THE SILVER STREAK

OCTOBER 2026

VISIT OUR WEBSITE FOR THE LATEST UPDATES
WWW.CLOVISCA.GOV/SENIORCENTER



Our mission:
To provide older adults with programs, activities and services to help them maintain a fulfilling and active life.

From the Deputy Director's Desk

One of the things I enjoy most about the Senior Center is watching people find their place here, and Jolly Times is a great example.

What started as a group coming together for a potluck has grown into something pretty special, with live music, dancing and catered meals. Even with that growth, the heart of Jolly Times hasn't changed. It is still about people coming together, spending time with one another and building community. Join us every third Thursday from 9:00 a.m. to 12:00 p.m. in the Main Hall.

There's plenty more happening this October. Country Nights at the Community Center are now free, with two hours of line dancing instruction and an hour of open dancing. Clovis Transit's Red Line connects the Senior Center and Community Center, so you can have lunch with us and catch the bus over for a dance class.

Here at the Center, the Annex is taking shape, turning previously unused space into additional rooms for programs and activities. Around Landmark Square, you may have also noticed the new signage on the Fresno County Library building.

We've also simplified check-in to a quick scan, helping you get through the front entrance and on to your programs faster.

As summer gives way to fall, I hope you find something fun to do with us. Try something new, come back to an old favorite, or just stop by and say hello.

Have an idea or something you'd like to share? Stop by, email csacevents@clovisca.gov, or call me at (559) 324-2771.

I look forward to seeing you around the Center.

~Bethany

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LOCATION KEY: REFERENCE GUIDE FOR PROGRAMS

CSAC - CLOVIS SENIOR ACTIVITY CENTER... 735 THIRD ST
CCC - CLOVIS COMMUNTY CENTER.....850 FOURTH ST
CRC - CLOVIS RECREATION CENTER.....3495 CLOVIS AVE
TTR - TRANSIT TRAINING ROOM.....785 THIRD ST

REMINDER: ALWAYS CHECK IN ON KIOSK

Sports and Fitness

Fitness classes are held at the Clovis Senior Activity Center unless otherwise noted.

Gentle Stretch & Strengthening Exercises
Gentle stretching to increase flexibility and movement with low impact. Can be done sitting or standing.
Instructor: Sharae
Day of Week: Mon & Fri Time: 9:00-10:00 am ***(CSAC)*** *Cost: $2.00*
Day of Week: Wed Time: 8:30 am - 9:30 am ***(CCC)*** ****NEW TIME****

Chair Yoga
A gentle and accessible form of yoga with the same benefits of a vinyasa yoga class. A unique combination of breath to movement flows all done seated. There are a few standing postures that use a chair as well. Leaving class you will feel restored, relaxed, and also energized all at the same time.
Instructor: Sharae
Day of Week: Mon. Time: 10:15-11:15 am Cost: $2.00

Traditional Exercise
This workout combines aerobic, flexibility and resistance training. **PRE REGISTRATION REQUIRED FOR WED. / FRI.**
Instructor: Stephanie
Day of Week: Wed., & Fri. Time: 10:15-11:15 am
Day of Week: Tues. & Thurs. Time: 1:30-2:30 pm Cost: $2.00

Circuit & Equipment Training
Quick 30 min. workout using weights, bicycles, steps, and machines to experience a full body and cardio workout. With a 15 min. warm up and cool down before and after the workout. **PRE REGISTRATION REQUIRED**
Instructor: Javi
Day of Week: Mon. & Fri. Time: 12:00-1:00 pm or 1:00-2:00 pm
Day of Week: Tues. Time: 12:00-1:00 pm Cost: $2.00

Yoga
Become stronger, calmer and more flexible with a yoga practice that will also include breath work. All levels and abilities are welcome. Bare feet or sticky socks recommended. Bring your own mat.
Instructor: Allison
Day of Week: Tues. and Thurs. Time: 2:45-3:45 pm Cost: $2.00

All Levels Yoga (Formally called Vinyasa Yoga)
Build your yoga skills with a more advanced yoga practice including flowing sequences of movement and longer asana holds for strengthening. Bare feet or sticky socks recommended. Bring your own mat.
Instructor: Allison
Day of Week: Wed Time: 1:15-2:15 pm Cost: $2.00

