

Town of Niskayuna

Community Programs Guide

Register for all programs online at NISKAYUNA.ORG



**2024
SPRING & SUMMER**

OFFICE OF COMMUNITY PROGRAMS

FOUR WAYS TO REGISTER



ON-LINE

Register on-line at www.niskayuna.org, click on the "online registration", Log in/Create

Account (make sure to add your entire family) and you are all set to register! Credit or Debit cards are accepted.

Register for all of our programs, anytime day or night!



MAIL IN

Send registration form and payments to:

Niskayuna Town Hall, c/o Community Programs, One Niskayuna Circle, Niskayuna, NY 12309



WALK IN

Register in person at:
Niskayuna Town Hall – 9am to 4pm

2nd floor at the top of the stairs
We accept cash, check, Master Card and Visa.



AFTER HOURS DROP OFF

Drop off your registration form and fees in "The After Hours Drop Box" located to the right of the main entrance at Town Hall 24 hours/day. Make sure to reference Community Programs

Niskayuna Program Refund & Returned check Policy

Refund:

A full refund will be issued for any program with a note from a doctor indicating an individual cannot participate due to medical reasons.

A full refund less a \$10.00 processing fee **per registration** will be issued for an cancellation due to non-medical reasons.

If registration is paid by check, the town will mail a refund check to the payee.

If registration is paid by credit card, the town will credit the account charged.

Returned Check:

Any check returned for insufficient payment will be assessed at \$15 returned check fee.

Want to stay connected with E-notifications?
Go to www.Niskayuna.org



NEWS
WELCOME TO OUR NEW WEBSITE. SIGN UP TO RECEIVE NEWS AND ANNOUNCEMENTS.
[Click here for the E-notify System](#)
READ MORE



**** REMINDER ****

The deadline for Fall Soccer Registration is August 1st
Registrations received after this date will be subject to a \$20 per registration late fee

OFFICE OF COMMUNITY PROGRAMS

For more information, contact:

Lori Peretti at (518) 386-4526

Julie Lohre at (518) 386-4504

Jean Foti at (518) 386-4548

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SUMMER 2024 REGISTRATION INFORMATION

Online Registration (anytime, day or night!)

- ◆ Go to www.niskayuna.org and click on “Community Programs Online Registration”.
- ◆ Click on “Log in/Create Account” then “Log in with Email” in the large green rectangle.
- ◆ To create a new account, input information first for the family using one adult as the main contact.
- ◆ Next, add information for all children or adults, one at a time.
- ◆ To register for a specific activity, click on “register” next to that person’s name.
- ◆ Follow specific program registration instructions. Do this for all individuals and programs you want to include in this transaction. When you are ready to check out, click on payment options, and pay by credit card. Be sure to confirm the registration. You will automatically receive a confirmation email.



REGISTER HERE!

Mail in Registration

- ◆ All registrations may be made in person at Niskayuna Town Hall or by mail to The Niskayuna Town Hall, c/o Lori Peretti, One Niskayuna Circle, Niskayuna, 12309, or with a credit card.
- ◆ If registering in person or by mail, please use official registration form (or copy) only, and please use one form per individual for each program registration.
- ◆ Please make checks payable to “Town of Niskayuna” and indicate on check which program payment is for or the order number from an online registration. You may write one check for all Recreation Department activities. Some programs have registration limitations, so residents are encouraged to register as soon as possible.

**** PLEASE NOTE THAT THERE IS A \$15.00 FEE FOR ALL RETURNED CHECKS ****

Niskayuna Recreation Programs - General Registration Form 2024

*** A REC1 ACCOUNT MUST BE CREATED BEFORE THIS FORM CAN BE SUBMITTED ***

Program Name _____ Date Begins _____

Name _____ DOB _____ Age _____ Grade _____ M F
(youth only) fall '24

Address _____ Town _____ Zip _____

Email Address: _____ Cell Phone _____ Home phone: _____

In case of medical emergency, it is understood that every effort will be made to contact parents, guardians or above listed person. In the event parent, guardian or emergency contact cannot be reached, permission is given to the hospital to perform proper treatment for patient. Further, I understand there is inherent danger in all physical activities and that individual health and accident insurance is the responsibility of the individual. The undersigned does waive and release all claims for damages which he/she might have against the Town of Niskayuna and its employees for all injuries incurred as a result of participation in Town Recreation Programs.

Parent Signature _____ Date _____

INDICATE METHOD OF PAYMENT:

MASTERCARD VISA CHECK # _____ (Check payable to: **Town of Niskayuna**, \$15 fee for returned checks)

Credit Card #: _____ Expiration Date: _____ CVV #: _____

Name as written on card: _____ Signature of card holder: _____

Spring Activities



SPRING HAT AND BUNNY PARADE

March 29th at 10:00 am

Children are encouraged to show off their hand-made spring hats or ears while they parade around the circle.

After the parade, all child will be able to get a picture with the bunny and get a small bag of candy.



Youth Spring Rec. Soccer - 2024 for Grades K-5th

Mon & Wed evenings, April 22 - May 15, 2024
Zennner Road Soccer Fields (behind Craig Elem. School)

K & 1st grade (combined teams) - 5:45pm - 6:45pm
2nd & 3rd grade (combined teams) - 7:00pm - 8:00pm
4th & 5th grade (combined teams) - 7:00pm - 8:00pm

\$50 per player

Deadline for registration is March 15th
Registration after March 15th will include a \$10 late fee.
Coaches and Referees are needed at all levels of play.



