

M2M



Harrison Township Parks & Recreation Bike Ride

Mac 2 Metro (M2M) is open to bicyclists, 15 and older, who feel they are able to bike roughly 65 miles and can ride each day for 6 days. PLEASE READ THIS INFORMATION CAREFULLY BEFORE COMPLETING THE APPLICATION. The ride is limited to 40 riders, and applications must be received by May 2.

BACKGROUND M2M, getting its name from the starting point to the final destination, is an exhilarating six-day ride from Mackinaw City to Metro Beach in Harrison Township. We use paved scenic routes, both along roads and bike trails, and this ride is geared toward intermediate touring riders. The daily distances and terrain combine to make a thrilling, and mildly challenging tour. More experienced riders are welcome. The emphasis is on the social and recreational aspects of bicycling, along with the **ease of safe mobility throughout the state on a bicycle**. We hope that the fun of M2M will persuade many of our riders to use bicycles more frequently. We also hope that some of the people who encounter our riders will increase their awareness of safe bicycling and perhaps become more frequent, safe cyclists themselves. This year we have added a fund raising aspect to the ride we have decided to raise funds in support of research at the Bing Center for Waldenstrom's Macroglobulinemia (WM), a slow-growing form of non-Hodgkin lymphoma. Harrison Township Clerk, Adam Wit was diagnosed with this disease as well as Trustee Frank Kapral's, Mother in law, Janice Wouters. Each year 1500 people are diagnosed with WM, to which there is no known cure. The Bing Center in Boston, Massachusetts is a premier Cancer Research Center focused on finding a cure and less invasive treatments for Waldenstroms Macroglobulinemia. Please sheets will be available upon registration.

ROUTING We bike primarily along paved roads and bike trails, passing many points of scenic, cultural, and historic value. Essentially, we are touring Michigan by bicycle. Many attractions along the way will lure you from your bicycle; you will have plenty of time to stop and see the sights, and we encourage you to do so as you please.. The route generally avoids major urban areas, due to the hazard these areas present, but when unavoidable, we have found safe routes to maneuver us through. The total distance is approximately 315 miles; daily distances range from 40 to 70 miles with a median of about 65 miles. M2M always begins in Mackinaw City and heads south to Metro Beach. Suggestions for future tours are always welcome, and assistance with future tours is encouraged as well.

T-SHIRTS Each rider will receive a T-shirt commemorating the year's tour. You may order extra T-shirts, as indicated on the application, if desired.

GETTING THERE AND BACK Riders will be responsible to transport their bicycles and themselves to Mackinaw City. Transportation back home at the end of the trip is also the bicyclist's responsibility.

M2M DATES TO REMEMBER

- RIDE LIMITED TO THE FIRST 40 RIDERS WHO REGISTER
- APPLICATIONS: Postmarked by May 2

CANCELLATIONS Tour cancellation will be subject to a \$15.00 fee for individuals or a \$20.00 fee for families. Any request must be submitted in writing with a self-addressed envelope included. E-mail will not be accepted. Reimbursements will be made following the completion of the tour.

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IMPROPERLY COMPLETED APPLICATIONS will be returned, this jeopardizing your chances of getting a spot on the tour. Be sure to sign ALL places required, not just the release. Make checks payable to Harrison Township Parks & Rec. Applications may be turned into the Harrison Township Supervisor's Office, or mailed to the address listed on the application. If you need to reach us or ask a question, you may write us, call at phone Andrew Dymczyk (586) 466-1445 or Frank Kapral (586) 216-7191, or e-mail us at adymczyk@harrison-township.org or fkapral@harrison-township.org. Participation is limited to 40 riders, hence applications received after the ride is full will be returned with regrets and your check.

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GEAR Any bike in good working condition can be used on M2M, although a road or hybrid bike is suggested. Your preference and comfort is more important than how many gears your bike has. Clothing is left to your needs and wants, but keep in mind that not every site has laundry facilities and you will be packing and unpacking, and loading and unloading on a daily basis, so keep it to a reasonable amount.

REPAIRS — ARRIVE WITH A BIKE IN GOOD WORKING CONDITION Each cyclist is expected to carry the basic minimum tools, or at least enough to fix a flat tire. Other repairs may be able to be made in the evening by M2M personnel, but there will not be a specific repair service offered on a daily basis.

SAFETY AND EDUCATION Our primary concern is that people are safe while they are enjoying themselves. Therefore, each bicyclist must wear a properly fitted and certified bike helmet (including children being pulled by trailers). Failure to wear a helmet could result in your removal from the tour. Since it is important that you can hear, headphones are forbidden from use while riding. The use of mirrors is highly recommended, but not required. Finish your bicycling during the daylight hours and wear bright colors to avoid any unnecessary accidents.

