



Our mission: To provide older adults with programs, activities and services to help them maintain a fulfilling and active life.

From the Deputy Director’s Desk

June has a way of bringing back memories of summer in Clovis. Long days, familiar places, and a strong sense of community. That feeling of connection is what has always made Clovis special, and it continues to guide the work we do today.

At the Senior Center, that same spirit shows up every day through the people who walk through our doors, the staff who serve them, and the programs that bring everyone together. Whether it’s a fitness class, a game table filled with laughter, a creative art session, or a social gathering, the Center remains a place where community is built and maintained.

As our community evolves, so do we. In the coming months, the Center will begin offering a new payment system and software program to make registering for programs and activities more convenient. At the same time, we understand the importance of accessibility and personal interaction, and we will continue to accept in-person payments, including cash.

*Our goal is to meet people where they are while preserving the welcoming, connected environment that defines the Center. This summer, I encourage you to spend time with us. Step in out of the heat, reconnect with others, and take part in the programs and activities designed with you in mind. Our staff is here to support you, and our doors are always open.
We look forward to seeing you.*

~Bethany

What’s Inside:

General Information.....	1
Sports and Fitness.....	2
Senior Games.....	3
Dance & Music.....	3-4
Live Entertainment.....	4
Arts and Crafts.....	4-5
Health Info and Services.....	5-6
Drop-In Activities.....	6
Upcoming Events.....	7
Upcoming Trips & Tours.....	7
Clovis Community Center.....	7

LOCATION KEY: REFERENCE GUIDE FOR PROGRAMS
CSAC - CLOVIS SENIOR ACTIVITY CENTER... 735 THIRD ST
CCC - CLOVIS COMMUNITY CENTER.....850 FOURTH ST
CRC - CLOVIS RECREATION CENTER.....3495 CLOVIS AVE
TTR - TRANSIT TRAINING ROOM.....785 THIRD ST

REMINDER: ALWAYS CHECK IN ON KIOSK

Sports and Fitness

Fitness classes are at the Clovis Senior Activity Center unless noted otherwise.

Gentle Stretch & Strengthening Exercises

Gentle stretching to increase flexibility and movement with low impact. Can be done sitting or standing.

Instructor: Sharae

Day of Week: Mon, Wed, & Fri Time: 9:00-10:00 am Cost: \$2.00

Chair Yoga

Chair yoga is a gentle and accessible form of yoga with the same benefits of a vinyasa yoga class. A unique combination of breath to movement flows all done seated. There are a few standing postures that use a chair as well. Leaving class you will feel restored, relaxed, and also energized all at the same time.

Instructor: Sharae

Day of Week: Mon. Time: 10:15-11:15 am Cost: \$2.00

Traditional Exercise

This workout combines aerobic, flexibility and resistance training.

Instructor: Stephanie

Day of Week: Wed., & Fri. Time: 10:15-11:15 am

Day of Week: Tues. & Thurs. Time: 1:30-2:30 pm Cost: \$2.00

Circuit & Equipment Training

Quick 30 min. workout using weights, bicycles, steps, and machines to experience a full body and cardio workout. With a 15 min. warm up and cool down before and after the workout.

PRE REGISTRATION REQUIRED

Instructor: Javi

Day of Week: Mon. & Fri. Time: 12:00-1:00 pm or 1:00-2:00 pm

Day of Week: Tues. Time: 12:00-1:00 pm Cost: \$2.00

Yoga

Become stronger, calmer and more flexible with a yoga practice that will also include breath work. All levels and abilities are welcome. Bare feet or sticky socks recommended. Bring your own mat.

Instructor: Allison

Day of Week: Tues. and Thurs. Time: 2:45-3:45 pm Cost: \$2.00

Vinyasa Yoga

Build your yoga skills with a more advanced yoga practice including flowing sequences of movement and longer asana holds for strengthening. Bare feet or sticky socks recommended. Bring your own mat.

Instructor: Allison

Day of Week: Wed Time: 1:15-2:15 pm Cost: \$2.00

Balance and Breathe

Combat the stiffness that may come with age by gently stretching and strengthening your muscles and joints to increase flexibility and balance. Class will begin and end with breathing exercises to help the lungs and diaphragm keep their flexibility as well. Bare feet or sticky socks recommended.