Town of Niskayuna

SUMMER 2024 CONCERT SERIES

CONCERTS START AT 7:00 PM

JUNE 6 - THE NISKAYUNA MIDDLE AND HIGH SCHOOL JAZZ BANDS

JUNE 13 - DADTET

JUNE 20 - DOC BENSON BAND

JUNE 27 - LOOSE CHANGE

JULY 11 - BRITISH VINYL

JULY 18 - EAGLES TROMBONE ENSEMBLE

JULY 25 - JOE'S BOYS

AUGUST 1 - TROJAN HORNS

AUGUST 8 - AIN'T NO STRANGERS & COMPANY

AUGUST 15 - THEE MR. E BAND

Bring a picnic & lawn chair to enjoy these free hour-long concerts with your neighbors and friends. Sponsors are the Office of Community Programs and the Niskayuna Highway Dept. Funding for this project made possible in part by a grant from the Schenectady County Arts & Culture Grant.

Town Hall Events

Town of Niskayuna

Movie Night

2024

FRIDAY, JULY 12 – “MINIONS – THE RISE OF GRU

FRIDAY, JULY 19 – TOY STORY

FRIDAY, JULY 26 – JUMANJI

FRIDAY, AUG. 2 – KUNG FU PANDA

movies are subject to change

Bring chairs & blankets to enjoy this free movie with your neighbors and friends.

Movie times are subject to sunset and will be announced 2 weeks prior to the showing

This outdoor movie is possible thanks to a generous grant by the Schenectady County CIP Grant

NISKAYUNA FARMERS MARKET

Town of Niskayuna

Summer Farmers Market

Fresh fruit, flowers & vegetables, all grown locally
and so much more!



July 13 - Oct. 19

Saturdays 8:30 am - 12:30 pm

Niskayuna Town Hall
One Niskayuna Circle

Interested in participating in the Niskayuna Farmers Market as a volunteer, vendor, community organization, or entertainment? Contact Market Committee co-chairs, Libbie Cococcia and Beth Greenwood at NiskyFM@gmail.com.

OUTDOOR YOGA CLASS



*With Yoga Instructor Shama Mehendale
RYT - 200*

RELAX AND REJUVENATE YOGA:
THIS CLASS TAKES A HOLISTIC APPROACH WITH A GENTLE FLOW, STRETCHES AND
DEEP BREATHING TECHNIQUES TO HELP YOU UNWIND AND END YOUR DAY
FEELING RELAXED AND REJUVENATED

Join us for a **FREE SESSION** on International
Yoga Day, Friday June 21st
5:30-6:30 on the Town Hall Green
Bring your towel/mat and discover the joy of
yoga!



Niskayuna Town Hall Green
Wednesday evenings; 5:30 pm - 6:30 pm
June 26, July 3, 10, 17
Fee: \$47.00* for the 4 week session
*includes online registration fee

Niskayuna Town Pool

POOL HOURS

EARLY SEASON June 22 - 30	REGULAR SEASON July 1 - Aug. 4	LATE SEASON Aug 5 - Sept. 2
Sat./Sun - 11:00am-7:45pm	Mon-Fri - 12:30pm - 7:45pm	Mon-Fri - 12:30pm - 6:45pm
Mon-Thurs.. - 2:00pm - 5:30pm	Sat. & Sun. - 11:00am - 7:45pm	Sat. & Sun. - 11:00am - 7:45pm
Friday - 2:00pm - 7:45pm		

***Please note: Pool will close at 3:30 for swim meets during June and July. Call ahead (518-381-6384)



TOWN POOL CALENDAR

POOL FEES

SEASON PASS RATES

Family, Same Household	\$314*
2 Adults	\$232
1 Parent & 1 Child <13 yrs.	\$197
1 Adult (13 yrs. and older)	\$115
Lap Swim (during lap hrs.)	\$115
Child Care Provider	\$92

DAILY RATES

	Resident	Resident guest
Adults (13 yrs. +)	\$10.00	\$10.00
Children (< 2yrs)	Free	Free
Children (2 yrs-12 yrs.)	\$6.00	\$6.00
Seniors (65+)	Free	\$6.00

* School District Residents will pay a \$93 surcharge per purchased Season Pass

Late Season” Membership (August 5 -Labor Day) will be half-price
(this does not include daily passes)

Niskayuna Volunteer Firefighters!

In recognition of your service to our community, the Town is offering a complimentary Family membership to the Town pool. Call Community Programs - 518-386-4504 for more details!



Niskayuna Town Pool

SEASON PASS (Town and School Districts residents*) - All season pass registrations are ONLINE ONLY and can be done on our website (Niskayuna.org, online registration, log into your account, catalog (under Aquatics tab).

*School district residents will be charged an additional surcharge

Season Pool passes will be emailed to you so you can save on your phone and scan for admission. There will be NO printed cards.

DAILY PASS– (Town resident only) - “Pay-As-You-Go” passes may be purchased at the pool on the day of your visit. Please bring a photo ID (e.g. driver’s license, student ID) so that we may verify your status as a Town resident. Any guests must be accompanied by a Town resident. Daily pass rates do not apply to school district residents.

NISKAYUNA TOWN POOL RULES

1. Use of the pool is restricted to Town Residents and their out-of-town guests.
2. Everyone must check in at the front desk before entering the pool.
3. All children, 12 years and under must be accompanied by an adult.
4. Guests must be accompanied by a Town Resident.
5. Pool hours are subject to change due to weather. There are no refunds due to thunder.
6. Parents are responsible for the supervision of their children. Children in the “kiddie” pool must be supervised by an adult.
7. Proper swimwear is required – no shorts, cutoffs, etc., allowed, at the discretion of the pool manager.
8. A soap shower must be taken before entering the pool.
9. Children in diapers are not allowed in the main pool.
10. No glass containers allowed.
11. No alcohol beverages allowed.
12. Keep all food in the food area behind the black line and at tables. No gum is allowed in the pool. No littering. All trash must be disposed of properly.
13. No running on the deck.
14. No diving in the shallow end.
15. Diving into the deep end of pool requires that the swimmer be able to swim the length of the pool, or be under the supervision of a parent.
16. No rafts, tubes, toys, floats, masks, fins, snorkels, etc. allowed in the main pool. Coast guard approved vests may be used by children who have a parent in the water with them.
17. No pets allowed.
18. All injuries incurred at the pool must be reported immediately to a staff member on duty, and an accident report filed.
19. Adult swim is limited to patrons eighteen of age and older.

