Town of



Colmar Manor



A Port Town Community

Newsletter May / June 2015

Hello Colmar Manor Residents

I hope you and your family have had a great start to spring, and we look forward to seeing everyone out and enjoying the amenities our community offers. I want to tell you all about some initiatives we have in the Port Towns, and we want to hear your thoughts and how you want to participate. Colmar Manor and the Port Towns are **HEAL** communities – *Healthy Eating*, *and Active Living*. With this initiative we have established a partnership – The Port Towns Community Health Partnership. The Mission of the Partnership is:

"Together, we are creating communities where residents have equitable access to healthy foods and where active lifestyles are encouraged and supported. Our aim is to reduce preventable chronic diseases and the rate of obesity, which are jeopardizing quality and longevity of life."

We know that statistically, communities of color experience a higher rate of disease and we want to change that dynamic. You can learn more at -- http://placematterspgc.org/index.php . As a part of this initiative we encourage you to use the trails, walk to the Port Towns Shopping Center rather than driving, participate in ECO City Farms CSA (Community Supported Agriculture) where you get fresh vegetables weekly, join the Garden Club, start a walking club, use the Town Community Center exercise equipment, indoor track, and basketball court – **the Center is open week days until 8pm**. All these things are here for you – Colmar Manor residents for free, so please take advantage.

WE BELIEVE THAT A HEALTHY QUALITY OF LIFE IS WITHIN REACH FOR ALL, and we as a Town want to offer you all the resources we can to help you achieve that GOAL.

With that said, we would also like to establish an adult Exercise Club, so the Center can be open on Weekends for your use. If you are interested in being a part of a Colmar Manor Exercise Club, please contact the Town Hall 301-277-4920 to get on the list.

Additionally, Colmar Manor and the Port Towns are working on becoming an ECO District. An ECO district "demonstrably improves the environmental, economic and social wellbeing of [a Community]". As a part of this effort, we encourage you to get involved in our Green Team and other activities in and around Town. These initiatives are focused on providing an improved quality of life for you, our residents. You can learn more about our initiative at -- http://ecodistricts.org/port-towns-2014-incubator-project-takes-another-step-toward-becoming-an-ecodistrict/, and we want to hear from you.

Check out these web sites, and let us know what you think. And "like" us Colmar Manor on Facebook!

Your servant,

Mayor Sadara Barrow

Saludos, Residentes de Colmar Manor

Espero que Ud. y su familia hayan tenido un buen comienzo en esta primavera, y esperamos a verles todos disfrutando todos los beneficios que nuestra comunidad les ofrece. Quiero decirles de algunas iniciativas que tenemos aquí en los Port Towns (Pueblos del Puerto), y a la vez escuchar lo que piensan Uds. de estas cosas y como desean participar en ellas. Colmar Manor y los otros Port Towns son comunidades de HEAL (Comida Saludable y Una Vida Activa). De acuerdo con esta iniciativa (HEAL), hemos establecido un conjunto — La Colaboración de Salud de la Comunidad de los Port Towns. La Misión de este Conjunto es el siguiente:

"Juntos, estamos creando comunidades donde los residentes tienen acceso a comida saludable y donde vidas activas son alimentadas y sostenidas. Nuestra meta es de reducir las enfermedades prevenibles y la obesidad, las cuales perjudican la calidad de vida y la longevidad."

Sabemos, según las estadísticas, que las comunidades de color experimentan un índice más alto de enfermedades, y deseamos cambiar esta dinámica. Puede Ud. aprender más al ir al sitio web: http://placematterspgc.org/index.php. Como parte de esta iniciativa, les animamos a utilizar los senderos para caminantes, andar a las tiendas en el Port Towns Shopping Center (Centro comercial de los Port Towns) en vez de manejar el carro, participar en los campos agrarios de la ciudad (ECO City Farms CSA) donde se puede obtener vegetales frescos cada semana, unirse al Club Jardinero, empezar un Club de Caminar, utilizar las máquinas de ejercicio del centro comunitario de pueblo incluyendo un sendero interior, y una cancha de baloncesto — el Centro está abierto todos los días de lunes a viernes hasta las 8pm. Todas estas cosas están aquí para Uds., y para los residentes de Colmar Manor, son gratis. ¡Favor de aprovecharse de todo!