Instructor: Allison

Day of Week: Wed. Time: 11:30 - 12:30 pm

Day of Week: Thurs. Time: 12:00 pm - 1:00 pm Cost: \$2.00

Tai Chi Beginning Basics

Learn to move in a series of slow, balanced, connected movements. Tai Chi helps calm the mind, reducing stress and improving balance.

Instructor: Bill Titus

Day of Week: Monday Time: 8:30-9:30 am Cost: \$2.00

Tai Chi Beyond Basics

This class will focus on posture, deep breathing, flowing movements, and a basic understanding of mind body connection.

Instructor: Bill Titus

Day of Week: Wed. Time: 4:00-5:00 pm Cost: \$2.00

Cardio Drumming

A fun way to stay active and have some fun with friends. This Class has been designed with all different styles of drumming in mind, it allows for basic movements and provides an easy to follow workout that is effective for improving muscle tone, heart, and stamina. Learn at your own pace, you may stand and sit during class.

PRE REGISTRATION REQUIRED

Instructor: Stephanie Shannon

Day of Week: Mon. Time: 9:30-10:30am or 10:30-11:30 (CRC)

2nd Thursday of Month Time: 8:30am-9:30am (CSAC)

Cost: \$2.00

Let's Have a Ball

In this class you will use resistance bands and play balls to work on strength, hand/eye coordination and overall fitness. You may sit or stand for this class.

Instructor: Stephanie Shannon

Day of Week: Tues. Time: 10:15-11:15 am (CRC) Cost: \$2.00

Ripped Muscle Resistance

This is a complete strength training program to help you increase your strength and get ripped. Intermediate/advance class using bands and weight.

Instructor: Stephanie Shannon

Day of Week: Tues. & Thurs. Time: 4:00-5:00 pm Cost: \$2.00

Zumba Gold

Class designed to help build cardiovascular health by challenging the heart and lower body muscles through fun dance moves.

Instructor: Stephanie Shannon

Day of Week: Tues. Time: 9:00-10:00 am (CRC)

Day of Week: Wed. & Fri. Time: 8:00-8:45 am (CSAC) -

Beginners Welcome!

Day of Week: Wed. & Fri. Time: 9:00-10:00 am (CSAC)

Cost: \$2.00

Zumba Chair

Dance while sitting in a chair. Moves toned down to help those with limited mobility.

Instructor: Stephanie Shannon

Day of Week: Mon. & Thurs. Time: 7:00-8:00 am Cost: \$2.00

Senior Tabata

Join this upbeat cardio interval class that incorporates 8-cycle workout consisting of 20 second cardio circuit and 10 second rest. Repeat 4 sets. Go at your own pace.

Instructor: Stephanie Shannon

Day of Week: Tues. & Thurs. Time: 6:00-7:00 pm Cost: \$2.00

Zen Meditation

Join his 4-week meditation class focusing on posture, breath, and present-moment awareness to cultivate deep calm and insight by observing thoughts without attachment.

PRE REGISTRATION REQUIRED.

Instructor: D. Robert Wolff, M.D

Current session: Thur. June 4th - June 25th

Time: 7:00pm—8:00pm Cost: \$20.00 for 4-week series

Aerobic Walking

Join us for a highly energized aerobic walking class designed to help you loosen up, warm up, and get moving. Participants will enjoy a variety of step combinations that keep the workout fun, active, and suitable for all fitness levels.

Instructor: Kirk Cruz

Day of Week: Mon. Time: 2:30-3:30 pm **(CCC)** Cost: \$2.00

Meditation

4-week meditation series. This class highlights the benefits of calming the mind.

PRE REGISTRATION REQUIRED.

