



City of Huxley Parks & Recreation Rules and Regulations

Welcome to the Huxley Parks & Recreation Department and Citizens Community Center (3C's). The following policies and procedures were adopted to insure the highest standards of operation, equitable to all members. By joining the Citizens Community Center it is presumed that you have been given a copy and will read and understand these policies and procedures. By checking the boxes next to the categories on the back of the application, you agree to these rules and conditions and agree to be bound by the rules and conditions set forth herein. All rules and regulations contained herein or later adopted by the Citizens Community Center management and/or the Huxley Parks and Recreation Board and/or the City of Huxley shall be considered part of the membership agreement and shall govern the rights and obligation of each patron. The Citizens Community Center reserves the right to add, delete or amend these rules and regulations at any time and without prior notice to any membership holder or patron.

Hours of Operation

Operational hours will be posted around the facility. 3 C's Staff reserve the right to alter the hours at any time without prior notice as well as close on any holiday and such times as may be required for maintenance and/or repair.

Winter (Labor Day to Memorial Day)

Monday-Friday	5:00am-9:00pm
Saturday	7:00am-8:00pm
Sunday	9:00am-7:00pm

Summer (Memorial Day to Labor Day)

Monday-Friday	5:00am-8:00pm
Saturday	7:00am-4:00pm
Sunday	7:00am-2:00pm

*Holiday Hours: Closed New Year's Day, Easter, Memorial Day, July 4th, Labor Day, Thanksgiving Day, Christmas Day. Building closes by 3:00pm on New Year's Eve and 3:00pm Christmas Eve

DAY PASSES (*rates include sales tax)

Daily Adult Pass (must be 14+)	\$5.00
Senior Day Pass (60 and over)	\$2.00

Family Membership: An adult male, adult female or couple along with one or more dependent children through age 25. Dependent children 18-25 must be full time students to qualify under this category.

Couple Membership: Adult couple who reside at the same household. (Proof may be required)

Adult Membership: Adult 18 year of age or older that is not a full-time student.

Student Membership: Youth 14 - 25 years of age and currently enrolled as a full-time student.

Senior Couple Membership: A couple with one person age 60 or older.

Senior Membership: Individual age 60 or older.

Payment Methods:

Up Front: Membership must be paid for in one payment at the beginning of the membership to cover the charges for the duration. Memberships can be paid for using cash, check, VISA or MasterCard, or gift certificate.

Returned Check Fee: The fee for any returned check or dishonored check *will be \$20.00*. 3C's fitness reserves the right to pursue all remedies available to it under Iowa law for collection of returned or dishonored checks. The 3C's reserves the right to deny reinstatement or use to any member/citizen due to a history of returned or dishonored checks or other payments to the 3C's for memberships, facility rental or any other use of the 3C's facility.

ACH: Monthly Deduction: *This method is only available for the 12-month memberships and is then subject to a \$2.00/month billing fee. A voided check will be needed at the time of membership sign-up.*

Dues & Charges

Current dues and charges for each ticket category are set forth in the individual ticket agreement. The obligation to pay dues and charges is not contingent upon the availability of all facilities at 3C's fitness. A non-use of the facilities or unavailability of facilities for any reason or at any time will not eliminate the obligation to pay the specified dues and charges as they are incurred. Patrons are informed that repairs or maintenance or facility scheduling may make it necessary for 3C's fitness to restrict the use of facilities or to close the facility from time to time. Dues will not be reduced or suspended during such times when the facility or facilities are not available.

Involuntary Cancellation and Suspension

3C's Fitness reserves the right to cancel any membership at any time without prior notice for violation of rules and/or regulations. Any patron who violates the rules and/or regulations, whose conduct is improper or dangerous to 3C's Fitness personnel or to other patrons, or who fails to comply with the by-laws contained herein is subject to membership cancellation. 3C's Fitness further reserves the right to suspend any patron or membership holder for the above infractions. Suspension shall be at the sole discretion of 3C's Fitness personnel and shall be for a time limit specified by 3C's Fitness management.

Waiver of Liability

All patrons and/or membership holders of 3C's Fitness assume full responsibility for any risk, implicit or direct, in connection with participation in any activities at 3C's Fitness. 3C's Fitness expressly disclaims any warranties with regard to actual participation and use of 3C's Fitness. All users of 3C's Fitness assume the risk of physical activity with his or her own physical condition and acknowledge that he or she has received advice from his or her doctor that he or she is capable of physical activity. 3C's shall not be responsible for any lost, damaged or stolen articles, including locker items at 3C's Fitness.

Rules and Regulations for use of Facilities:

Age Requirements and use of the Facility

1. Dependents for memberships are classified as any unmarried, full-time undergraduate student from the ages of 8 through 25.
2. Members: *Adults and students age 12 and older have full use of the facility and equipment however youth age 12-15 must have a signed youth contract form on file to enter the facility. Youth 11 and under must be accompanied by an adult.*
3. Non-members: Only those age 14 and older are allowed in the fitness center without an adult.

Check in

All patrons, both membership holders and daily admission patrons, are required to check-in at the membership desk each time they use 3C's Fitness. There are no free guests with members. All guests must purchase day passes.

Attire

Proper attire for use of 3C's Fitness must be worn at all times. This includes *shirts and shoes* for all people using the facility. Tennis shoes are required while using all areas of the fitness building and the gymnasium. 3C's personnel reserve the right to prohibit the use of any outside equipment or items brought into the facility that could pose a danger or nuisance in the facility. No hard sole shoes allowed throughout the facility, and no black soles shoes are allowed on basketball, or racquetball courts.

Facility Areas

Different areas in 3C's facility require various rules to follow in order to keep areas safe and in good working conditions. *Breaking of these rules could lead to membership cancellation or suspension.*

Gymnasium:

- a. No hanging on basketball rims or volleyball nets.
- b. No black hard soled shoes allowed.
- c. No kicking balls in the gym other than in approved Parks & Recreation programs.
- d. No throwing hard softballs or baseballs in the gym. "Soft" sponge-like balls are allowed when the gym is not in use or when the curtain is lowered. 3C's staff reserves the right to not allow certain types of balls.

Weight Room/Group Exercise Room:

- a. Must be 12 years old with a youth contract on file to use weight room. No children under 12 are allowed in room.
- b. No dropping of free weights.
- c. Do not strike weights together.
- d. Be courteous when waiting for equipment.
- e. Wipe off machines after each use.
- f. Weight collars required with all free bar lifts.
- g. Return all plates and dumbbells to racks and trees when finished.

Walking Track:

- a. Follow the directional arrow on the bulletin board designating the walking direction for that day.
- b. Be respectful of others on the walking track.
- c. Be courteous to members on cardio equipment while on track.
- d. Each lap is 100 meters, and 16 laps make 1 mile.
- e. No black or hard-soled shoes allowed.

Cardiovascular:

- a. Wipe down machines when you are finished.
- b. Clean tennis shoes must be worn on machines.
- c. You must be 12 years of age to use cardio equipment without direct supervision by an adult.

Racquetball:

- a. No black hard soled shoes in racquetball court.
- b. Reservations made for court by calling day of once 3C's opens.
- c. Eye protection is available at the front desk.

NO SMOKING OR TOBACCO IN THE FACILITY OR ON CITY GROUNDS!

Patrons

Participation and patronage at 3C's Fitness is open to all individuals without regard to race, sex, age, creed, national origin, religion, physical disability, or marital status.