CREEMOS QUE TODOS PUEDEN OBTENER UNA VIDA SALUDABLE DE CALIDAD, y nosotros, siendo parte del pueblo de Colmar Manor, queremos ofrecerles todos los recursos posibles para poder ganar esta META.

De acuerdo con todo arriba, tenemos también el deseo de establecer un Club de Ejercicio para Adultos y así que el Centro puede estar abierto los fines de semana para su uso. Si tiene Ud. algún interés en participar en un tal Club, favor de contactar al ayuntamiento de Colmar Manor a 301-277-4920 para inscribirse a la lista.

Además, Colmar Manor y los Port Towns están trabajando para llegar a ser un Distrito ECO. Un Distrito ECO, "mejora en una manera demostrable los alrededores, la economía, y el bienestar social de [una Comunidad]". Como parte de esta iniciativa, les animamos otra vez a involucrarse en nuestro Equipo Verde y en otras actividades en el pueblo y sus alrededores. Estas iniciativas son enfocadas a proveer una vida de calidad mejorada para Uds., nuestros residentes. Se puede aprender más de esta iniciativa al sitio web: http://ecodistricts.org/port-towns-2014-incubator-project-takes-another-step-toward-becoming-an-ecodistrict/, y deseamos escuchar sus ideas y pensamientos.

Favor de chequear los sitios web y decirnos lo que piensan. ¡Y haga clic en "Like" en nuestra página de Facebook Colmar Manor!

Para servirles,

La Alcaldesa Sadara Barrow

HIGHLIGHTS OF THE FEBRUARY 3RD, 2015 COLMAR MANOR WORKSESSION MEETING

Motion made by Council Member Blue to have Judy Myers and Renee Watts to be primary members for Costco membership. The motion was passed with a motion of 5-0.

Motion made by Council Member Blue to purchase nine seats for the Mayor, Council and female staff at \$50 per person. Motion was passed with a vote of 5-0.

Motion made by Council Member Epps to fund the Composter Project in the amount of \$490.00 from the PTCHP Grant. The motion was passed with a vote of 5-0.

Motion made by Council Member Jackson to order approve printing of 1000 Hall Rental Brochures at a cost of \$170.50. Brochures will be included in Welcome Packages. The motion was passed with a vote of 5-0.

HIGHLIGHTS OF THE FEBRUARY 10TH, 2015 COLMAR MANOR TOWN MEETING

Motion made by Council Member Bowden to approve the minutes for December 9th, 2014 Work Session, December 9th, 2014 Public Hearing Prohibition Overnight Parking, December 9th, 2014 Town Meeting, January 6th, 2015 Worksession, January 13th, 2015 Town Meeting. The motion was passed with a vote of 3-0. Mayor Barrow and Council Member Blue were absent.

Motion was made by Council Member Epps to excuse Mayor Barrow and Council Member Blue from the Town Meeting. The motion was passed with a vote of 3-0. Mayor Barrow and Council Member Blue were absent.

Motion made by Council Member Epps to accept the January 2015, Treasurer's Report. The motion was passed with a vote of 3-0. Mayor Barrow and Council Member Blue were absent.

Motion made by Council Member Epps to adopt Resolution R-1-2015 I& Settlement Agreement for Comcast/Time Warner Merger. The motion was passed with a vote of 3-0. Mayor Barrow and Council Member Blue were absent.

HIGHLIGHTS OF THE MARCH 3RD, 2015 COLMAR MANOR WORKSESSION

Motion made by Council Member Epps to add additional items to the Agenda:

- Mayor and Council Retreat, Council Member Epps
- Kurt Pluntke Building Variance, Council Member Jackson
- Red Light Camera, Chief Gibson.

The motion was passed with a vote of 4-0. Council Member Blue arrived late.

Motion made by Council Member Council Member Blue to send letter of approval to the Board of Appeals. Motion was passed with a vote of 5-0.

Motion made by Council Member Jackson to start process of becoming a Tree City member with the understanding that the town will need to budget about \$2500 for a forestry program in FY16 Budget. The motion was passed with a vote of 5-0. (cont'd next page)

Motion made by Council Member Jackson to move forward with Town Attorney providing the contact. Motion was passed with a vote of 5-0.

Motion made by Council Member Blue to cancel the Marketing Agreement with David Jacobs affective 3/4/15. The motion was passed with a vote of 4-0. The Mayor declined to vote.

