



Town of Colmar Manor

A Port Town Community



Newsletter

January / February 2016



Mayor Barrow and Council with Delegate Fennel, Central Committee Malcom Augustine, Chief Bashoor – and many of our local firefighters for “Adopt a Neighborhood” – December 2015.

Happy New Year Colmar Manor Family. I hope you all had a healthy, hardy and special holiday season with family and friends. We the Town staff and Council are working hard to improve your living experience in Colmar Manor, and as always, we look forward to hearing from you. Your voice gives us the information we need to continue to make our town a great place to Live, Work, and Play.

Last year we embarked on many initiatives through our events, Green Team, Garden Club, Maryland National Park and Planning, Port Towns legislation, trash pickup improvements, Police meet and greets, Work Force Training, improved community center use for hall rentals and community outreach activities, Port Towns Community Health Partnership, and much more.

This year we have much more planned. We have established many communication tools for you to stay informed and involved. You can follow us on Facebook and “You Tube” (Town of Colmar Manor) to stay up to date on all the activities of the Town, and if you cannot make the Town meeting, you can always view it on You Tube. Please call the Town Hall – 301-277-4920 to get on the emailing list, so you can get up to date information on what is coming up soon – Town, County, and State. *(cont'd)*

Please enjoy this Newsletter. If you wish to get this Newsletter by email, please let us know.

We encourage you to be connected and involved in these activities. I think you will be surprised at how you can be empowered to own your Town. We are here to serve you, and we look forward to making our Town one of the best places to live.

Thank you all so much for your continued support. I look forward to prosperous and safe year for us all.

Mayor Barrow



Carretilla de alcalde y Consejo delegan hinojo, Central Comité Malcom Augustine y jefe Bashoor – muchos nuestros bomberos locales para "Adoptar un barrio" – diciembre de 2015.

Feliz Año Nuevo Familia de Colmar Manor. Espero que todos hayan tenido unas felices fiestas y una temporada sana con los amigos y la familia. El personal de la ciudad y del Consejo estamos trabajando duro para mejorar su experiencia de vida en Colmar Manor, y como siempre, esperamos escuchar de usted. Su voz nos da la información que necesitamos para seguir haciendo de nuestra ciudad un gran lugar para vivir, trabajar y jugar.

El año pasado nos embarcamos en muchas iniciativas a través de nuestros eventos, Equipo Verde, Club Jardín, Parque Nacional de Maryland y de planificación, legislación de Port Towns, mejoras de recogida de basura, conocer a la Policía, Entrenamiento de Trabajo, una mejor utilización del centro comunitario para alquileres y extensión a las actividades comunitarias, Port Towns Community Health Partnership, y mucho más.

Este año tenemos mucho más planeado. Hemos establecido muchas herramientas de comunicación para

www.colmarmanor.org

que usted pueda mantenerse informado e involucrado. Puedes seguirnos en Facebook y "You Tube" (Ciudad de Colmar Manor) para estar al día de todas las actividades de la ciudad, y si no puede asistir a la reunión del pueblo, siempre puede verla en YouTube. Por favor, llame a la alcaldia - 301-277-4920 para meterse a la lista de envío por correo electrónico, para que pueda obtener la información actualizada sobre lo que se va a ser pronto - Ciudad, Condado y Estado.

Por favor, disfrute de este Boletín. Si desea obtener este boletín por correo electrónico, por favor háganoslo saber.

Le animamos a estar conectado y que participe en estas actividades. Creo que usted se sorprenderá de cómo puede tener la facultad de ser dueño de su ciudad. Estamos aquí para servirle, y esperamos poder hacer de nuestra ciudad uno de los mejores lugares para vivir.

Muchas gracias a todos por su continuo apoyo. Espero que todos tengamos un sano y prospero ano.

Alcalde Barrow

COLMAR MANOR ELECTIONS THIS MAY

A General Election to select a Councilmember for each of the four wards of the Town of Colmar Manor will be held on Tuesday, May 3, 2016.

Election: Tuesday, May 3, 2016 - 10:00 AM - 8:00 PM
Colmar Manor Town Hall, 3701 Lawrence St., Colmar Manor, MD.