Pool Facility capacity is limited to 300 at any one time by law. In pool limit is 114.

PURCHASE OF SEASONAL PASSES DOES NOT GUARANTEE ADMITTANCE WHEN AT CAPACITY.

SWIMMING & DIVING INSTRUCTION (2 WEEKS SESSIONS)

Swim instruction for children who will be 5 yrs. by 12/1/24 lessons will be held at the Niskayuna Town Pool on Aqueduct Rd. There will be three, 2-week sessions and sessions are 30 minutes in length. Lessons are not canceled, or made up for inclement weather. Instructors will use that lesson for safety procedures.

Registration procedure: When registering online, please sign up for your desired time slot. There will be a place to list your child's approximate level (Level 2– Level 7) however, swimmers will be assessed during the first class and be placed in an appropriate level that matches the skills they demonstrate. Some lesson groups may have swimmers with varying levels, but they will be assessed on their level. The maximum number of swim lesson students for each time slot is listed.

Fee: **\$80/Session**

Session I:	Monday, July 1 - Friday, July 12 9:30 am – 21 swimmers max 10:30 am – 21 swimmers max	(*Lessons <u>WILL BE</u> held 7/4) 10:00 am – 16 swimmers max 11:00 am – 21 swimmers max
Session II:	Monday, July 15 - Friday, July 26 9:30 am – 21 swimmers max 10:30 am – 21 swimmers max	10:00 am – 16 swimmers max 11:00 am – 21 swimmers max
Session III:	Monday, July 29 – Friday, August 9 9:30 am – 21 swimmers max 10:30 am – 21 swimmers max	10:00 am – 16 swimmers max 11:00 am – 21 swimmers max

Description of Levels

- **Level 2 (Primary Skills):** Child is ready if able to enter the water independently, submerge their face for 3 seconds, bob up and down in chest level water, and can do a supported kick on front and back.
- **Level 3 (Stroke Readiness):** Child is ready if able to retrieve dive sticks in chest deep water, float unsupported on back, flutter kick on front/back, and turn over from front to back.
- **Level 4 ** (Stroke Development):** Child is ready if able to retrieve objects from the bottom with no support, jump into deep water from the side of pool, coordinate arm stroke for front crawl with breathing to the side, coordinate back crawl, can do the elementary back stroke.
- **Level 5 ** (Stroke Refinement):** Child is ready if able to demonstrate deep water bobbing, do Rotary Breathing in chest-deep water, dive from side of pool from standing positions, swim 10 yards of elementary backstroke, and breaststroke.
- **Level 6 ** (Stroke Proficiency):** Child is ready if able to alternate breathing, do a stride jump entry, a long shallow dive, 25 yards of side stroke, breaststroke, front and back crawl.

DIVING INSTRUCTION: Divers must be able to swim the length of the pool and be willing to dive off the diving board to be eligible. Basic front and back dives off of the diving board will be taught and practiced. All classes will be 30 minutes in length and class size is limited to no more than 7.

Fee: **\$80/Session**

- Session 1:** Monday, July 1 – Friday, July 12 -10:00 am – 7 max students (*Lessons WILL BE held 7/4)
- Session 2:** Monday, July 15– Friday, July 26 -10:00 am – 7 max students
- Session 3:** Monday, July 29– Friday, August 9-10:00 am – 7 max students

Swim & Dive Team

2024 NISKAYUNA TOWN POOL SWIM TEAM & DIVE TEAM Niskayuna Wild Turkeys July 1 - August 10, 2024



Swim & Dive Team Fee: \$145/child for Niskayuna residents and
\$175/child for Niskayuna school district residents who do not live
in the town of Niskayuna.

The Niskayuna Wild Turkeys Swim and Dive Team is for youth with basic swimming and/or diving skills. The teams compete in the Suburban Council League. Meets are held on Tuesday or Thursday evenings beginning in July and the season concludes with the Suburban League Championships.

RETURNING members register on the town online registration system.

NEW members register as well as try out for the team. Swimmers must be able to swim the length of the pool and divers are required to have front and back dives in order to be eligible for the team. Registration will be refunded for anyone who does not make the team.

Try-outs for new members start **MONDAY, July 1**. Swimmers aged 11 and older should show at 7:30 AM; swimmers younger than 11 should show at 8:30 AM. If it is determined that a swimmer and/or diver is not qualified for the team at that time, their registration fees will be returned. They may want to take advantage of diving and swim instruction offered by the swimming program instead.

Practices will be held Mondays through Fridays until the end of the season at the times noted above. Some Friday practice times may vary.

Volunteer opportunities, meet schedules, and fun nights for the team will be shared when the season begins. We depend on parents to provide assistance at each swim meet and with team activities. Therefore, team participation encourages parental commitment. Responsibilities will be communicated with families the first week of practice.

***Please contact team volunteer parent coordinator Jessica LaFex
at jlafex114@yahoo.com with any questions or concerns.***

Summer Playground Program (Gr. Pre-K to 7)

JULY 8 - AUGUST 9, 2024

9:00 am to 12:00 Noon

\$77 per child per week

Activities include sports, games, arts and crafts & nature study. Playground activities are open to any Niskayuna Town/School district youngster entering pre-k (turning 4 yrs. old by 12/1/24) through 7th grade.