Motion made by Council Member Epps for the Town to sponsor an Easter Dinner for the less fortunate in an amount of up to \$500. The motion was passed with a vote of 5-0.

Motion made by Council Member Jackson to go into Closed Session to consult with legal counsel. The Motion was passed with a vote of 5-0.

HIGHLIGHTS OF THE MARCH 10TH, 2015 COLMAR MANOR TOWN MEETING

Motion made by Council Epps to approve the February 2015 minutes. The motion was passed with a vote of 4-0-1. Council Member Blue abstained.

Motion made by Council Member Blue to accept the February 2015 Treasurer's Report. The motion was passed with a vote of 5-0.

Motion made by Council Member Blue to accept the February 2015 Police Report. The motion was passed with a vote of 5-0.

The FY 2016 budget process for the Town of Colmar Manor is underway. The FY 2016 budget represents the anticipated Town revenues/expenses for the upcoming fiscal year (July 1, 2015 to June 30, 2016). The current proposed budget is available at Town Hall and www.colmarmanor.org. Budget meetings/hearings will be held as follows at Town Hall:

June 9, 2015 at 7:00 PM – Budget Hearing / Adoption of Budget / Constant Yield Tax Rate Hearing

The budget will also be discussed in general at the next Council Worksession (May 5, 2015 at 7:00 PM) and General Session (May 12, 2015 at 7:00 PM).

Budget meetings/hearings are open to the public and residents are encouraged to attend.

A few notes of information......from the desk of the Chief of Police,



Crime Issues

Attempted Residential Burglary- 4300blk. Lawrence St., Wednesday, March 4, 2015, 10:00AM, 3 suspects attempted to gain entry into residence and fled the scene as police arrived. All suspects were later apprehended.

Attempted Residential Burglary- 4300blk. Lawrence St., Wednesday, March 4, 2015, 10:05AM, 3 suspects attempted to gain entry into residence and fled the scene as police arrived. All suspects were later apprehended.

Residential Burglary- 4300blk. Monroe St., Wednesday, 10:00AM, March 4, 2015, (3) suspects broke into residence and took various items. All suspects were apprehended and are related to both 4300blk. Lawrence St. incidents. Some of the stolen items were recovered later.

Citizen Robbery- 4000blk. Bladensburg Road, Sunday, March 8, 2015, 9:45PM, victim reported unknown B/M assaulted him and fled towards Bladensburg. The victim had minor injuries and refused medical treatment. The victim was unable to provide any additional details on the incident. Further investigation revealed later on that some U.S. Currency was taken from the victim and was previously reported as a Second Degree Assault. The incident was reclassified to a Citizen Robbery.

Stolen Auto- 3700blk. Monroe St., Thursday, March 26, 2015, 1:00AM-8:30AM, victim reported that unknown suspect had stolen there white, 2003 Chevrolet Van, MD Reg. 1AK1738 that was parked on the street. The victim advised last seeing their vehicle at 1:00AM and seen it missing at 8:30AM. There were several tools stored in the van that were taken as well.

Vandalism- 3400blk. 40th. Avenue, Thursday, March 26, 2015, 10:30PM, victim reported that they found bullet holes on the driver's side of their white, 2001, Mazda Protégé, MD Reg. 1AW2591 the following day. There was a call reported at the same time for the sound of gun shots in the area which officers canvassed with negative results for suspect.

Anyone with information on these incidents, please contact the police department.

Crime Alerts

If you like to be added to Chief Gibson's Crime Alert Notification system which informs the community of various crimes, weather emergencies, town events, etc., please send an email to him at bgibson@colmarmanor.org or by calling 301-779-5491.

Noise Complaints

There have been some loud noise complaints in reference to parties in town on the weekends. Please be courteous to your neighbors and control the noise to an acceptable level or even let your neighbors now in advance of the event. The police officers have been instructed to issue

citations for violations of the Prince George's County Ordinance Sec.19-126., Noise in a Residential Area between 9:00PM-7:00AM that carries fines of \$250 for the 1st. Offense and \$500 for the 2nd. Offense.