Candidates: Must be at least 21 years of age
Must have resided within Colmar Manor for one full year prior to the election and reside within the ward for which they are a candidate
Must be a registered voter and be eligible to vote in Colmar Manor
Petitions and endorsements from at least 10 registered voters must be received at Colmar Manor Town Hall by 5:00 PM Friday, April 1, 2016 (candidate petitions available March 1)
Must comply with Federal/State/local ethics laws
Councilmembers of Colmar Manor serve a four year term

Voters: Must reside in Colmar Manor and be registered with the Prince George's County Board of Elections. Voter registration applications are available at Colmar Manor Town Hall, the Motor Vehicle Administration and the Prince George's County Board of Elections (by phone / on-line / by mail - call 301-341-7300 for more information). **Voters must be registered with Prince George's County Board of Elections by April 1, 2016.**

Anyone interested in serving as an Election Judge please contact Town Hall by February 1, 2016. The next election for Mayor is in May 2018.

The Colmar Manor Mayor & Town Council meet for a Worksession on the first Tuesday of each month and a General Session on the second Tuesday of each month. Meetings begin at 7:00 PM and are held at the Town Hall. Residents are encouraged to attend. General Sessions are broadcast live on Cable TV (Verizon channel 11 or Comcast channel 71) and are also available for view anytime on YouTube, via the Town's website at **www.colmarmanor.org** and via Facebook.

A few notes of information.....from the desk of the Chief of Police,



Crime Issues

Residential Burglary- 4300blk. Monroe St., Wednesday, October 28, 2015, 11:45AM, witness called 911 and advised a H/M, black hair, early 20's, had attempted to break into neighbor's house. Police responded and arrested suspect leaving the area. The suspect was known by the victim. Report was taken by PGPD.

Commercial Robbery- KFC, 4021 Bladensburg Road, Sunday, November 29, 2015, 10:10PM, victim reported that the suspect, B/M, wearing dark colored North Face jacket, purple pants, and latex gloves armed with a silver and black handgun walked into the business and demanded money from register. Victim gave money to suspect who then fled area in unknown direction. Officers searched area for suspect which was negative.

Attempt Commercial Robbery- Port Towns Shopping Center, 3800blk. Bladensburg Road, Tuesday, December 15, 2015, 10:21PM, victim advised known acquaintance and suspect, H/M, short, grey hoodie, blue jeans, and white tennis shoes displayed a handgun and demanded money from him in the parking lot near Pincus Liquors. The victim fought the suspect who then fled the area towards the Burger King. Officers located the handgun which turned out to be a BB gun. No money was taken from the victim during the altercation only an attempt to steal the bank deposit. The suspect turned himself into the Cottage City Police Department the next day. Suspect was charged by PGPD CID Robbery Section for the crime.

Anyone with information on these incidents, please contact the police department.

Crime Alerts

If you like to be added to Chief Gibson's Crime Alert Notification system which informs the community of various crimes, weather emergencies, etc., please send an email to him at bgibson@colmarmanor.org or by calling 301-779-5491.

I would also encourage everyone to join the private neighborhood social network, Nextdoor.com which I'm utilizing now as well to distribute my crime alerts. This is a great free website to join and view neighborhood information on crime alerts, events, safety alerts, and getting to know your neighbors even of other local neighborhoods depending on the preferences you choose when setting up your account. Please if you like to join please go to website and join the group for Colmar Manor and you will be asked to set up account verifying your residential or business address is in the neighborhood. Also you can add the smart phone app by going to your online app store and looking up Next Door.

Driving Safety Tips for Winter

Even though the weather has been spring like for December we will have a winter before we know it, here are some driving safety tips:

Avoid driving while you're fatigued. Getting the proper amount of rest before taking on winter weather tasks reduces driving risks.

(cont'd next page)

Never warm up a vehicle in an enclosed area, such as a garage.

Make certain your tires are properly inflated.

Never mix radial tires with other tire types.

Keep your gas tank at least half full to avoid gas line freeze-up.

If possible, avoid using your parking brake in cold, rainy and snowy weather.

Do not use cruise control when driving on any slippery surface (wet, ice, sand).
Always look and steer where you want to go.

Use your seat belt every time you get into your vehicle.