Instructor: Kirk Cruz

Day of Week: Mon. Time: 4:00-5:00 pm

Current Session: May 11th - June 8th

Next Session: June 15th - July 6th Cost: \$20.00

Aerobic Kickboxing

This class will use simple boxing moves that everyone can do. You will incorporate the legs, hips, and lower extremities to a rhythmic beat of music. **DROP IN CLASS**

Instructor: Kirk Cruz

Day of Week: Tues. Time: 3:30-4:30 pm Cost: \$2.00

Beginning Karate

This 8-week beginning karate class is offered on **Tuesdays**. This is a noncontact class focused on balance, strength, flexibility and fun. The class will cover Japanese Karate movements and movement routines called Forms. **PRE REGISTRATION**

REQUIRED

Instructor: Kirk Cruz

Current session: May 12th - June 30th

Next Session: July 7th - August 25th

Time: 4:30pm—5:30pm Cost: \$40.00 for 8-week series

Fast Fitness

30-minute, high-intensity interval training (Bootcamp-style) class that combines strength training with cardio. Our goal is to help you build muscle and improve agility. All experience levels are welcome, and every exercise can be modified to suit your needs. We do ask that members are able to get up and down from the floor. **ONLY 10 SPOTS AVAILABLE**

PRE-REGISTRATION REQUIRED

Instructor: Beth Nelson

Day of Week: Mon.-Fri. Time: 6:00am -6:30 am Cost: \$2.00

Senior Games

Setup time is no earlier than 15 minutes prior to game time.

Bingo

Bingo is free and prizes are given to winners.

Instructor: Bonnie Audas

Day of Week: Tues. Time: 10:00-11:00 am Cost: Free

Afternoon Bingo Bash

Enjoy bigger prizes and more bingo fun!

Instructor: Bonnie Audas

Day of Week: Fri. Time: 1:30-2:30 pm Cost: Free

Bunco

Bunco is a fast-paced, social dice game typically played with 12 or more players divided into groups of four. The goal is to roll a specific number on each turn (the "target number") and score points by rolling as many of that number as possible.

Day of Week: Mon.

Time: 11:00-1:00 pm Cost: \$5.00

Chess

Open Drop-In Chess 🧑 All skill levels welcome—come play, learn, and enjoy a friendly game!

Day of Week: Wed. Time: 12:30-3:30 pm Cost: Free

Open Game Play

Bonnie will be hosting Open Game Play in the Main Hall on Mondays featuring Farkle, dice game. We also have Phase 10, Mexican Train, Cribbage, Mexican Loteria! and more. Refreshments will be provided.

Day of Week: Mon.

Time: 1:00-3:00pm

Cost: Free

Hand n Foot

Hand n Foot is a popular card game where players try to form sets and runs of cards to score points. Each player is dealt two sets of cards: a "hand" and a "foot."

Day of Week: Tues., Wed., & Fri. **(CSAC)**

Day of Week: Mon. & Thurs. **(CCC)**

Time: 12:30-4:00pm

Cost: Free

Pinochle

Pinochle is a trick-taking card game played with a 48-card deck. Players form teams and try to score points by creating "melds" and by winning tricks.

Day of Week: Tues.

Time: 8:30-11:30 am

Cost: Free

Afternoon Trivia

Lively afternoon game of brain-teasing fun, and friendly competition.

Instructor: Bonnie Audas

Day of Week: Wed.

Time: 3:00-4:00 pm

Cost: Free

Bridge

Bridge is a classic trick-taking card game played with a standard 52-card deck, typically by four players in two teams of two. Wednesday is causal fun, and Friday welcome players with intermediate to advance skills.

Day of Week: Wed.

Time: 12:00-4:00 pm

Cost: Free

Day of Week: Fri.

Time: 12:00-4:00 pm

Cost: Free

Set up 11:45

American Mah-Jongg

American Mah-Jongg is a tile-based game typically played by four players. The goal is to complete a hand by forming a set of specific combinations.

Day of Week: Tues.

Time: 9:30 am - 12:00 pm

Cost: Free

Mexican Train

The objective is to be the first to play all of your dominoes or have the fewest left when the game ends.

Day of Week: Mon.

Time: 9:00 am-12:00 pm

Cost: Free

Day of Week: Thurs.

Time: 12:30-4:00 pm

Cost: Free

2500 Card Game

This exciting and interesting card game is also known as 2500 Rummy. Come and play with friends and have a lot of fun!

Day of Week: Mon.

Time: 1:00-3:00 pm

Cost: Free

Billiards

We have 4 pool tables that are available to members.

Day of Week: Mon.-Fri.

