

Pool Locations

Ashworth Swimming Pool

Address: 101 SW 45th Street • Seasonal Phone: 243-3567 (1)

This facility is a 50-meter pool with 8 lanes, and water depth between 4'6" and 13', two 1-meter diving boards, and one 3-meter diving board and a baby pool with water depth between 1' and 2'6".

Birdland Swimming Pool

Address: 300 Holcomb Avenue • Seasonal Phone: 243-3567 (2)

This facility is a 50-meter pool with 8 lanes, and water depth between 4'6" and 13', two 1-meter diving boards, and one 3-meter diving board, a baby pool with water depth between 1' and 2'6" and a water slide that exits into 10" of water.

Nahas Family Aquatic Center

Address: 1101 Porter Avenue • Seasonal Phone: 243-3567 (3)

This facility has a zero-depth entry, rain drop water feature with a maximum water depth of 5', along with two water slides that exit into 3'6" of water.

Northwest Family Aquatic Center

Address: 4915 Madison Avenue • Seasonal Phone: 243-3567 (4)

This facility has a zero-depth entry, rain drop water feature with a maximum water depth of 5', along with one water slide that exits into 3'6" of water.

Teachout Family Aquatic Center

Address: 2601 Hubbell Avenue • Seasonal Phone: 243-3567 (5)

This facility has a zero-depth entry and a rain drop water feature with a maximum water depth of 5'. There are two water slides. One slide is enclosed and the other is an inner tube slide, which both exit into 3'6" of water.

Daily Admission

2 and under	Free
Ages 3 - 20	\$3
Ages 21 and Over	\$5
Seniors 60 and Over	\$3

½ price daily admission after 5 p.m. Monday – Thursday

Season Pool Pass*

Individual.....	\$45
2 person.....	\$80
3 person.....	\$110
4 person	\$140

Add \$10 for each additional immediate family members in the household after 4.



Pool and Heritage Carousel Season Pass Package*

Purchase any season pool pass to the City of Des Moines Municipal pools and for an additional \$25 (normally \$49) and receive a Heritage Carousel season pass. The Heritage Carousel season pass includes all immediate family members in the household and valid the entire 2022 season. The pass can be purchased online or in-person, at the Municipal Service Center (1551 E MLK JR Parkway), and at the pools starting June 4th.

Punch Cards**

5 punches Youth:	\$12.50	Adult:	\$22.50
20 punches Youth:	\$50	Adult:	\$90

****Savings of \$.50 per admission**

Season Pool Passes and Punch Cards are available for purchase at dmparks.org.

Aquatic Facilities

Splash Pools

A splash pool is a splash pad with standing water and spray features; offering water play specifically aimed at children ages 10 and under. City of Des Moines splash pools are staffed; however, parental supervision is strongly encouraged.

Monday – Friday from 10 a.m. – 7 p.m.

Saturday, Sunday and Holidays from 12 – 6 p.m.

All open for Memorial Day weekend May 28 – May 30

Ashby Park – 3200 38th Street (open June 4 – August 10)

M.L. King Park – 1650 Garfield Avenue (open June 4 – August 10)

Pete Crivaro Park – 1012 SE 14th Street (open June 4 – Sept. 4)

Union Park – 725 Thompson Avenue (open June 4 – Sept. 4)

Spraygrounds

A sprayground is a splash pad with spray features and without standing water. Spraygrounds offer unsupervised water play specifically aimed at children ages 10 and under. City of Des Moines spraygrounds are not staffed and parental supervision is required.

Open May 1 – September 30*

Daily from 9 a.m. – 8 p.m.

