## **REACH US HERE**



732-248-7345



www.edisonnj.org



2963 Woodbridge Ave Edison NJ 08837 Hours: 9:00am-3:30pm



## WHO WE ARE

The staff oversees the planning and coordination of activities and events, offers clerical and administrative support, and provides transportation to food shopping and medical appointments.

Edison Township

# Senior Center

Department of Health & Human Services, Division of Senior Citizen Services



## FREQUENTLY ASKED QUESTIONS

What does it cost to join the senior center?

Membership to the senior center is **FREE** and only available to Edison residents.

I have a medical appointment in New Brunswick - can you drive me there?

**NO** - we provide transportation to and from medical appointments in Edison or Metuchen **ONLY**.

I have a medical appointment at 4:00pm - can you drive me there?

**NO** - we provide transportation between the hours of 9:00am and 2:45pm. The last appointment we take is 1:30pm.

What if I have questions about social services or need help with applications?

Please call us at **732-248-7345** to make an appointment for social service assistance.

#### How do I join one of Edison's senior clubs?

The senior center is **NOT** affiliated with senior clubs. Senior clubs are run independently of the center, and any questions about club membership or club activities should go to club presidents.

#### **ACTIVITIES**

Most activities are geared towards active healthy adults who do not require supervision or assistance with walking, eating or toileting. Those who require assistance are encouraged to bring an aide or family member with them to the center.

#### **Programs include:**

Chair Yoga
Exercise
Tai Chi
Line Dancing
Educational Presentations
Games
Arts & Crafts

The senior center serves lunch through the Middlesex County Department on Aging Senior Meals Program. Lunch is served daily at 11:30am. A "Fair Share" recommended donation is \$2.25 per meal per day. Pre-registration is required and 24 hour reservation or cancellation notice is requested.

Please contact the site manager at **732-452-0377** for more information.

### **OUR SERVICES**



The Edison Senior Citizen Center provides curb-to-curb medical and shopping transportation services, free-of-charge, to Edison seniors who have no other means of transportation. The service is **not** available to seniors who have a car, are currently driving or have other means of transportation such as a spouse or family member.



Qualifying Edison Residents 65 years of age and older or individuals who are permanently disabled may obtain a Free Edison Township Senior Citizen Senior Identification Card which will offer discounts on Township imposed fees.