

Abacus Health Solutions, LLC.

1210 Pontiac Avenue

Cranston, RI 02920



FALL RIVER
MASSACHUSETTS

Summary Plan Document for the City of Fall River

***Good Health Gateway*[®] Diabetes Care Rewards Program**

The ***Good Health Gateway*** Diabetes Care Rewards Program provides program participants with information, support, and access to resources to help them manage their diabetes. You are eligible to participate in this program if you are an employee, spouse, or dependent on an active BCBSMA health plan, or are a qualified beneficiary electing COBRA continuation of coverage. Enrollment in the program is voluntary.

As a participant in the Program, you are eligible to receive covered diabetes testing supplies (EX: lancets, test strips and glucometers) and diabetes medications at \$0 copay, if you are up to date/meeting all program requirements described below.

To be eligible for this reward you must complete the following program requirements every twelve months, or every six months in the case of A1c, or have your physician indicate you do not need to complete the program requirements. This constitutes a waiver of that activity.

- annual telephone conversation with one of the program's Certified Diabetes Educators and completion of a personalized Diabetes Health Action Plan[®]
- annual lipid screening
- annual dilated eye exam
- annual foot exam (can be performed by the Primary Care Provider, PCP)
- annual urine protein screening

Every 6 months, you must complete the following:

- A1C test

Please note: A failure to remain up to date with these program requirements will result in a loss of \$0 copayment until the program activity is again completed.

Program participants who meet all the program requirements can obtain a 30-day supply of medication or 90-day supply at any in-network retail pharmacy. You may also access a 90-day mail order supply by calling Optum Rx (800-562-6223) or visiting their website (www.optumrx.com).

Enrollment in the program can be done electronically or by calling Member Services. As a plan participant, you can enroll at any time.

- Website: www.goodhealthgateway.com
- Good Health Gateway Member Services: 800-643-8028
- Customer Service Hours of Operation: 8:30 AM to 6:00 PM (EST), Monday through Thursday and 8:30 AM to 5:00 PM (EST) on Friday.

The ***Good Health Gateway*** Diabetes Care Rewards Program is a HIPAA compliant Business Associate of the City of Fall River. The Program is administered by Abacus Health Solutions, LLC.