Sgt. Mary Sims
Police Supervisor
msims@colmarmanor.org
301-779-5491

Operation Santa with a Badge



The department was able to sponsor (4) children from town to participate in “Operation Santa with a Badge” on December 11, 2015, at the Wal-Mart of Landover Hills for a \$100 shopping spree. Following the event the children were provided dinner at Ihop Restaurant in Colmar Manor. I like to personally thank the Port Towns Shopping Center Charitable Gift Fund, Ihop Restaurant of Colmar Manor and the Colmar Manor Senior's Club for their donations in making this event possible.

Code Enforcement

Open Storage: Porches, deck patios, and carports in the Town of Colmar Manor may not be used for the storage of the following materials fiber or paper products, building supplies or materials, flammable materials, (such as paint or solvents), vehicle parts, appliances, or household furnishings. Also note stuffed fabrics such as sofas, love seats, chairs on open & exposed porches are subject to small animal & rodent infestation. Patio furniture is alright to store in the above locations as noted.

Inspection and enforcement will start at the beginning of the New Year for open storage throughout the commercial and residential areas in Town due to several non-compliance issues noted in town after warnings were issued.

If you any questions or concerns about Code Enforcement issues please feel free to contact me directly, Inspector Darryl R. Queen, Code Enforcement Division, O 301-779-5491, rqueen@colmarmanor.org, or you may complete the complaint form available at the police department.

COLMAR MANOR COMMUNITY GARDEN - 3806 NEWTON- SIGN UP SHEET 2016

Please fill out this form and return to TOWN HALL to show interest in a Garden Plot.

NAME _____ Phone: _____

Street Address _____

email address: _____

Please Return to Town Hall no later than JANUARY 29th so we know how many people are seeking plots.

Favor de llenar este forma y devolver lo al Centro del Pueblo para expresar su interes en tener una area en el Jardin Comunitaria.

Nombre: _____

Telefono: _____

Direcion de su casa: _____

Direcion electronico _____

Favor de devolver esto al Centro del Pueblo no mas tarde que el 29 de enero para saber cuantos personas estan buscando areas.

Questions/Preguntas – Carrie Biggs-Adams (202) 415-1147

cbiggs-adams@cwa-union.org

Garden Club Meeting – Saturday February 20th 10 -11:30am Town Hall 3701 Lawrence St.

Reunion del Club febrero Sabado 20 de enero 10-11:30am

Centro Del Pueblo 3701 Lawrence

TOWN OF COLMAR MANOR ETHICS COMMISSION MEMBERS NEEDED

The Town adopted an Ethics Law with the Town Code in 1982 and it was approved by the State Board of Ethics in 1985. Currently, the Town's Board of Ethics has vacancies.

The Mayor and Town Council are looking for three members of the town who are interested in being a member of this board.

The town's Ethics Commission would provide increased accountability with review of certain documents and procures to ensure the Town avoids any fraud, abuse and illegal acts. To date, we have been fortunate to not have had any charges brought against the town.

Please contact Councilmember Doreatha Epps at 301-277-4920 or email depps@colmarmanor.org if you would be interested in serving on the town's Board of Ethics. Mr. John Barr, Town Attorney is also available to answer any questions you may have.

Thank you,

A handwritten signature in blue ink that reads "Sadara Barrow". The signature is written in a cursive, flowing style.

Mayor Sadara Barrow



THE TOWN OF COLMAR MANOR
PRESENTS

BRIDGING THE GAP BLACK HISTORY EXTRAVAGANZA

SAVE THE DATE

SATURDAY
FEB 6TH 2016

3PM-6PM

**3701 LAWRENCE STREET
COLMAR MANOR, MD 20722**

SPECIAL PERFORMANCES BY

Speak Life

SPEAK LIFE TOUR

SLT ENTERTAINMENT MUSIC GROUP, LLC

FREE COOKING CLASSES!



WE WILL TEACH YOU HOW TO PREPARE NUTRITIOUS AND AFFORDABLE MEALS!



IN THESE CLASSES YOU WILL LEARN HOW TO:

- Prepare delicious, healthy meals
- Use new foods and cooking techniques
- Make the most of your food resources
- Shop for healthy foods on a tight budget

CLASSES WILL BE HELD AT

Town of Colmar Manor Community Center
3701 Lawrence St. Colmar Manor, MD 20722

DATES AND TIMES OF CLASSES - ENGLISH

- Wednesday, January 27th - 7:00 to 8:30pm
- Wednesday, February 17th - 7:00 to 8:30pm
- Monday, March 7th - 7:00 to 8:30pm
- Monday, March 14th - 7:00 to 8:30pm

SIGN UP TODAY! SPACE IS LIMITED!