Port Towns National Night Out

Please join us for the Port Towns National Night which includes the Towns of Bladensburg, Colmar Manor, Cottage City, and Edmonston on August 4, 2015, 4:00PM-8:00PM at Bladensburg Waterfront Park. Come on out and join meet your elected officials, fellow businesses, police officers and neighbors of the Port Towns family.

Code Enforcement

Dear Citizens of Colmar Manor,

I'm writing this letter to inform you that I will be conducting a seminar on "Animal Control Issues," June 17, 2015, 7:00 P.M. at Town Hall.

This office has been receiving numerous complaints pertaining to dogs and cats running at large, dogs spayed or neutered, owners not picking up fecal matter of their pets, domesticated rabbits running at large, dog and cats needing proper registration and chickens running at large as well.

The objective of this seminar is inform – educate on the, who, what, when, where, why, and how to be compliant with the County and Town Code pertaining to Animal Control.

Representatives from the Prince George's County Department of the Environment Animal Management Division will be on hand to render assistance to answer questions as well as other civilian professionals pertaining to animal welfare.

If you love, Animals period.... And you care about your community, please feel free to show your support by joining us.

We are planning on taping this seminar for use on cable, internet and other media. Media releases will be provided for all in attendance.

Light refreshments will be provided.

Thank you for your attention and support,

Inspector Darryl R. Queen Code Enforcement Division Colmar Manor Police Department O 301-779-5491 rqueen@colmarmanor.org.



JUNE 17, 2015 ANIMAL CONTROL DID YOU KNOW?

Article II Seminar

To enhance, reinforce the interpretation and the intent of the code with life safety, welfare pertaining to K-9, cats and other animals.



Colmar Manor Town Hall June 17, 2015 – 7:00 p.m. Colmar Manor
Article II Seminar

Don't be a fool
Pick up the stool

Encouraging
walks with your
K-9 friend and
taking care of
them during HOT
or COLD weather

Protecting our Water Ways

Preventing Cross Contamination

TOWN OF COLMAR MANOR

3701 Lawrence Street Colmar Manor, MD 20722 Inspector D.R. Queen 301-779-5491 dqueen@colmarmanor.org

> 6/17/2015 7:00p.m.

TOWN APRECIATION DINNER

On Friday, Friday, April 17th, the Mayor and Council honored several individuals for their contributions to the town through community service, volunteerism and commitment to the Town of Colmar Manor.

The following individuals were recognized with Certificates of Appreciation from County Council Member Andrea Harrison and engraved paperweights from the Mayor and Council.

TOWN RESIDENTS

Carrie J. Biggs-Adams Paul B. Howe Julian G. Bethea Jason Keirn

Charles A. Cade Constance B. McClain

Lydia H. Cade Kevin E. Mitchell

Allen Croskey Edward M. Mutchler

Serguiei V.Dessiatoun Stanley B. Nutt

COMMUNITY PARTNERS

Reverend Gail A. Addison, End Time Harvest Ministries Rufus S. Lusk, III, Port Towns Shopping Center Sharon Malone, ZUMBA Instructor

COLMAR MANOR EMPLOYEE OF THE YEAR

Arlene D. Spann, Administrative Assistant, Police Department

CONGRATULATIONS AND MANY THANKS TO THESE INDIVIDUALS!





GARDEN CLUB NEWS

We have gotten a grant from the Port Towns Community Health Partnership and so in addition to rebuilding some of our boxes we have **Christian Melediz from Eco City Farms** with us. We will have sessions in the Garden from 9:30 a.m. to 12:00 (noon) on MAY 2nd, May 23rd, JUNE 6th and June 20th. Come join us (no need to be a member of the community garden or garden club - see you on these Saturdays!

Our Community Garden is Full - please stop by 3806 Newton Street and see our new boxes and enjoy as we enter spring and the growing season. We are working on a new garden in the other end of town (Ward 4) so keep in touch with us for word about building plans.

Bee Friendly - we are working on saving our pollinator friends - please don't use roundup - is very dangerous to the good insects, and toxic to many living beings. Also be careful when buying new plants - many large hardware stores are selling plants with neonicotinoids already on the plants - some like Lowes are planning to get rid of them, but you can accidentally bring them into your yard and our community when you buy plants!

Green Team News

Remember the Big Brown Paper Bags - yard waste will not be collected by Bates on Wednesdays if you put it in plastic bags - use the large brown paper bags - you can get them at the Town Hall for 2 for \$1, or buy them at Costco, Lowes and other big stores.