Bates Park – 330 Clark Street

Columbus Park – 1921 SE 1st Street

Drake Park – 2300 Drake Park Avenue

Evelyn K. Davis Park – 1400 Forest Avenue

Fairmont Park – 2520 Hull Avenue

Good Park – 1103 17th Street

Grandview Park – 3230 Easton Boulevard

Greenwood Park – 4500 Grand Avenue

McHenry Park – 1012 Oak Park Avenue

Sargent Park – 3530 E Douglas Avenue

Sheridan Park – 4000 Hull Avenue

Tower Park – 4900 Hickman Road

Woodlawn Park – 3126 Twana Drive

**Dates subject to change due to weather*

Wading Pools

A wading pool is a small pool with standing water and no spray features. They offer supervised water play specifically aimed at children ages 10 and under. Wading pools are staffed; however, parental supervision is strongly encouraged.

Open June 4 – August 14

Monday – Friday from 10 a.m. – 4 p.m.

Ashfield Park – 720 E 19th Street

Burke Park – 601 E University Avenue

Jordan Park – 600 E Wall Avenue (12 – 6 p.m. Wednesdays)

Sayers Park – 1300 Linden Lane

Stone Park – 2100 SE 5th Street

Aquatics 2022

2022 POOL SEASON

June 4 – August 14*

Pools - Ashworth & Birdland

Monday-Friday from 1 p.m. - 6:30 p.m.

Saturday from 1 p.m. - 6 p.m.

Sunday from 1 p.m. - 5 p.m.

Aquatic Centers

Nahas, Northwest, & Teachout 6/4 - 7/3

Monday-Friday from 1 p.m. - 6:30 p.m.

Saturday from 11:30 a.m. - 6 p.m.

Sunday from 1 p.m. - 5 p.m.

Nahas, Northwest, & Teachout 7/4 - 8/14

Monday-Friday from 1 p.m. - 7:30 p.m.

Saturday from 11:30 a.m. - 6 p.m.

Sunday from 1 p.m. - 5 p.m.



1551 E. Martin Luther King Jr. Parkway
237-1386 | dmparks.org



**Dates may adjust based on Des Moines Public Schools schedule. Teachout Family Aquatic Center open Memorial Day Weekend Northwest Family Aquatic Center open weekends after season and Labor Day Weekend*

SWIM LESSONS

Registration begins April 1 at 8 a.m.

Fee = \$30 per participant for group lessons, \$80 per participant for private lessons*

For financial support, call 515-518-4770 (\$5 per participant)

Special Events This season

Mermaid Princess Pool Party - June 25th

Location: **Northwest**

Join us for this "Royal" event. Meet and Greet with Mermaids and Princesses throughout the aquatic center while swimming. Each paying participant will get to enjoy an ice cream sundae and make a sand art necklace. Characters will depend on availability. Pre-registration is required. Each participant must be accompanied by one adult 18+. Ages 0-12yo. Registration begins April 1 at 8 a.m. Fee = \$15 per participant

Fourth of July Slip N' Slide - July 4th

Location: **Nahas**

Celebrate with us on 4th of July with some backyard fun. We will be creating a giant Slip N' Slide on the north hill at Nahas from 1 - 3 p.m. Participants will need to fill out a waiver before participating, anyone under 18 will need to have a parent/guardian sign their waiver.

Superhero Swim Party - July 23rd

Location: **Teachout**

Join us for this "Heroic" event. Meet and greet with superheroes throughout the aquatic center while swimming. Each paying participant will get to enjoy an ice cream sundae and take-home craft. Characters will depend on availability pre-registration is required. Each participant must be accompanied by an adult. Ages 0 - 12 yo. Registration begins April 1 at 8 a.m. Fee = \$15 per participant.

Lap Swim

Location(s): **Ashworth & Birdland Swimming Pools**

Details: Exercise in the pool by swimming laps. We offer Lap Swim Monday - Friday 8 - 9 a.m. and Monday - Sunday 12 - 1 p.m. prior to the pool opening for recreational swim.