For more information or to register, Colmar Manor Town Hall at
301-277-4920 or jmyers@colmarmanor.org.

BROUGHT TO YOU BY:



CLASES DE COCINA GRATUITAS!



LE ENSEÑAREMOS CÓMO PREPARAR COMIDAS NUTRITIVAS Y ASEQUIBLES!



EN LAS CLASES USTED APRENDERÁ CÓMO:

- Preparar comidas deliciosas y saludables
- Utilizar nuevos ingredientes y técnicas de cocina
- Aprovechar al máximo sus recursos alimenticios
- Compre alimentos saludables con un presupuesto ajustado

LAS CLASES SE LLEVARÁN A CABO EN

Town of Colmar Manor Community Center
3701 Lawrence St. Colmar Manor, MD 20722

LAS FECHAS Y HORAS DE LAS CLASES - ESPAÑOL

- Monday, February 8th - 7:00 to 8:30pm
- Monday, February 22nd - 7:00 to 8:30pm
- Wednesday, March 16th - 7:00 to 8:30pm
- Wednesday, March 30th - 7:00 to 8:30pm

¡REGÍSTRATE HOY! EL ESPACIO ES LIMITADO!

Para obtener más información o para inscribirse, Municipio de Colmar Manor at 301-277-4920 or jmyers@colmarmanor.org.

TRAÍDO A USTEDES POR:





COLMAR MANOR GARAGE SALE



WHEN: Saturday, March 5th, 2016

- Sales will be held the first Saturday of each month
(No Garage Sale in the month of September)

TIME: 7:00 a.m. – 3:00 p.m. (Set Up 6:00 a.m.)

WHERE: Town Hall - Gymnasium
3701 Lawrence Street

RENTAL RATES – CASH ONLY:

Space:	\$15.00	Colmar Manor Residents
	\$25.00	Non Residents



Call Colmar Manor Town Hall 301-277-4920 for Reservations and more information.

Payment for space must be made at the Town Hall, 3701 Lawrence Street, Colmar Manor, from 9:00 a.m. – 4:00 p.m. prior to date of event.





Port Towns Health and Wellness Center

3611 43rd Ave., Colmar Manor, Maryland



Upcoming Winter Events

On-going sessions

Class #200

Thursday morning and Thursday afternoon Stress Management Class

Start your morning and end your day calm and relaxed. Learn the Art of Total Relaxation to minimize the intensity of the stress response and reduce emotional reactivity. Learn and experience moving your mind into a regenerative state of **relaxation**; allowing your consciousness to be lifted above mind chatter and fragmented thoughts. Relax and enjoy a sense of mild euphoria, calm your body, reduce Cortisol levels, strengthen your immune system and counteract the negative effects of stress.

Thursday 9:30 am and 5:30pm every Thursday

No cost- love offering

Instructor: Dr. Bettye Muwwakkil

Class # 100

Smoking Cessation Classes for Pregnant and Postpartum Women

This eight week class helps motivate pregnant and postpartum women to quit smoking and live a healthier lifestyle. Participants will work with a trained facilitator to develop their own quit plan, identify triggers to their smoking, learn effective stress management techniques, and how to stay smoke free. Classes are offered either at 1pm or 6 pm on the designated dates. Classes are free to everyone.

Limited spaces are available.

Call 240-467-2607 for appointment

Class #101

Childbirth Education Class

This 1-day eight hour comprehensive course will take you and your birth partner review physical changes in pregnancy, signs of labor including warning signs of preterm labor, labor progression, pushing, comfort measures and natural techniques for coping with pain as well medications used in labor. Your trained instructors will also discuss the role of the support person, vaginal and cesarean delivery and post-delivery care for both the mom and baby. All course materials will be provided. Participants need to bring a towel or mat and a pillow. Refreshments and Lunch are served. Classes are free to Bright Beginnings of Prince George's County clients and sliding scale fee for others.