Balance and Breathe
Combat the stiffness that may come with age by gently stretching and strengthening your muscles and joints to increase flexibility and balance. Class will begin and end with breathing exercises to help the lungs and diaphragm keep their flexibility as well. Bare feet or sticky socks recommended.
Instructor: Allison
Day of Week: Wed. Time: 11:30 - 12:30 pm
Day of Week: Thurs. Time: 12:00 pm - 1:00 pm Cost: $2.00

Tai Chi Beginning Basics
Learn to move in a series of slow, balanced, connected movements. Tai Chi helps calm the mind, reducing stress and improving balance.
Instructor: Bill Titus.
Day of Week: Monday Time: 8:30-9:30 am Cost: $2.00

Tai Chi Beyond Basics
This class will focus on posture, deep breathing, flowing movements, and a basic understanding of mind body connection.
Instructor: Bill Titus
Day of Week: Wed. Time: 4:00-5:00 pm Cost: $2.00

Cardio Drumming
A fun way to stay active and have some fun with friends. This Class has been designed with all different styles of drumming in mind, it allows for basic movements and provides and easy to follow workout that is effective for improving muscle tone, heart, and stamina. Learn at your own pace, you may stand and sit during class.
PRE REGISTRATION REQUIRED
Instructor: Stephanie Shannon
Day of Week: Mon. Time: 9:30-10:30am or 10:30-11:30 ***(CRC)***
2nd Thursday of Month *Time: 8:30am-9:30am* ***(CSAC)***
Cost: $2.00

Let's Have a Ball
In this class you will use resistance bands and play balls to work on strength, hand/eye coordination and overall fitness. You may sit or stand for this class.
Instructor: Stephanie Shannon
Day of Week: Tues. Time: 10:15-11:15 am ***(CRC)*** *Cost: $2.00*

Ripped Muscle Resistance
This is a complete strength training program to help you increase your strength and get ripped. Intermediate/advance class using bands and weight.
Instructor: Stephanie Shannon
Day of Week: Tues. & Thurs. Time: 4:00-5:00 pm
Cost: $2.00

Zumba Gold
Class designed to help build cardiovascular health by challenging the heart and lower body muscles through fun dance moves. - Beginners Welcome!
Instructor: Stephanie Shannon
Day of Week: Tues. Time: 9:00-10:00 am ***(CRC)***
Day of Week: Wed. & Fri. Time: 8:00-8:45 am ***(CSAC)***
Day of Week: Wed. & Fri. Time: 9:00-10:00 am ***(CSAC)***
Cost: $2.00

Zumba Chair
Dance while sitting in a chair. Moves toned down to help those with limited mobility.
Instructor: Stephanie Shannon
Day of Week: Mon. & Thurs. Time: 7:00-8:00 am Cost: $2.00

Senior Tabata
Join this upbeat cardio interval class that incorporates 8-cycle workout consisting of 20 second cardio circuit and 10 second rest. Repeat 4 sets. Go at your own pace.
Instructor: Stephanie Shannon
Day of Week: Tues. & Thurs. Time: 6:00-7:00 pm Cost: $2.00

Aerobic Walking
Join us for a highly energized aerobic walking class designed to help you loosen up, warm up, and get moving. Participants will enjoy a variety of step combinations that keep the workout fun, active, and suitable for all fitness levels.
Instructor: Kirk Cruz
Day of Week: Mon. Time: 2:30-3:30 pm ***(CCC)*** *Cost: $2.00*

Meditation
4-week meditation series. This class highlights the benefits of calming the mind.
PRE REGISTRATION REQUIRED.
Instructor: Kirk Cruz
Day of Week: Mon. Time: 4:00-5:00 pm
Current Session: Oct 5th - Oct 26th
Next Session: Nov. 2nd - 23rd *Cost: $20.00*

Aerobic Kickboxing
This class will use simple boxing moves that everyone can do. You will incorporate the legs, hips, and lower extremities to a rhythmic beat of music. DROP IN CLASS
Instructor: Kirk Cruz
Day of Week: Tues.
Time: 3:30-4:30 pm *Cost: $2.00*