Time: 8:00 am - 8:00 pm

Cost: \$10.00/ month

Dance & Music

Scandinavian Folk Dance

Scandinavian folk dance refers to a variety of traditional dances from the Nordic countries—Sweden, Norway, Denmark, Finland, and Iceland. Music once a month played by local band The Great Danes.

Beginners Day of Week: Tues. Time: 6:00-7:00 pm

Intermediate Day of Week: Tues. Time: 7:00-8:00 pm

Cost: \$2.00

Folklorico

Beginner friendly class welcomes dancers of all levels to learn this beautiful historical dance.

Instructor: Sara Hernandez

Day of Week: Wed. Time: 9:00-10:00 am **(CRC)**

Cost: Free

Live Entertainment

Top Dollar Band

Day of Week: Wed. Time: 10:30-11:45 am

DeLeon Brothers Band

Day of Week: Fri. Time: 10:30-11:45 am

Karaoke Night

Grab a mic and show off your talents on the mic.

Day of Week: WED Time: 4pm-7pm Cost: Free

Bluegrass Jam

Afternoon of music hosted by Jeff Millard and the Trolley Park Trio.

Day of Week: First Mon. of the month Time: 3:00-5:00 pm

Cost: Free

Friday Jam Session

Day of Week: Fri Time: 3:00-4:45pm

Cost: Free

Arts & Crafts

****IMPORTANT CLASS REGISTRATION INFO.****

Registration for some Art classes and Series classes open online MyActiveCenter.com at 8:00 am on the second Monday of the month before the class begins. Payment is required at the time of registration.

Advance Watercolor

For more advanced students, that have taken instructors previous watercolor classes. Work on composition of painting, learning how to edit down your photos and working on your pre-work so that you can have a more successful painting. **Students must provide own materials. PRE REGISTRATION REQUIRED**

Instructor: Deborah Pepin

Next Session: Coming August

Color Theory II

Learn how color theory blends science and art, mix secondary and tertiary colors. Learn the 4 principles of colors, color relations, color schemes, and the distinction of warm and cool colors. In this 4 week class you will work primarily with watercolors.

PRE REGISTRATION REQUIRED.

Instructor: Deborah Pepin

Next Session: Coming August

Paint in Gouache

Gouache is opaque watercolor that behave like oil paints without the solvents and oils. It uses water as the medium and it cleans up just like watercolor. Students must provide own materials. **PRE REGISTRATION REQUIRED**

Instructor: Deborah Pepin

Day of the Week: Monday

Next Session: Coming August

Gelli Plate/Mixed Media

This class teaches Gelli plate printing with acrylic paint and paper to create unique layered prints. Use them for collages, framed art, cards, bookmarks, wrapping paper, journals, and more. Supply list available at the front desk.

Please check front Desk for Supply list needed for class.

PRE REGISTRATION REQUIRED

Instructor: Maxine Fuentes

Day of Week: Fridays

Current Session: June 5th - July 31st

Time: 10:00 am -12:00pm Cost: \$45.00

Acrylic Pouring

Explore the colorful world of acrylic pouring in this relaxed 2-hour weekly class. No brushes and no artistic experience needed. Each week builds on the last as you learn the basics of fluid art, layering colors, creating patterns, and finishing your artwork with a glossy finish. All materials provided. **PRE REGISTRATION REQUIRED**

Instructor: Maxine Fuentes

Day of Week: Thursdays

Current Session: May 21-June 11th

Next Session: July 2nd - 23rd

Time: 10:00 am -12:00pm

Cost: \$25.00

Knitting

Learn the knitting basics or get help expanding your intermediate skills. Knitting needles are available to borrow and some yarn will be on hand for you to use, but if you have a special color pallet, please bring them.

Instructor: Andrew Green

Day of the week: Thurs.

Times: 2pm-5pm

Cost: \$5

Piping fun with Buttercream

Come enjoy a fun-filled, hands-on 4 week class series where you'll learn the basics of buttercream like a pro! You will be whipping up your own delicious buttercream from scratch and practicing popular piping techniques. This class is perfect for beginners and seasoned decorators alike. Whether you're here to laugh, learn, or just love frosting, you're in for a sugar filled good time and sweeter conversations! (No real cupcakes used in this series)

Pre-registration required

Instructor: Chauntay McDuff

Day of the Week: Tuesdays

Time: 1:00pm-2:30pm Current Session: June 9th - June 30th

Cost: \$40

Summer/ Cookie Decorating Class

Join us for a delightful afternoon of creativity, color, and sweet treats in our Summer Buttercream Cookie Decorating Class! This fun, hands-on one day class is perfect for all skill levels—whether you're a beginner or have decorated before.