January 23rd 9am-4pm

February 13 & 27 9am-4pm

Call 240-467-2607 Spaces are limited - reserve your space

Class #102

Parenting Classes

Our one hour workshops cover various topics including taking care of your new baby, coping with stress, disciplining your child, toilet/potty training, communicating with your child, and building self-esteem in your child. Classes are free to Bright Beginnings of Prince George's County clients and \$10 for all others. Light refreshments are served. Limited spaces are available.

February 2, 16 1pm-2pm

Call 240-467-2607 To reserve your space and to find out the topic for each session.

Breastfeeding Support Classes. Call 240-467-2607 for more information

The Prince George's County Government, Prince George's Community College, the Prince George's County Public Schools, the Maryland National Capital Park and Planning Commission, the Greater Prince George's County Business Roundtable, and the Prince George's County Chamber of Commerce, are proud to announce the launch of

Free



Youth@Work/SYEP 2016

Job Readiness Training Program

Youth@Work/SYEP Job Readiness Training Program, a robust and exciting initiative, is a collaboration with the Prince George's County **Summer Youth Enrichment program (SYEP)**. Through Youth@Work/SYEP, participants **ages 15-19** will have opportunities to obtain job skills and prepare for employment opportunities.

Participants who completed the Job Readiness Training and Summer Employment are also invited to attend the information session to learn about options for SYEP Career Pathways Training.

(Youth are eligible to participate in the SYEP twice, or up to the age of 19.)

Q & A Sessions!

For youth, parents, community members, faculty and staff!

Get more information or instructions for registering online | www.pgcc.edu/go/youthatwork

Contact us with questions | ☎ 301-546-1580 or ✉ youth-work@pgcc.edu

Convenient schedules and locations | Accessible by public transportation

Dates	Locations	Time
Saturday, October 31, 2015	The Rennie Forum, Largo Student Center	10 am
Saturday, November 7, 2015	Center for Health Studies, Room 1418	10 am
Saturday, March 12, 2016	Center for Health Studies, Room 1418	10 am

All Q & A Sessions are held at Prince George's Community College

301 Largo Road, Largo MD 20774



William L. Rader, III
County Executive



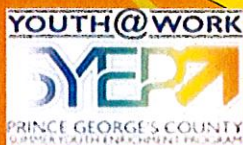
Great By Choice



live more, play more
pgparks.com



Prince George's Chamber of Commerce





How to Create Rain Gardens that Delight Your Customers and Your Bottom Line

Saturday, February 20

9 a.m. to 4 p.m.

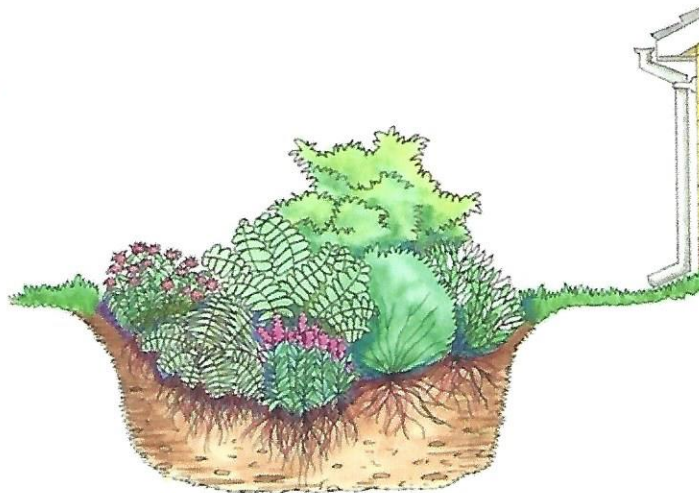
Colmar Manor Community Center

3701 Lawrence Street, Colmar Manor, MD

Under the Prince George's County Rain Check Rebate program, homeowners, business owners and nonprofits/churches can get \$10/square foot to install a rain garden (with the minimum size being 100 square feet). Many homeowners, business owners and churches are looking for trained installers. With this workshop, you will learn the principles of rain gardens from expert landscape designers Kit Gage and Jenny Reed in the morning. In the afternoon, you will get to actually install a rain garden with hands-on instruction from one of the national experts, Mike Clar of Ecosite, Inc.

Why do your customers want to install rain gardens at their home, business or church?