<u>Thanks for Playing "Know Your Port Towns"</u> we had great fun on April 18th with 25 people learning about 10 of the hidden gems of our Port Towns! Yes there is a walking track inside our Town Hall; there is an exercise room, and computers that you can use! Come see our great resources!

<u>May 9th we will have a Plant Swap</u> in the Community Garden - did you start too many plants this spring? Bring them to our Community Garden 3806 Newton Street for a free plant swap on Saturday, May 9th at 10:00 a.m.!

STUDENT SUMMER WORKERS NEEDED!!!

WHERE: Colmar Manor Town Hall

3701 Lawrence Street

WHEN: June 29th through July 24th

WHO: Students - 16-17 Years Old

WHAT: Positions Available

Receptionist Public Works

Recreation Department

WHY: To Gain Experience in the

Work Force

HOW: Come to the Town Hall to

Complete an Application

Please have work permits available upon request.

WEATHERIZE YOUR HOME FOR FREE!!

Would you like to save money on your energy bills? Would you like to make your home more comfortable? If you answered yes to either of these questions, please apply for the weatherization grant!

There are income requirements for homeowners and you need to submit some paperwork but the benefits are worth a little effort.

Over the past two years, the Municipal Collaboration, which the Town of Colmar Manor is a member, has helped about 250 homeowners in Prince George's County. About 20 or more of these homes were right here in Colmar Manor!

For more information, please contact Judy Myers at the Town Hall on 301-277-4920 to get the paperwork to get started.

MEMORIAL DAY CEREMONY

Memorial Day, a federal holiday for remembering the men and women who died while serving in the country's armed forces, is Monday, May 25 (Town offices will be closed).



Colmar Manor American Legion Post 131 and Bladensburg's Patriotic Committee will hold their annual Memorial Day Ceremony at 11:00 AM on Monday, May 25th, at Peace Cross in Bladensburg.



COLMAR MANOR GARAGE SALE



WHEN: Saturday, June 6, 2015

> Sales will be held the first Saturday of each month

TIME: 7:00 a.m. - 3:00 p.m. (Set Up 6:00 a.m.)

WHERE: Burger King Parking Lot

3933 Bladensburg Road

RENTAL RATES – CASH ONLY:

Space: \$15.00 Colmar Manor Residents

\$25.00 Non Residents



Call Colmar Manor Town Hall 301-277-4920 for Reservations and more information.

Payment for space must be made at the Town Hall, 3701 Lawrence Street, Colmar Manor, from 9:00 a.m. – 4:00 p.m. prior to date of event.





GET A WEEKLY BAG OF FRESH LOCAL PRODUCE THROUGHOUT THE SUMMER!

Beginning in May, ECO City Farms will be offering weekly farm shares of locally grown produce to Prince George's County residents. The season runs 21 weeks from May 7 to September 24.

Two sizes for affordable healthy eating choices:

LARGE SIZE:

- 6-8 items per week
- Pay for season at once or in two installments:
 \$20/week = \$360 for 18 weeks of the duration of 21 weeks allowing farmer 3 skip-weeks
- Pick up Thursdays at Riverdale Farmers
 Market from 3-7pm
- Produce only from ECO City Farms

SMALL SIZE:

- 4 items per week
- Pay for season or monthly for SNAP customers: \$12/week season = \$252 for 21 week season or \$10/week for SNAP/EBT eligible customers
- Pick up Thursdays at Riverdale 3-7pm or Saturdays
 10am-12 at the Edmonston Farm
- Produce is from ECO City Farms and other sustainable methods-practicing partner farmers

PAY WITH WIC AND SNAP/EBT ON WEEKLY BASIS

PICK UP WEEKLY IN RIVERDALE AND EDMONSTON

FRESH, LOCAL AND SUSTAINABLY GROWN

Funding for this project was made possible by the Local Food Promotion Program managed by the U.S. Department of Agriculture's Agriculture Marketing Service.

TWO SHARE SIZES AVAILABLE:

Receive a weekly share of farm fresh produce from ECO City Farms by selecting from the larger ECO Farm Share or the smaller Eat Local Farm Share. These farm shares are available to all residents of Prince George's County, Md. Produce is sustainably grown either by ECO City Farms or by area sustainable farmers. Produce from ECO City Farms is Certified Naturally Grown.

