetry, Magnetic Poetry and more! At the end of the evening teens can share their own creations or poems from their favorite writers at our mini Poetry Slam! Food and beverages provided, registration required.

  
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**Tag Yourself!**  
@cidlib, or @cidlyouth, or @cidteen

  
**Don't forget to like us on Facebook**  
Facebook.com/CIDLibrary

## YA MOVIE MARATHON!

Grades 6–12 • Friday, April 8th • 4–9 pm

Need to wind down as spring break comes to an end? Bring your friends and join us for a YA movie marathon! We'll watch two films based on your favorite YA novels! In between films we'll have games, trivia, and other activities where teens will have the chance to win prizes! Food and beverages provided. Registration Required.

## TEEN WHOSE LINE IS IT ANYWAY?

Grades 6–12 • Friday May 20th • 7–9 pm

Join us as teens learn the ins and outs of improv from actor Thomas Mattison! Using the popular television show “Whose Line is it Anyway” as a model, teens will have the opportunity to put their improv skills to the test in a series of comedic challenges. We'll laugh! We'll cry! We'll have a blast!

## TEEN LEAD VOLUNTEER AND ADVISORY BOARD

First Wednesday of the Month • 5–6 pm

Jan. 6th • Feb. 3rd • Mar. 2nd • Apr. 6th • May 4th

Teens in grades 9-12 looking for volunteer hours, leadership opportunities, or are interested in helping out at library programs can join the Teen Leadership, Enrichment, and Development (LEAD) program. Meeting monthly, this group discusses ways to improve the library's teen department, mentor patrons of all ages, and gain skills to become community leaders. Become a leader and join LEAD! For more information contact Erin Holmes at holmese@indelib.org

## FELLOWSHIP OF THE READ: TWEEN ADVISORY BOARD

First Wednesday of the Month • 6–7 pm

Jan. 6th • Feb. 3rd • Mar. 2nd • Apr. 6th • May 4th

Calling all 5th-8th graders! Meeting monthly, the Fellowship of the Read tweens will gain leadership skills by helping to develop library programs, offer collection suggestions, and by sharing their ideas to make the library truly the place to be. Go ahead, boss us around, we're listening! For more information contact Erin Holmes at holmese@indelib.org

## MINECRAFT MONDAY

Last Monday of the Month • 6–8 pm

Jan. 25th • Feb. 29th • Mar 28th • Apr 25th • May 23rd

*\*Limited space, registration required. When registering, please indicate whether or not you have a Minecraft account. Registration will open the week before the program date.*

It's back! Get ready to build, battle and share your skills with your fellow crafters! Don't have an account? Have no fear! The Library has 7 licenses available for use, but please make sure to indicate at registration whether you'll require the use of a library account or if you already have your own.



## MIDDLE SCHOOL WRITING GROUP

Tuesdays • 6–7 pm

Jan. 5th & 19th • Feb. 9th & 23rd • Mar. 15th & 29th • Apr. 5th & 19th • May 3rd & 24th

In partnership with the Clarkston Area Optimist Club, we are thrilled to introduce this new program for aspiring young writers! Are you a middle school student who loves to write and is looking for a place to share your ideas? Then join this exciting group of fellow writers to: Share your writing, get feedback, improve your skills, learn from a variety of writers, and most importantly, have fun! Walk-ins welcome, no registration required!

## TEEN ANIME CLUB

Ages 14 and up.

Tuesdays • 6–7:30 pm

Jan. 12 • Feb. 2 • Mar. 1 • Apr. 12 • May 17

Teens interested in manga, anime, and Japanese culture can meet to discuss and swap their favorite titles, watch anime films, and more! No registration required; drop-ins welcome!



# Adult Programs

## DETROIT IN WORLD WAR II

Tuesday, January 26 • 7 pm

Greg Sumner, Professor at the University Detroit Mercy Dept. of History will present on World War II and Detroit's involvement

*Sponsored by the Clarkston Community Historical Society*

## LIGHTHOUSES ALONG THE RIVERS OF STEEL

Tuesday, February 9 • 7 pm

Reflections of Michigan train depots will give you an engaging look at one of America's most recognizable and romantic building types. Presented by, Ron Campbell and Jackie Hoist.

## MAKER MAGIC WITH FAMILY AND FRIENDS

Thursdays • 6:30 to 8 pm

February 11 • April 7 • May 12

Family Craft Club has changed its name to "Maker Magic with Family & Friends". New name, same fun! This exciting program is your chance for crafting fun with friends and family. Maker Magic is open to all patrons, ages 8 & up; children must be accompanied by an adult to participate. Register early, space is limited.