****Camp will NOT be open on rainy days, check Town website for Notification of cancelations****

Location	Ages Served	Camp Fee
AVON CREST	Entering Pre-K to 7th	\$77/wk. per child
BLATNICK PARK	Entering Grades 3rd to 7th	\$77/wk. per child
RIVER ROAD	Entering Pre-K to 2nd	\$77/wk. per child

REGISTRATION INFORMATION

- **ALL CHILDREN MUST BE PRE-REGISTERED.** Registration is not complete until we receive payment and ALL documents including the child's Immunization Record and Health Evaluation Form (**obtained from your doctor**).
- ON-LINE REGISTRATIONS will be accepted until the **TUESDAY @ 4:00 pm** prior to the first day of each week of camp
- IN PERSON REGISTRATION @ Town Hall will be accepted until the **WEDNESDAY @ 4:00 pm** prior to the first day of each week of camp. Sorry...**No registrations can be accepted after WEDNESDAY @ 4:00 pm** due to staffing and health department requirements.
- Any child whose Immunization Record and Health Appraisal is not on file in the Community Programs department by the Thursday before the start of camp, will not be eligible to attend camp that week.

****Any camp registration processed after the Wednesday deadline will incur a late fee of \$20, late registrations are not guaranteed a spot as camps may be full.**

OTHER INFORMATION:

- All children participating must be completely toilet trained.
- Campers must wear sneakers or shoes that close (no sandals or Crocs allowed).
- Parents should apply sunscreen before camp.
- Please label all belongings. All campers should bring a labeled snack and water bottle each day.
- If it is determined that your child is not ready to attend camp this year, we will contact you and work out a re-fund or credit for future recreation programming.

****Please note that Department of Health guidelines prohibit staff from administering medication to campers and a written doctors note MUST accompany all prescriptions a child brings to camp.**



July 1-5 *
9:30 am-noon
\$115
***except 7/4**

C.I.T. TRAINING

For Boys & Girls

grades 8 & up

The C.I.T Program is the first step to a paid Camp Counselor position. After successfully completing this C.I.T. course, participants will spend a minimum of two full weeks volunteering at the camp of their choice*.

The following summer, participants who received positive reviews from their on-site supervisors will be offered the opportunity to volunteer as a Junior Counselor. A letter will be sent offering this position, so there is no need to apply.

The third summer, any available Counselor positions will be offered to those who are at least sixteen years old and will be based on prior year performance reviews.

- The goals of our program are to:
- Learn and practice the skills needed to become successful counselors
- Learn about child development and group dynamics
- Gain leadership and activity planning skills
- Have fun!

Participation will be limited to 15 participants

Youth Activities

Arts and Crafts for Kids (Ages 8-12)

SESSION 1

- ◆ Monday-Friday; 12:30pm - 2:30pm
- ◆ July 8-12, 2024

SESSION 2

- ◆ Monday-Friday; 12:30 pm - 2:30pm
- ◆ August 5-9, 2024

- ◆ Fee: \$110
- ◆ Niskayuna Community Center Pavilion
- ◆ Instructor: Marion Leap - Artist/Retired Art Teacher

Students will create a variety of drawings, designs, and paintings using different themes and materials. We will begin with a Name design project and work towards creating a 3D clay project. In our journey, student will paint canvases as well as small wooden trinkets allowing them to bring something home every day.

Amazing Athletes (Gr. entering K – 5th)

SESSION 1 (Gr. 3-5)

- ◆ Monday-Friday; 9:00 am - 12:00 pm
- ◆ July 1-5, 2024 (no 4th)
- ◆ River Road
- ◆ \$120 (4 days)

SESSION 2 (Gr. K-2)

- ◆ Monday-Friday; 1:00 pm - 4:00 pm
- ◆ July 29 - Aug 2, 2024
- ◆ Avon Crest
- ◆ \$140

SESSION 3 (Gr. K-2)

- ◆ Monday-Friday; 9:00 am - 12:00 pm
- ◆ Aug 26-30, 2024
- ◆ River Road
- ◆ \$140

- ◆ Instructor: Kayla Boomhower, Owner of Amazing Athletes

Amazing Athletes is a developmental sports and fitness program that teaches children the basic fundamentals and mechanics of 10 different sports: Baseball, Basketball, Football, Golf, Hockey, Lacrosse, Soccer, Tennis, Track & Field and Volleyball! Our program incorporates exercises for gross motor development, hand-eye coordination, cardio-vascular fitness, speed and agility and stretching and muscle tone. The sports will be divided up throughout the week. The children are able to learn and practice the basic fundamentals of each sport through game based activities. The children will learn to build friendships with each other and our incredible staff. They will understand the concept of living a more healthy and fit lifestyle by the end of the week.

Coach Bianchi Baseball Camp (ages 7-10)

- ◆ Baseball Fields @ Blatnick Park
- ◆ Monday-Friday; 8:30-10:00am
- ◆ July 8-11, 2024
- ◆ Fee: \$80
- ◆ Instructor: Chris Bianchi, NHS Varsity Baseball Coach
Hitting, fielding and base running skills will be covered. Each camp day will end in a game.

Coach Bianchi Baseball Camp (ages 9-12)

- ◆ Baseball Fields @ Blatnick Park
- ◆ Monday-Friday; 8:30-10:00am
- ◆ July 15-18, 2024
- ◆ Fee: \$80
- ◆ Instructor: Chris Bianchi, NHS Varsity Baseball Coach
This camp will review all basic skills & provide in depth coaching and drill work for position play.

Coach Bianchi Sandlot League

- ◆ Baseball Fields @ Blatnick Park
 - ◆ \$55 per session
 - ◆ Instructor: Chris Bianchi, NHS Varsity Baseball Coach
- | | | | |
|------|-----------|------------------|---------------|
| #1-S | 7-12 yrs. | July 8-11, 2024 | 10:15-11:45am |
| #2-S | 7-12 yrs. | July 15-18, 2024 | 10:15-11:45am |

This camp will run for 4 days per session for 1 ½ hrs. per day. This camp is offered for the baseball athlete who loves to play the game. The campers will be encouraged to run their own games, call outs, and settle disputes. Give the kids a break and let them see how it was in the good old days! Coaches will pitch.