We'll celebrate the season by decorating four adorable summer-themed cookies using smooth, homemade buttercream. Come and enjoy the summer fun with some cool sweet vibes!

Pre-registration required

Instructor: Chauntay McDuff

Day of the Week: Thursdays Dates: June 4th, 11th, 18th, 25th

Time: 1:00- 4:00pm

Cost: \$5

Make and Take (Beginning/Intermediate)

Learn how to make two fun seasonal craft projects per session.

PRE REGISTRATION REQUIRED

Instructor: April Lachawicz

Day of Week: Tues.

Cost: \$35

Time: (AM) 10:30 am- 12:30 pm OR (PM) 4:30-6:30 pm

Current Session: June 2nd -23rd

Next Session: July 7th -July 28th

Make and Take (Advanced)

Learn how to make two fun seasonal craft projects per session. Must have taken 8 or more Make and Take (Beginning/Intermediate) sessions to participate.

PRE REGISTRATION REQUIRED

Instructor: April Lachawicz

Day of the Week: Thurs.

Time: 3:00 - 6:00 pm

Current Session: June 4th- 25th

Next Session: July 2nd- July 23rd

Cost: \$35

Posh Decorating

Students will learn how to make boutique decorations for their home decor or give as gifts. Students will create one project per 2-week session.

PRE REGISTRATION REQUIRED

Instructor: April Lachawicz

Day of the Week: Fri.

Time: 3:00-5:00 pm

Current Session: June 5th and 19th

Next Session: July 10th and 24th

Cost: \$35

Ceramics AM – Advanced Ceramics

This class is an advanced class and requires three or more Beginning Ceramics series to register. In this class, students will continue to work with moist clay using clay slabs and coils. List of supplies needed available at front counter. No outside clay permitted. Please purchase a Clay Card for \$20.00 at front counter. \$5.00 firing fee for each project. Firing cards available at front counter. (Cash or check accepted). **PRE REGISTRATION REQUIRED**

Instructor: Vickie Recchia

Day of the Week: Wed.

Time: 9:30 am - 12:30 pm

Next Session: July 15th - August 19th

Cost: \$55

Ceramics PM- Beginning Ceramics

In this class, students will learn about Hobby Ceramics, Greenware, Bisque, or Moist Clay using clay slabs and coils along with Glazing. Come play with clay and get your hands dirty! List of supplies available at front counter. No outside clay permitted. If working with clay, Please purchase a Clay Card for \$20.00 at front counter. A \$5.00 firing fee for each project firing. \$5.00 firing cards available at front counter. (Cash or check accepted).

PRE REGISTRATION REQUIRED

Instructor: Vickie Recchia

Day of the Week: Wed.

Time: 1:00-4:00 pm

Next Session: July 15th - August 19th

Cost: \$55

Paper Crafting

Join Kristina for a fun and creative evening of paper crafting in the Clovis Senior Activity Center Art Room. Participants will explore a variety of projects such as decorative cards, art journaling, scrapbooking, paper party favor boxes, and paper banners. Along the way, you'll learn new techniques, enjoy hands-on creativity, and share friendship with fellow crafters. Come relax, create, and enjoy an inspiring evening of crafting together.

Instructor: Kristina Palmer

Day of the Week: Wednesday

Time: 5:00pm-7pm

Cost: \$5.00

Garden Painting

Learn to paint flowers, leaves, and garden critters. You will get to paint on a variety of items including, but not limited to: canvas, terra cotta pot, or rocks.

Instructor: Kristina Palmer

Day of the Week: Mon.

Time: 5:30-7:30 pm

Cost: \$5.00

Memoir Writing Class

Explore your past and develop a written account of your special memories.

Instructor: C. Jeanie Miller

Day of the Week: Thur.