## THE UNDERGROUND RAILROAD

Tuesday, February 23 • 7 pm

The Underground Railroad was a movement that changed the course of our Nation's history, a story that, until now, had never fully been told. Presented by Evelyn Millstein

*Sponsored by the Clarkston Community Historical Society*

## BINGO AT THE LIBRARY

Tuesday, January 5 • 7 pm

Play Bingo at the Library and win prizes. Light refreshments will be served. Register early, seating is limited.

*Sponsored by the Friends of the Library*

## DIA MUSEUM MYSTERIES

Tuesday, March 22 • 7 pm

Cows at the Opera House—A speaker from the Detroit Institute of Arts will lead an exploration into a variety of works from the DIA's collection that is mysterious in some way.

*Sponsored by the Clarkston Community Historical Society*

## 1000 GREAT LAKES WALK

Tuesday, April 5th • 7 pm

In this presentation, Loreen Niewenhuis will take you along the shores of all five Great Lakes and many of the waterways connecting them. In words, photos, and video, you'll explore the geology, hydrology, and natural history of the largest system of fresh water lakes in the world.

*Sponsored by the Friends of the Library*

## TELL US ABOUT YOUR TRAVELS

3rd Wednesday of each month  
7-8:30 pm

We are a group of people who love to travel and enjoy sharing our experiences with others. Join us for pictures and stories from around the world. Presentations and countries subject to change

February 17th—Everyday Life in Russia

March 16th—Italy: Cinque Terre, Milan and Florence

April 20th—Italy: North and South

May 18th—Utah Grand Circle-Hiking and Camping in National Parks

June 15th—Egypt

## CLARKSTON'S COOKING CORNER



Share recipes, food, conversation, and enjoy special guest lecturers. This new foodie group will meet on; January 27, February 24, March 30 and May 25 at 7 p.m. Please register to join.

## GOT YARN

Second the Fourth  
Wednesday of each  
month • 7 pm

Join our ongoing knitting and crocheting group. Beginners, experts and any level in-between are welcome.



# Book Discussion Groups

## MORNING BOOK DISCUSSION GROUP

1st Thursday of each month • 10-11:30 am

January 7th—*Growing Up*

February 4th—*A Room with a View* (see the movie at 10 am on February 11th)

March 3rd—*Eye of the Needle* (see the movie at 10 am on March 10th)

April 7th—*Pope Joan*

May 5th—*The Sisters*

June 2nd—*The Rosie Project*

## EVENING BOOK DISCUSSION GROUP

1st Tuesday of each month • 7:30-9 pm

January 5th—*Telex From Cuba*

February 2nd—*Black Chalk*

March 1st—*Whiskey Rebels*

April 5th—*The Dinner*

May 3rd—*All the Light We Cannot See*

June 7th—*Still Life*

## LOCAL WRITERS GROUP

Join our local writer's group who meet the first Wednesday of each month to share and discuss their works. No registration required.

## ONE-ON-ONE TECHNOLOGY HELP

Need help learning technology? We can help you learn how to use a computer, Word, Smart Phones, tablets or e-readers and more. Sign up for a one on one 45 minute session.

## CLARKSTON COMMUNITY HISTORICAL SOCIETY



### & HERITAGE MUSEUM

The CCHS and Heritage Museum, located in the library, provide informative and interesting exhibits about life in the Clarkston community. Stop by and learn more about your local history.



## LION'S CLUB KIDSIGHT VISION TESTING

Second Saturday of the Month • 10 am – 12 pm

Free monthly vision screening for children ages 5 months and up. Photos are taken of the child's eyes to check for potential vision problems. Results are immediate and a report is provided at the screening.

For a complete list of Clarkston Area Lions Club screenings, visit [clarkstonlions.org](http://clarkstonlions.org)

## LIBRARY BOARD OF TRUSTEES

Marilyn Pomeroy, *President*  
Michele Ginn, *Vice President*  
Janice Gaffney, *Treasurer*  
Mary Himborg, *Secretary*  
Daniel Greene, *Trustee*  
Sally Lamm, *Trustee*  
Allison McFadden-Keesling, *Trustee*

## FRIENDS OF THE CLARKSTON INDEPENDENCE DISTRICT LIBRARY

### Board Meetings

Second Wednesday of each month • 7 pm

### Friends General Membership Meeting



Thursday, April 14  
7 pm

### Spring Book Sale

Members-Only Preview Night

Tuesday, April 26 • 6-8 pm

Book Sale Dates

Wednesday, April 27  
10 am – 8:30 pm

Thursday, April 28  
10 am – 8:30 pm

Friday, April 29  
10 am – 5:30 pm  
(1/2 price day)

Saturday, April 30  
10 am – 3 pm (\$5 bag day)

Donations for the book sales are welcome anytime the library is open. We cannot accept textbooks, encyclopedias, magazines, VHS tapes or materials that are excessively soiled or musty.



## Memorials

Robert Borrer  
Bernice McCarrick  
Linda Meadors  
Joseph Ouellette  
Virginia Walter