Beginning Karate
This 8-week beginning karate class is offered on **Tuesdays**. This is a noncontact class focused on balance, strength, flexibility and fun. The class will cover Japanese Karate movements and movement routines called Forms. **PRE REGISTRATION REQUIRED**
Instructor: Kirk Cruz
Current session: Oct 27th - Dec 15th
Time: *4:30pm—5:30pm* *Cost: $40.00 for 8-week series*

Fast Fitness
30-minute, high-intensity interval training (Bootcamp-style) class that combines strength training with cardio. Our goal is to help you build muscle and improve agility. All experience levels are welcome, and every exercise can be modified to suit your needs. We do ask that members are able to get up and down from the floor. **ONLY 12 SPOTS AVAILABLE**
PRE-REGISTRATION REQUIRED
Instructor: Beth Nelson
Day of Week: Mon.-Fri.
Time: 6:00am -6:30 am *Cost: $2.00*

Walking Workout ****BACK IN SESSION****
This 45 minute, low impact class makes getting your steps in FUN while improving your overall health. Walking Workout are customizable to your personal ability and great for any age and fitness level.
*Day of Week: Thursday (**CRC**)*
Time: 9:00am-10:00 am *Cost: $2.00*

Dance Aerobics ****BACK IN SESSION****
Come and join Shay as she introduces you to a new class involving weights. This class will help you build strength and mobility through weightlifting exercises done to music.
*Day of Week: Thursday (**CRC**)*
Time: 10:00am -11:00 am *Cost: $2.00*

Senior Games

**Setup time is no earlier than 15 minutes prior to game time. **

Bingo
Bingo is free and prizes are given to winners.
Instructor: Volunteer
Day of Week: Tues. Time: 10:00-11:00 am *Cost: Free*

Afternoon Bingo Bash
Enjoy bigger prizes and more bingo fun!
Instructor: Volunteer
Day of Week: Fri. Time: 1:30-2:30 pm *Cost: Free*

Bunco
Bunco is a fast-paced, social dice game typically played with 12 or more players divided into groups of four. The goal is to roll a specific number on each turn (the "target number") and score points by rolling as many of that number as possible.
Day of Week: Mon.
Time: 11:30-1:30 pm *Cost: $5.00*

Chess
Open Drop-In Chess ♟ All skill levels welcome—come play, learn, and enjoy a friendly game!
Day of Week: Wed. Time: 12:30-3:30 pm *Cost: Free*

Open Game Play
Open Game Play in the Main Hall on Mondays featuring Farkle, dice game. We also have Phase 10, Mexican Train, Cribbage, Mexican Loteria! and more. Refreshments will be provided.
Day of Week: Mon. *Time: 1:00-3:00pm* *Cost: Free*

Hand n Foot
Hand n Foot is a popular card game where players try to form sets and runs of cards to score points. Each player is dealt two sets of cards: a "hand" and a "foot."
Day of Week: Tues., Wed., & Fri. ***(CSAC)***
Day of Week: Mon. & Thurs. ***(CCC)***
Time: 12:30-4:00pm *Cost: Free*

Pinochle
Pinochle is a trick-taking card game played with a 48-card deck. Players form teams and try to score points by creating "melds" and by winning tricks.
Day of Week: Tues. *Time: 8:30-11:30 am* *Cost: Free*

Afternoon Trivia
Lively afternoon game of brain-teasing fun, friendly competition.
Instructor: Volunteer
Day of Week: Wed. *Time: 3:00-4:00 pm* *Cost: Free*

Bridge
Bridge is a classic trick-taking card game played with a standard 52-card deck, typically by four players in two teams of two. Wednesday is causal fun, and Friday welcome players with intermediate to advance skills.
Day of Week: Wed. *Time: 12:00-4:00 pm* *Cost: Free*
Day of Week: Fri. *Time: 12:00-4:00 pm* *Cost: Free*
Set up 11:45

American Mah-Jongg
American Mah-Jongg is a tile-based game typically played by four players. The goal is to complete a hand by forming a set of specific combinations.
Day of Week: Tues. Time: 9:30 am - 12:00 pm
Cost: Free