Time: 9:00-11:00 am

Cost: \$2.00

Sit & Sew

Pre-registration required

Day of the Week: CLASS FULL FOR JUNE 1st

Time: 12:30-5:00 pm

Cost: Free

Art Exploration

In this class, Kirk will lead a fun and inspiring art exploration where students explore landscape art using acrylic paint, markers and mixed media techniques.

PRE REGISTRATION REQUIRED

Current Session: June 5th - July 31st

Next Session: August 7th -September 25th

Day of the Week: Friday

Time: 4:35pm-6:35 pm

Cost: Free

Soft Pastels Class Art Class

Something for Everyone! For first time Pastel Artist to the Experience Artist. This class will introduce the basic techniques as well as shading, coloring, and blending for the more experienced artist. We will focus on bringing your project to life with your own emerging, acquired style. Pre-registration required.

Instructor: Lawson Rudge

Day of the Week: Thur.

Time: 1:00pm-2:30pm

Cost: Free

Health Info. & Services

Grief Support Group

This Grief Support Group is facilitated by retired social worker Regina Contreras, MSW. **Pre-registration is required.**

Next Session: May 7th -June 25th

Day of the Week: Thurs.

Time: 10:00-11:00 am

Cost: Free

Navigating Grief

Drop-in session that offers people a chance to come together to discuss their emotions and experiences while dealing with grief.

Instructor: Kelly Orender

Day of the Week: Mon.

Time: 2:00-3:00pm

Cost: Free

Peer Support Group

Group session to discuss your feelings and learn coping strategies to help you with everyday life experiences.

Instructor: Kelly Orender

Day of the Week: Tues.

Time: 10:00-11:00am

Cost: Free

Alzheimer's Association Presentations

A representative of the Alzheimer's Association will host free educational classes on a variety of topics throughout 2026. The June class is entitled "Understanding Alzheimer's and Dementia". Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments. If you are interested in attending, call the Clovis Senior Activity Center or stop by the front counter to reserve your spot.

Date: Wednesday, June 10th 2026

Next: July 8th 2025

Time: 10:30am-11:30 am.

Eyeglass Cleaning

April Lachawicz will be in the center for eyeglass repairs and adjustments, fitting frames and replace frames for free. Please take a number at the front desk and remain in the lobby until your number is called. First come, first basis.

Date: Mon. June 8th

Time: 9:30-10:30am

What is My Purpose?

Join our group on this amazing journey to find our new purpose as we read "Forgotten God" by Francis Chan.

Instructor: Kelly Orender

Day of Week: Tues.

Dates: June 2nd - 23rd

Time: 1:00-2:00pm

Cost: \$2.00

Book Club

June Book

"Upward Bound" by Woody Brown, moderated by Kelly Orender.

Date: Mon. June . 1st - June 22nd; Tues. June 2nd -23rd

Time: 9:00-10:00am

Cost: \$2.00

Support Group for Dementia

The Alzheimer's Association support group provides a free support system for caregivers, family or friends dealing with a loved one that has dementia. **Please call 559-324-2750 to reserve your spot or stop by the front counter.**

Dates: Last Thursday of every month, June 25th

Times: 10:00-11:00am

Health Insurance Counseling and Advocacy Program (HICAP): Medicare Counseling

HICAP is a free, confidential and unbiased State Health Insurance Program offering one-on-one counseling with Carla Davis. Whether you're new to Medicare, currently enrolled, or dealing with Medicare fraud, HICAP can help. **Call 559-324-2750 to secure your spot.**

Appointment Days: Wed.

Times: 1:30-2:30pm, 2:30-3:30pm, or 3:30-4:30pm

Optimal and Frugal Living

Join us as we continue living our best life by arming ourselves with life enhancing information and knowledge. Topics of AAA travel tips; Prepping hints to minimize waste and optimize savings; Determining personality types; Mindful gratitude and stress management; the importance of micro decision making and how to maximize and grow what money you have. **PRE-REGISTRATION REQUIRED**

Instructor: Carol Lawson-Swezey

Day of the Week: Wed.

Time: 1:00-3:00pm

Next Session: August 5th -September 23th

Cost: \$25

Bike Tour de Clovis - Ride the Trail! *Starting June 2nd *

Join our bike program- a friendly group ride designed for those with prior biking experience. Come enjoy the outdoors, connect with others, and start your morning on a positive note. We'll meet in front of the senior center, ride north along the Old Town Trail to Dry Creek Trailhead, take a short break to relax and recharge, then return together to the Senior Center.