The summer season runs from May 7 to September 24, 2015 for both shares.

LARGE SIZE – ECO CITY FARMS SHARE:

This share provides produce and food items from ECO City Farms.

Cost: \$20/week with purchase of 18 week season, at \$360.

Quantity: Receive 8 items per week *grown at ECO City Farms.*

<u>Pick up weekly:</u> Thursdays: 3-7pm at Riverdale Farmers Market 4705 Queensbury Rd., Riverdale Park, Md. 20737

SMALL SIZE – EAT LOCAL FARM SHARE:

This share provides produce and food items from ECO City Farms and our partner farmers.

Cost: \$12/week with purchase of 21 week season, at \$252. SNAP/WIC customers pay \$10 weekly with monthly commitment & \$20 deposit.

Quantity: Farm Share members receive four items bunches or single pounds per week grown by ECO or our partner sustainable farmers.

Pick up weekly: Select either:

Thursdays: 3-7pm at Riverdale Park Farmers Market, 4705 Queensbury Rd., Riverdale Park, Md. 20737.

Receive a pre-stocked bag at this location.

Saturdays: 10am-12pm at ECO City Farms at Edmonston, 4913 Crittenden Street, Edmonston, Md. 20781.

Select your items market style at this location.

For more information on how to apply, visit www.ecocityfarms.org or e-mail amanda@ecocityfarms.org.

TYPES OF ITEMS WE'LL HAVE THIS SEASON:

- **cs** Kale
- **©** Lettuce
- **☞** Swiss Chard
- **CS** Eggs
- **☞** Spring Onions
- **cs** Collard Greens
- **vs** Tomatoes
- **©** Eggplant
- **CS** Cilantro
- **S** Zucchini
- **cs** Squash
- **CS** Basil
- **C**8 Herbs
- **©** Cherry tomatoes
- **CS** Radishes
- **6**8 Kohlrabi
- **S** Hot Peppers
- **CS** Sweet Peppers
- **©** Melons
- **©** Peaches

Volunteer at 4



ECO City Farms wouldn't be possible without volunteers like you! Get your hands dirty with others in your community and the ECO City staff. Also a chance to earn Student Service Learning hours!

HAVE FUN, LEARN AND GIVE BACK TO YOUR LOCAL FARM

No experience necessary! Come join us at both of our locations from March to November

ECO City Farms in Edmonston

4913 Crittenden St Edmonston, MD 20781

Volunteer days: 1st and 3rd Saturdays of the

month

Time: 9am-12:30pm

ECO City Farms in Bladensburg

6100 Emerson St Bladensburg, MD 20710

Volunteer days: 2nd and 4th Saturdays of the

month

Time: 0am-12nm

Groups of 3 or more must RSVP at least a week in advance,

Contact kayla@ecocityfarms.org

For more info visit ecocityfarms.org/get-involved/volunteering



2015 Community Service Day



Keep Colmar Manor Beautiful

Clean up roadsides of Bladensburg Road, Newark Road, Newton Street, Monroe Street, and Lawrence Street ect...

The Colmar Manor Mayor and Council encourage support from the community for the

Community Service Day

Please join the Mayor and Council to dapper up this side of the River! SUMMER-June 13, 2015

FALL-September 12, 2015



- Meet @ Colmar Manor Town Hall 3701 Lawrence Street
- Enjoy a free cup of coffee on us!
- Pick up cleaning supplies.
- Get assigned a road/street to clean
- 8:45am
- Volunteers remove litter from designated roads/streets
- Filled trash bags placed at designated corners for Colmar Manor Dept. of Public Work to pick up.

• 11:30am

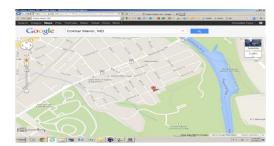
- Reconvene at Colmar Manor Town Hall
- Return equipment
- Enjoy a sandwich and drinks on us in appreciation of your service!

STUDENT VOLUNTEERS CAN EARN COMMUNITY SERVICE HOURS

Want to get involved? Let us know by May 29, 2015 and August 21, 2015

Contact: Judy Myers

- Judy Myers at jmyers@colmarmanor.org
- Colmar Manor Town Hall at 301-277-4920 to volunteer.