Mexican Train
The objective is to be the first to play all of your dominoes or have the fewest left when the game ends.
Day of Week: Mon. Time: 9:00 am-12:00 pm Cost: Free
Day of Week: Thurs. Time: 12:30-4:00 pm Cost: Free

2500 Card Game
This exciting and interesting card game is also known as 2500 Rummy. Come and play with friends and have a lot of fun!
Day of Week: Mon. Time: 1:00-3:00 pm Cost: Free

Billiards
We have 4 pool tables that are available to members.
Day of Week: Mon.-Fri. Time: 8:00 am - 8:00 pm
Cost: $10.00/ month

Dance & Music

Scandinavian Folk Dance
Scandinavian folk dance refers to a variety of traditional dances from the Nordic countries—Sweden, Norway, Denmark, Finland, and Iceland. Music once a month played by local band The Great Danes.
Beginners Day of Week: Tues. Time: 6:00-7:00 pm
Intermediate Day of Week: Tues. Time: 7:00-8:00 pm
Cost: $2.00

Folklórico
Beginner friendly class welcomes dancers of all levels to learn this beautiful historical dance.
Instructor: Sara Hernandez
Day of Week: Wed. Time: 9:00-10:00 am ***(CRC)***
Cost: Free

Live Entertainment

Top Dollar Band
Day of Week: Wed. Time: 10:30-11:45 am

DeLeon Brothers Band
Day of Week: Fri. Time: 10:30-11:45 am

Karaoke Night
Grab a mic and show off your talents on the mic.
Day of Week: WED Time: 4pm-7pm Cost: Free

Bluegrass Jam
Afternoon of music hosted by Jeff Millard and the Trolley Park Trio.
Day of Week: First Mon. of the month Time: 3:00-5:00 pm
Cost: Free

Friday Jam Session
Day of Week: Fri Time 3:00-4:45pm
Cost: Free

Arts & Crafts

******IMPORTANT CLASS REGISTRATION INFO.**** Registration for some Art classes and Series classes open online ClovisCa.gov/SeniorCenter at 8:00 am on the second Monday of the month before the class begins. Payment is required at the time of registration.*

Advance Watercolor
This class is desigend for advanced students that have taken instructors previous watercolor classes. Work on composition of painting, learning how to edit down your photos and working on your pre-work so that you can have a more successful painting. Students must provide own materials. **PRE REGISTRATION REQUIRED**
Instructor: Deborah Pepin
Day of the week: Monday
Next Session: October 5th -November 30th
Times: 10:00am-12:00 Cost: $40

Lets Draw
This class will be for beginners as well as the more advanced students. Bring your pencils, charcoal, erasers and paper and lets draw together. I will provide a class project every class and will be there to answer any questions or just help with whatever you need. Bring your projects from home, or whatever you want to work on.
Instructor: Deborah Pepin
Day of the week: Monday
Next Session: October 5th - November 30th
Times: 1:00-2:00 Cost: $40

Gelli Plate/Mixed Media
This class teaches Gelli plate printing with acrylic paint and paper to create unique layered prints. Use them for collages, framed art, cards, bookmarks, wrapping paper, journals, and more. Supply list available at the front desk.
Please check front Desk for Supply list needed for class.
PRE REGISTRATION REQUIRED
Instructor: Maxine Fuentes
Day of Week: Fridays
Current Session: Oct. 16th - Dec, 4th ***(No class on 11/27, last class meeting on 12/4).***
Next Session:
Time: 10:00 am -12:00pm Cost: $45.00

Acrylic Pouring
Explore the colorful world or acrylic pouring in this relaxed 2-hour weekly class. No brushes and no artistic experience needed. Each week builds on the last as you learn the basics of fluid art, layering colors, creating patterns, and finishing your artwork with a glossy finish. All materials provided. Spots are limited. **PRE REGISTRATION REQUIRED.**
Instructor: Maxine Fuentes
Day of Week: Thursdays
Current Session: Sep. 17th - Oct. 8th
Next Session: Oct. 29th - Nov. 19th Time: 10:00 am -12:00pm
Cost: $25.00

Knitting
Learn the knitting basics or get help expanding your intermediate skills. Knitting needles are available to borrow and some yarn will be on hand for you to use, but if you have a special color pallet, please bring them.
Instructor: Andrew Green
Day of the week: Thurs. *Times: 2pm-5pm* *Cost: $5*

