

June Menu

Charlevoix County Senior Centers

2026

MONDAY

01 Roast Beef & Cheddar on an Onion Roll, Ranch Wedge Fries, Vegetable, Fruit.

WEEKLY ALTERNATIVE:
Chicken Ceaser Kit

TUESDAY

02 Broccoli & Cheddar Stuffed Chicken Topped with Alfredo Sauce, Diced Potatoes w/ green onions, Vegetable, Fruit.

WEDNESDAY

03 **Senior Prom:** Roast Turkey & Stuffing, Mashed Potatoes & Gravy, Round Carrots, Side Salad, Fruit, White Cake

THURSDAY

04 Ham & Cheese Stromboli, Side of pasta alfredo, Vegetable, Fruit.

FRIDAY

05 Pepper Steak, Mixed Peppers & Onions, Seasoned Rice, Spring Rolls, Fruit

08 Breaded Chicken Breast w/ Country Gravy, Au Gratin Potatoes, Vegetable, Fruit.

WEEKLY ALTERNATIVE:
Italian Sub Sandwich

09 Turkey Rachel Rueben, Coleslaw, Swiss Cheese, 1000 Island Dressing, Waffle Fries, Bag of Chips, Vegetables, Fruit.

10 **Jartie Party:** Mom's Meatloaf, Mashed Potatoes, Gravy, Side Salad, Vegetable, Fruit, Ice Cream Sundaes.

11 Chicken Stew, Stewed Vegetables, Diced Potatoes, Served over a biscuit, Fruit.

12 Cuban Sandwich, Pulled Pork, Sliced Ham, Pickles, Swiss, Ranch Wedge Fries, Vegetable, Fresh Diced Pineapple

15 Parmesan crusted Tilapia, Serasoned Rice, Vegetable, Fruit

WEEKLY ALTERNATIVE:
Chef Salad

16 Smothered Pork Chop, Creamy Mushroom Gravy, Au Gratin Potatoes, Vegetable, Fruit.

17 **Father's Day Dinner:** Roast Beef, Mashed Potatoes & Gravy, Green Beans, Cole Slaw, Chocolate Cake

18 Bacon Cheese Burger, Ranch Wedge Fries, Vegetable, Fruit.

19 **All Senior Centers and COA Offices are CLOSED.**

22 Polish Sausage & Sauerkraut on Bun, Tater Tots, Vegetable, Fruit.

WEEKLY ALTERNATIVE:
Ham Pinwheel

23 Large Turkey Meatball, Onion Gravy, Mashed Potatoes, Vegetable, Fruit.

24 **Alice in Wonderland:** Dodo Legs (chicken drumsticks), Scalloped Potatoes, Bread Stick, Side of Pasta Salad Vegetable, Fruit, Cupcake

25 Vegetable Lasagna, Carrot & Spinich, Garlic Cheese Biscuit, Vegetable, Fruit

26 Nacho Day: Taco Meat, Cheese Sauce, Rice & Corn Fiesta Mix, Tortilla Chips & Salsa, Fruit

29 COOKS CHOICE
Potato, Vegetable, Fruit

WEEKLY ALTERNATIVE:
Roast Beef Wrap

30 Cold Seafood Pasta Salad, Tomato & Cucmber Salad, Broccoli Slaw, Fruit

Wednesday Night Dinners are BACK! We have more Summer fun planned on these days so stop by for the fun

NOTES:

- ALL OUR MEALS ARE REVIEWED & APPROVED BY A REGISTERED DIETITIAN & CONTAIN 33.3% OF YOUR DAILY NUTRITIONAL REQUIREMENTS.
- ALL MEALS INCLUDE 1 MILK, 1 BREAD, 2 VEGGIES AND 1 FRUIT.
- ALL MEALS ARE SUBJECT TO CHANGE.

SPECIAL ANNOUNCEMENTS:

WEDNESDAY NIGHT DINNERS ARE BACK!!!!

FATHER'S DAY CELEBRATION: WEDNESDAY 6/17

STATE PLATE DAY: FRIDAY 6/12 - FLORIDA

ALL SENIOR CENTERS & COA OFFICES - CLOSED FRIDAY 6/19