PRE-REGISTRATION REQUIRED ON MYACTIVECENTER.COM

Safety first! Come prepared with: helmet (required), water bottle, bring a light snack for our break. FREE. Must be a Senior Center member to participate.

Instructor: Javier Astorga

Day of the Week: Tuesdays Time: 9:00 am - 10:00 am

Hearing Aid Cleaning

Susan and Bianca from Hearing Life will be offering to clean hearing aids. Sign up today!

Date: Thursday, June 18th Time: 1-2pm

Cost: Free

Blood Pressure Check

An RN will be offering free blood pressure checks in the Centers Main Hall

Dates: Tues.

Time: 9:00-10:00am

Cost: Free

Access to Technology Class

Fresno EOC is offering digital literacy courses for 2 hours. Eligibility requirements: 60 years of age, and access to mobile device. Bring your own device to class.

Sign up at front desk.

Date: Every Monday Time: 1:00-3:00pm

Cost: Free

Technology Help

Learn the basics of using your smartphone or laptop. Get help with simple tasks like calling, texting, email and apps. Perfect for beginners who want to build confidence with technology.

Sign up at the front desk

Instructor: Student Volunteer Neha

Date: Fridays Times: Afternoons (Appt. required) Cost: Free

Preventing Medi-Cal Fraud and Elder Abuse

Join the Department of Justice (DOJ) for an informative presentation covering an overview of the division and its core functions. The session will highlight the types of cases investigated and prosecuted at both the state and federal levels, as well as how the DOJ can support efforts related to elder abuse and healthcare fraud. Attendees will also receive guidance on how to submit referrals to the division. The presentation will conclude with a Q&A session to address any questions.

Date: June 9th Time: 1pm-2pm

Notary Services

Notary Services are available at the Senior Activity Center Mon.-Fri by appointment only. Nella Audas is our notary. Any senior (age 50 or better) may make an appointment to come in and have their documents notarized. \$5.00 per document charge. **Call (559) 324-2757 for an appointment**

Friday Movie Nights In June

Showing at 5:30 pm | Senior Center Main Hall

5th - A security guard finds himself in over his head when he tries to thwart a criminal mastermind's plot to rob an entire shopping mall.

12th - A security guard that visits Las Vegas and blunders his way into battling a plot to steal a hotel's priceless art collection.

19th - True story of the undersized Depression-era racehorse

26th - Three sixty-something friends take a break from their day-to-day lives to throw a bachelor party in Las Vegas

Drop in Activities

Social Knitting and Crochet Group

Day of Week: Mon. & Fri. Time: 10:00 am - 12:15 pm Cost: Free

Drop-in Crafters

Day of Week: Wed. Time: 9:00 am - 12:00 pm Cost: Free

Senior Center Fitness Room

Day of Week: Mon.- Fri. Time: 8:00am-8:00pm Cost: Free

Clovis Community Center

850 Fourth St. Clovis, CA

Yoga

Join us for Yoga with Sharae, in collaboration with Blue Moon Yoga and Wellness. This introductory class invites participants to explore if yoga is the right fit for them.

PRE REGISTRATION REQUIRED

Days of the Week: Wed. and Fri. Time: 11:00-12:00PM

Cost: Free

Community Yoga

All levels yoga with thorough stretching, standing flows and a Savasana that will send you home ready to relax for the night. Bare feet or sticky socks recommended. Bring your own yoga mat.

Instructor: Allison

Day of Week: Mon. Time: 7:15-8:15 pm

Cost: Free

Senior Pickleball

Pickleball is a fast-paced, low-impact sport that combines elements of tennis, badminton, and ping-pong. Played on a court similar in size to a doubles badminton court.

Day of Week: Wed. Time: 2:00-5:00 pm

Cost: Free

Day of Week: Fri. Time: 12:30 am - 6:00 pm

Cost: Free

Day of Week: Sat. Time: 9:00-11:00 am

Cost: Free

Ping Pong

Fast-paced indoor sport played on a rectangular table divided by a net. Players use small paddles to hit a lightweight ball back and forth

Day of Week: Mon., Tues., Thurs., & Fri. Time: 9:00-12:00 pm

Day of Week: Sun. Time: 10:30 am -12:30 pm

Cost: Free

18+ Ping Pong

Day of Week: Saturday

Time: 6:00-8:00 pm

Cost: Free

Competition Ping Pong

Join us for a weekly Ping Pong Competition where players face off in a friendly matchups.