Piping fun with Buttercream
Come enjoy a fun-filled, hands-on 4 week class series where you'll learn the basics of buttercream like a pro! You will be whipping up your own delicious buttercream from scratch and practicing popular piping techniques. This class is perfect for beginners and seasoned decorators alike. Whether you're here to laugh, learn, or just love frosting, you're in for a sugar filled good time and sweeter conversations! **(No real cupcakes used in this series). Pre-registration required**
Instructor: Chauntay McDuff
Day of the Week: Tuesdays
Current Session: October 6th - 27th
Time: 1:00pm -2:30pm *Cost:$40*

Fall / Cookie Decorating Class
Join us for a delightful afternoon of creativity, color, and sweet treats in our fall Buttercream Cookie Decorating Class! This fun, hands-on one day class is perfect for all skill levels—whether you're a beginner or have decorated before.We'll celebrate the season by decorating four adorable fall-themed cookies using smooth, homemade buttercream. Come and enjoy the summer fun with some cool sweet vibes! **NOT A SERIES. EACH CLASS FEATURES THE SAME COOKIES.**
Pre-registration required
Instructor: Chauntay McDuff
Day of the Week: Thursdays
*Dates: October 8th , 15th , 22nd , **OR** 29th*
Time: 1:00- 3:00pm *Cost: $5*

Make and Take (Beginning/Intermediate)
Learn how to make two fun seasonal craft projects per session. **PRE REGISTRATION REQUIRED**
Instructor: April Lachawicz
Day of Week: Tues.
Time: (AM) 10:30 am- 12:30 pm OR (PM) 4:30-6:30 pm
Current Session: October 6rd - 27th
Next Session: November 3rd - 24th *Cost: $35*

Make and Take (Advanced)
Learn how to make two fun seasonal craft projects per session. Must have taken 8 or more Make and Take (Beginning/Intermediate) sessions to participate.
PRE REGISTRATION REQUIRED
Instructor: April Lachawicz
Day of the Week: Thurs.
Time: 3:00 - 6:00 pm
Current Session: October 8th -29th
Next Session: Nov 5th -26th *Cost: $35*

Posh Decorating
Students will learn how to make boutique decorations for their home decor or give as gifts. Students will create one project per 2-week session.
PRE REGISTRATION REQUIRED
Instructor: April Lachawicz
Day of the Week: Fri.
Time: 3:00-5:00 pm
Current Session: Oct. 2nd and Oct. 16th
Next Session: Nov. 6th and 20th *Cost*: $35

Ceramics AM – Advanced Ceramics
This class is an advanced class and requires three or more Beginning Ceramics series to register. In this class, students will continue to work with moist clay using clay slabs and coils. List of supplies needed available at front counter. No outside clay permitted. Please purchase a Clay Card for $20.00 at front counter. $5.00 firing fee for each project. Firing cards available at front counter. (Cash or check accepted). **PRE REGISTRATION REQUIRED**
Instructor: Vickie Recchia
Day of the Week: Wed. Time: 9:30 am - 12:30 pm
Next Session: Nov. 4th -Dec. 16 *Cost: $55*

Ceramics PM- Beginning Ceramics
In this class, students will learn about Hobby Ceramics, Greenware, Bisque, or Moist Clay using clay slabs and coils along with Glazing. Come play with clay and get your hands dirty! List of supplies available at front counter. No outside clay permitted. If working with clay, Please purchase a Clay Card for $20.00 at front counter. A $5.00 firing fee for each project firing. $5.00 firing cards available at front counter. (Cash or check accepted).
PRE REGISTRATION REQUIRED
Instructor: Vickie Recchia
Day of the Week: Wed. Time: 1:00-4:00 pm
Next Session: Nov. 4th -Dec. 16 *Cost: $55*

Soft Pastels Class Art Class
For first time Pastel Artist to the Experience Artist. This class will introduce the basic techniques as well as shading, coloring, and blending for the more experienced artist. We will focus on bringing your project to life with your own emerging, acquired style**. Pre-registration required. Bring own materials. See front desk for list.**
Instructor: Lawson Rudge
Day of the Week: Thur.
Time: 1:00pm-2:30pm *Cost: Free*