Fall Chess Instruction (Ages 5 and up)

- ◆ Monday evenings; 6:30pm - 7:30pm
- ◆ Sept. 9 - Oct. 7, 2024
- ◆ Niskayuna Community center - upper level
- ◆ \$30 per student
- ◆ Instructors: Dr. Richard Chu

Learn the basic rules of chess including moves and check mate!

Bundy Soccer Camp (Ages 5-12)

- ◆ Thursday-Wednesday; 2:30pm - 4:30pm (NOTE split weeks)
- ◆ June 27 - July 3, 2024
- ◆ Niskayuna Soccer Complex
- ◆ \$100 per camper
- ◆ Instructors: Bryce Colby - NHS Girls Varsity Coach, and Soccer Club staff members.

A soccer camp for players of all kinds. Come celebrate Women's World Cup 2019 by playing some soccer! Campers should bring an appropriate size ball, shin guards, and water to camp.

Youth Activities

Boys Lacrosse Camp (Gr. K-6)

- ◆ Niskayuna HS Turf & Community Center Fields
- ◆ June 26-28 (Wednesday-Friday)
 - 6/26 - 5:30 pm-7:30 pm - NHS "NEW" Turf Field
 - 6/27 - 9:00 am-noon - Nisky Community Ctr. Fields
 - 6/28 - 9:00 am-noon - Nisky Community Ctr. Fields
- ◆ \$85

Instructors: Frank Adamo, Andrew Rizzi, Chris DeLano, and members of the Niskayuna Boys Lacrosse Program (19 time Section II Champ).

Campers will focus on skill development, teamwork and short field games. Boy campers need a stick, helmet, shoulder pads, elbow pads, gloves and a mouth guard.

Girls Lacrosse Camp (Gr. K-6)

- ◆ Niskayuna HS Turf & Community Center Fields
- ◆ June 26-28 (Wednesday-Friday)
 - 6/26 - 5:30 pm-7:30 pm - NHS "NEW" Turf Field
 - 6/27 - 9:00 am-noon - Nisky Community Ctr. Fields
 - 6/28 - 9:00 am-noon - Nisky Community Ctr. Fields
- ◆ \$85

Instructor: Steve France and Niskayuna Girls Lacrosse Players.

Campers will focus on skill development, teamwork and short field games. Girl campers need a stick, goggles and mouth guard.

Boys Lacrosse Camp (Gr. 7-10, 2027-2030)

- ◆ Niskayuna HS Turf & Community Center Fields
- ◆ June 27-28 (Thursday & Friday) 2 DAYS ONLY
 - 6/27 - 9:00 am-noon - Nisky Community Ctr. Fields
 - 6/28 - 9:00 am-noon - Nisky Community Ctr. Fields
- ◆ \$85



Instructor: Steve France and Niskayuna Girls Lacrosse Players.

Campers will focus on skill development, teamwork and short field games. Girl campers need a stick, goggles and mouth guard.

Girls Field Hockey (Gr. K-6th)

- ◆ July 15-18 (with a rain date of 19th)
- ◆ 9:00am - noon
- ◆ Niskayuna High School Turf Field
- ◆ Fee: \$150

Camp will be an introduction to the skills and knowledge of field hockey. Players will learn the basics and will practice through individual lessons, group drills and small game situations.

Returning players will continue their skill development and be introduced to game strategies and advanced field hockey skills. If a player is interested in playing goalie, we will have a goalie coach there to teach.

Instructor will be Alison Camarota, Niskayuna Varsity Field Hockey Coach.

Youth Golf Lessons (Ages 8-16)

SESSION 1 - APRIL/MAY

TUESDAYS only; April 23, 30, May 7 & 14

- ◆ EARLY SESSION- 3:30-4:15pm
- ◆ LATE SESSION- 4:30-5:15pm

THURSDAYS only; April 25, May 2, 9 & 16

- ◆ EARLY SESSION- 3:30-4:15pm
- ◆ LATE SESSION- 4:30-5:15pm

Fee: \$120 per participant/per session

Instructor: Ben Smith, Niskayuna Golf

Rain Dates and Make up Dates will be scheduled on a case by case basis. We may have make-up venues as well, based on course and playing conditions. Students can attend an assortment of days (T,TH) to ease schedules; student receives 4 days of instruction with fee

SESSION 2 - MAY/JUNE

TUES and THURS ; May 28, 30 & June 4 & 6

- ◆ EARLY SESSION- 3:30-4:15pm
- ◆ LATE SESSION- 4:30-5:15pm
- ◆

Fee: \$120 per participant/per session

Instructor: Ben Smith, Niskayuna Golf

Rain Date is scheduled for June 11

Student receives 4 days of instruction with fee

*Each session will include all the basic fundamentals of the golf swing, short-game skills, and golf range/course etiquette. Each session is tailored to the students that participate, and individual skill development is at a premium. If your student is already versed in the basics, this is a great chance to get some individualized instruction while regularly using the golf range to prepare for the upcoming season. **Each session is a fun, judgement-free introduction and education of the game of golf. 3 sessions are held at the Niskayuna Driving Range @ River Rd., 1 session will be held at Schenectady Municipal lower putting green (short-game, date TBA)***

*****Clubs are provided for all levels of play if a student does not have their own.**

Youth Activities

Youth Ultimate Frisbee Camp (Gr. 4-7, co-ed)

- ◆ July 29 - August 2, 2024
- ◆ 1:00pm - 4:00pm
- ◆ Community Center fields—Aqueduct Rd.
- ◆ \$85

Instructors: Deborah Lee and the **Niskayuna High School Ultimate Team** (This camp is a fundraiser for the high school team.) Deborah Lee has been playing since 1998 and is a certified USA Ultimate coach and league coordinator for the Albany Ultimate Disc Association.