Access to Wholistic and Productive Living Institute Inc., and the Port Towns Community Invites You to the

GRAND OPENING

PORT TOWNS FAMILY HEALTH AND WELLNESS CENTER

"Healthy People- Healthy Town"

Gente Sana/Pueblo Sano



To improve the quality of life, and increase healthy life expectancy of individuals, and families.

Friday, May 15, 2015 - 10:00 A.M. – 12:00 P.M.

3611 43rd Avenue, Colmar Manor Maryland 20722

24025

RSVP

http://www.eventbrite.com/o/access-to-wholistic-amp-productive-living-institute-inc-6165809643?s=37269349

Further information Bettye Muwwakkil, PhD 240-264 0878

THE MAMMOVAN

COMING TO COLMAR MANOR



Breast Cancer Screening Women 40 & Older

COLMAR MANOR TOWN HALL 3701 Lawrence Street Colmar Manor, MD 20722

Thursday, July 9th, 2015 9:30 A.M. to 3:30 P.M.

Maximum 25 Appointments
Deadline for Registering June 1, 2015

To Register Call: Town Hall 301-277-4920

Preventing Breast Cancer is not in your hands -Early Detection is.



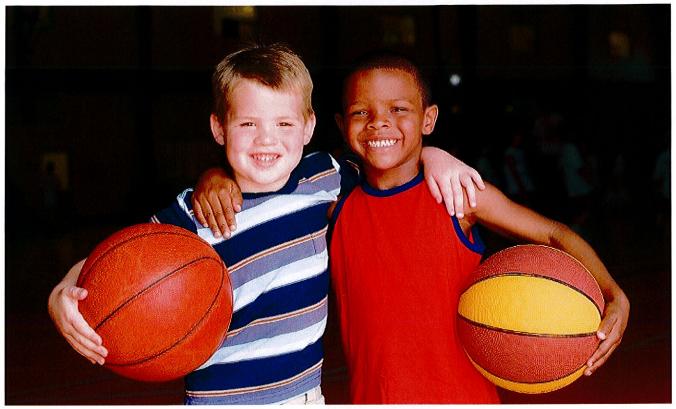


Leant Cancot

Saturday Mornings

11:00-12:00





BasKIDball is a program that offers fun and exciting activities for kids. We utilize Child Development Techniques that create a positive Sports and Learning environment. We specialize in instruction for ages 2-7 and can provide fun for the entire family.

Web site: www.baskidball.net

Phone: (240) 743-6040

Email: kidhoops@baskidball.net

HADDY HOUR DLUS EVERY 3RD FRIDAY 7:00 P.M. TO MIDNIGHT

COLMAR MANOR TOWN HALL 3701 LAWRENCE STREET COLMAR MANOR, MD 20722

ADMISSION: \$8.00

Light Refreshments Provided Dinners Available, BYOB

Music by DJ Reecey Q - May 15th Music by DJ Goody - June 19th







Join US FOR A NEIGHBORHOOD POTLUCK lunch



on MEMORIAL DAY 2015

The Colmar Manor Gospel Chapel invites you to an outdoor meal on Monday, May 25, 2015 at 2 p.m.

Meet us at the church/house at 3903 Newton Street,

Colmar Manor MD 20722

please RSVP to Lydia Cade 301-864-0340.

If you wish, bring along a
favorite dish to share.

VECINOS, VENGAN A ACOMPAÑARNOS



para el "MEMORIAL DAY 2015"

La iglesia Colmar Manor Gospel Chapel les invita a
UN ALMUERZO AL AIRE LIBRE

lunes, el 25 de mayo 2015 a las 2 p.m.

Reúnanse con nosotros en la iglesia/casa a

3903 Newton Street,

Colmar Manor MD 20722

Para responder a esta invitación, favor de llamar a Lydia Cade 301-864-0340.

Si desean, traigan un plato favorito para compartir con los demás.









POWER P.A.C.

(Performing Arts Camp)

FREE BREAKFAST & LUNCH DAILY !!!
EXCITING FIELD EXPERIENCES, ROBOTICS/IT & S.T.E.M. WORKSHOPS,
SERVICE LEARNING & STEWARDSHIP OPPORTUNITIES IN OUR LOCAL
COMMUNITY AND, OF COURSE, DANCE, DRAMA & MUSIC TRAINING!!!