Memoir Writing Class
Explore your past and develop a written account of your special memories.
Instructor: C. Jeanie Miller
Day of the Week: Thur. *Time: 9:00-11:00 am* *Cost: $2.00*

Sit & Sew
Pre-registration required. Must have sewing machine unless registered for sewing class.
Day of Week: October 5th
Time: 12:30-5:00 pm *Cost: Free*

Art Exploration
In this class, Kirk will lead a fun and inspiring art exploration where students explore landscape art using acrylic paint, markers and mixed media techniques.
PRE REGISTRATION REQUIRED
Current Session: October 2nd - Nov 20th
Day of Week: Friday
Time: 4:35pm-6:35 pm *Cost: Free*

Health Info. & Services

Navigating Grief
Drop-in session that offers people a chance to come together to discuss their emotions and experiences while dealing with grief.
Instructor: Kelly Orender
Day of Week: Mon. *Time: 2:00-3:00pm* *Cost: Free*

Peer Support Group
Group session to discuss your feelings and learn coping strategies to help you with everyday life experiences.
Instructor: Kelly Orender
Day of Week: Tues. *Time: 10:00-11:00am* *Cost: Free*

Caregiver Support
Join Valley Caregiver Resource Center for a free support group for caregivers. This is a safe place to talk, ask questions, find solutions to obstacles or share your caregiving experiences with others walking on a similar path.
Register online today.
Date: Mondays *Time: 10:00am-11:30 am*

Grief Support Group
Join our support group, guided by retired social worker Regina Contreras, MSW. This supportive 8-week group is limited to 12 participants to ensure a safe and caring space for caring and healing. **Pre-registration required.**
Dates: Thurs. Sept. 10 - Oct. 15 Time: 10:00-11:00 am Cost: Free

Alzheimer's Association Presentations
A representative of the Alzheimer's Association will present free educational classes throughout 2026. The October class will be , " Let's Start to Get Ready For The Holidays with our loved ones with Dementia" **Register online today to reserve your spot.**
Date: Wed. October 7, 2026 *Time: 10:30am-11:30 am*

Book Club
October Book
"Heartwood" by Amity Gaige , moderated by Kelly Orender.
Date: Mon. Oct. 5th - 26th *Time: 10:00-11:00am*
Date: Tues. Oct 6th - 27th *Time: 9:00-10:00* *Cost: $2.00*

Support Group for Dementia
The Alzheimer's Association support group provides a free support system for caregivers, family or friends dealing with a loved one that has dementia. **Please call 559-324-2750 to reserve your spot or stop by the front counter.**
Dates: Last Thursday of every month, October 29th
Times: 10:00-11:00am

Health Insurance Counseling and Advocacy Program (HICAP): Medicare Counseling
HICAP is a free, confidential and unbiased State Health Insurance Program offering one-on-one counseling with Carla Davis. Whether you're new to Medicare, currently enrolled, or dealing with Medicare fraud, HICAP can help. ***Call 559-324-2750 to secure your spot.***
Appointment Days: Wed.
Times: 1pm, 2pm, ***or*** *3pm*

Blood Pressure Check
An RN will be offering free blood pressure checks in the Centers Main Hall
Dates: Tues. *Time: 9:00-10:00am* *Cost: Free*

Bike Tour de Clovis - Ride the Trail!
Join our bike program- a friendly group ride designed for those with prior biking experience. Come enjoy the outdoors, connect with others, and start your morning on a positive note. We'll meet twice a month in front of the senior center, ride north along the Old Town Trail to Cottonwood Park, take a short break to relax and recharge, then return together to the Senior Center. Pre-registration required on ClovisCa.gov/SeniorCenter. Safety first! Come prepared with helmet (required), water bottle, bring a light snack for our break. FREE. Must be a Senior Center member to participate.
Instructor: Javier Astorga
Day of the Week: Tuesday October 13th & October 27th
Time: 9:00 am - 10:00 am

Eyeglass Cleaning
April Lachawicz will be in the center for eyeglass repairs and adjustments, fitting frames and replace frames for free. Please take a number at the front desk and remain in the lobby until your number is called. First come, first basis.
Date: ***On Hiatus*** *Time: 9:30-10:30am* *Cost: Free*