- * Help the Chesapeake Bay
- * Reduce flooding in their yard
- * Address wet areas in their landscape
- * Get the Rain Check Rebate from Prince George's County
- * Reduce their Clean Water Assessment Fee



Workshop Fee is \$20 per person (includes lunch).

Register at <http://tinyurl.com/howtoinstallraingarden>

Contact:

Port Towns Community Health Partnership
240-366-7542
placematterspgc@gmail.com





Taking Care of Your Fruit and Nut Trees

Saturday, March 19 from 9 a.m. to 4 p.m.

Colmar Manor Community Center, 3701 Lawrence Street, Colmar Manor, MD

Fruit and nut trees provide healthy food, shade, habitat for birds and butterflies, and beauty to our homes and communities. But most fruit and nut trees require special care.

In this class, you will learn the basics of planting and taking care of fruit trees in your yard, school or community.

We learn how to take care of apples, plums, persimmon, cherry, serviceberry, pawpaw, hazelnut, walnut and many more fruit trees. Students will also learn how to prune fruit trees, use integrated pest management to take care of harmful bugs, and care for your fruit trees in order to enjoy their fruit for years to come.

The workshop fee is \$20 per person.

To register, go to <http://tinyurl.com/fruittreeclass>

For more information, contact Port
Towns Community Health Partnership
at 240-366-7542 or email placematterspgc@gmail.com



January 2016 - February 2016

February 2016

January 2016

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						

Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan 18	19	20	21	22	23
Martin Luther King, Jr Holiday Town Offices Closed 7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 6:00am Yard Waste Pickup 12:00pm 2:00pm Senior Citize 7:15pm ZUMBA	6:00pm Port Towns Youth Council Mtg (Town Hall)		9:30am ZUMBA
25	26	27	28	29	30
7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 6:00am Yard Waste Pickup 7:00pm 8:00pm Cooking Class 7:15pm ZUMBA			9:30am ZUMBA
Feb 1	2	3	4	5	6
7:00pm Recreation Council Meeting (Town Hall) - Unknown 7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball 7:00pm Council Work Session	6:00am Bulk Trash Pickup (call 6:00am Yard Waste Pickup 12:00pm Senior Citizen Assn 7:15pm ZUMBA			9:30am ZUMBA 3:00pm 4:00pm Black History Program
8	9	10	11	12	13
7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball 7:00pm Council Meeting - Ge	6:00am Bulk Trash Pickup (call 301-773-2069 for appt) 6:00am Yard Waste Pickup 7:15pm ZUMBA			9:30am ZUMBA
15	16	17	18	19	20
PRESIDENTS DAY Town Offices Closed 7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 301-773-2069 for appt) 6:00am Yard Waste Pickup 12:00pm 2:00pm Senior Citize 7:00pm 8:00pm Cooking Class	6:00pm Port Towns Youth Council Mtg (Town Hall)		9:00am 10:00am Rain Garden Workshop 9:30am ZUMBA
22	23	24	25	26	27
7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 301-773-2069 for appt) 6:00am Yard Waste Pickup 7:15pm ZUMBA			9:30am ZUMBA



Town of Colmar Manor
3701 Lawrence Street
Colmar Manor, MD 20722

Prsrt. Std.
U.S. Postage
PAID
Brentwood, MD
Permit No. 5992

Town Council / Staff

Mayor	Sadara Barrow
Ward 1	Lois Ann Blue
Ward 2	Cynthia Bowden
Ward 3	Vivian Jackson
Ward 4	Doreatha Epps
Office Manager	Judy Myers
Clerk/Treasurer	Dan Baden
Police Chief	Brian Gibson
Public Works Supervisor	Michael Goroum
Code Enforcement	Rick Queen
Recreation Coordinator	Renee Watts
Media Coordinator	Tracy Stone

Telephone Directory

Town Hall	301-277-4920
Fire / Ambulance	911
P.G. County Police	
Emergency	911
Non-Emergency	301-352-1200
Colmar Manor PD (Admin)	301-779-5491
Park Police	301-459-9088
P.G. Sheriff	301-780-8600
Comcast (Cable T.V.)	301-731-4260
PEPCO (lines down, etc.)	202-872-3432
Verizon Telephone (repair)	800-275-2355
Washington Gas (all calls)	703-750-1000
W.S.S.C. (main breaks, etc.)	301-206-4002