Campers will focus on skill development, teamwork, and the Spirit of the Game. Each camper needs to wear sneakers (or cleats) and athletic clothes and bring a snack and a refillable water bottle. Soccer-style cleats are good but not necessary. No metal cleats are allowed. Hats and sunscreen are encouraged. Ice, water for refilling bottles, and fresh fruit will be provided. Each day will include stretching and warm-up, throwing backhands and forehands, drills to teach offensive and defensive strategies, and mini-games or full-field scrimmages. The camp is supported by Albany Ultimate Disc Association (AUDA) and USA Ultimate. AUDA will provide a new disc for each camper!

Ultimate is a non-contact, self-officiated disc sport played by two teams of seven players. The object of the game is to score goals. A goal is scored when a player catches a pass in the end zone. A player may not run while holding the disc. The disc is advanced by passing it to other players. The disc may be passed in any direction. Any time a pass is incomplete, a turnover occurs resulting in an immediate change of possession. Players are empowered to self-officiate using a framework governed by the principles of Spirit of the Game. For more information about Ultimate go to <https://usultimate.org> and for information about playing locally go to Albany Ultimate <https://albanyultimate.com>.

Field Games Camp (Grades K-5)

- ◆ Monday- Thursday; 8:30 am - 10:30 am
- ◆ July 1-4, 2024
- ◆ Blatnick Park - near the pavilion
- ◆ \$ 75 per session
- ◆ Instructor: Matt Flynn

Camp will include a variety of games and activities such as tag games, base games (kickball), and many others geared toward improving locomotor skills and have fun playing games with friends.

Flag Football Camp (Gr. 4th - 8th)

- ◆ Monday - Thursday; 10:30 am - 12:30 pm
- ◆ July 1-4, 2024
- ◆ Blatnick Park - near the pavilion
- ◆ \$65 per player
- ◆ Instructor: Matt Flynn

Campers will learn the core skills of passing & catching. Various modified versions of football will be played including ultimate and flag football. This camp will develop skills and play games in a positive and fun-filled environment. & is for all skill levels



CALLING ALL SOCCER REFEREES!!!!



We are looking for
Soccer referees
for our Spring and Fall
Recreation Soccer
League.

We have paid and
volunteer
opportunities available.

If you are interested
or have any questions,
call Julie Lohre at
518-386-4504
or
email at
jlohre@niskayuna.org



Youth Fall Soccer League

Registration
opens on June 1st

for K - 8th grade
Saturdays, September 7th – October 26th



Games will be played on Saturday mornings and are held at the Niskayuna Soccer Park on Zenner Road

Game Times/Grades: (grade levels are not combined in the fall session)

8:30am - Middle School & 5th grade

9:30am - 3rd grade and 4th grade

10:30am - 1st grade and 2nd grade

11:30am - Kindergarten

Fee: \$50/player by August 1st

Registration: Deadline for registration is **AUGUST 1st** . Registrations received after August 1st will be charged a \$20 late fee per registration.

Players are required to wear shin guards, and are encouraged to bring water to each game and dress for the weather. Cleats, while helpful in soft ground, are not required

Teams will be assembled by an “auto-sort” and only head coaches will be allowed to pick one additional player other than their child.

Sorry, we are unable to accommodate any “special requests”.

** Parent volunteers are needed. Please help us by coaching. If you are willing to help, please contact Julie Lohre at 386-4504 or jlohre@niskayuna.org
This program cannot run without our volunteers!*

Youth Fall “Pre-K” Soccer ~ “Skills and Drills”

Registration opens
on June 1st

for 4 yr. olds (as of 9/1/24)
Saturdays, September 7th – October 26th



This program allows 4-year-olds to learn the fundamentals of soccer. Players will be taught the basic skills in a casual, fun environment.

Time: 9:30am OR 10:30am (limit to 20 players per time slot)

Instructor: Kristina Vandenburg

Fee: \$50

A free t-shirt is given to all participants!

Space is limited so register early!

Adult Activities

Adult Golf Instruction

Session 1 *

Tuesday	5:30-6:30pm	April 23, 30, May 7 & 14
Thursday	5:30-6:30pm	April 25, May 2, 9 & 16

Session 2

Tuesday & Thursday	5:30-6:30pm	May 28, 30, June 4 & 6
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* Students can attend an assortment of days to ease schedules; student receives 4 days of instruction

Fee: \$120 per participant

Instructor: Ben Smith - NHS Golf Coach

Each session will include all the basic fundamentals of the golf swing, short-game skills, and golf range/course etiquette. Each session is tailored to the students that participate, and individual skill development is at a premium. If the student is already versed in the basics, this is a great chance to get some individualized instruction while regularly using the golf range to prepare for the upcoming season. Each session is a fun, judgement-free introduction and education of the game of golf. 3 sessions are held at the Niskayuna Driving Range @ River Rd., 1 session will be held at Schenectady Municipal lower putting green (short-game, date TBA)

(Includes FOUR days of instruction and all range costs (rental/balls) -- weather-related make-ups will be scheduled)

Adult Tai Chi (ages 18 and older)

SUMMER SESSION - June 11 - Aug. 13, 2024

FALL SESSION - Sept. 3 - Nov. 5, 2024

Tuesday evenings; 6:15-7:30pm

- ◆ Niskayuna Community Center (upper level)
- ◆ \$65/per session
- ◆ Instructor: Richard Chu

Outdoor Yoga (ages 12+)

- ◆ Wednesday evenings; 5:30-6:30
- ◆ June 26, July 3, 10 & 17
- ◆ Fee: \$47 (includes online registration)
- ◆ Niskayuna Town Hall Green
- ◆ Instructor: Shama Mehendale - RYT-200

Relax and Rejuvenate Yoga: This class takes a holistic approach with a gentle flow, stretches, and deep breathing techniques to help you unwind and end your day feeling relaxed and rejuvenated.