Registration Underway! Sign Up Today!

Enjoy this Camp Experience Monday, June 22nd through Friday, August 14th!

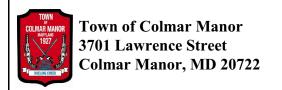
Your camper(s) will experience this structured summer learning program including inspirational leadership training, character building focusing on valuable life skills and behavioral change solutions, academic reinforcement, financial literacy and so much more at a price you can afford!!!

For more information, call 240-424-5226 or register online at www.artisticempowerment.org

May 2015 -June 2015

May 2015				June 2015									
Su	Мо	Tu	We	Th	Fr	Sa	Su	Мо	Tu	We	Th	Fr	Sa
					1	2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				
31													

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	May 11	12	13	14	15	16	
May 11 - 16	7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball 7:00pm Council Meeting - General Session (Town Hall)	6:00am Bulk Trash Pickup (call 301-773-2069 for appt) 6:00am Yard Waste Pickup 7:15pm ZUMBA		7:00pm Happy Hour Plus	9:30am ZUMBA 11:00am Baskidball	
	18	19	20	21	22	23	
May 18 - 23	7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 301-773- 6:00am Yard Waste Pickup 12:00pm 2:00pm Senior Citizen Assn Meeting 7:15pm ZUMBA	6:00pm Port Towns Youth Council Mtg (Town Hall)		9:30am ZUMBA 11:00am Baskidball	
	25	26	27	28	29	30	
May 25 - 30	MEMORIAL DAY TOWN OFFICES CLO\$ 11:00am 12:00pm Memorial Day Ceremony 7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 301-773-2069 for appt) 6:00am Yard Waste Pickup 7:15pm ZUMBA			9:30am ZUMBA 11:00am Baskidball	
	Jun 1	2	3	4	5	6	
Jun 1 - 6	7:00pm Recreation Council Meeting (Town Hall) - Unknown 7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball 7:00pm Council Work Session (Town Hall)	6:00am Bulk Trash Pickup (call 301-773- 6:00am Yard Waste Pickup 12:00pm Senior Citizen Assn Meeting (Town 7:15pm ZUMBA			7:00am 8:00am Community Garage Sale 9:30am ZUMBA 11:00am Baskidball	
	8	9	10	11	12	13	
Jun 8 - 13	7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball 7:00pm 8:00pm FY 2016 Budget Hearing 7:00pm Council Meeting - General Se	6:00am Bulk Trash Pickup (call 301-773-2069 for appt) 6:00am Yard Waste Pickup 7:15pm ZUMBA			8:30am 9:30am Community Service Day 9:30am ZUMBA 11:00am Baskidball	
	15	16	17	18	19	20	
Jun 15 - 20	7:15pm ZUMBA	6:00am Recyclables & Reg Trash Pickup 5:00pm Coed Volleyball	6:00am Bulk Trash Pickup (call 301-773- 6:00am Yard Waste Pickup 12:00pm 2:00pm Senior 7:00pm 8:00pm Animal 7:15pm ZUMBA	6:00pm Port Towns Youth Council Mtg (Town Hall)	7:00pm Happy Hour Plus	9:30am ZUMBA 11:00am Baskidball	
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Town Council / Staff

Mayor	Sadara Barrow
Ward 1	Lois Ann Blue
Ward 2	Cynthia Bowden
Ward 3	Vivian Jackson
Ward 4	Doreatha Epps
Office Manager	Judy Myers
Clerk/Treasurer	Dan Baden
Police Chief	Brian Gibson
Public Works Supervisor	Michael Goroum
Code Enforcement	Rick Queen
Recreation Coordinator	Anthony Long
Media Coordinator	Tracy Stone

Telephone Directory

Town Hall	301-277-4920
Fire / Ambulance	911
P.G. County Police	
Emergency	911
Non-Emergency	301-352-1200
Colmar Manor PD (Admin)	301-779-5491
Park Police	301-459-9088
P.G. Sheriff	301-780-8600
Comcast (Cable T.V.)	301-731-4260
PEPCO (lines down, etc.)	202-872-3432
Verizon Telephone (repair)	800-275-2355
Washington Gas (all calls)	703-750-1000
W.S.S.C. (main breaks, etc.)	301-206-4002

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