Our objective is to educate while helping people enjoy a cycling vacation. There will be an orientation meeting for instruction before the tour begins, on Sunday night.

On the road, we must watch out for each other. All participants are asked to bike with caution, to give guidance to less experienced riders, and to demonstrate courtesy to motorists and other bicycles on and off the road. **Obey all traffic laws.** Violators will be removed from the tour and may be eligible for traffic tickets. This is not a race. There are no mass starts, so bike safely and sensibly, and have fun.

VOLUNTEERS M2M is only possible due to the efforts of many volunteers. No one is paid to work. Please feel free to contact us if you are interested in volunteering any services.

DATES The tour gathers Sunday evening, June 16th. There is an optional Sunday ride to the Mackinac Bridge and back to warm-up and for photo opportunities. Registration is open at 6 pm that night, and everyone should plan on attending the orientation meeting Sunday evening as well. Then the ride begins Monday morning, and we end our tour at the entrance to Metro Beach on Saturday, June 22, with a group lunch. M2M will not provide camping prior to Sunday, June 16th or after the conclusion of the tour.

AGES Persons, ages 15 and up are welcome and encouraged to participate. Everyone traveling with the tour, whether riding or not, must register. By state law, riders under the age of 18 must have an adult on the tour who will be responsible for them, and must have the signature of a parent/guardian consenting to their participation and accepting the terms of the release. Adults sponsoring minors (unless it is a parent/guardian) must be a registered rider and must sign the statement accepting responsibility on the application. One adult can sponsor no more than 8 minors.

MEALS Breakfast and dinner are included in the price of the tour. Riders are responsible, however, for obtaining their own lunches. There are usually places to buy lunch or snacks en route, and fruit, water, and snacks will be provided along the route by SAG drives as well.



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OVERNIGHT STAYS We have reserved space each night in campgrounds with toilet and shower facilities. This is a camping trip, so be prepared to camp in the rain. This group camping is included in the cost of the tour.

SAG SERVICE These are vehicles that drive the route to help riders who are injured, ill or have disabled bikes. Some of these vehicles also provide riders with fruit, water, and snacks, acting similar to a re-fueling station. SAG services are included in the cost. They are not a baby-sitting service, and are not there for riders who simply tire after a few miles, so do not use them as such.

We are recruiting SAG drivers from family and friends of our tour participants. SAGs do not pay tour fees but must register, sign the release on the application, and have a standard driver's license. They receive two meals a day. Vehicles must be able to carry bicycles and people (small cars with bike racks are fine). Note the check-off on the application. We only need a certain amount of SAGs, so we will fill our vacancies on a first come, first serve basis as needed. Therefore, contacting M2M and indicating your interest is vital, and you will be contacted at a later date with further details.

BAGGAGE TRANSPORT Baggage will be trucked between campsites by M2M. Cyclists must carry everything they will need during the day (bathing suits, jackets, first aid, money, spare tires, etc). The trucks will carry everything else (tents, sleeping bags, clothing, etc). Do not bring valuables or things that could be easily damaged by water. We cannot guarantee security although it has never been a problem. Baggage is limited to 4 cubic feet and 25 pounds per person. Limit the weight of any one piece, so that you can carry it easily. Two small bags are preferable to one heavy one. Plastic trash bags do not work well, and coolers or large folding chairs are generally not appropriate luggage.

COST Per rider: \$195.00. This covers overnight camping (Sunday to Saturday), limited SAG service (not repairs), baggage transport, entertainment (as provided), maps, a T-shirt, and all registration and administrative fees. Additional T-shirts may be ordered on the application.

Please complete both sides of the application and sign the release. Note additional signatures are required for any participants under 18. Send the completed application and your payment in check or money order (no cash or stamps) to:

M2M / Frank Kapral
38151 L'Anse Creuse Road
Harrison Township, MI 48045

BEFORE MAILING, BE SURE YOU:

- ☐ Read all information in this packet
- ☐ Have each participant's signature on the release form
- ☐ Have parent/guardian signature for any participant under 18
- ☐ Include a sponsor signature for any participants under 18 not being accompanied by a parent/guardian
- ☐ Mark size for T-shirts
- ☐ Fill in every space as appropriate
- ☐ Recheck dollar totals
- ☐ Enclose check payable to Harrison Township Parks & Rec.

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- ☐ Double check your forms again to be sure you don't get your application returned.