Day of Week: Mon. Time: 12:15 -2:15 pm

Cost: \$2.00

Open Mic Night

Bring an instrument, a poem, or just your voice and perform.

Day of Week: Tues. Time: 4:00-6:00 pm

Cost: Free

Jewelry Making

This class is open to all seniors bring a grandchild or come alone. Great jewelry, and memories will be made.

Volunteer: Betty Crocker

Day of Week: Tues. Time: 4:00-6:00 pm

Cost: Grandparent- \$4.00 Grandchildren - Free

Line Dancing Therapy

Discover the joy of line dancing - an uplifting experience that heals through movement and music.

Instructor: Tammy

Day of Week: Tues. & Thur. Time: 1:00-3:00 pm

Cost: \$4.00

Country Nights & Line Dancing With music by John Pemberton

All levels welcome. To sign up ahead, text "dancetherapy" to 234-324-3332 or visit country-dance.cheddarup.com. This weekly event is hosted by Friends of the Senior Center.

Instructor: John and Tammy Pemberton

Day of Week: Wed. Time: 6:00-9:00 pm

Cost: \$5.00 (members), \$10 (non-members)

Open Night Dance

Come dance and enjoy a night of music, dance and conversation with those around you.

Day of Week: Fri.

Time: 6:30 pm - 8:30 pm

Cost: Free

Clovis Chorale

If you love to sing join us as we learn our Spring Music.

Day of Week: Tuesday Time: 6:30pm

Cost: Free

Drop-in Art

Day of Week: Thurs.

Time: 10:00am-2:30pm

Cost: Free

Upcoming Trips and Tours

Members can register for Trips and Tours online at ClovisCa.gov/SeniorCenter under the Programs tab. Seats are limited. First come, first basis on.

Mono Winds Casino- Thursday June 11, \$30.00

Pismo Beach - Saturday June 20, \$52.00

Yosemite Sugar Pine Dinner and Train- Wednesday June 24 \$170.00

Hard Rock Casino in Tejon- Monday, July 13, \$35.00

Future Events/ Center Closures

Clovis Chorale Spring Concert June 15th / 6pm-8pm
Cost: Free

Veterans Bingo, June 16th / 9:00 am - 10:00 am

Jolly Times, June 18th / 9:00 am

Jolly Times will be held on Thursday, June 18th, 2026. Lunch will be Zucchini boats, salad, bread, and dessert. Entertainment will be De Leon Brothers and Tony Miller with Free Country. The cost of the event is \$15.00. July Jolly Times tickets will go on sale June 18th, 2026, at 9:00 am.

Center Closed July 3rd / All day

Health and Wellness Fair, July 29th / 9:00 am - 12:00 pm

Senior Prom - Hollywood Redcarpet theme, August 15th
5:00 pm - 8:00 pm (Doors open 4:30 pm)

Housing Resource Fair, August 26th / 9:00 am - 12:00 pm

Veterans Bingo, September 15th / 10:00 am

Clovis Senior Activity Center: A Smittcamp Family Legacy

735 Third Street
Clovis, CA 93612
(559) 324-2750
Hours: 8 am—8 pm
Monday—Friday

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activities!**



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Health & Wellness Fair | July 29

Come explore fun and helpful community resources to boost your health and wellness on Wednesday, July 29, 2026, from 9:00 am - 12:00 pm. Lunch will be provided at 11:15 am. Make sure to reserve your spot to receive a lunch by calling 324-2756.



Senior Prom | Theme: Hollywood Red Carpet Saturday, August 15, 2026

SAVE THE DATE!!

Get ready for an unforgettable evening of music, dancing, and celebration. Dress to impress, walk the red carpet, and enjoy a glamorous event filled with fun, friends, and special moments—you won't want to miss it! Stay tuned for event details in July, and start planning your red-carpet look.



2025 Prom Queen and King
LuLu and Carlo Mitchell