Lifeguard Certification Classes

We provide American Red Cross Lifeguard Certification classes. Classes take place in the spring and summer months. Upon completion the participant will be offered a seasonal summer position at one of our five aquatic facilities. If you work for Des Moines Parks for the summer the class is **FREE**. Class times and locations vary. Participants must be 15 years or older. For more information, please email aquatics@dmgov.org

Private Party Rentals

Let us host your next pool party! Whether it be a group outing, family reunion or birthday party, Des Moines Municipal Pools are the place to be. Pricing is \$175 per hour for a two-hour block. Visit dmparks.org to check availability. All rentals can be completed online or in-person, at the Municipal Service Center (1551 E MLK Jr. Pkwy), and at the pools starting June 4th.

Swim Lessons

Session 1: June 13 - 17

Session 2: June 20 - 24

Session 3: June 27 - July 1

Session 4: July 11 - 15

Session 5: July 18 - 22

Session 6: July 25 - 29

Swim Lesson Placement Guide

*Please note: Preschool levels may seem similar to Level 1, the difference is based solely on age. Age requirements for each level are listed below.

Level	Parent & Child	Preschool I	Preschool II	Level 1	Level 2	Level 3	Level 4	Level 5	Adult
Age	6 mos. - 3 yrs.	3-5 yrs.	3-5 yrs.	5 yrs. & up	5 yrs. & up	5 yrs. & up	5 yrs. & up	5 yrs. & up	16 yrs. & up
This class is for	<p>A parent must accompany child in the water</p> <p>No required skills</p> <p>Children who are new to the water</p> <p>Parents who wish to learn about water safety and help their children feel comfortable in the water</p>	<p>No required skills</p> <p>Children who are new to the water</p> <p>Most skills can be performed with assistance</p>	<p>Children who are comfortable in the water</p> <p>Children who are able to complete most skills independently</p>	<p>No required skills</p> <p>Children who are new to the water</p> <p>Children who cannot float or glide unassisted</p>	<p>Children who will comfortably submerge underwater</p> <p>Children who can float on their back or stomach unassisted</p>	<p>Children can glide with their face in the water</p> <p>Can swim front crawl for 5 body lengths</p> <p>Can float on back and tread water for 15 seconds</p>	<p>Children who can tread water for 1 minute</p> <p>Can swim front crawl or elementary backstroke 25 yds.</p> <p>Can back float for 1 minute</p>	<p>Children who can tread water for 2 minutes</p> <p>Swim front crawl and elementary backstroke for 25 yds.</p> <p>Swim breaststroke and back crawl 15 yds.</p>	<p>No required skills</p> <p>Adult swimmers and non-swimmers of any level</p> <p>Adults who want to gain confidence in the water</p>
What will be taught?	<p>How to feel comfortable in the water and safely enjoy it</p> <p>Water exploration</p>	<p>How to feel comfortable in the water and safely enjoy it</p> <p>Submerging face, blowing bubbles, floating and gliding with support</p>	<p>How to feel comfortable in the water while enhancing skills from Preschool Level I</p> <p>Combined arm and leg actions on front and back along with treading can be completed with support</p>	<p>How to fully submerge, float and glide with assistance, and combined arm and leg actions on front and back</p>	<p>How to swim several body lengths without support, treading, and rotary breathing are introduced</p>	<p>Elementary backstroke, rotary breathing, treading, front crawl, breaststroke kick, scissors kick, and dolphin kick</p>	<p>Participants will gain confidence in the water and improve their strokes, including breaststroke, front crawl, sidestroke butterfly, and back crawl</p>	<p>Participants will improve their strokes, build endurance, and learn flip turns, and surface dives</p>	<p>Instructor will work individually with participants and allow them to progress at their own pace to help them reach their personal goals</p>

Reminders

- Registration can be completed at dmparks.org or in-person at the pools starting June 4th
- Registration is first come, first serve
- There will be no make-up classes due to weather
- A \$10 refund and transfer fee apply to all changes in registration**
- Register for one session at a time, as it is not uncommon to repeat a level
- Successful completion of one level is necessary before moving to the next level
- Not all levels are offered at all times; please check dmparks.org
- Cancellations must be made 10 business days prior to the first day of the start of the lesson to receive a refund**