Senior Activities

Niskayuna Senior Center "The Social Place to Be"

2682 Aqueduct Rd.-Niskayuna, New York 12309
518-372-4969



Gershon's Lunches - \$5.00 per meal.
Pre-Ordering is REQUIRED

Call (518)-372-4969 by 12 noon
Monday for that week's offerings.
Menu's Available Upon Request



Niskayuna Senior Center



Transportation is available for
Niskayuna Seniors age 60+.
Please call 495-6202



Activities include

Cards, Bridge, Mahjongg, Assorted Senior Fitness Classes, Tai Chi, Indoor Pickle ball, Bocce, Art Workshops, Service Projects, Speakers, Gershon's Lunches, Holiday Parties, trips, book club and more. For additional information, please visit www.niskayuna.org and click the senior programs link on left side.

Senior Activities

Niskayuna Senior Center Membership Application

\$10 Annual Membership Fee

Members will receive special discount pricing on all trips and many senior activities and will receive weekly program news by email. Be sure to ask for member discounts when registering for programs and trips or use coupon code Member at checkout when registering online.

Membership runs from January 1st - December 31st. Please complete the form below and return by mail or in person with your payment (cash or check payable to *Town of Niskayuna*

Office of Community Programs

Attention Senior Center

2682 Aqueduct Road Niskayuna, NY 12309

Forms can also be brought to the Senior Center on Tuesdays and Thursdays between 9:00am – 3:00pm or dropped off at Niskayuna Town Hall Office of Community Programs
Questions? Call (518) 372-

Name _____ Date of Birth _____ Male Female

Please check: (*If renewing with no changes please check here ___)

___Renewing Member

___New Member

Address _____

Home Phone # _____ Cell # _____

Email address _____

Interest /hobbies _____

Interest in Volunteering/special skills? _____

Need transportation _____

Check boxes below if you would like to receive Town of Niskayuna News and Announcements by email and/or text message:

Email

Text Message

EMERGENCY CONTACT:

Name _____

Phone# _____ Cell # _____

Email _____

Office use Only

Date _____

Check# _____ Cash _____

Amount _____

Staff Initials _____

Entered in Member Registry _____

Subscribed to Senior News _____

PARKS & FACILITIES

NISKAYUNA DRIVING RANGE



Fees for buckets of balls:

- Small Bucket (about 50 balls) - \$10.00 each
- Medium Bucket (about 75 balls) - \$11.00 each
- Large Bucket (about 100 balls) - \$13.00 each

Operating hours:

The range is open for the season
Sat., April 20* - Sun., Sept. 29th
(*weather permitting)

Hours vary, so please check the Driving Range
calendar for exact days and times.



The fully automated ball dispenser accepts Credit Cards, Debit Cards, and Apple Pay (CASH IS NOT ACCEPTED ON SITE). The Niskayuna Driving Range is located in Blatnick Park on River Road. Enter the park at the driveway nearest the golf ball sign. For more information, please call the Driving Range at 518-428-7652 (after opening day) or Lori Peretti at 518-386-4526.

NISKAYUNA "18-HOLE" DISC GOLF COURSE



Disc Golf is one of the fastest growing and is one of the best lifetime fitness sports. It is easy to learn, a healthy activity and accessible to people of all ages and fitness levels. 1st hole and score cards with map are located at the mail box just before the Driving Range in Blatnick Park.

*Carry in/Carry out trash policy must be followed

NISKAYUNA DOG PARK



The Niskayuna Dog Park is located in Blatnick Park behind the baseball fields and is open from dawn until dusk, 7 days a week, year-round. The Dog Park has both a large and small dog area.

Fees:

- ⇒ **Niskayuna Residents:** \$30 First Dog/\$15 Additional dogs per family
(fees are half-price for Seniors 65 years and older)
- ⇒ **Non-Niskayuna/Schenectady County Resident:** \$100

Tags are required for all dogs and can be purchased at the Town Clerk's office at Niskayuna Town Hall. Owners must show proof of Niskayuna residency and dogs must be licensed and have proof of current rabies and distemper vaccinations. Waste bags and containers are located at the Dog Park and owners are responsible for picking up after their dogs.

For more information, please call the Town Clerk at 518-386-4510

PARKS & FACILITIES continued

Splash Pad



The Splash Pad is located in Blatnick Park at 2555 River Road and is open daily from 9:00 am - 8:00 pm

Opens for the 2024 season on FRIDAY, June 7 and closes FRIDAY, September 13. These dates are “weather permitting” so please check the Town website for actual dates.

***Carry in/Carry out trash policy must be followed**

Tennis & Pickleball Courts

The Blatnick Park tennis courts are located in Blatnick Park behind the splash pad at 2555 River Road. The courts are lighted and lights can be turned on after 6pm and will remain on until 11pm. The facility has 4 courts (one of which is lined for pickleball).



The courts open for the season in mid-April through mid-October. These dates are “weather permitting” so please check the Town website for actual dates.

***Carry in/Carry out trash policy must be followed**

PARKS & FACILITIES continued



Blatnick Park

Located on River Road next to the Recycling Center. Includes tennis /pickleball courts, baseball fields, Dog Park, basketball courts, pond, picnic pavilion, and playground equipment. Restrooms are available. The pavilion can be reserved by Niskayuna residents for groups of 20 or more.