Technology Help
Learn the basics of using your smartphone or laptop. Get help with simple tasks like calling, texting, email and apps. Perfect for beginners who want to build confidence with technology.
Sign up at the front desk
Instructor: Student Volunteer Neha
Date: Fridays
Times: Afternoons (Appt. required) *Cost: Free*

CHSU Technology Help
University volunteer students will be coming in to center to help out with any technology help. **REGISTER ONLINE FOR A 30 MIN. APPOINTMENT.**
Dates: Sep 1st , 29th , Oct. 13th , 27th *Day of the Week: Tuesdays*
Times: 3:30pm-5pm

Hearing Aid Cleaning
Susan and Bianca from Hearing Life will be offering to clean hearing aids. Sign up today!
Date: Thursday, October 15th
Time: 1-2pm *Cost: Free*

Access to Technology Class
Fresno EOC is offering digital literacy courses for 2 hours. Eligibility requirements: 60 years of age, and access to mobile device. Bring your own device to class.
Sign up at front desk.
Date: Every Monday *Time: 1:00-3:00pm* *Cost: Free*

Notary Services
Notary Services are available at the Senior Activity Center Mon.-Fri by appointment only. Nella Audas is our notary. Any senior (age 50 or better) may make an appointment to come in and have their documents notarized. $5.00 per document charge. **Call (559) 324-2757 for an appointment**

Friday Movie Nights In October
Showing at 5:30 pm | Senior Center Main Hall

2nd 1890s London magicians, whose bitter rivalry over a fatal stage accident spiral into a life-consuming obsession filled with duplication, disguise, and deadly revenge.
16th 3 witch sisters
23rd A family lives in complete silence to avoid being eaten by creatures that hunt through sound.
30th A story told from the assistant perspective of a radical scientist who is obsessed with immortality.

Drop in Activities

Social Knitting and Crochet Group
Day of Week: Mon. & Fri. *Time*: 10:00 am - 12:15 pm *Cost:* Free

Drop-in Crafters
Day of Week: Wed. *Time:* 9:00 am - 12:00 pm *Cost:* Free

Senior Center Fitness Room
Day of Week: Mon.- Fri. *Time:* 8:00am-8:00pm *Cost:* Free

Clovis Community Center
850 Fourth St. Clovis, CA

Yoga
Join us for Yoga with Sharae, in collaboration with Blue Moon Yoga and Wellness. This introductory class invites participants to explore if yoga is the right fit for them.
PRE REGISTRATION REQUIRED
Days of the Week: Wed. and Fri. Time: 11:00-12:00PM
Cost: Free

Community Yoga
All levels yoga with thorough stretching, standing flows and a Savasana that will send you home ready to relax for the night. Bare feet or sticky socks recommended. Bring your own yoga mat.
Instructor: Allison
Day of Week: Mon. Time: 7:15-8:15 pm Cost: Free

Senior Pickleball
Pickleball is a fast-paced, low-impact sport that combines elements of tennis, badminton, and ping-pong. Played on a court similar in size to a doubles badminton court.
Day of Week: Wed. Time: 2:00-5:00pm Cost: Free
*Day of Week: Fri. **NEW Time**: 12:30 pm - 5:30pm Cost: Free*
Day of Week: Sat. Time: 9:00-11:00am Cost: Free

Ping Pong
Fast-paced indoor sport played on a rectangular table divided by a net. Players use small paddles to hit a lightweight ball back and forth
Day of Week: Mon., Tues., Thurs., & Fri. Time: 9:00-12:00 pm
Day of Week: Sun. Time: 10:30 am -12:30 pm

Ping Pong For Beginners (NEW CLASS)
A beginner-friendly class designed for seniors who are new to the game or would like to build their skills. Members may play while standing or using mobility devices. Instruction provided by Wilbert Rimper will focus on basic ping pong skills while supporting balance, coordination, movement and social connection. Come learn, stay active and have fun.
Day of Week: Wed. Time: 9:45 am - 11:45 am Cost: Free

