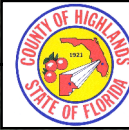


Highlands County Sun-N-Lake Preserve



Highlands County
Parks and Natural Resources
Created by: E McCarta
Updated: April 2011

Legend

- Otter Pond
- Parking
- Picnic
- Bikers Challenge
- Obstacle
- Water Crossing
- Footbridges
- Preserve Gates
- Maintenance Trails

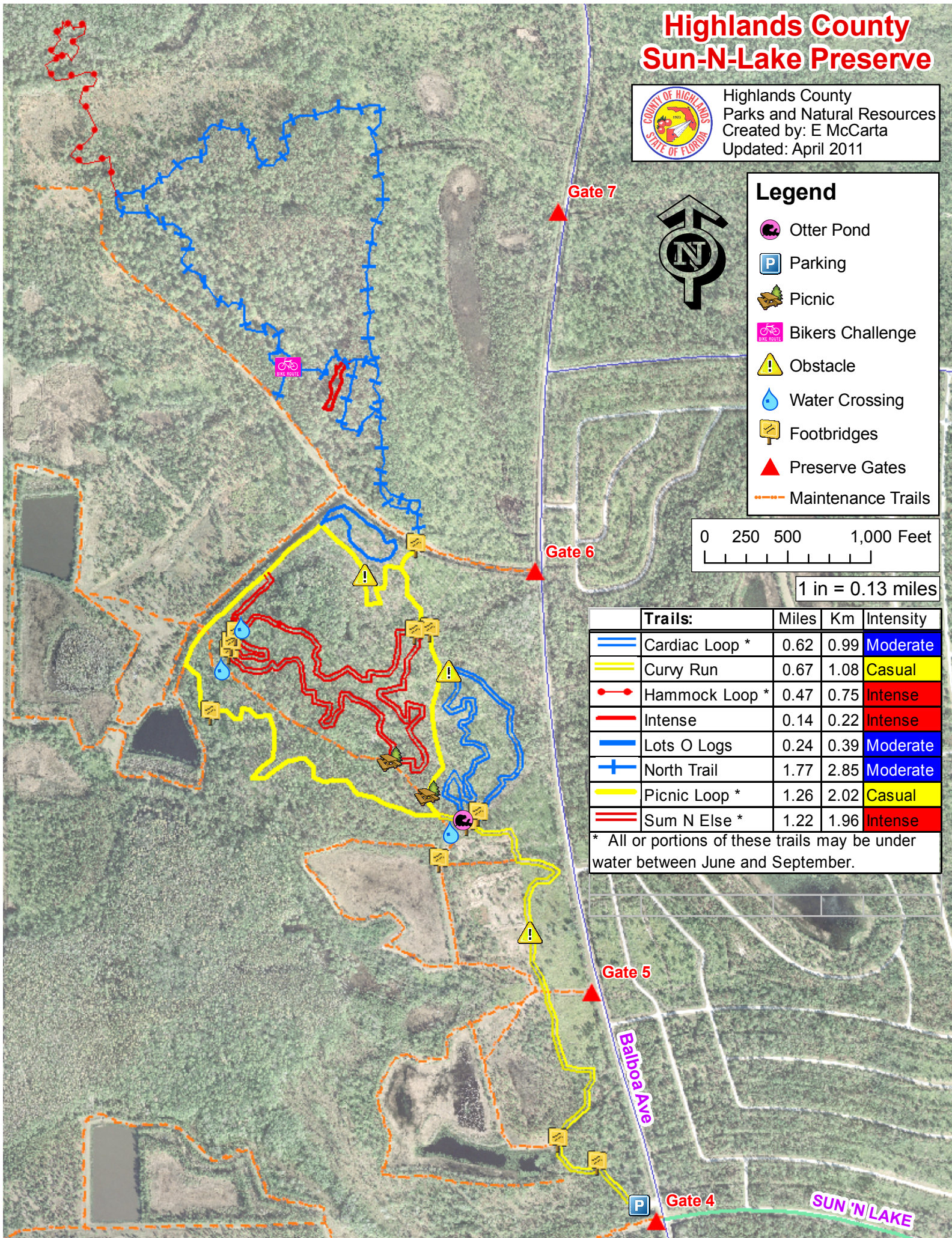


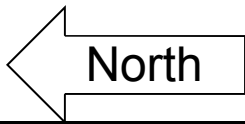
0 250 500 1,000 Feet

1 in = 0.13 miles

Trails:	Miles	Km	Intensity
Cardiac Loop *	0.62	0.99	Moderate
Curvy Run	0.67	1.08	Casual
Hammock Loop *	0.47	0.75	Intense
Intense	0.14	0.22	Intense
Lots O Logs	0.24	0.39	Moderate
North Trail	1.77	2.85	Moderate
Picnic Loop *	1.26	2.02	Casual
Sum N Else *	1.22	1.96	Intense

* All or portions of these trails may be under water between June and September.

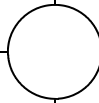




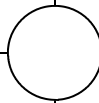
US 27

Florida
Hospital

Sun N Lakes Blvd



Ponce De Leon



Clubhouse

Columbus

Sunrise Drive

Cortez Ave

Balboa Ave

Preserve
Parking