Daily Pavilion Rental Fee: \$180

Avon Crest Park

Located in the Avon Crest area on Westmoreland Drive. Includes pickleball courts, a basketball court, softball field, playground, pavilion, restrooms, and a large, open area. Max capacity is 60

Daily Pavilion Rental Fee: \$180

Aqueduct Park

Located on Aqueduct Road east of Recreation Complex near the intersection with Balltown Road. Includes Mohawk River access, boat launch for sculls and canoes, and picnic tables.

Lock 7 Park

Located on Lock 7 Road off of Rosendale Road. Includes boat launch and picnic tables.



River Road Park

Located on River Road near intersection with Rosendale Road. Includes 3 softball fields, multi-purpose field, basketball court, pavilion, bathrooms, playground, and nature trail. The pavilion may be reserved by Niskayuna residents for groups of up to 200 persons. **Daily Pavilion Rental Fee: \$180**

Niskayuna Train Station Park - Lions Park

Located on Rosendale Road near the Latham town line. Includes picnic tables, entrance to the bike path, and beautiful view of the river.

Bike Path

Entrance at the Train Station Park, Blatnick Park, and other locations.

Niskayuna Recreation Complex

Located on Aqueduct Road. Includes Community Center, outdoor pool, lacrosse/football fields, large open area, and pavilion. The pavilion may be reserved by Niskayuna residents for groups of up to 200 persons.

Daily Pavilion Rental Fee: \$180



Fieldstone Park

Fieldstone Park is 72 acres of wooded forest and wetland, with marked hiking trails throughout. The park is located in the Fieldstone Estates neighborhood

For more information on Parks or Pavilion rentals see the amenities list on the following page, check out our website at www.niskayuna.org or email - jlohre@niskayuna.org or call at 518-386-4504

Park Amenities by Location

The Niskayuna Recreation Department, in conjunction with the Niskayuna Highway Department, and under the auspices of the Niskayuna Town Board, has a variety of pavilions available to individuals or groups for rental.

We have a NEW registration system called “To register a Pavilion, go to Community Programs , Fields, Parks and Pavilion MLS Schedules. Instructions on the following page

Location Amenities	Avon Crest Pavilion	Blatnick Park Pavilion	Community Center Building	Community Center Pavilion	River Road Park Pavilion
Approx. Max Occupancy	60	100	150	200	200
Covered Pavilion	🍁	🍁		🍁	🍁
Indoor Facility			🍁		
Restrooms	🍁	🍁	🍁	🍁	🍁
Playground	🍁	🍁		🍁	🍁
Large Open Area	🍁	🍁		🍁	🍁
Tennis Courts	🍁	🍁			
Basketball Court	🍁	🍁			🍁
Volleyball Court	🍁	🍁			🍁
Baseball Field		🍁			
Softball Field					🍁
Football Field				🍁	
Lacrosse Field				🍁	
Disc Golf Course		🍁			
Driving Range		🍁			
Dog Park		🍁			
Pond		🍁			
Mohawk River Bike Path Access		🍁			
Trails/Walking Path		🍁			🍁
Parking	🍁	🍁	🍁	🍁	🍁
Electricity	🍁	🍁	🍁	🍁	🍁
Wifi			🍁		
Picnic Tables	🍁	🍁		🍁	🍁
Tables and Chairs			🍁		
Splash Pad (Summer 2019)		🍁			
Adjacent to Town Pool			🍁	🍁	
Charcoal Grill (BYO charcoal)		🍁		🍁	🍁

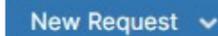


- All parks are open from 1/2 hour after sunrise to 1/2 hour before sunset.
 - Pavilions can only be rented by Town of Niskayuna residents.
 - Park rules are conspicuously posted.
 - Please pick up after your dog.
 - Carry in-carry out trash policy must be followed.
- Individual residents who rent a pavilion may serve alcohol with proof of at least \$500,000 worth of liability insurance on homeowner policy of renter.
- Groups who hire an outside vendor such as a caterer or entertainment must provide proof of at least \$1,000,000 worth of liability insurance by the vendor.
 - All state and local laws apply.
- All reservations require a refundable \$200 security deposit in addition to the park reservation fee.
 - Please select date carefully; reservation fee is non-refundable.
 - An additional reservation fee will be charged if rental date is changed.
 - Reservations for rental dates are available for the entire summer season.
- Email Julie Lohre with any addition questions not answered in this booklet or on the Town website at jlohre@niskayuna.org



Submitting A Pavilion Use Request

1. To begin the request process, you can either select the event date on the Calendar or select the New Request option at the top right.

A blue rectangular button with the text 'New Request' in white, followed by a small white downward-pointing chevron icon.

Note: The date will automatically be filled out if you select a date on the Calendar.

2. Click Add Event.

3. If you have more than one Group under your account, select the appropriate Group.

4. Select the Site (Pavilion)

5. Select the Space(s). You are able to select multiple spaces within this drop-down.

6. Select the event **Frequency** from the drop-down menu:

- Daily
- One Time Event
- Daily Weekdays Only
- Weekly
- Every other week
- Multiple Days per week
- Monthly
- Custom Frequency (This option allows you to select random dates on a calendar)

Note: Any required fields will have a red asterisk next to them.

7. Click the **View Availability** button.

8. Selecting the View Availability button will show you all of the dates and spaces that were requested and if those dates are available. Dates that are not available will show in red text. You can either select the X button to remove a date or adjust the date, start time, or end time. As you make those adjustments, the system will automatically check the availability. Once you are ready to continue with the Dates listed, select the **Continue** Option.

Once you select continue, you will be brought to the Request form to complete your request.

Enter an event name as well as any additional information such as equipment or personnel needed for the event.

Note: Any required fields will have a red asterisk next to them. The red asterisk will also appear on the section titles to signify a required field in that section.

At the bottom of the page, you will need to check off that you have read and agree to the school's policies, and you may be required to sign for the request electronically.

9. Select **Confirm & Submit Request**