18+ Ping Pong
Day of Week: Saturday
Time: 6:00-8:00 pm Cost: Free

Open Mic Night
Bring an instrument, a poem, or just your voice and perform.
Day of Week: Tues. Time: 4:00-6:00 pm Cost: Free

Jewelry Making
This class is open to all seniors bring a grandchild or come alone. Great jewelry, and memories will be made.
PRE REGISTRATION REQUIRED
Volunteer: Betty Crocker
Day of Week: Tues. Time: 4:00-6:00 pm
Cost: Grandparent- $4.00 Grandchildren - Free

Line Dancing Therapy
Discover the joy of line dancing - an uplifting experience that heals through movement and music.
Instructor: Tammy
Day of Week: Tues. & Thur. Time: 1:00-3:00 pm Cost: $4.00

Country Nights & Line Dancing with Tammy
All levels welcome. Country Nights at the Community Center are now free, with two hours of line dancing instruction and the last hour of open dancing. This weekly event is hosted by Friends of the Senior Center.
Instructor: Tammy Pemberton
Day of Week: Wed. Time: 6:00-9:00 pm
Cost: Free

Open Night Dance
Come dance and enjoy a night of music, dance and conversation with those around you.
Day of Week: Fri. Time: 6:30 pm - 8:30 pm Cost: Free

Clovis Chorale
Singers come join the Clovis Chorale - we are a fun group of people that love to sing. All levels welcome. We perform at a few Senior Living Campuses and at One Enchanted Evening.
Day of Week: Tuesday
Time: 6:30pm Cost: Free

Drop-in Art
Day of Week: Thurs. Time: 10:00am-2:30pm Cost: Free

Tai Chi Beginning Basics
Learn to move in a series of slow, balanced, connected movements. Tai Chi helps calm the mind, reducing stress and improving balance.
Instructor: Bill Titus
Day of Week: Thursdays Time: 5pm-6pm Cost: $2.00

Upcoming Trips and Tours

Members can register for Trips and Tours online at ClovisCa.gov/SeniorCenter under the Programs tab. Seats are limited. First come, first basis on.

Future Events/ Center Closures

Jolly Times, October 15th / 9:00 am
The menu will be meat loaf and mashed potatoes vegetables, bread, dessert. Entertainment will be Top Dollar Band , John Holt- Lost Highway. The cost of the event is $15.00. Ticket sales end Oct 13. November Jolly Times tickets will go on sale Thursday, October 15th, 2026, at 9:00 am. Dancing - Live Music - Catered meal - Win great raffle prizes!

Car Show, October 10th / 8:00 am - 11:00 am Register in person or online at ClovisCA.gov/SeniorCenter $5.00 per car entry. Limited spots.

Rummage Sale - We know our Annual Community Rummage Sale is a well-loved tradition, and many of you look forward to it each year. Unfortunately, due to ongoing construction and limited available space, we will not be able to host the rummage sale this year 2026. We understand this may be disappointing, and we sincerely appreciate your understanding and continued support. We look forward to bringing this favorite community event back when conditions allow.

Annual Flu Shot - Make your calendars for our FREE annual flu shot clinic provided by Fresno County Public Health Dept. Walk-ins are welcome. Registration is not required. A parent or legal guardian MUST be present for children under 18 of age.
Location: Clovis Transit Center
Date: October 22nd 2026
Time: 3:00pm – 6:00pm

Clovis Senior Activity Center: ***A Smittcamp Family Legacy***

735 Third Street
Clovis, CA 93612
(559) 324-2750
Hours: 8 am—8 pm
Monday—Friday

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ADDRESS SERVICE REQUESTED

Thanksgiving Luncheon

Mark your calendars for a free Community Thanksgiving luncheon on Thursday, November 26, 2026 at the Clovis Senior Activity Center Main Hall. Doors open at 11:15 a.m., and meals will be served while supplies last. No tickets are needed.

This special tradition is about more than a meal. It is a chance to gather, connect, and enjoy the spirit of Thanksgiving together. We are grateful to our dedicated volunteers, local businesses, the Clovis Salvation Army, and Pappy's Fine Foods for helping make this meaningful tradition possible.
We are also looking for volunteers to help make the day special. If you are interested in volunteering, please contact the Senior Activity Center at (559) 324-2750.